

This is the peer reviewed version of the following article:

Alejandro Álvaro-Meca, María del Carmen Goez, Rosa Resino, Vanesa Matías, Daniel Sepúlveda-Crespo, Isidoro Martínez, Salvador Resino. **Environmental factors linked to hospital admissions in young children due to acute viral lower respiratory infections: A bidirectional case-crossover study.** Environ Res. 2022 Sep;212(Pt B):113319.

which has been published in final form at:

<https://doi.org/10.1016/j.envres.2022.113319>

# Title Page

**Type of manuscript:** Research paper

**Title:** Environmental factors linked to hospital admissions in young children due to acute viral lower respiratory infections: a bidirectional case-crossover study

**Short title:** Environmental factors associated with viral ALRI in young children

**Authors:** Alejandro Álvaro-Meca <sup>1,2</sup>, María del Carmen Goez <sup>3</sup>, Rosa Resino <sup>4</sup>; Vanesa Matías <sup>3</sup>, Daniel Sepúlveda-Crespo <sup>2,5</sup>; Isidoro Martínez <sup>2,5 (¥)</sup>; Salvador Resino <sup>2,5 (¥\*)</sup>

(¥), both authors have contributed equally to this work; (\*), Corresponding authors.

## Authors' Affiliations:

(1) Departamento de Medicina Preventiva y Salud Pública, Facultad de Ciencias de la Salud, Universidad Rey Juan Carlos, Alcorcón, Madrid, Spain.

(2) Centro de Investigación Biomédica en Red de Enfermedades Infecciosas (CIBERINFEC), Instituto de Salud Carlos III, Madrid, Spain.

(3) Servicio de Pediatría, Hospital Clínico Universitario, Valladolid, Spain.

(4) Departamento de Geografía Humana, Facultad de Geografía e Historia, Universidad Complutense de Madrid. Madrid, Spain.

(5) Unidad de Infección Viral e Inmunidad, Centro Nacional de Microbiología, Instituto de Salud Carlos III, Majadahonda, Madrid. Spain.

## \* Corresponding author

**Corresponding author:** Salvador Resino; Centro Nacional de Microbiología, Instituto de Salud Carlos III (Campus Majadahonda); Carretera Majadahonda- Pozuelo, Km 2.2; 28220 Majadahonda (Madrid); Phone: +34918223266; E-mail: [sresino@isciii.es](mailto:sresino@isciii.es)

## Abstract

**Objective:** This study evaluated the association of the short-term exposure to environmental factors (relative humidity, temperature, NO<sub>2</sub>, SO<sub>2</sub>, O<sub>3</sub>, PM<sub>10</sub>, and CO) with hospital admissions due to acute viral lower respiratory infections (ALRI) in children under two years before the COVID-19 era.

**Methods:** We performed a bidirectional case-crossover study in 30,445 children with ALRI under two years of age in the Spanish Minimum Basic Data Set (MBDS) from 2013 to 2015. Environmental data were obtained from Spain's State Meteorological Agency (AEMET). The association was assessed by conditional logistic regression.

**Results:** Lower temperature one week before the day of the event (hospital admission) ( $q$ -value=0.012) and higher relative humidity one week ( $q$ -value=0.003) and two weeks ( $q$ -value<0.001) before the day of the event were related to a higher odds of hospital admissions. Higher NO<sub>2</sub> levels two weeks before the event were associated with hospital admissions ( $q$ -value<0.001). Moreover, higher concentrations on the day of the event for SO<sub>2</sub> (compared to lag time of 1-week ( $q$ -value=0.026) and 2-weeks ( $q$ -value<0.001)), O<sub>3</sub> (compared to lag time of 3-days ( $q$ -value<0.001), 1-week ( $q$ -value<0.001), and 2-weeks ( $q$ -value<0.001)), and PM<sub>10</sub> (compared to lag time of 2-weeks ( $q$ -value<0.001)) were related to an increased odds of hospital admissions for viral ALRI.

**Conclusion:** Short-term exposure to environmental factors (climatic conditions and ambient air contaminants) was linked to a higher likelihood of hospital admissions due to ALRI. Our findings emphasize the importance of monitoring environmental factors to assess the odds of ALRI hospital admissions and plan public health resources.

**Keywords:** acute lower respiratory infections; children; environment; pollution; ICD-9-CM; respiratory virus

# Introduction

Acute lower respiratory infection (ALRI) is the primary cause of morbi-mortality in young children worldwide [1, 2]. ALRI includes pneumonia, acute bronchiolitis, and bronchitis caused by bacterial and viral infections. However, bacterial ALRI has decreased substantially since 1990 due to preventive measures, access to the health system, and antibiotics [1]. In the last decades, the leading cause of ALRI in young children has been viral infections, including respiratory syncytial virus (RSV, around 60%), influenza virus (around 5%), and other minority viruses such as parainfluenza virus, rhinovirus, and human metapneumovirus [1, 3]. These respiratory viruses may cause severe respiratory failure due to an uncontrolled host immune response damaging the epithelial cells and compromising the respiratory gas exchange [4], resulting in hospitalization and possible death [1]. Therefore, prevention and proper management of viral ALRI could substantially impact clinical outcomes in childhood.

Viral ALRI has a pronounced seasonal pattern related to meteorological conditions [5]. Higher humidity and lower temperatures are often linked to an increased risk of viral transmission and ALRI [2, 6-9]. Outdoor air contamination is a significant environmental hazard for the general population's health worldwide, but even more for developing respiratory diseases in children [10, 11]. The primary outdoor air pollutants that cause particularly adverse respiratory effects include nitrogen dioxide (NO<sub>2</sub>), sulfur dioxide (SO<sub>2</sub>), ozone (O<sub>3</sub>), particulate matter up to 10 µm in size (PM<sub>10</sub>), and carbon monoxide (CO), among others [12, 13]. Remarkably, short-term exposure to outdoor air contamination has been related to an increased rate of pneumonia in children [14-19].

