



Article

Particulate Matter Exposure during Pregnancy and Childhood Leukemia Incidence

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Abstract: Leukemia is the most common childhood cancer and its etiology could be related to various environmental contaminants such as particulate matter (PM). The objective of our study is to evaluate the potential association between exposure to PM during pregnancy and the incidence of childhood leukemia. We established a population-based nationwide cohort using the Spanish Birth Registry Statistics database of the National Statistics Institute. We used spatiotemporal land use random forest models to estimate the concentrations of PM₁₀ and PM_{2.5} for the entire pregnancy and by trimesters. We conducted logistic regression analyses adjusted for various covariates. In addition, we fitted generalized additive models (GAMs) to estimate the non-linear relationship between PM levels and leukemia incidence. The study included 3,112,123 children and 1066 cases of leukemia. The results for the continuous variable of PM₁₀ exposure levels suggested an increased risk of childhood leukemia to be associated with higher exposure. The results for the categorized PM₁₀ variable suggest an increased risk of childhood leukemia among pregnant women whose exposure levels were higher than the median (third and fourth quartiles). The results for PM_{2.5} were weaker. We found association between exposure to PM₁₀ during pregnancy and an increased risk of childhood leukemia. Our findings indicate that public health interventions should aim to reduce air pollution to lower the incidence of childhood leukemia.

Keywords: PM₁₀; PM_{2.5}; environmental factors; childhood cancer; childhood leukemia; incidence; epidemiology

1. Introduction

In Spain, the annual childhood cancer incidence is 155.5 cases per million for children aged 0–14 years old. Among childhood cancer, leukemia is the most common childhood

cancer type, representing approximately one-third of all cancer cases in children aged 0–14 years [1], with an incidence rate in both sexes of 4.8 cases per 100,000 in children (0–14 years old) and 2.9 cases per 100,000 in adolescents (15–19 years old) [2,3]. These rates are similar to other western European countries [4].

The etiology of childhood leukemia is unknown in approximately 90% of cases [5]. The majority of these cases with unknown etiology could be due to a multifactorial etiology in which complex genetic–environmental mechanisms interact [6]. Risk factors described for childhood leukemia include age, gender, race/ethnicity, prenatal exposure to X-rays, exposure to radiation or chemotherapeutic agents, and some genetic syndromes [6,7]. Other potential risk factors include exposure to benzene and polycyclic aromatic hydrocarbons, as well as other traffic emission components [6,8,9]. The role of socioeconomic status as a risk factor for childhood leukemia is controversial, with some authors suggesting it as a possible confounding factor in future epidemiological studies [6]. The role of parental smoking is also controversial; results from an international consortium suggested an association with childhood AML, and a meta-analysis also suggested an association with ALL, but both studies showed an association with paternal smoking but not with maternal [10,11].

For years, growing urban and industrial development has increased economic activity and, in turn, raised pollution levels in cities [12]. There is increasing evidence pointing to the risks associated with living near polluted city air [13,14]. Consequently, air pollution, with PM as the main component, is a global public health problem. Airborne particulate matter (PM) is not a single pollutant, but rather a mixture of many chemical species. It is a complex mixture of solids and aerosols composed of small liquid droplets, dry solid fragments, and solid cores with liquid coatings [15]. Most of these chemical species are products of traffic emissions resulting from motor vehicle combustion. PM can be classified based on size into PM_{2.5}, if it has aerodynamic diameters equal to or less than 2.5 µm, and PM₁₀, if it has aerodynamic diameters equal to or less than 10 µm. PM_{2.5} is considered more toxic than PM₁₀ because the smaller diameter of PM_{2.5} allows it to enter the respiratory system [16]. Prenatal exposure to PM is biologically plausible since PM can cross the placenta and circulate through fetal blood and organs [17,18], potentially causing health problems during pregnancy (such as low birth weight, intrauterine growth retardation, and/or premature birth [19–21]) or the later development of other conditions such as respiratory, immune, cardiometabolic, or neurodevelopmental [22]. In addition, among PM microscopic particles, it is possible to find benzene and polycyclic aromatic hydrocarbons (PAHs), which are listed as carcinogenic by the International Agency for Research on Cancer (IARC) [23]. For instance, benzene has been linked to an increased risk of leukemia in adults that are occupationally exposed to it and to acute lymphoblastic leukemia (ALL) in their offspring [24]. And some epidemiological studies have shown an increased risk of childhood cancer related to traffic exposure [25–27].

