



CHRODIS+

IMPLEMENTING GOOD PRACTICES FOR CHRONIC DISEASES



Co-funded
by the Third Health Programme
of the European Union

CHRODIS PLUS Joint Action

Seminario Centro Nacional de Epidemiología

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MEMBER STATES
STEP UP TOGETHER
TO **SHARE**
INNOVATIVE
PRACTICES
AND POLICIES
TO ALLEVIATE
THE BURDEN OF
CHRONIC DISEASES



CHRODIS PLUS

Joint Action

42 partners representing
21 European countries

2017-2020



Facing the impact of chronic diseases together



The EU and chronic diseases

Reducing the burden of **chronic diseases** such as diabetes, cardiovascular disease, cancer and mental disorders is a priority for EU Member States and at the EU Policy level, since they **affect 8 out of 10 people over the age of 65** in Europe.

Source: OECD publication Health at a Glance: Europe 2016

A heavy price for chronic diseases

It has been estimated that **chronic diseases cost EU economies €115 billion or 0.8% of GDP annually**. Approximately 70% to 80% of healthcare budgets across the EU are spent on treating chronic diseases.

Source: European Journal of Public Health, Vol. 26, Supplement 1, 2016

Joint Action CHRODIS (2014-2017)

The CHRODIS PLUS Joint Action builds upon the results of JA CHRODIS

Key facts about Joint Action CHRODIS

- ✓ operated under the EU Health Programme
- ✓ 39 associated partners + 32 collaborating partners from 25 countries
- ✓ 3-year duration (January 2014 – March 2017)

JA CHRODIS OBJECTIVES

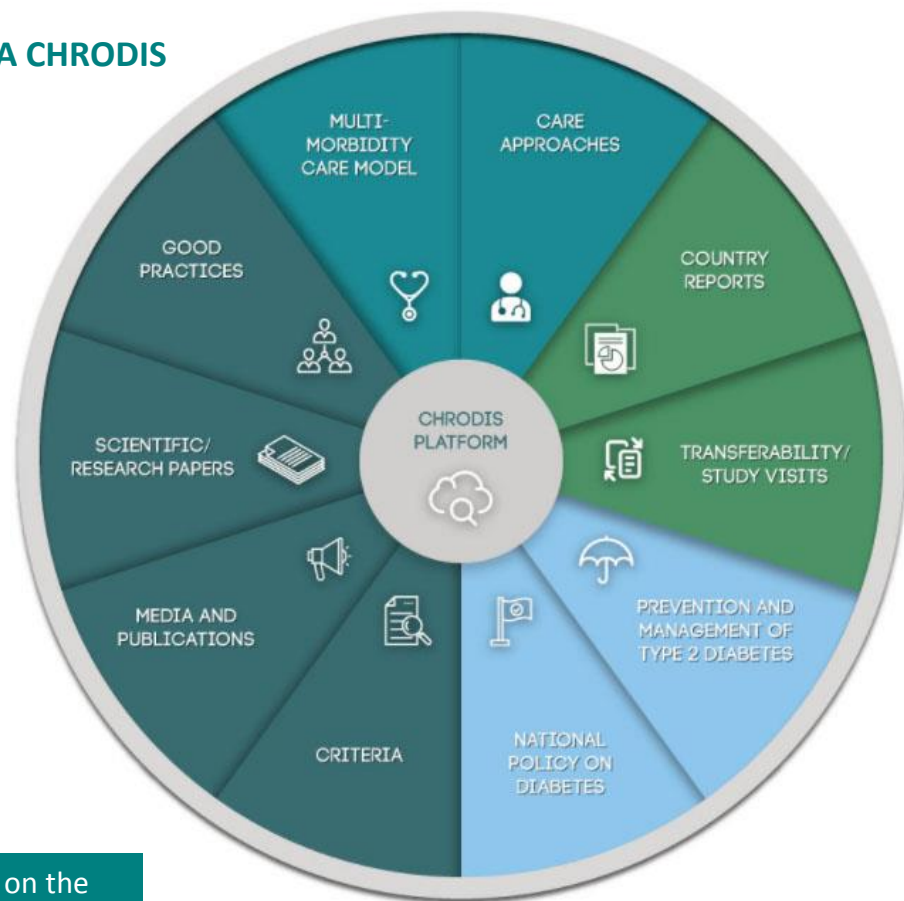
To identify, exchange, scale-up and transfer good practices and effective interventions for

Health promotion and Disease prevention

Diabetes

Multi-morbidity

The JA CHRODIS results are available on the CHRODIS PLUS website:
<http://chrodis.eu/outcomes-results/>