Meteorological conditions affect outdoor air pollution, but its impact depends on the type of pollutants [20]. For example, temperature affects the movement of air pollution and has a positive correlation with PM<sub>10</sub> levels. Cold weather is related to increased exhaust from vehicles, chimneys, and smokestacks, leading to elevated NO<sub>2</sub>, SO<sub>2</sub>, PM<sub>10</sub>, and CO. Hot weather promotes the emergence of ground-level O<sub>3</sub> while humidity decreases O<sub>3</sub> pollution. The association between environmental factors and viral ALRI may not be consistently uniform, requiring multivariate analysis considering the maximum number of environmental factors.

This study analyzed the relationship between short-term exposure to environmental factors and hospital admissions for viral ALRI in young children under two years of age before the COVID-19 era.

# Material and Methods

## Study design

We conducted a bidirectional case-crossover study in children under two years of age who had a hospital admission due to viral ALRI in Spain from 2013 to 2015.

## Data source

Clinical data at hospital discharge were collected from the Spanish Minimum Basic Data Set (MBDS), an administrative database provided by the Ministry of Health, Consumer Affairs and Social Welfare (MHCSW), which covers about 92% of all hospitals, mostly public hospitals [21]. This database provides gender, date of birth, dates of hospital admission and discharge, the hospital providing the services, and clinical data (14 discharge diagnoses and 20 procedures) according to the 9<sup>th</sup> revision of the International Statistical Classification of Diseases and Related Health Problems, Clinical Modification (ICD-9-CM). The MHCSW ensures the data quality and consistency of the data collected in the MBDS through data recording protocols and periodic audits.

Environmental data were obtained by the State Meteorological Agency (AEMET; <http://www.aemet.es/en/>) of Spain. We collected data from 880 meteorological stations distributed in the area under study [22], which provide the geolocation (longitude, latitude, and altitude), climatic data [temperature (°C) and relative humidity (%)] and pollutant factors [NO<sub>2</sub>, SO<sub>2</sub>, O<sub>3</sub>, PM<sub>10</sub>, and CO; default concentration in µg/m<sup>3</sup>]. The AEMET ensures the air quality data according to the European Environment Agency's European Air Quality Index [23]. More than 70% of the MBDS records had zip code information.

## Ethics statement

The Institutional Review Board and the Research Ethics Committee (Comité de Ética de la Investigación y de Bienestar Animal, Instituto de Salud Carlos III, Madrid, Spain) approved this study (Ref. CEI PI 81\_2021). They deemed informed consent unnecessary because the MBDS information is anonymous. The nearest meteorological station provided environmental data of each patient according to their zip code. The data were processed with complete confidentiality following Spanish legislation.

## ICD-9-CM codes

We selected children under two years of age who had viral ALRI in the Spanish MBDS from 2013 to 2015. That is, those who had a primary diagnosis of viral ALRI [RSV (ICD-9-CM: 079.6, 466.11, and 480.1), influenza (ICD-9-CM: 487.0, 487.1, 488.01, 488.02, 488.11, 488.12, 488.81, and 488.82), viral pneumonia (ICD-9-CM: 480.0, 480.1, 480.2, 480.8, and 480.9), and acute bronchiolitis (ICD-9-CM: 466.11 and 466.19)] or acute respiratory failure (ICD-9-CM: 518.81) along with a secondary diagnosis of viral ALRI. The diagnoses were performed according to standard procedures in each hospital.

## Statistical analysis

We used a bidirectional case-crossover design to investigate acute environmental triggers that are potentially causing hospital admissions for viral ALRI. In this design, each one is their control, and all time-invariant confounders were adjusted [24]. Each environmental factor's value was averaged over three days (the study day, one day before, and one after) to alleviate any day with an extreme level. In addition, three short periods were used as control times (lag times of 3 days, 1-week, and 2-weeks) to compare with the patients' exposure at hospital admission. Nevertheless, due to the bidirectional design, the events' exposures were

compared to the exposures before and after the event.

The link between environmental factors and hospital admissions due to viral ALRI was assessed by conditional logistic regression, providing the odds ratio (OR) and 95% confidence interval (95%CI) calculated by the exact method. Thus, the odds of hospital admission for a viral ALRI depend on the variation of a specific environmental factor at the date of hospitalization (encoded as “1”) and at the control time (encoded as “0”), and only children with variations in environmental exposure were informative [25]. Therefore, aOR values higher than “1” denoted higher odds when the environmental factor is increased at the hospital admission or decreased at the control time (lag time). Conversely, aOR values lower than “1” denoted higher odds when the environmental factor is increased at the control time (lag time) or decreased at the hospital admission. We performed a univariant analysis for each environmental factor and a multivariant analysis for all environmental factors together. Except for the temperature, environmental factors were log<sub>2</sub>-transformed because many of them tended to “1”. In addition, this log<sub>2</sub>-transformation may be interpreted as a doubling of the predictor.

We used the R statistical package version 3.5.2 (GNU General Public License) for statistical analysis [26]. All tests were two-tailed, and *p*-values were corrected using the Benjamini and Hochberg procedure's false discovery rate (*q*-values).

# Results

## Population characteristics

A total of 44,294 hospital admissions with zip codes were recorded in the MBDS from 2013 to 2015, of which 30,445 were children under two years of age with ALRI. Overall, the mean age was 4.1 months, and 57.9% were males. Almost all the patients had an urgent hospital admission (99.0%), hospital stay was 5.1 days, 55.8% were RSV diagnoses, and 4.2% were influenza virus diagnoses (**Table 1**).

**Table 1.** Summary of the epidemiological and clinical characteristics of children under two years of age with a hospital admission for viral ALRI in Spain (2013-2015).