Focusing on PM, the International Agency for Research on Cancer (IARC) classified PM as a Group 1 carcinogen, posing a greater risk of lung cancer [28]. Despite this classification as an environmental carcinogen, few studies have evaluated the relationship between PM exposure and childhood cancer. In a systematic review by Filippini et al. in 2019 [29], which included 29 case–control and cohort studies reporting an association between air pollution and childhood leukemia, only four of them studied the association between PM exposure and childhood leukemia, and one of them found a statistically significant association between maternal exposure during pregnancy to PM_{2.5} and astrocytoma [30]. As observed, the existing literature on the relationship between environmental exposure and childhood cancer is scarce and inconclusive, and study results are diverse, partly due to variations in measuring PM exposure and the use of different exposure times [31].

This study aims to examine the possible relationship between exposure to PM during pregnancy and the increased risk of childhood leukemia. In addition, we aim to identify critical windows of susceptibility to PM exposure across the three trimesters of the pregnancy.

2. Methods

2.1. Study Design

We set up a population-based, nation-wide cohort using the Spanish Birth Registry Statistics database of the National Statistics Institute. Population data for the entire at-risk population were obtained from the birth registry of the Spanish Statistical Office (INE), resulting in information for a total of 5,307,443 children for the period from 2004 to 2016 [32]. We studied the population of 14 autonomous communities in Spain, as follows: Andalusia, Asturias, Aragon, Cantabria, Castilla-La Mancha, Catalonia, the Valencian Community, Extremadura, Galicia, La Rioja, Madrid, Murcia, Navarre, the Basque Country, and the Balearic Islands. All children born in the selected regions within the studied period and with available residential data were entered in the study, totaling 3,112,123 children. The autonomous community of Castilla y León and four provinces of Andalusia (Córdoba, Seville, Cádiz, and Huelva) were not included in the study, because we did not have a completed register of all leukemia cases for these regions. And the Canary Islands, Ceuta, and Melilla were excluded because we did not have exposure measurements.

The cases were patients with a diagnostic of childhood leukemia that is classified as Group I of the third edition of the “International Classification of Childhood Cancer” (ICCC-3): ALL, Acute myeloid leukemia (AML), chronic myeloproliferative diseases, myelodysplastic syndrome and other myeloproliferative syndromes, and unspecified and other-specified leukemia [33]. For the studied period 2004–2016, there were 2414 entries of leukemia cases in children (0–14 years old) in the Spanish Registry of Childhood Tumours (RETI-SEHOP). RETI-SEHOP is the cancer registry for the hospital pediatric oncology units in Spain and it collaborates with the regional registries [34]. However, for our study, we just included 1066 leukemia cases corresponding to those children in the studied regions with the same home addresses at birth and at diagnosis time to allow us to match with the exposure during pregnancy measurement. Furthermore, due to the availability of PM_{2.5} estimations, for this pollutant the studied period was 2009–2016 with 536 cases and 1,923,581 controls.

2.2. Residence-Based Information

For the cases, the geographical coordinates were obtained from the postal addresses at the time of the diagnosis, which are included in the RETI-SEHOP database. This methodology was presented in another study, in which a spatial analysis of childhood cancer was performed, and we replicated it for this work [35]. The coordinates of the reference population were provided by the INE, which collects the mother’s address at the birth of the child. For the anonymization of personal data, these coordinates were altered by introducing a random error of 30 m.

2.3. Air Pollution Concentration Measures

We used spatiotemporal land use random forest models to estimate the concentrations of PM₁₀ and PM_{2.5} for all Spanish territories except the Canary Islands, Ceuta, and Melilla. We estimated PM₁₀ for the period 2004–2016 and PM_{2.5} for 2009–2016, because, in Spain, PM₁₀ network monitoring was set up in 2004 and PM_{2.5} in 2009. These models linked ground-level air pollution and satellite-based measures of aerosol optical depth, land-use, meteorological, and traffic variables to estimate PM over 1 km × 1 km grid cells, and they were used previously in studies in Italy, Sweden, and Spain [36–38]—a full description of the methodology can be found in the paper of Stafoggia et al. [36]. Daily estimation of PM₁₀ and PM_{2.5} concentrations was performed for each day of the entire pregnancy period (from conception until birth) at the maternal address at the time of the child’s delivery. We assumed that women did not change their residence during pregnancy. Daily PM exposure concentrations were used to calculate pregnancy-average exposure levels and trimester-average exposure concentrations across pregnancy. For the analysis, PM₁₀ and PM_{2.5} concentrations were used as continuous and categorized variables. The continuous variables were defined using the estimated concentrations in µg/m³ units. For

the categorized variables, we computed the quartiles of the continuous variables in the control population, in which quintile 1 (Q1) represented the lowest level and was defined as the reference group.