Reaching CHRODIS PLUS objectives

CHRODIS PLUS contributes to reducing the burden of chronic diseases in Europe by

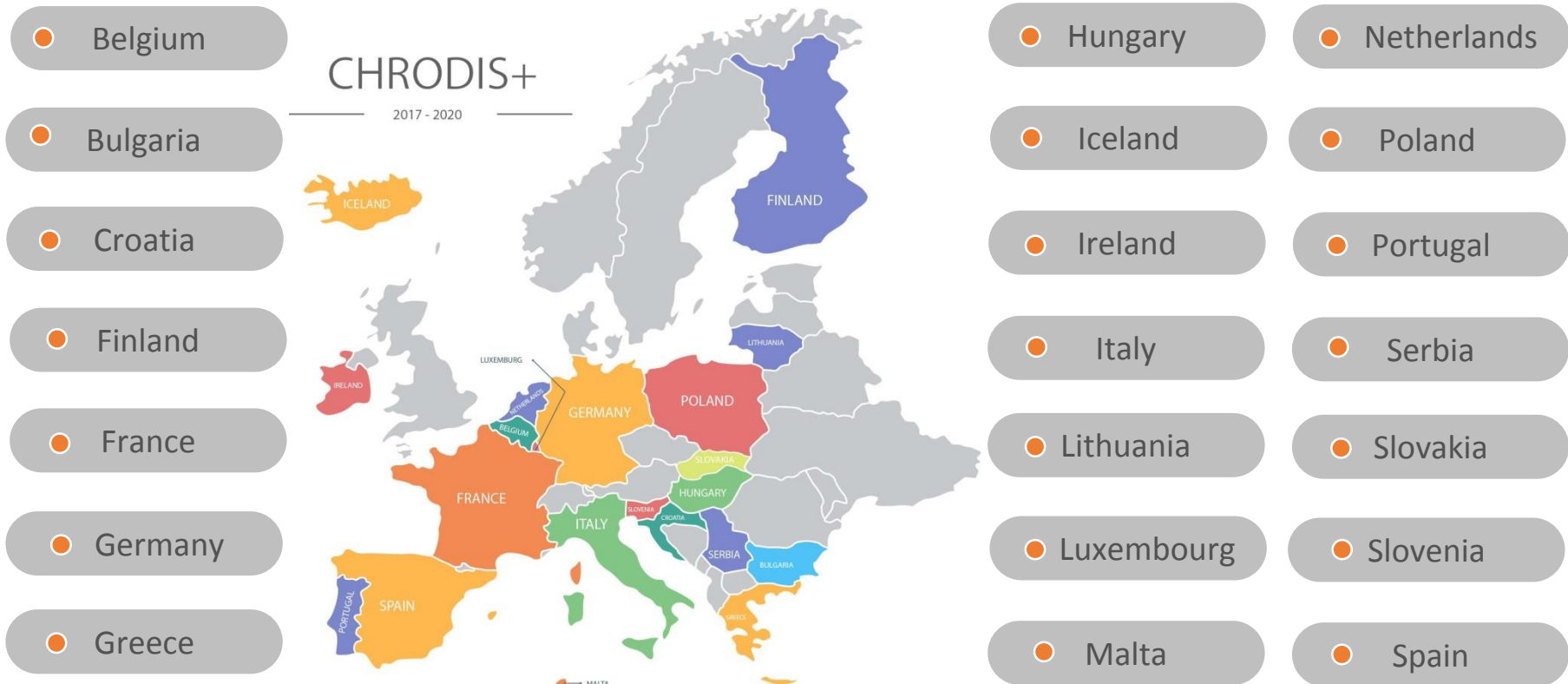
1 IMPLEMENTING AND TESTING BEST PRACTICES, TOOLS AND POLICIES IN IMPLEMENTATION PROJECTS

2 SHARING THE EXPERIENCES GAINED DURING THESE IMPLEMENTATION PROJECTS ACROSS THE EU

3 SUPPORTING INTEGRATION INTO NATIONAL POLICIES AND SUSTAINABILITY



Countries contributing to CHRODIS PLUS



CHRODIS PLUS beneficiaries

List does not include collaborating partners and pilot project implementers

Belgium

- Federal Public Service Health, Food Chain Safety and Environment
- Flemish Region

Bulgaria

- National Center of Public Health and Analyses, Sophia

Croatia

- Croatian Institute of Public Health

Finland

- National Institute for Health and Welfare

France

- The French National Cancer Institute

Germany

- Otto von Guericke University Magdeburg
- Technical University of Dresden
- University Hospital Regensburg
- University of Ulm

Greece

- Aristotle University of Thessaloniki
- Centre for Research and Technology Hellas

Hungary

- Semmelweis University
- National Institute of Oncology

Iceland

- The Directorate of Health

Ireland

- Health Service Executive
- Institute of Public Health

Italy

- Local Health Services of Turin
- The Foundation of the Carlo Besta Neurological Institute, IRCCS
- National Institute of Health
- Catholic University of the Sacred Heart

Lithuania

- Institute of Hygiene
- The Hospital of Lithuanian University of Health Sciences Kauno Klinikos
- Vilnius University
- Vilnius University Hospital Santaros Klinikos