Description	All infants
No.	30445
Gender (males), <i>n</i> (%)	17647 (57.9)
Age (months), median [IQR]	4.1 [4.1; 4.2]
Urgent admission, <i>n</i> (%)	30130 (99.0)
Length of stay (days), median [IQR]	5.1 [5.0; 5.1]
ICU admission	1088 (3.57)
Clinical discharge diagnosis	
Acute lower respiratory infection, <i>n</i> (%)	30161 (99.1)
Respiratory syncytial virus, <i>n</i> (%)	16988 (55.8)
Influenza, <i>n</i> (%)	1276 (4.2)
Viral pneumonia, <i>n</i> (%)	919 (3.0)
Acute bronchiolitis, <i>n</i> (%)	28241 (92.7)
Acute respiratory failure, <i>n</i> (%)	4727 (15.5)

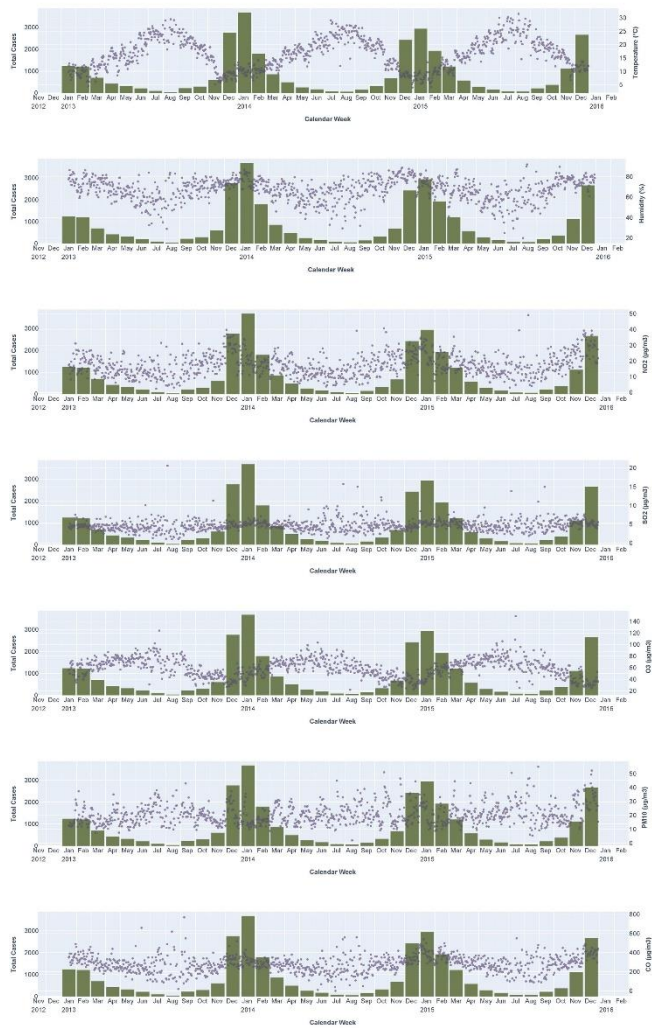
**Statistics:** Values are expressed as absolute number (percentage) and median [interquartile range]. **Abbreviations:** ALRI, acute lower respiratory infections; ICU, intensive care unit; IQR, interquartile range.

## Environmental conditions related to viral ALRI hospital admissions

**Figure 1** displays the temporal pattern of ALRI hospital admissions by months and the average levels of environmental factors (temperature, relative humidity, NO<sub>2</sub>, SO<sub>2</sub>, O<sub>3</sub>, PM<sub>10</sub>, and CO) by day.

Several environmental factors were associated with hospital admissions for ALRI using multivariate models (**Figure 2**; the full description in **Supplementary Table 1**). For climatic factors, lower temperature one week before the day of the event (hospital admission) ( $q$ -value=0.012) and higher relative humidity one week ( $q$ -value=0.003) and two weeks ( $q$ -value<0.001) before the day of the event were related to a higher odds of hospital admissions due to viral ALRI (**Figure 2**). For ambient air contaminants, higher NO<sub>2</sub> levels two weeks before the event were associated with hospital admissions ( $q$ -value<0.001). Moreover, higher concentrations on the day of the event for SO<sub>2</sub> (compared to lag time of 1-week ( $q$ -value=0.026) and 2-weeks ( $q$ -value<0.001)), O<sub>3</sub> (compared to lag time of 3-days ( $q$ -value<0.001), 1-week ( $q$ -value<0.001), and 2-weeks ( $q$ -value<0.001)), and PM<sub>10</sub> (compared to lag time of 2-weeks ( $q$ -value<0.001)) were related to an increased odds of hospital admissions for viral ALRI (**Figure 2**).

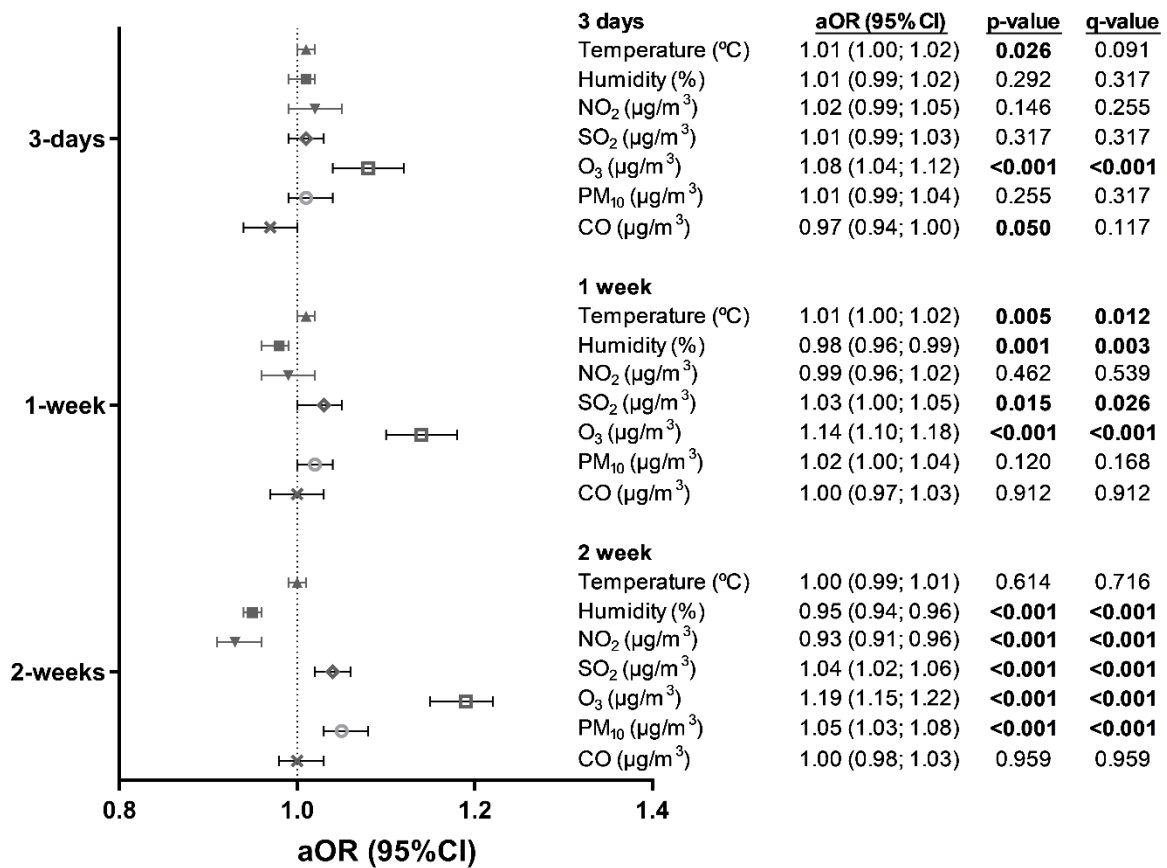
**Figure 1.** Summary of the total count of ALRI hospital admissions by months (green bars) and the average levels of environmental factors (temperature, relative humidity, NO<sub>2</sub>, SO<sub>2</sub>, O<sub>3</sub>, PM<sub>10</sub>, and CO) by day (gray dots) in young children from 2013 to 2015.