2.4. Potential Confounding Variables

As potential confounding variables, we included the deprivation index of the census track of the mother's residence. Census tracks are the smallest administrative unit in Spain [32]. The deprivation index uses six indicators (manual and temporary workers, unemployment, insufficient education overall and in young people [16–29 years], and no access to internet) from the 2011 Population and Housing Census of Spain to estimate deprivation levels for 35,917 enumeration districts. The deprivation index ranges from -2.58 (lower deprivation) to 4.88 (higher deprivation), meaning that the interpretation of the deprivation index is directly proportional to the number—the higher the number, the greater the deprivation [39]. The region of each child, at diagnosis for cases and at birth for controls, was included in the model as a random effect to control for the differences between Spain's different regions.

2.5. Statistical Analysis

Before the association analysis and to evaluate the potential bias for the exclusion of those cases with different residential address at birth and at diagnosis, we performed a descriptive analysis between the included-cases group and the excluded-cases group.

For the analysis, the association between the estimation of PM exposure and cancer incidence was estimated by calculating the OR and its 95% confidence interval using logistic regression models for the continuous and categorical variables. We included in the model the following covariates: year of birth, sex, deprivation index, and Autonomous Region. These models were fitted for total leukemia cases, ALL cases, AML cases, and, under 5 years, all cases. To explore a potential dose–response relationship, we computed the trend p -value of the estimated ORs for the categorical variable. In addition, we fitted generalized additive models (GAMs) to estimate the non-linear relationship between PM levels and leukemia incidence. We set statistical significance to a p -value < 0.05 . For this analysis, we used the software package R, Version 3.6.2 (12 December 2019).

2.6. Data Protection

The protection of confidential data has been carried out in accordance with the provisions of Chapter V of Regulation (EC) No. 223/2009 of the European Parliament and of the Council of 11 March 2009.

3. Results

The initial descriptive analysis between the included and not-included cases showed that the number of included cases was 1066 up to 2414—44%. This percentage of included cases was fairly constant along the covariates; for example, the percentage of males included was 56%, while the percentage of male in the RETI-SEHOP register for the studied period was 54%. In respect of year of birth, the percentage of included cases varied from 38% to 50%, with 44% as the mean. The same occurred with the Autonomous Region, where the mean percentage was 43%, with a wider variation in the smaller regions.

This study included 3,112,123 children. Table 1 presents the descriptive values of our main variables, as follows: frequencies and percentages for qualitative variables, and the mean and standard deviation for quantitative variables. In summary, slightly more boys (51.60%) than girls (48.40%) were included. The average age at cancer diagnosis was 4.5 years old for all leukemias and also for ALL. In the case of AML, the average age was lower, at 4.25 years. Regarding the deprivation index, children with leukemia had a slightly lower index of -0.35 , while the controls had -0.29 , as shown in Table 1.

Table 1. Descriptive values of the sample, including percentages with frequencies of responses, and the mean with its standard deviation.

Characteristics	Total (%)	Control	Leukemias	Linfoide	Myeloide
Total	3,112,123	3,111,057 (99.96)	1,066 (0.034)	872 (81.80)	148 (13.88)
Male	1,605,810 (51.60)	1,605,227 (51.60)	594 (55.72)	492 (56.42)	79 (53.38)
Female	1,506,313 (48.40)	1,505,857 (48.40)	472 (44.28)	380 (43.58)	69 (46.62)
Mean age at incidence (years)	-	-	4.51 (3.33)	4.53 (3.14)	4.25 (3.95)
Deprivation	-0.29 (0.94)	-0.29 (0.94)	-0.35 (0.95)	-0.36 (0.95)	-0.27 (0.97)

Table 2 shows the mean exposure to PM₁₀ and PM_{2.5} for the controls and cases (separated into total leukemia, ALL, and AML). It can be observed that PM₁₀ exposure levels for cases are higher than those for the controls for total leukemias and for ALL and AML.

Table 2. Descriptive values of PM₁₀ and PM_{2.5} exposure levels with mean and standard deviation for controls and leukemia (separated into ALL and AML) during total pregnancy and by trimesters.