Malta

- Ministry for Health, Government of Malta

Netherlands

- The Dutch National Institute for Public Health and the Environment

Poland

- National Institute of Geriatrics, Rheumatology and Rehabilitation

Portugal

- Ministry of Health

Serbia

- Institute of Public Health of Serbia
- Faculty of Medicine, University of Belgrade

Slovakia

- The Ministry of Health of the Slovak Republic

Slovenia

- National Institute of Public Health

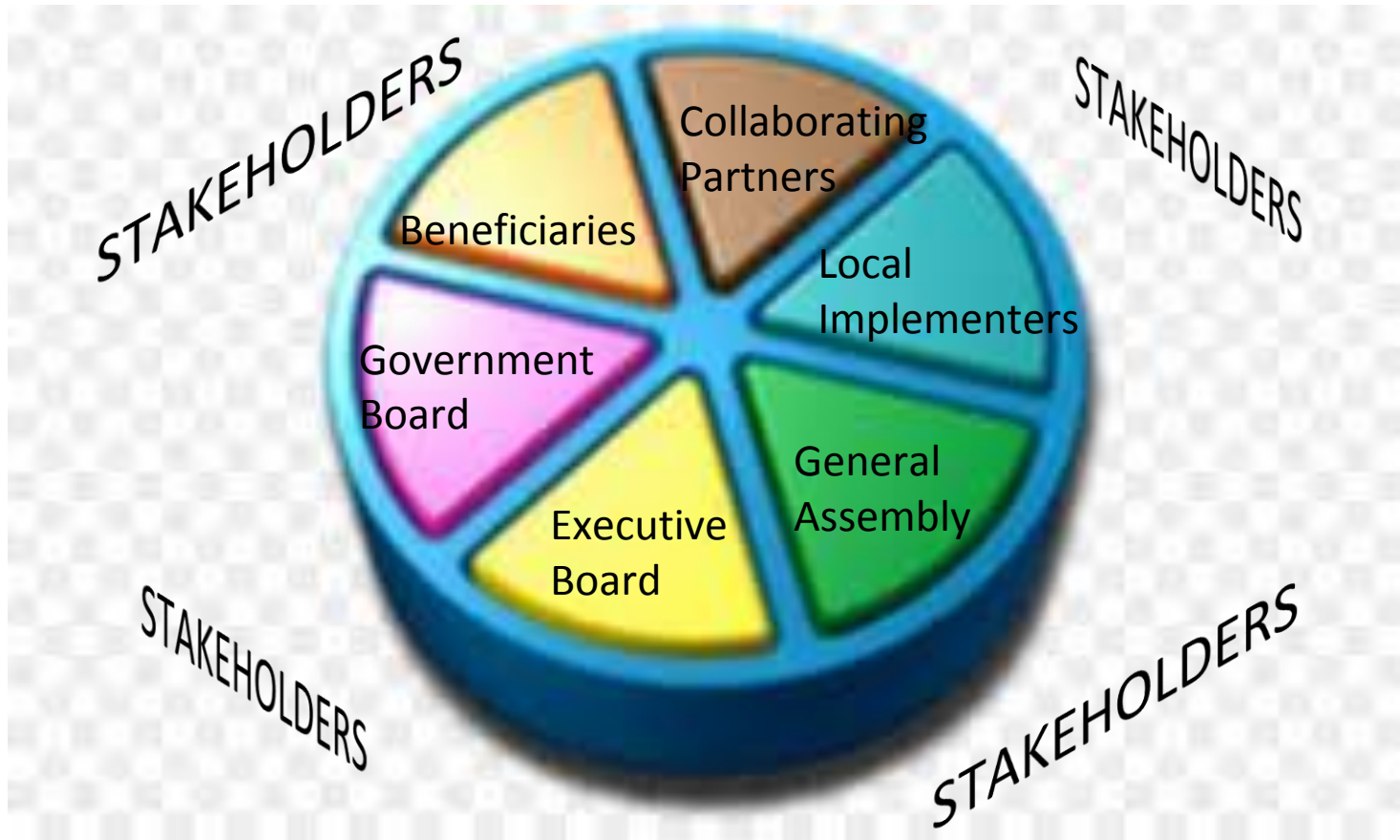
Spain

- Agency for Health Quality and Assessment of Catalonia
- Regional Ministry of Health of Andalusia
- Cantabria Council of Health
- Institute of Health Sciences of Aragon
- International Centre of Excellence in Chronicity Research
- Institute of Health Carlos III