**Figure 2.** Summary of the association between environmental factors and hospital admissions in young children due to acute lower respiratory viral infection.

**Statistic:** Association analyses were carried out by conditional logistic regression with three control time points (3-days, 1-week, and 2-weeks). The false discovery rate (Benjamini and Hochberg procedure) was used to correct multiple testing (*q*-values).

**Abbreviations:** 95% CI = 95% of the confidence interval; aOR = adjusted odds ratio.



## Discussion

Our findings show that climatic factors (temperature and relative humidity) and output air contaminants (NO<sub>2</sub>, SO<sub>2</sub>, O<sub>3</sub>, and PM<sub>10</sub>) impacted hospital admissions of young children with viral ALRI.

Weather conditions, including humidity and temperature, influence the risk of viral ALRI [5, 6] because they affect respiratory virus infectivity [5, 14, 27]. In our study, lower temperatures and higher relative humidity before hospital admission increased the risk of hospitalization for viral ALRI. The temperature influences most chemical and physical processes, conditioning the pathogen's survival and the host's susceptibility [27]. Thus, low temperatures provide higher stability to the pathogen, increasing its survival and infectivity. Besides, high-humidity conditions increase virus infectivity because the humidity stabilizes airborne droplets that carry the pathogen from person to person [5]. A "wintertime immune suppression" has been associated with bronchoconstriction, increased secretion, and decreased mucociliary clearance, among others [28]. Thus, low temperatures and high humidity has often been associated with a higher risk of viral ALRI in young children [2, 6-9]. Our findings agree with previous ones indicating that viral ALRI hospital admissions are directly influenced by changes in weather [29], which directly affect the abundance, survival, and virulence of pathogens [30]. However, other studies show discordant data on temperature and humidity with our study [31-33]. It could be partly explained by different regions of the world not having the same patterned seasonal peaks or outbreaks of ALRIs. In other words, the circulation of respiratory viruses shows different patterns that vary according to geographic location and altitude, even within communities in the same region [31, 33, 34].

In our study, high air concentrations of SO<sub>2</sub>, O<sub>3</sub>, and PM<sub>10</sub> on the day of hospital admission increased the risk of hospitalization due to viral ALRI. This risk was also increased when high NO<sub>2</sub> concentrations were observed two weeks before the day of hospital admission. Our data are consistent with prior reports on exposure to outdoor air pollutants and pneumonia in children [14-19]. Interestingly, some studies did not find an association between indoor NO<sub>2</sub> measurements and ALRI in children [35-37]. It would suggest that NO<sub>2</sub> effects in outdoor ambient on viral ALRI are likely due to the combination with other co-pollutants with similar sources and environmental dynamics (transition metals, organic aerosols, O<sub>3</sub>).

O<sub>3</sub> was the most critical environmental factor because it was strongly associated with ALRI hospital admissions in all the lag times, and the strength of this association increased with longer lag times. These results agree with previous studies, which reported significant increases in respiratory hospital admissions due to increased O<sub>3</sub> concentrations [38-40]. However, some studies did not find associations between O<sub>3</sub> and hospital admissions due to ALRI [15, 41]. The differences between published results on the short-term effects of O<sub>3</sub> exposure and the viral ALRI in children may be due to the influence of many factors, such as the different concentrations of O<sub>3</sub>, duration and time of exposure, outdoor activities, and the susceptibility to air pollutants.

PM<sub>10</sub> can be inhaled, causing lung damage by downregulation of antimicrobial peptides [42] and increasing inflammation and airspace epithelial permeability [43]. Several studies agree with our work, finding an association between PM<sub>10</sub> and hospital admission for severe viral respiratory diseases in young children [44-46], although Nathan et al. did not find a significant association [47]. Moreover, a significant inverse relationship between the short-term exposure to PM<sub>10</sub> and respiratory disorders in children was observed in other studies [48-50]. A possible reason could be the linkage of ultraviolet radiation to PM<sub>10</sub> in specific countries, which attenuate the effect caused by PM<sub>10</sub>, or differences in ages of the children studied. Finally, Air pollutants, particularly exposure to PM and O<sub>3</sub>, trigger oxidative stress in the lung [51]. This

oxidative stress causes an increase in the pro-inflammatory, Th2, and Th17 immune responses and a decrease in the antiviral immune response [52, 53], leading to higher susceptibility to lung infection [53, 54].

SO<sub>2</sub> also causes inflammation and damage of the respiratory mucosa, facilitating virus infection [55]. In addition, young children have an increased risk of having severe bronchiolitis and pneumonia due to their immature immune system that often responds worse to infections [56] and their smaller airways that are easily obstructed by the inflammation process and the accumulation of cellular debris. Although we found significant short-term effects of SO<sub>2</sub> with the increased risk of hospital admissions in children similar to other studies [57, 58], the associations of this air contaminant on LRTI remain controversial [59, 60]. These discrepancies may be due to the measurement of air pollutants in highly populated areas with high traffic (i.e., Asian countries) [61], where the predominant air pollutants are those emitted by vehicles, such as NO<sub>2</sub>, CO, and particulate matters [62].

