

Supplementary Table 6: Analysis of the studies included in the meta-synthesis using the instrument for qualitative studies Critical Appraisal Skills Programme (CASP).

Articles	Brown EL et al. (2022)	Nilsen ER et al. (2021)	van Bussel E et al. (2019)	Mitchell J et al. (2019)	Doekhie KD et al. (2018)	Moe A et al. (2017)	Crotty BH et al. (2015)	Hedman M et al. (2015)	Butterworth JE et al. (2014)	Beverly EA et al. (2014)	Bynum JPW et al. (2014)	Sheridan NF et al. (2012)
1. Was there a clear statement of the aims of the research?	+	+	+	+	+	+	+	+	+	+	+	+
2. Is a qualitative methodology appropriate?	+	+	+	+	+	+	+	+	+	+	+	+
3. Was the research design appropriate to address the aims of the research?	-	+	-	-	+	+	-	+	-	-	+/-	-
4. Was the recruitment strategy appropriate to the aims of the research?	+	+/-	+	+	+	+	+	+	+	+	+	+
5. Was the data collected in a way that addressed the research issue?	+/-	+/-	+	+	+	+	+	+/-	+/-	+	+	+
6. Has the relationship between researcher and participants been adequately considered?	-	+	-	-	+/-	-	-	-	+	-	+/-	-
7. Have ethical issues been taken into consideration?	+	+	+	-	+	+	+/-	+	+	+/-	-	+
8. Was the data analysis sufficiently rigorous?	+	+/-	+	+	+	+	+	+	+	+	+	+
9. Is there a clear statement of findings?	+	+	+	+	+	+	+	+	+	+	+	+
10. How valuable is the research?	+	+	+	+	+	+	+	+	+	+	+	+
Overall Score (%)	75	85	80	70	95	90	75	85	85	75	80	80

Legend:

+ = Yes = 10 points; +/- = Can't tell = 5 points; - = No = 0 point