Europe

- EuroHealthNet
- European Patients' Forum

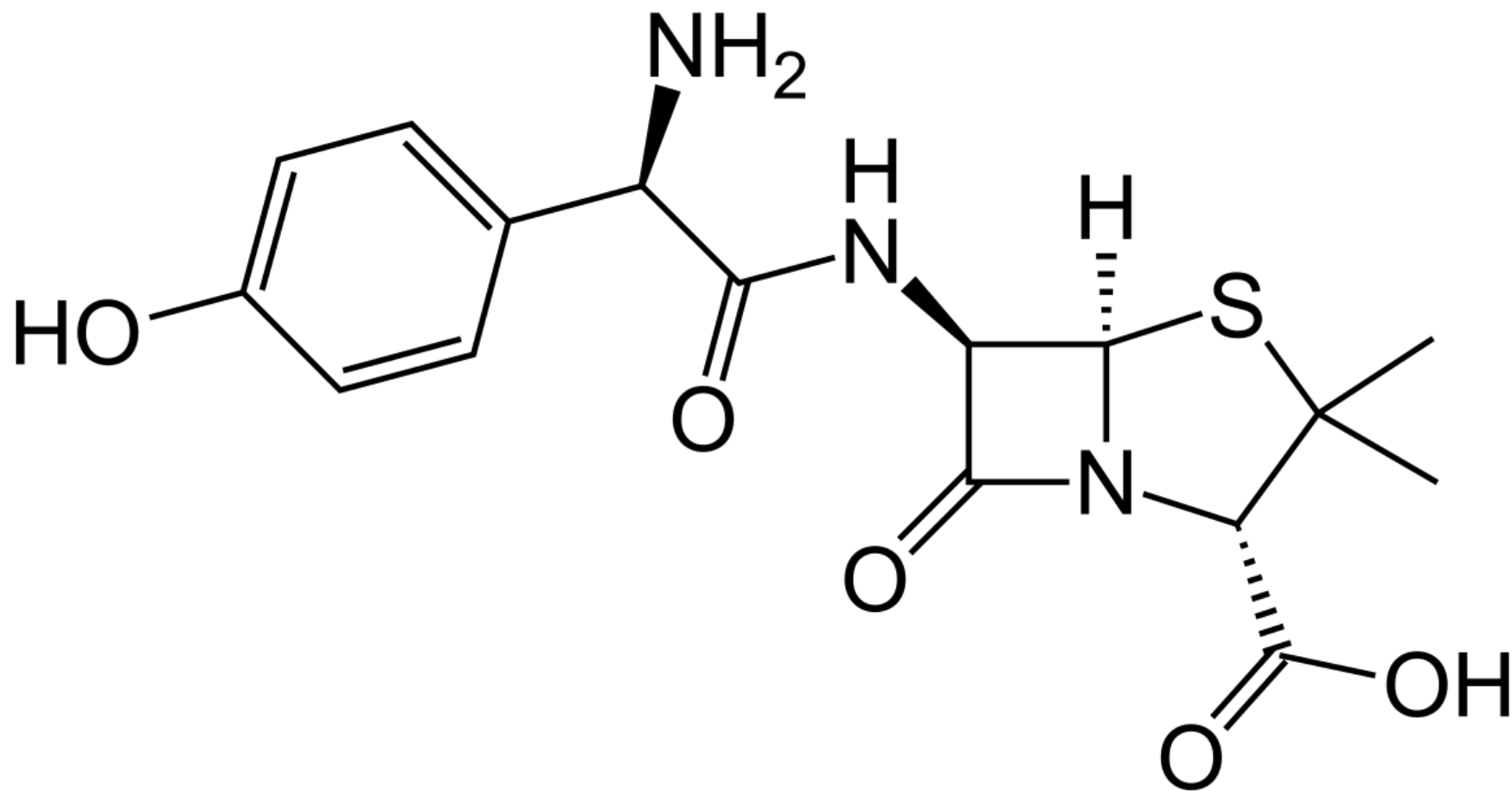
Key CHRODIS PLUS Actors + Stakeholders



There is enough evidence of what works....

What we need are strategies to adapt and use evidence-based interventions in targeted settings (e.g., schools, workplaces, health care facilities, public health departments) to sustain improvements to population health.

CHRODIS+ is developing and testing an Implementation Strategy aimed at helping organizations and agencies involved in NCD to implement locally good practices which have demonstrated success in other settings and jurisdictions.















Implementation Projects & Policy Dialogues

25 implementation projects in 4 areas

- **Health promotion and disease prevention:** 5 practices implemented by 8 organisations
- **Multimorbidity Care Model:** 1 model implemented by 5 organisations
- **Fostering Quality of Care:**
 - **QCR:** 1 tool implemented by 5 organisations
 - **mHealth:** 1 tool implemented by 3 organisations
- **Employment and Chronic Diseases:** 1 tool implemented by 4 organisations

17 policy dialogues

- **15** at the national level, and **2** at the EU level
- **policy dialogues** contribute to informing, developing or implementing a policy change following a round of evidence-based discussions, workshops, and consultations on a particular subject

1. Health Promotion and Disease Prevention



2. Integrated Care Model for Multimorbidity

Projects implemented by 5 organisations test the **Multimorbidity Integrated Care Model**

Model developed by JA-CHRODIS

16 components of the model are classified under 5 domains:



The implementation projects aim to prove the applicability of the model across different European healthcare settings.