	Control		Leukemia		ALL		AML	
	PM ₁₀	PM _{2.5}	PM ₁₀	PM _{2.5}	PM ₁₀	PM _{2.5}	PM ₁₀	PM _{2.5}
Total pregnancy	25.07 (6.66)	12.59 (2.42)	26.17 (6.60)	12.72 (2.38)	26.14 (6.54)	12.76 (2.39)	26.34 (7.04)	12.49 (2.33)
First trimester	25.38 (7.28)	12.74 (2.80)	26.44 (7.24)	12.82 (2.77)	26.41 (7.17)	12.87 (2.76)	26.63 (7.77)	12.80 (2.96)
Second trimester	25.02 (6.97)	12.57 (6.97)	26.19 (6.99)	12.71 (6.99)	26.17 (6.94)	12.75 (6.94)	26.29 (7.30)	12.42 (7.30)
Third trimester	24.79 (7.00)	12.47 (2.69)	25.89 (6.87)	12.65 (2.82)	25.87 (6.79)	12.69 (2.75)	26.08 (7.37)	12.40 (3.23)

Table 3 shows the results of the logistic regressions models for total leukemia. Both analyses with continuous and categorized variables are included. The results for the continuous variable of PM₁₀ exposure levels indicate an increased risk of childhood leukemia to be associated with higher exposure. The results for the categorized PM₁₀ variable suggest an increased risk of childhood leukemia among pregnant women whose exposure level were higher than the median, third, and fourth quartiles, compared to those women who were less exposed. For all trimesters, the OR in Q4 was statistically significant. The trending *p*-value was < 0.05 for the total pregnancy and for the second and third trimester. The estimated OR for PM_{2.5} showed increased risk values; nevertheless, these were not statistically significant. This happened for both continuous and categorical variables and for the average exposure during the total pregnancy, and for the first and second trimester.

Figure 1 shows the results from the non-linear model that illustrates the change in total leukemia risk with increasing levels of PM₁₀ exposure for the pregnancy-average. A growing trend can be seen starting from lower values (<0 s(PM₁₀)) to risk values (>0 s(PM₁₀)) when exposure levels exceed approximately 25 µg/m³.

Table 3. Odds ratios (ORs) and their respective 95% confidence interval (95%CI) for PM₁₀ and PM_{2.5} average exposure levels as continuous and categorical variables during total pregnancy and by trimester. “Cont” stands for continuous variable and “Cat” for categorical. * Reference category for categorical variables. *p* stands for *p*-value. Trend *p*-value < 0.05.

	Total Pregnancy				First Trimester				Second Trimester				Third Trimester				
	Levels	OR	IC	<i>p</i>	Levels	OR	IC	<i>p</i>	Levels	OR	IC	<i>p</i>	Levels	OR	IC	<i>p</i>	
PM ₁₀	Cont		1.01	1–1.03	0.06		1.01	1–1.02	0.23		1.01	1–1.03	0.03		1.01	1–1.02	0.08
	Cat 1 *	<19.98	1.00	-	-	<19.92	1.00	-	-	<19.83	1.00	-	-	<19.64	1.00	-	-
	Cat 2	19.98–23.99	1.13	0.93–1.37	0.23	19.92–24.32	1.20	1.00–1.44	0.06	19.83–23.98	1.04	0.86–1.26	0.69	19.64–23.73	1.08	0.89–1.31	0.41
	Cat 3	23.99–29.90	1.29	1.04–1.60	0.02	24.32–30.25	1.14	0.92–1.41	0.22	23.98–29.79	1.21	0.98–1.49	0.07	23.73–29.39	1.28	1.04–1.57	0.02
	Cat 4	>29.90	1.43''	1.1–1.86	0.01	>30.25	1.31	1.03–1.66	0.03	>29.79	1.27''	1.00–1.62	0.05	>29.39	1.31''	1.03–1.67	0.03
PM _{2.5}	Cont		1.02	0.98–1.07	0.32		1.01	0.97–1.05	0.76		1.02	0.98–1.06	0.31		1.03	0.99–1.07	0.14
	Cat 1 *	<10.92	1.00	-	-	<10.82	1.00	-	-	<10.76	1.00	-	-	<10.66	1.00	-	-
	Cat 2	10.92–12.33	1.02	0.78–1.32	0.89	10.82–12.32	1.13	0.87–1.46	0.37	10.76–12.18	1.09	0.83–1.42	0.54	10.66–12.10	0.96	0.74–1.25	0.77
	Cat 3	12.33–13.92	1.13	0.86–1.48	0.38	12.32–14.24	1.23	0.95–1.61	0.12	12.18–13.98	1.40	1.07–1.82	0.01	12.10–13.85	0.96	0.73–1.25	0.75
	Cat 4	>13.92	1.11	0.82–1.52	0.50	>14.24	1.01	0.74–1.36	0.97	>13.98	1.25	0.92–1.69	0.15	>13.85	1.16	0.88–1.55	0.29