Finally, our study detected some discrepancies between the univariate and multivariate analyses. Multivariate analysis is recommended to simultaneously explore the impact of two or more predictor variables on the outcome variable. The discrepancies were mainly due to the loss of statistical significance (temperature, NO<sub>2</sub>, and CO) or their first appearance (SO<sub>2</sub> and PM<sub>10</sub>). There may be different reasons that justify these discrepancies. One of them is the information provided by each environmental factor in the multivariate analysis. Thus, the variables that achieved statistical significance improved the overall model fit, while those that did not improve the multivariate model became non-significant. Another cause is the multicollinearity between environmental factors because two or more environmental factors provide almost the same information, but we did not find significant correlations between them (data not shown). Another reason is the low statistical power to disentangle their effects adequately, but the sample size of our study was large.

## **Limitations and strength of the study**

The limitations are mainly related to the administrative database we used (Spanish MBDS): (i) The retrospective design could introduce biases. (ii) There was no relevant clinical information to interpret the viral ALRI. (iii) The accuracy of the MBDS for ALRI diagnosis is unknown, generating a confusion bias. (iv) We did not have data on indoor air contaminants, which may also influence susceptibility to viral ALRI. (v) The MBDS is anonymous and makes it difficult to detect whether some children have been hospitalized multiple times.

Our study also has several strengths that must be considered: (i) this is a nationwide study with a very high number of children under two years of age with an ALRI hospital admission, something challenging to achieve with any other database. (ii) We use a bidirectional case-crossover design that minimizes the impact of the absence of fundamental variables in the regression analysis.

## **Conclusions**

Short-term exposure to environmental factors (climatic conditions and ambient air contaminants) was linked to a higher likelihood of hospital admissions due to ALRI. Our findings emphasize the importance of monitoring environmental factors to assess the risk of ALRI hospital admissions and plan public health resources.

## List of abbreviations

95%CI = 95% confidence interval

AEMET = State Meteorological Agency

ALRI = Acute lower respiratory infection

aOR = Adjusted odds ratio

CO = Carbon monoxide

ICD-9-CM = 9<sup>th</sup> revision of the International Statistical Classification of Diseases and Related Health Problems, Clinical Modification

MBDS = Minimum Basic Data Set

MHCSW = Ministry of Health, Consumer Affairs and Social Welfare

NO<sub>2</sub> = Nitrogen dioxide

O<sub>3</sub> = Ozone

PM<sub>10</sub> = Particulate matter up to 10 µm in size

RSV = Respiratory syncytial virus

SO<sub>2</sub> = Sulfur dioxide

# Declarations

## Ethics approval and consent to participate

This study involves patient clinical-epidemiological data from the MBDS of the MHCSW, whose information is compulsory and anonymous, and thus, the signed informed consent of the patients was not necessary. The MHCSW and the Research Ethics Committee of the Instituto de Salud Carlos III (Ref. CEI PI 81\_2021) approved our study. The data were treated with total confidentiality following Spanish legislation.

## Consent for publication

Not applicable.

## Availability of data

All relevant data is contained in the article and supplemental files. Those interested can contact Dr. Alejandro Alvaro Meca for additional information at [alejandro.alvaro@urjc.es](mailto:alejandro.alvaro@urjc.es).

The MBDS is the property of the MHCSW and the environmental data of the AEMET. Therefore, any researcher can request the data related to this article from MHCSW and AEMET.

## Competing interests

The authors have no competing interests.

## Funding

This research was supported by CIBER -Consortio Centro de Investigación Biomédica en Red- (CB 2021), Instituto de Salud Carlos III, Ministerio de Ciencia e Innovación and Unión Europea - NextGenerationEU (CB21/13/00044). DS-C is a 'Sara Borrell' researcher from ISCIII (grant nº CD20CIII/00001).

## Acknowledgments

We wish to thank the Spanish MHCSW for providing the records of the MBDS and the AEMET of Spain (<http://www.aemet.es/>) for providing daily environmental data.

## Authors' contributions

Conceptualization: AAM and SR.

Formal Analysis: AAM.

Funding Acquisition: IM and SR.

Investigation: AAM, MCG, and SR.

Resources: AAM and SR.

Supervision: SR.

Visualization: AAM and SR.

Writing – Original Draft Preparation: SR.

Writing – Review & Editing: MCG, VM, RR, DSC, IM.

All authors read and approved the final manuscript.

## **Authors' information (optional)**

Not applicable.

## References

1. Pneumonia Etiology Research for Child Health Study G. **Causes of severe pneumonia requiring hospital admission in children without HIV infection from Africa and Asia: the PERCH multi-country case-control study.** *Lancet* 2019; 394(10200):757-779.
2. Wang X, Li Y, O'Brien KL, Madhi SA, Widdowson MA, Byass P, et al. **Global burden of respiratory infections associated with seasonal influenza in children under 5 years in 2018: a systematic review and modelling study.** *Lancet Glob Health* 2020; 8(4):e497-e510.
3. Shi T, McLean K, Campbell H, Nair H. **Aetiological role of common respiratory viruses in acute lower respiratory infections in children under five years: A systematic review and meta-analysis.** *J Glob Health* 2015; 5(1):010408.
4. Newton AH, Cardani A, Braciale TJ. **The host immune response in respiratory virus infection: balancing virus clearance and immunopathology.** *Semin Immunopathol* 2016; 38(4):471-482.
5. Fares A. **Factors influencing the seasonal patterns of infectious diseases.** *Int J Prev Med* 2013; 4(2):128-132.
6. Xu B, Wang J, Li Z, Xu C, Liao Y, Hu M, et al. **Seasonal association between viral causes of hospitalised acute lower respiratory infections and meteorological factors in China: a retrospective study.** *Lancet Planet Health* 2021; 5(3):e154-e163.
7. Huh K, Hong J, Jung J. **Association of meteorological factors and atmospheric particulate matter with the incidence of pneumonia: an ecological study.** *Clin Microbiol Infect* 2020:In Press.
8. Lam HCY, Chan EYY, Goggins WB, 3rd. **Short-term Association Between Meteorological Factors and Childhood Pneumonia Hospitalization in Hong Kong: A Time-series Study.** *Epidemiology* 2019; 30 Suppl 1:S107-S114.
9. Adegboye OA, McBryde ES, Eisen DP. **Epidemiological analysis of association between lagged meteorological variables and pneumonia in wet-dry tropical North Australia, 2006-2016.** *J Expo Sci Environ Epidemiol* 2019.
10. WHO. **Ambient air pollution: A global assessment of exposure and burden of disease.** In. Geneva, Switzerland: World Health Organization; 2016.
11. Sun Z, Zhu D. **Exposure to outdoor air pollution and its human health outcomes: A scoping review.** *PLoS One* 2019; 14(5):e0216550.
12. Manisalidis I, Stavropoulou E, Stavropoulos A, Bezirtzoglou E. **Environmental and Health Impacts of Air Pollution: A Review.** *Front Public Health* 2020; 8:14.
13. Domingo JL, Rovira J. **Effects of air pollutants on the transmission and severity of respiratory viral infections.** *Environ Res* 2020; 187:109650.
14. Wang ZB, Ren L, Lu QB, Zhang XA, Miao D, Hu YY, et al. **The Impact of Weather and Air Pollution on Viral Infection and Disease Outcome Among Pediatric Pneumonia Patients in Chongqing, China, from 2009 to 2018: A Prospective Observational Study.** *Clin Infect Dis* 2021; 73(2):e513-e522.
15. Nhung NTT, Schindler C, Dien TM, Probst-Hensch N, Perez L, Kunzli N. **Acute effects of ambient air pollution on lower respiratory infections in Hanoi children: An eight-year time series study.** *Environ Int* 2018; 110:139-148.

