

- García-Quintáns N, Bernal JA. Targeting glycogen clearance to treat diabetic cardiomyopathy. *Nat Cardiovasc Res*. 2025 Nov;4(11):1454-1456. doi: 10.1038/s44161-025-00733-y. PMID: 41068327.

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Cardiac dysfunction in diabetes is linked to metabolic stress, lipid overload and fibrosis. A study now demonstrates impaired glycogen clearance as a central disease mechanism, in which failed glycophyagy drives glycogen accumulation and creates a metabolic ‘sugar trap’ that can be targeted therapeutically.