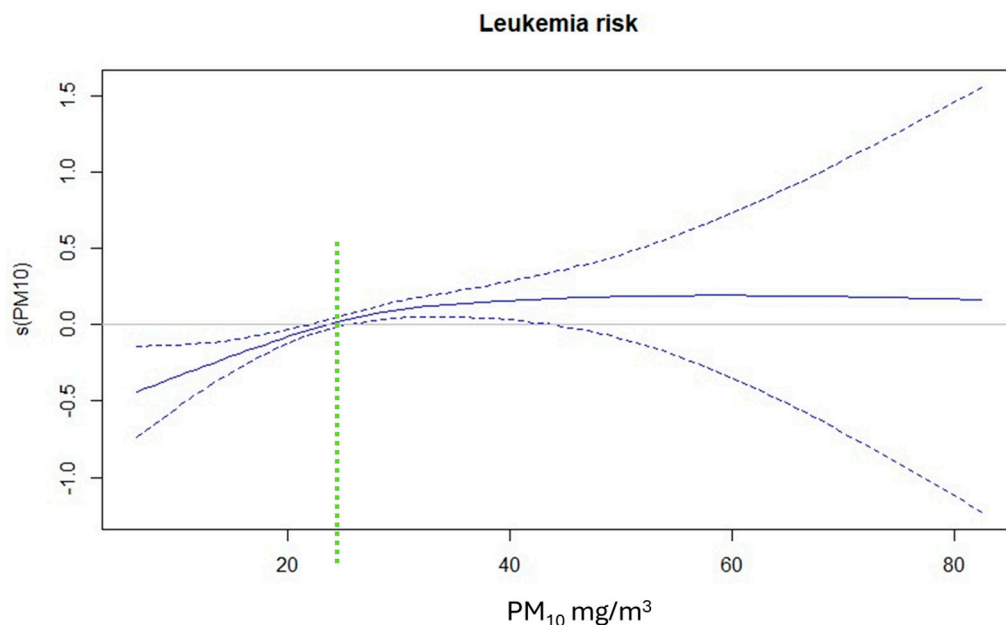


Figure 1. Non-linear relationship between PM₁₀ exposure levels in µg/m³ and risk of childhood leukemia.

Table 4 shows the results of logistic regressions conducted for ALL, ALM, and children under 5 years old. Both continuous and categorized variable analyses are included. The results for the continuous variable in cases of ALL indicate an increased risk associated with the average exposure during the entire pregnancy and in the third trimester. The results for the categorized variable reflect patterns similar to those found in total leukemias (Table 3), with an increased risk of childhood leukemia in pregnant women whose exposure levels were in the third and fourth quartiles, observed in both the total duration of pregnancy and by trimesters. For PM_{2.5}, the estimated OR showed a very similar behavior to that in the analysis with all leukemia cases, suggesting an increased risk, but not one of statistical significance. The trending *p*-value was statistically significant for both PM₁₀ and PM_{2.5} for the total pregnancy, and for PM₁₀ for the three trimesters.

Table 4. Odds ratios (ORs) and their respective 95% confidence interval (95% CI) for PM₁₀ and PM_{2.5} exposure levels as continuous and categorical variables, and for ALL, AML, and children under five years of age during total pregnancy and by trimester. * Reference Category for Categorical Variables. “Cont” stands for continuous variable and “Cat” for categorical. * Reference category for categorical variables. *p* stands for *p*-value. Trend *p*-value < 0.05.