3. Fostering the Quality of Care

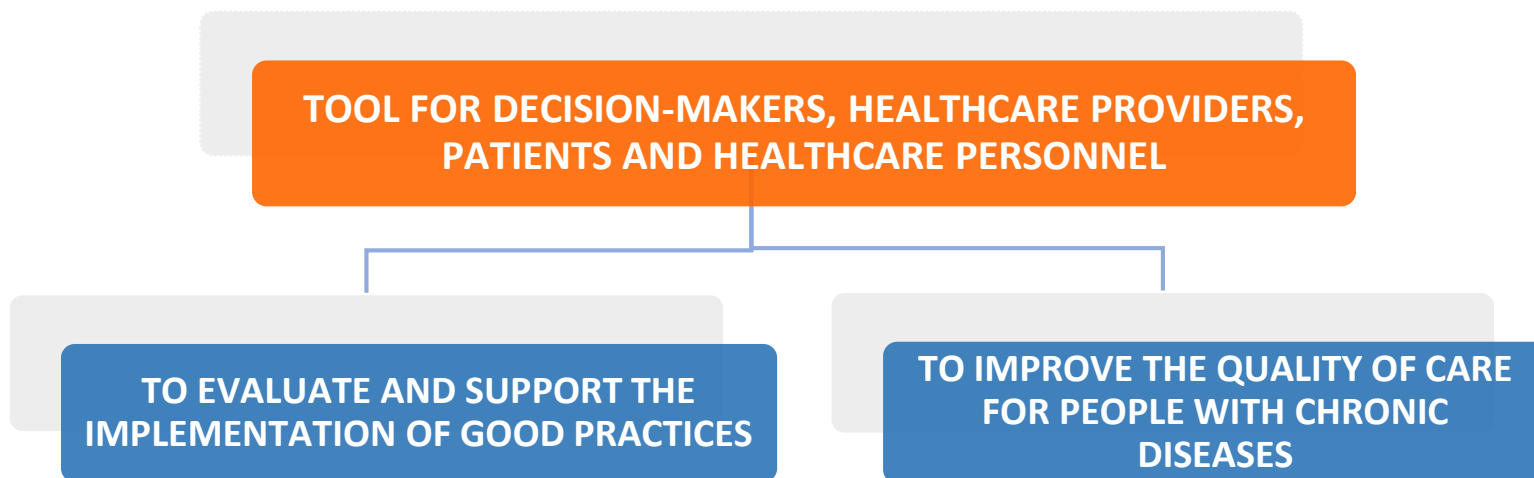
Quality Criteria and Recommendations Tool

A tool developed by Joint Action CHRODIS (2014-2018) to improve the quality of care for people with chronic diseases