16. Cheng CY, Cheng SY, Chen CC, Pan HY, Wu KH, Cheng FJ. **Ambient air pollution is associated with pediatric pneumonia: a time-stratified case-crossover study in an urban area.** *Environ Health* 2019; 18(1):77.
17. Nhung NTT, Amini H, Schindler C, Kutlar Joss M, Dien TM, Probst-Hensch N, et al. **Short-term association between ambient air pollution and pneumonia in children: A systematic review and meta-analysis of time-series and case-crossover studies.** *Environ Pollut* 2017; 230:1000-1008.
18. Bergmann S, Li B, Pilot E, Chen R, Wang B, Yang J. **Effect modification of the short-term effects of air pollution on morbidity by season: A systematic review and meta-analysis.** *Sci Total Environ* 2020; 716:136985.
19. Tian Y, Liu H, Wu Y, Si Y, Li M, Wu Y, et al. **Ambient particulate matter pollution and adult hospital admissions for pneumonia in urban China: A national time series analysis for 2014 through 2017.** *PLoS Med* 2019; 16(12):e1003010.
20. Liu Y, Zhou Y, Lu J. **Exploring the relationship between air pollution and meteorological conditions in China under environmental governance.** *Sci Rep* 2020; 10(1):14518.
21. Subdirección General de Información Sanitaria e Innovación. **Registro de Actividad de Atención Especializada. RAE-CMBD** [<https://www.msssi.gob.es/estadEstudios/estadisticas/cmbdhome.htm>] In; 2016.
22. European Environment Agency. **AirBase - The European air quality database.** In. Copenhagen, Denmark: European Environment Information and Observation Network (Eionet); 2014.
23. European Environment Agency. **Air Quality e-Reporting (AQ e-Reporting).** In. Copenhagen, Denmark: European Environment Information and Observation Network (Eionet); 2018.
24. Carracedo-Martinez E, Taracido M, Tobias A, Saez M, Figueiras A. **Case-crossover analysis of air pollution health effects: a systematic review of methodology and application.** *Environ Health Perspect* 2010; 118(8):1173-1182.
25. Perz JF, Armstrong GL, Farrington LA, Hutin YJ, Bell BP. **The contributions of hepatitis B virus and hepatitis C virus infections to cirrhosis and primary liver cancer worldwide.** *J Hepatol* 2006; 45(4):529-538.
26. The R Core Team. **R: A Language and Environment for Statistical Computing.** In. Vienna, Austria: the R Foundation for Statistical Computing; 2011.
27. Sinclair R, Boone SA, Greenberg D, Keim P, Gerba CP. **Persistence of category A select agents in the environment.** *Appl Environ Microbiol* 2008; 74(3):555-563.
28. Fisman D. **Seasonality of viral infections: mechanisms and unknowns.** *Clin Microbiol Infect* 2012; 18(10):946-954.
29. Alonso WJ, Laranjeira BJ, Pereira SA, Florencio CM, Moreno EC, Miller MA, et al. **Comparative dynamics, morbidity and mortality burden of pediatric viral respiratory infections in an equatorial city.** *Pediatr Infect Dis J* 2012; 31(1):e9-14.
30. Fisman DN. **Seasonality of infectious diseases.** *Annu Rev Public Health* 2007; 28:127-143.