		Total Pregnancy				First Trimester				Second Trimester				Third Trimester					
		Levels	OR	IC	<i>p</i>	Levels	OR	IC	<i>p</i>	Levels	OR	IC	<i>p</i>	Levels	OR	IC	<i>p</i>		
ALL	PM ₁₀	Cont		1.02	1–1.03	0.04	1.01	1–1.02	0.16	1.02	1–1.03	0.02	1.01	1–1.03	0.06				
		Cat 1 *	<19.98	1.00	-	-	<19.92	1.00	-	-	<19.83	1.00	-	-	<19.64	1.00	-	-	-
		Cat 2	19.98–23.99	1.23	0.99–1.52	0.06	19.92–24.32	1.20	0.97–1.47	0.09	19.83–23.98	1.12	0.90–1.38	0.31	19.64–23.73	1.16	0.93–1.43	0.18	
		Cat 3	23.99–29.90	1.36	1.07–1.74	0.01	24.32–30.25	1.15	0.91–1.46	0.23	23.98–29.79	1.25	0.99–1.57	0.06	23.73–29.39	1.42	1.13–1.78	0.00	
		Cat 4	>29.90	1.56''	1.17–2.09	0.00	>30.25	1.35''	1.04–1.77	0.03	>29.79	1.34''	1.02–1.76	0.03	>29.39	1.42''	1.09–1.86	0.01	
ALL	PM _{2.5}	Cont		1.04	0.99–1.09	0.17	1.01	0.97–1.06	0.51	1.03	0.99–1.08	0.19	1.04	0.99–1.08	0.10				
		Cat 1 *	<10.92	1.00	-	-	<10.82	1.00	-	-	<10.76	1.00	-	-	<10.66	1.00	-	-	-
		Cat 2	10.92–12.33	1.03	0.77–1.38	0.83	10.82–12.32	1.14	0.85–1.52	0.38	10.76–12.18	1.12	0.83–1.50	0.46	10.66–12.10	0.92	0.69–1.22	0.54	
		Cat 3	12.33–13.92	1.15	0.85–1.54	0.37	12.32–14.24	1.30	0.97–1.74	0.07	12.18–13.98	1.46	1.09–1.95	0.01	12.10–13.85	0.96	0.72–1.29	0.79	
		Cat 4	>13.92	1.21''	0.86–1.71	0.27	>14.24	1.09	0.78–1.53	0.60	>13.98	1.33	0.95–1.85	0.10	>13.85	1.23	0.91–1.68	0.18	
AML	PM ₁₀	Cont		1.00	0.96–1.03	0.87	1.00	1–1.02	0.77	1.00	0.97–1.03	0.86	1.00	0.97–1.03	0.94				
		Cat 1 *	<19.98	1.00	-	-	<19.92	1.00	-	-	<19.83	1.00	-	-	<19.64	1.00	-	-	-
		Cat 2	19.98–23.99	0.67	0.39–1.16	0.15	19.92–24.32	1.34	0.97–1.46	0.26	19.83–23.98	0.71	0.41–1.23	0.23	19.64–23.73	0.66	0.39–1.10	0.11	
		Cat 3	23.99–29.90	0.91	0.52–1.60	0.75	24.32–30.25	0.96	0.88–1.41	0.90	23.98–29.79	1.16	0.67–1.99	0.60	23.73–29.39	0.68	0.39–1.19	0.18	
		Cat 4	>29.90	0.77	0.40–1.51	0.45	>30.25	1.05	1.02–1.73	0.87	>29.79	0.92	0.49–1.76	0.81	>29.39	0.85	0.46–1.57	0.61	
AML	PM _{2.5}	Cont		1.04	0.99–1.09	0.17	0.98	0.88–1.10	0.77	0.95	0.84–1.06	0.35	0.97	0.87–1.08	0.58				
		Cat 1 *	<10.92	1.00	-	-	<10.82	1.00	-	-	<10.76	1.00	-	-	<10.66	1.00	-	-	-
		Cat 2	10.92–12.33	1.12	0.85–1.49	0.42	10.82–12.32	1.03	0.50–2.12	0.93	10.76–12.18	1.14	0.55–2.37	0.73	10.66–12.10	1.09	0.55–2.16	0.81	
		Cat 3	12.33–13.92	1.14	0.84–1.54	0.39	12.32–14.24	1.04	0.50–2.18	0.92	12.18–13.98	1.15	0.54–2.45	0.71	12.10–13.85	0.80	0.37–1.71	0.56	
		Cat 4	>13.92	1.25''	0.89–1.77	0.20	>14.24	0.69	0.29–1.65	0.41	>13.98	0.86	0.36–2.07	0.74	>13.85	0.66	0.28–1.53	0.33	
<5 years old	PM ₁₀	Cont		0.94	0.83–1.07	0.38	1.01	1–1.02	0.04	1.02	1.01–1.03	0.00	1.01	1–1.02	0.00				
		Cat 1 *	<19.98	1.00	-	-	<19.92	1.00	-	-	<19.83	1.00	-	-	<19.64	1.00	-	-	-
		Cat 2	19.98–23.99	1.17	1.02–1.34	0.02	19.92–24.32	1.19	1.04–1.35	0.01	19.83–23.98	1.03	0.90–1.17	0.70	19.64–23.73	0.98	0.86–1.12	0.74	
		Cat 3	23.99–29.90	1.25	1.07–1.46	0.01	24.32–30.25	1.28	1.10–1.48	0.00	23.98–29.79	1.14	0.98–1.32	0.09	23.73–29.39	1.30	1.13–1.50	0.00	
		Cat 4	>29.90	1.43''	1.18–1.74	0.00	>30.25	1.31''	1.09–1.57	0.00	>29.79	1.24''	1.04–1.49	0.02	>29.39	1.25	1.04–1.49	0.01	
<5 years old	PM _{2.5}	Cont		1.03	1–1.07	0.05	1.02	0.99–1.04	0.25	1.03	1–1.05	0.07	1.03	1–1.05	0.06				
		Cat 1 *	<10.92	1.00	-	-	<10.82	1.00	-	-	<10.76	1.00	-	-	<10.66	1.00	-	-	-
		Cat 2	10.92–12.33	0.98	0.82–1.17	0.83	10.82–12.32	1.13	0.95–1.33	0.17	10.76–12.18	1.06	0.90–1.27	0.48	10.66–12.10	1.07	0.90–1.26	0.45	
		Cat 3	12.33–13.92	1.25	1.05–1.49	0.01	12.32–14.24	1.16	0.97–1.38	0.10	12.18–13.98	1.25	1.05–1.49	0.01	12.10–13.85	1.10	0.92–1.31	0.29	
		Cat 4	>13.92	1.23	1.00–1.52	0.06	>14.24	1.13	0.92–1.38	0.23	>13.98	1.21	0.99–1.48	0.06	>13.85	1.14	0.94–1.39	0.17	