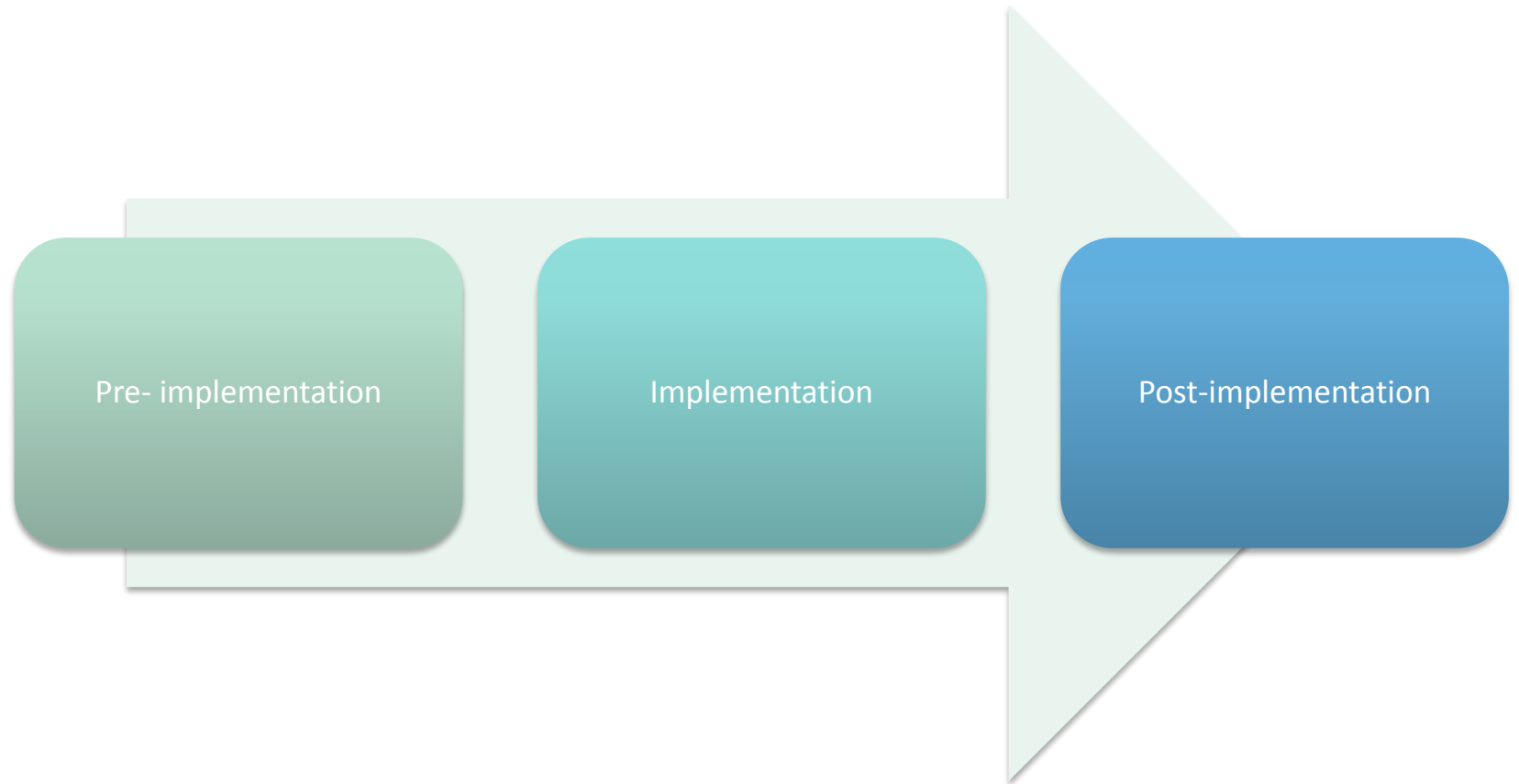
The tool will be tested by 5 institutions

mHealth applications