31. Chadha M, Hirve S, Bancej C, Barr I, Baumeister E, Caetano B, et al. **Human respiratory syncytial virus and influenza seasonality patterns-Early findings from the WHO global respiratory syncytial virus surveillance.** *Influenza Other Respir Viruses* 2020; 14(6):638-646.
32. Suryadevara M, Domachowske JB. **Epidemiology and Seasonality of Childhood Respiratory Syncytial Virus Infections in the Tropics.** *Viruses* 2021; 13(4).
33. Obando-Pacheco P, Justicia-Grande AJ, Rivero-Calle I, Rodriguez-Tenreiro C, Sly P, Ramilo O, et al. **Respiratory Syncytial Virus Seasonality: A Global Overview.** *J Infect Dis* 2018; 217(9):1356-1364.
34. Staaedegaard L, Caini S, Wangchuk S, Thapa B, de Almeida WAF, de Carvalho FC, et al. **Defining the seasonality of respiratory syncytial virus around the world: National and subnational surveillance data from 12 countries.** *Influenza Other Respir Viruses* 2021; 15(6):732-741.
35. Sunyer J, Puig C, Torrent M, Garcia-Algar O, Calico I, Munoz-Ortiz L, et al. **Nitrogen dioxide is not associated with respiratory infection during the first year of life.** *Int J Epidemiol* 2004; 33(1):116-120.
36. Esplugues A, Ballester F, Estarlich M, Llop S, Fuentes-Leonarte V, Mantilla E, et al. **Outdoor, but not indoor, nitrogen dioxide exposure is associated with persistent cough during the first year of life.** *Sci Total Environ* 2011; 409(22):4667-4673.
37. Fuentes-Leonarte V, Tenias JM, Ballester F. **Levels of pollutants in indoor air and respiratory health in preschool children: a systematic review.** *Pediatr Pulmonol* 2009; 44(3):231-243.
38. Burnett RT, Smith-Doiron M, Stieb D, Raizenne ME, Brook JR, Dales RE, et al. **Association between ozone and hospitalization for acute respiratory diseases in children less than 2 years of age.** *Am J Epidemiol* 2001; 153(5):444-452.
39. Farhat SC, Paulo RL, Shimoda TM, Conceicao GM, Lin CA, Braga AL, et al. **Effect of air pollution on pediatric respiratory emergency room visits and hospital admissions.** *Braz J Med Biol Res* 2005; 38(2):227-235.
40. Luong LMT, Phung D, Dang TN, Sly PD, Morawska L, Thai PK. **Seasonal association between ambient ozone and hospital admission for respiratory diseases in Hanoi, Vietnam.** *PLoS One* 2018; 13(9):e0203751.
41. Fusco D, Forastiere F, Michelozzi P, Spadea T, Ostro B, Arca M, et al. **Air pollution and hospital admissions for respiratory conditions in Rome, Italy.** *Eur Respir J* 2001; 17(6):1143-1150.
42. Rivas-Santiago CE, Sarkar S, Cantarella Pt, Osornio-Vargas A, Quintana-Belmares R, Meng Q, et al. **Air pollution particulate matter alters antimycobacterial respiratory epithelium innate immunity.** *Infect Immun* 2015; 83(6):2507-2517.
43. Grzywa-Celinska A, Krusinski A, Milanowski J. **'Smoging kills' - Effects of air pollution on human respiratory system.** *Ann Agric Environ Med* 2020; 27(1):1-5.
44. Wrotek A, Badyda A, Czechowski PO, Owczarek T, Dabrowiecki P, Jackowska T. **Air Pollutants' Concentrations Are Associated with Increased Number of RSV Hospitalizations in Polish Children.** *J Clin Med* 2021; 10(15).
45. Hei Collaborative Working Group on Air Pollution P, Health in Ho Chi Minh C, Le TG, Ngo L, Mehta S, Do VD, et al. **Effects of short-term exposure to air pollution on hospital**

- admissions of young children for acute lower respiratory infections in Ho Chi Minh City, Vietnam.** *Res Rep Health Eff Inst* 2012; (169):5-72; discussion 73-83.
46. Carugno M, Dentali F, Mathieu G, Fontanella A, Mariani J, Bordini L, et al. **PM10 exposure is associated with increased hospitalizations for respiratory syncytial virus bronchiolitis among infants in Lombardy, Italy.** *Environ Res* 2018; 166:452-457.
47. Nathan AM, Rani F, Lee RJ, Zaki R, Westerhout C, Sam IC, et al. **Clinical risk factors for life-threatening lower respiratory tract infections in children: a retrospective study in an urban city in Malaysia.** *PLoS One* 2014; 9(10):e111162.
48. Watanabe M, Noma H, Kurai J, Sano H, Hantan D, Ueki M, et al. **Effects of Short-Term Exposure to Particulate Air Pollutants on the Inflammatory Response and Respiratory Symptoms: A Panel Study in Schoolchildren from Rural Areas of Japan.** *Int J Environ Res Public Health* 2016; 13(10).
49. He QQ, Wong TW, Du L, Jiang ZQ, Gao Y, Qiu H, et al. **Effects of ambient air pollution on lung function growth in Chinese schoolchildren.** *Respir Med* 2010; 104(10):1512-1520.
50. Liu H-Y, Dunea D, Iordache S, Pohoata A. **A Review of Airborne Particulate Matter Effects on Young Children's Respiratory Symptoms and Diseases.** *Atmosphere* 2018; 9(4).
51. Gangwar RS, Bevan GH, Palanivel R, Das L, Rajagopalan S. **Oxidative stress pathways of air pollution mediated toxicity: Recent insights.** *Redox Biol* 2020; 34:101545.
52. Laumbach RJ, Kipen HM. **Respiratory health effects of air pollution: update on biomass smoke and traffic pollution.** *J Allergy Clin Immunol* 2012; 129(1):3-11; quiz 12-13.
53. Glencross DA, Ho TR, Camina N, Hawrylowicz CM, Pfeffer PE. **Air pollution and its effects on the immune system.** *Free Radic Biol Med* 2020; 151:56-68.
54. Shears RK, Jacques LC, Naylor G, Miyashita L, Khandaker S, Lebre F, et al. **Exposure to diesel exhaust particles increases susceptibility to invasive pneumococcal disease.** *J Allergy Clin Immunol* 2020; 145(4):1272-1284 e1276.
55. Cai C, Xu J, Zhang M, Chen XD, Li L, Wu J, et al. **Prior SO<sub>2</sub> exposure promotes airway inflammation and subepithelial fibrosis following repeated ovalbumin challenge.** *Clin Exp Allergy* 2008; 38(10):1680-1687.
56. Liu L, Johnson HL, Cousens S, Perin J, Scott S, Lawn JE, et al. **Global, regional, and national causes of child mortality: an updated systematic analysis for 2010 with time trends since 2000.** *Lancet* 2012; 379(9832):2151-2161.
57. Zhi W, Xu Q, Chen Z, Jiang W, Wang T, Zhou Y, et al. **Respiratory syncytial virus infection in children and its correlation with climatic and environmental factors.** *J Int Med Res* 2021; 49(9):3000605211044593.
58. Lee SW, Yon DK, James CC, Lee S, Koh HY, Sheen YH, et al. **Short-term effects of multiple outdoor environmental factors on risk of asthma exacerbations: Age-stratified time-series analysis.** *J Allergy Clin Immunol* 2019; 144(6):1542-1550 e1541.
59. Suryadhi MAH, Abudureyimu K, Kashima S, Yorifuji T. **Nitrogen dioxide and acute respiratory tract infections in children in Indonesia.** *Arch Environ Occup Health* 2020; 75(5):274-280.
60. Orellano P, Quaranta N, Reynoso J, Balbi B, Vasquez J. **Effect of outdoor air pollution on asthma exacerbations in children and adults: Systematic review and multilevel meta-analysis.** *PLoS One* 2017; 12(3):e0174050.