Regarding the results for AML cases, estimated ORs for PM₁₀ indicated no association, while ORs for PM_{2.5} showed an excess of risk; nevertheless, these estimations were not

statistically significant, but the trend was. Finally, for the results of the group of children under 5 years old, estimated ORs for both PM₁₀ and PM_{2.5} showed an increased risk to be observed throughout the entire pregnancy and in the first trimester for both continuous and categorical variables; however, only the ORs for PM₁₀ were statistically significant. The trend was significant for the total pregnancy and for the first and second trimester.

4. Discussion

In this population-based cohort study, we examined the effects of exposure to particulate matter (PM) during pregnancy on the risk of childhood leukemia in several Spanish regions. Our findings support the hypothesis of an association between exposure to higher concentrations of PM and the incidence of childhood leukemia. Both continuous and categorical variables showed an increased risk that was stronger among pregnant women exposed to the highest levels. We observed similar results in cases of ALL and leukemias in children under five years of age. The association was stronger in PM₁₀ than PM_{2.5} and only PM₁₀ showed a statistical significance. In relation to the exposure window results, PM₁₀ presented similar results among the trimesters, suggesting that there is not a critical exposure window. For AML, the results for PM₁₀ and PM_{2.5} showed opposite effects—while exposure to PM₁₀ did not suggest an increased risk of AML, exposure to PM_{2.5} did suggest it. In any case, these estimations were not statistically significant, most possibly because of the low number of cases—157 cases for PM₁₀ and 64 for PM_{2.5}.

Previous studies have shown these potential associations. For example, in a recent study published in 2022, conducted by Min Lee et al. in South Korea [40], their results showed that an increase of 10 µg/m³ in PM_{2.5} exposure levels lead to an increase in the risk of childhood cancer, but no association was found for PM₁₀ exposure. In the analysis, they found an association between PM_{2.5} exposure and ALL, but no association with AML. These results showed a stronger association for PM_{2.5} exposure than our study. However, we observed an association between PM₁₀ exposure and childhood leukemia, both overall and for ALL and AML separately. This discrepancy in the results obtained from both studies could be due to the different methodologies employed. In the South Korean study, exposures were not evaluated during pregnancy, but during the children's lifetime, leading them to exclude all cases of children under five years old at diagnosis, which are more closely related to prenatal environmental exposures. Another study by Lavigne et al. in Canada, published in 2016 [30], showed no association between PM_{2.5} exposure and childhood leukemia. The methodology used differed from ours, as it included exposures during the first year of the child's life in their analysis. And results were different too, since we found a weak association, but they we did not find an association with PM_{2.5} exposure.