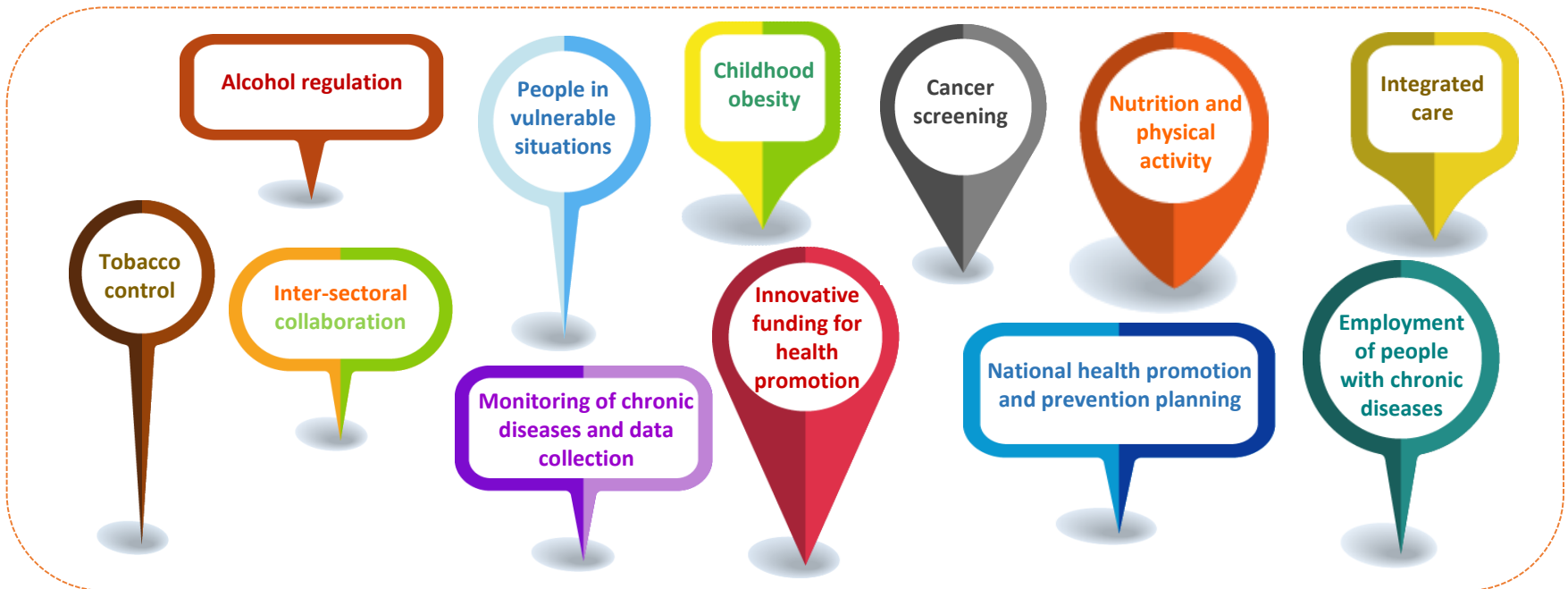
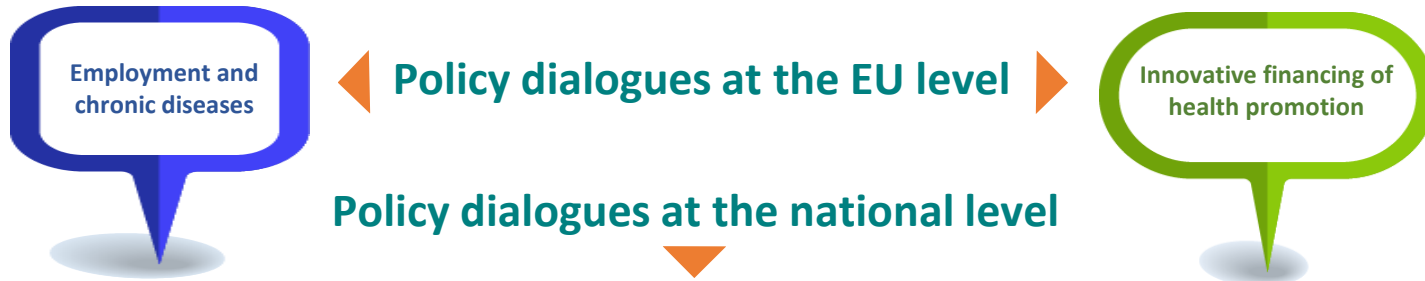
The tool will be tested by 3 institutions