61. Ibrahim MF, Hod R, Nawi AM, Sahani M. **Association between ambient air pollution and childhood respiratory diseases in low- and middle-income Asian countries: A systematic review.** *Atmos Environ* 2021; 256:118422.
62. Kobza J, Geremek M. **Do the pollution related to high-traffic roads in urbanised areas pose a significant threat to the local population?** *Environ Monit Assess* 2017; 189(1):33.

**Supplementary Table 1.** Summary of associations between environmental factors (climatic factors and ambient air pollutants) and hospital admissions for viral lower respiratory tract infections in Spain (2013-2015).

	<u>Univariate</u>			<u>Multivariate</u>		
	<u>OR (95% CI)</u>	<u>p-value</u>	<u>q-value</u>	<u>aOR (95% CI)</u>	<u>p-value</u>	<u>q-value</u>
<b>3 days</b>						
Temperature (°C)	1.01 (1.00; 1.02)	<b>0.025</b>	0.058	1.01 (1.00; 1.02)	<b>0.026</b>	0.091
Humidity (%)	0.99 (0.98; 1.01)	0.785	0.916	1.01 (0.99; 1.02)	0.292	0.317
NO <sub>2</sub> (µg/m <sup>3</sup> )	0.99 (0.97; 1.01)	0.362	0.634	1.02 (0.99; 1.05)	0.146	0.255
SO <sub>2</sub> (µg/m <sup>3</sup> )	1.01 (0.98; 1.03)	0.717	0.916	1.01 (0.99; 1.03)	0.317	0.317
O <sub>3</sub> (µg/m <sup>3</sup> )	1.07 (1.03; 1.10)	<b>&lt;0.001</b>	<b>0.001</b>	1.08 (1.04; 1.12)	<b>&lt;0.001</b>	<b>&lt;0.001</b>
PM <sub>10</sub> (µg/m <sup>3</sup> )	1.01 (0.98; 1.02)	0.980	0.980	1.01 (0.99; 1.04)	0.255	0.317
CO (µg/m <sup>3</sup> )	0.96 (0.93; 0.99)	<b>0.004</b>	<b>0.014</b>	0.97 (0.94; 1.00)	<b>0.050</b>	0.117
<b>1 week</b>						
Temperature (°C)	1.01 (1.00; 1.02)	<b>0.001</b>	<b>0.002</b>	1.01 (1.00; 1.02)	<b>0.005</b>	<b>0.012</b>
Humidity (%)	0.96 (0.95; 0.97)	<b>&lt;0.001</b>	<b>&lt;0.001</b>	0.98 (0.96; 0.99)	<b>0.001</b>	<b>0.003</b>
NO <sub>2</sub> (µg/m <sup>3</sup> )	0.95 (0.93; 0.97)	<b>&lt;0.001</b>	<b>&lt;0.001</b>	0.99 (0.96; 1.02)	0.462	0.539
SO <sub>2</sub> (µg/m <sup>3</sup> )	1.01 (0.99; 1.03)	0.257	0.263	1.03 (1.00; 1.05)	<b>0.015</b>	<b>0.026</b>
O <sub>3</sub> (µg/m <sup>3</sup> )	1.14 (1.11; 1.17)	<b>&lt;0.001</b>	<b>&lt;0.001</b>	1.14 (1.10; 1.18)	<b>&lt;0.001</b>	<b>&lt;0.001</b>
PM <sub>10</sub> (µg/m <sup>3</sup> )	0.99 (0.97; 1.01)	0.263	0.263	1.02 (1.00; 1.04)	0.120	0.168
CO (µg/m <sup>3</sup> )	0.97 (0.94; 0.99)	<b>0.010</b>	<b>0.014</b>	1.00 (0.97; 1.03)	0.912	0.912
<b>2 week</b>						
Temperature (°C)	1.01 (1.01; 1.02)	<b>0.003</b>	<b>0.004</b>	1.00 (0.99; 1.01)	0.614	0.716
Humidity (%)	0.94 (0.92; 0.95)	<b>&lt;0.001</b>	<b>&lt;0.001</b>	0.95 (0.94; 0.96)	<b>&lt;0.001</b>	<b>&lt;0.001</b>
NO <sub>2</sub> (µg/m <sup>3</sup> )	0.90 (0.88; 0.92)	<b>&lt;0.001</b>	<b>&lt;0.001</b>	0.93 (0.91; 0.96)	<b>&lt;0.001</b>	<b>&lt;0.001</b>
SO <sub>2</sub> (µg/m <sup>3</sup> )	1.01 (0.99; 1.03)	0.166	0.194	1.04 (1.02; 1.06)	<b>&lt;0.001</b>	<b>&lt;0.001</b>
O <sub>3</sub> (µg/m <sup>3</sup> )	1.21 (1.18; 1.24)	<b>&lt;0.001</b>	<b>&lt;0.001</b>	1.19 (1.15; 1.22)	<b>&lt;0.001</b>	<b>&lt;0.001</b>
PM <sub>10</sub> (µg/m <sup>3</sup> )	0.99 (0.97; 1.01)	0.370	0.370	1.05 (1.03; 1.08)	<b>&lt;0.001</b>	<b>&lt;0.001</b>
CO (µg/m <sup>3</sup> )	0.96 (0.93; 0.98)	<b>&lt;0.001</b>	<b>&lt;0.001</b>	1.00 (0.98; 1.03)	0.959	0.959

**Statistics:** Association analyses were performed by conditional logistic regression analysis. *P*-values were corrected for multiple testing (*q*-values) using the false discovery rate (FDR) with Benjamini and Hochberg procedure (n= 21 inheritance models/control time, multiple comparisons). The statistically significant differences are shown in bold.

**Abbreviations:** 95% CI, 95% confidence interval; aOR, adjusted OR; OR, odds ratio.