More studies have focused on air pollution where PM was one of the studied pollutants. For instance, in a study conducted in California, they found an association between traffic-related air pollution and ALL, but not with LMA. This study included CO, NO, and PM_{2.5} as traffic-related pollutants. We found a weak association between leukemia and PM_{2.5}, suggesting that the association found in this study could also be due to the effect of NO and CO [41]. Also, in another Californian study of prenatal exposure to traffic-related air pollution and an increased risk of childhood tumors [31], they found an association between traffic-related air pollution exposure and an increased risk of ALL, with a stronger association during the first and second trimesters. They did not measure PM exposure though, but NO₂, yet their results align with ours, as we found associations across all trimesters and for overall exposure during pregnancy. These findings support the hypothesis of a prenatal origin of ALL, given that preleukemic cells have been detected in blood samples from newborns who were later diagnosed with ALL [42].

The results of our linear analysis suggested that exposure levels of PM₁₀ above 25 µg/m³ could increase the risk of childhood leukemia. Currently, the EU air quality standards set the yearly average limit at 40 µg/m³ [43], while the WHO-recommended limit is 15 µg/m³. Our results align with the WHO recommendations, suggesting that the current EU limits are far too high [44].

Regarding the methodology of measuring PM environmental exposure, we found that studies with different methodologies often yield contradictory results, which could partly be due to this fact. For example, in the previously cited South Korean study [40], PM₁₀ exposure was calculated by collecting data from air quality monitoring stations throughout the country. But more recent studies have used satellite data to estimate PM exposure, such as the study conducted in Mexico published in 2024, which used a model combining satellite data and meteorological variables and land use variable [45], similar to the models used in our research [36]. These kinds of models exhibited a good performance and allow for the simulation and prediction of air quality in different regions and periods, using this data to estimate PM_{2.5} exposure levels at residential addresses [46]. In addition to the method of PM estimation, the estimation period is also variable between studies. Some studies focus on the pregnancy period [41], like ours, and others estimated the exposure after birth [40]. These heterogeneous methodologies limit the comparison of the results between studies.

Along with what we just mentioned, another important limitation of the present study is the non-inclusion of individual data relating to possible confounding factors that might be related to the PM, such as socio-economic status or lifestyle-related factors, because of their unavailability at an individual level. Yet, to minimize this limitation, we included in the analysis the deprivation index at the census-track level. Furthermore, we did not have information about address changes between birth and diagnosis; therefore, we limited the analysis to those cases with the same address at birth and at diagnosis. This could introduce a potential bias if those children that moved had a different PM exposure than those that did not move, but as we showed in the initial descriptive analysis, the two groups did not differ significantly according to the covariates. In our sensitivity analysis with the under 5-year-olds cases, where the percentage of same address was higher, we did not find substantial differences in the estimated ORs either. Nevertheless, this problem would limit the capacity to find positive results, but in no way does it invalidate the associations found.

This study has several strengths such as the large case group and, in particular, the very large control group, that in this case is the cohort of newborns in the studied period for most of the Spanish territory. This large group provides a much more realistic image of the spatial distribution of the at-risk population. Another strength is the availability of detailed individual concentrations of PM during pregnancy, which was estimated using standardized and validated methods.

5. Conclusions

The findings of this study suggest an association between exposure to PM₁₀ during pregnancy and an increased risk of childhood total leukemia and ALL, but not for AML. Also, our results suggest that it could be a possible dose–response relationship, where higher exposure levels correspond to a greater risk, but there would be no critical exposure window. In this context, we established that the increased risk of childhood leukemia occurs when exposure levels of PM₁₀ exceed 25 µg/m³. Consequently, we suggest that the WHO's recommendations on exposure levels should be reviewed. In connection with PM_{2.5}, this study suggests a potential association with AML, but there are less data supported than there are for PM₁₀. Therefore, our findings indicate that public health interventions should aim to reduce air pollution to lower the incidence of childhood leukemia. Finally, this work is the first to study the relationship between PM₁₀ exposure during pregnancy and the risk of childhood leukemia, suggesting that our findings should be confirmed with future research.

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Data Availability Statement: The data presented in this study are available on request from the corresponding author. The data are not publicly available due to keeping the subjects' privacy.

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