Implementation Strategy



Policy dialogues

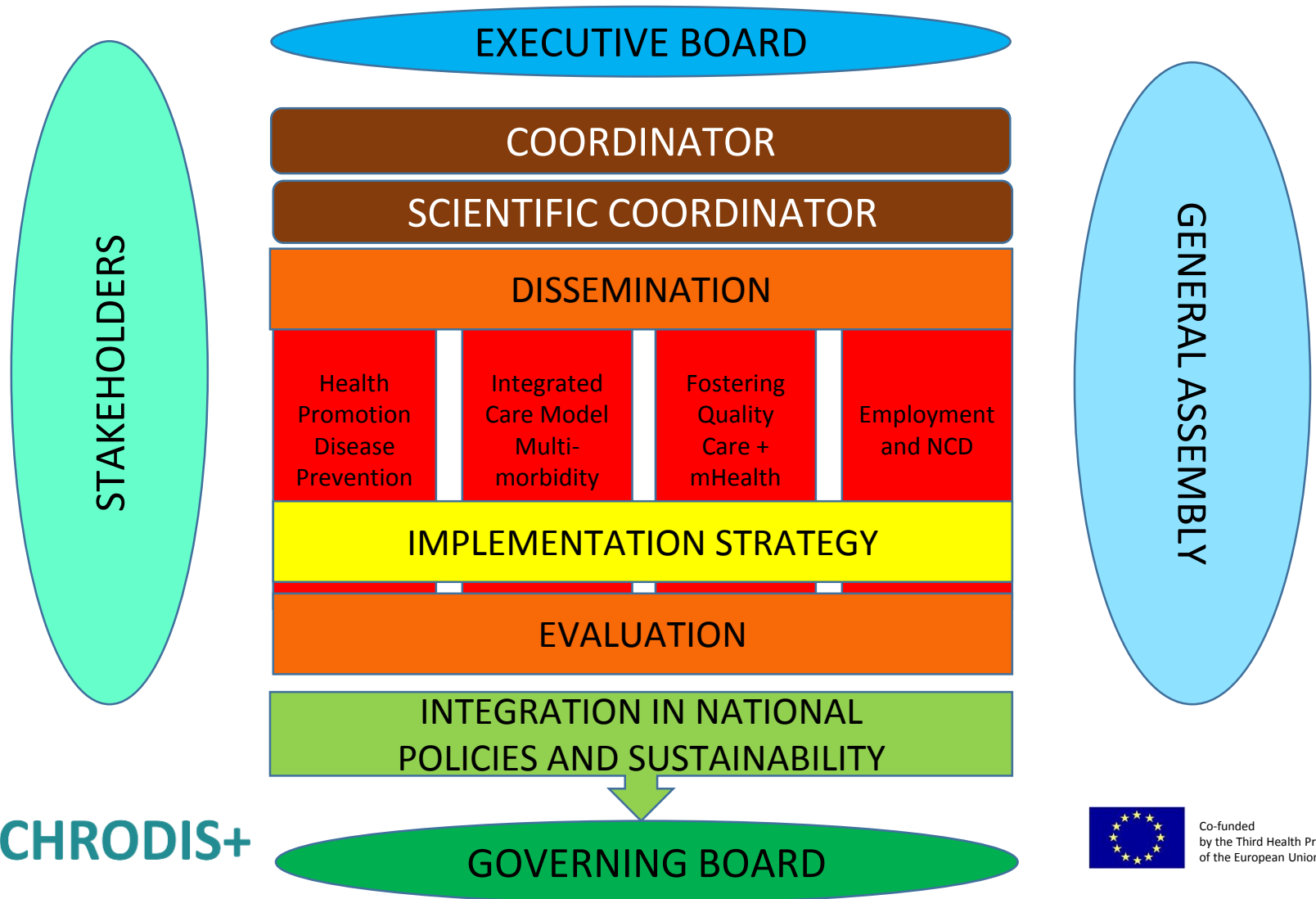




Consensus Statement:

- Governing Board

Organizational & Functional Structure

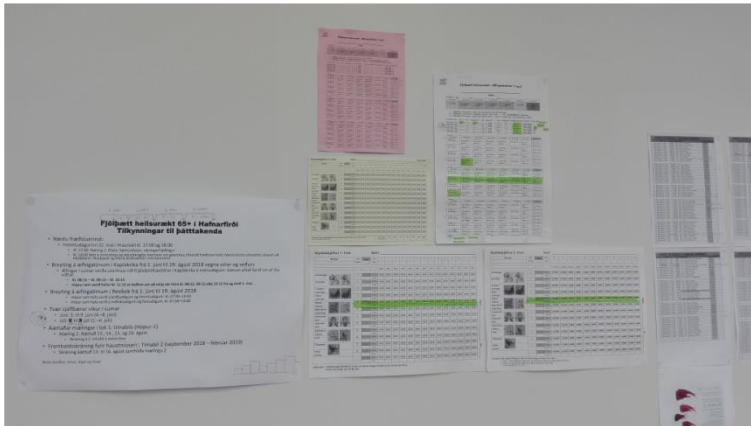


Participación de España

- **Ministerio**
 - Governing Board
 - Policy Dialogue
- **Kronikgune:**
 - Coordinación “Implementation Strategy” (WP5, WP6, WP7)
- **AQUAS:**
 - Líderes WP3
- **IACS:**
 - Plataforma JA CHRODIS
 - Implementación en WP6
 - Colaboración con ISCIII en WP5
- **Andalucía:**
 - Implementación WP5
 - Implementación WP6
 - Coordination Team WP4
 - WP8
- **Valdecilla:**
 - Implementación mHealth

Site Visit: Técnicos Deporte utebe en Islandia

- ENTRENAMIENTO EN REEBOK FITNESS



Local Implementation Working Group (WP5)

- Organizer:
 - Instituto Aragonés de Ciencias de la Salud (IACS).
- Experts:
 - Instituto de Salud Carlos III (ISCiii)
- Decision makers:
 - Dirección de Atención Primaria Sector III del Servicio Aragonés de Salud (SALUD)
 - Ayuntamiento de Utebo (Concejalías de Deportes y Obras Públicas; Acción Social, Sanidad y Consumo)
- Front-line Stakeholders:
 - DG de Deportes
 - DG de Salud Pública
 - Asistencia Sanitaria.
- Implementers:
 - Técnicos del Servicio Municipal de Deportes de Utebo
 - Personal sanitario del Centro de Salud de Utebo.

Participación del ISCIII

Actividades

- Coordinación
- WP4: Líderes
- WP5: Implementación del programa “Successful ageing” de actividad física en mayores
- WP6: Evaluación de la implementación
- WP8: Elaboración de “Policy recommendations”

Centros

- ENS
 - Coordinador
 - Gestión financiera
 - 2 Investigadoras
 - 1 Financial
 - 2 Contratos Pre-doctorales + 2 Post-doctorales*
- ENMT (1 investigador)
- AETS (1 investigador)
- **OPE** (apoyo en elaboración, negociación, gestión)

Contact and follow us



chrodis.eu

info@chrodis.eu

Please follow us on social media to stay up to date with the latest news on CHRODIS PLUS

- Twitter: **@EU_CHRODISplus**
- Facebook: **EU_CHRODIS**
- YouTube: **EU_CHRODISplus**



CHRODIS+

IMPLEMENTING GOOD PRACTICES FOR CHRONIC DISEASES

Thank you for your attention

CHRODIS PLUS

The Joint Action implementing good practices for chronic diseases

This presentation is part of the CHRODIS PLUS Joint Action. This Joint Action addresses chronic diseases through cross-national initiatives identified in JA-CHRODIS, in order to reduce the burden of chronic diseases while assuring health system sustainability and responsiveness, under the framework of the Third Health Programme (2014-2020). The content of this presentation is the sole responsibility of the author. Consumers, Health, Agriculture and Food Executive Agencies cannot be held liable for any use of the information contained within this document.



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