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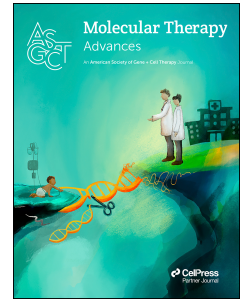
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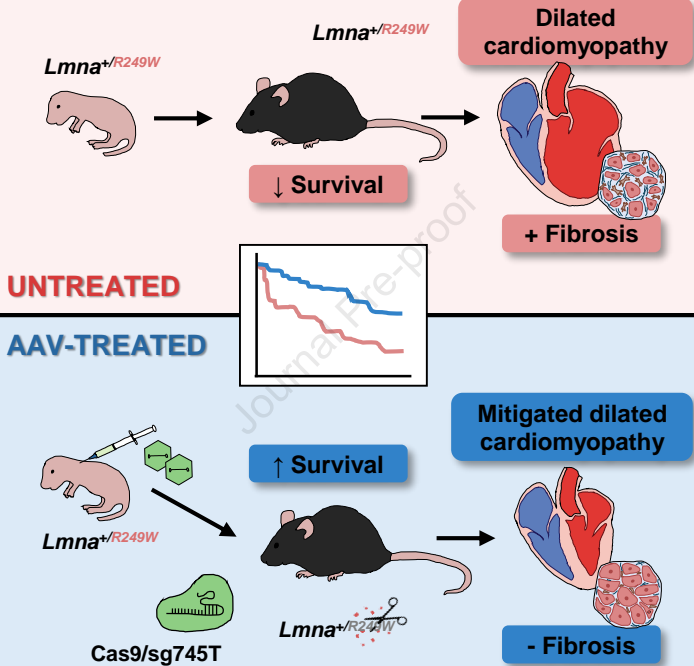
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CRISPR-mediated targeting of the LMNA c.745C>T pathogenic mutation enhances survival and cardiac function in congenital muscular dystrophy

SHORT TITLE: CRISPR/Cas9 therapy for the treatment of L-CMD

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ABSTRACT

LMNA-associated congenital muscular dystrophy is a currently incurable rare genetic disorder characterized by early-onset muscle weakness, dilated cardiomyopathy and respiratory failure, resulting from mutations in the *LMNA* gene. In this study, we assessed the potential of a CRISPR-mediated strategy to eliminate the mutant allele *Lmna* c.745C>T, p.R249W using a mutation specific guide (sg745T). Results from R249W-mutation-carrying cellular models showed specific activity of the Cas9/sg745T complex towards the mutant allele. This property varied depending on the concentration of CRISPR components, with a loss of specificity observed with increased dosage. We tested this strategy *in vivo* using adeno-associated virus delivery in *Lmna*^{R249W} mice. Despite being associated with a modest CRISPR activity, this therapeutic approach led to a 10% (non-significant) increase in the survival of R249W homozygous mice. Interestingly, a comparable CRISPR activity significantly ameliorated the cardiac pathology observed in *Lmna*^{+/-R249W} animals, resulting in a significant 24.3% extension of their median survival. These results represent the first therapeutic validation of a CRISPR/Cas9-mediated gene editing strategy for the treatment of *LMNA*-associated congenital muscular dystrophy.

42 **INTRODUCTION**

43

44 *LMNA*-related congenital muscular dystrophy (L-CMD) is an autosomal dominant myopathy
45 inherited genetically, with an extremely rare overall prevalence of less than 1 in 1,000,000
46 (ORPHA:157973). L-CMD patients display severe clinical manifestations of skeletal muscle
47 laminopathies, characterized by an early onset and a rapid progression¹. The disease is
48 characterized by motor development delay due to significant skeletal muscle weakness
49 observed in the first months of life or even during the fetal period. Symptoms vary in severity
50 and include elevated creatine kinase levels², dropped head syndrome³, joint contractures⁴, and
51 cardiac and respiratory complications over time that lead to sudden death⁵.

52 L-CMD is one of the fifteen rare diseases designated as laminopathies, which are associated with
53 abnormalities in the nuclear lamina and are caused by mutations in the main components of this
54 subcellular structure⁶. Most L-CMD patients have mutations located in exons 1, 4, 6, and 7 of
55 the *LMNA* gene, which coincide with the coils of the head and central domains of the protein
56 and the immunoglobulin domain of the tail^{5,7}. The most frequent variant associated with L-CMD
57 is the c.745C>T missense mutation, located in exon 4, that results in an arginine to tryptophan
58 substitution at position 249 (p.R249W)^{5,8,9}. To study L-CMD underlying mechanisms and test
59 therapeutic strategies, we have developed and characterized a *Lmna*^{R249W} mouse model
60 (manuscript in preparation). *Lmna*^{R249W/R249W} mice show severe growth delay leading to
61 premature death at around 50 days of age. On the other hand, *Lmna*^{+ /R249W} mice recapitulate
62 the cardiac abnormalities developed by L-CMD patients, their genetic equivalents, consisting of
63 progressive dilated cardiomyopathy with left ventricular dilation and reduced cardiac function
64 leading to sudden death.

65 Currently, there is no cure for L-CMD, and treatment focuses on symptom management.
66 Palliative approaches include exercise programs, mechanical aids, surgical intervention, and
67 monitoring of cardiac and respiratory functions^{10,11}. The disease, despite improvements in life
68 expectancy, remains incurable, emphasizing the need for development of effective therapies.
69 Several pre-clinical studies have assessed the therapeutic potential of different strategies to
70 treat laminopathies. Small molecule drugs targeting the MAPK and mTOR pathways as well as
71 NAT10 have been tested for treatment of laminopathies¹²⁻¹⁴. The p38 α inhibitor PF-07265803
72 (previously known as ARRY-797) is the only drug that progressed to the clinical trial stage for the
73 treatment of *LMNA*-related dilated cardiomyopathy (ClinicalTrials.gov NCT03439514).
74 Unfortunately, this program has been recently discontinued because interim results indicated it
75 would not meet the primary endpoint. Gene therapies have also been explored to treat some
76 laminopathies being the main focus on Hutchinson–Gilford progeria syndrome (HGPS).
77 Promising results have been obtained for this *LMNA*-related disease using CRISPR 1.0 technology
78^{15,16} and base editors¹⁷⁻²¹, a more advanced CRISPR-based approach, in different model systems.
79 More recently, base editors have been successfully used in cardiac diseases to correct *LMNA*
80 mutations and partially revert pathogenic phenotypes^{22,23}. For L-CMD, only one pre-clinical
81 study reported the potential of *LMNA*-mRNA repair by spliceosome-mediated RNA trans-
82 splicing. However, this gene therapy strategy showed a low efficiency outcome²⁴. In conclusion,
83 there is still no promising approach for treatment of L-CMD.

84 Given the monogenic nature of L-CMD, this study explores the potential of a CRISPR gene-editing
85 approach to eliminate the *Lmna* c.745C>T mutation using a mutant allele-specific RNA guide.
86 The goal is to establish a hemizygous state for *Lmna*, aiming to reverse the pathogenic

87 phenotype associated with L-CMD. The study involves testing this approach in different cellular
88 models and the newly generated *Lmna*^{R249W} mouse model.

89

90

91 RESULTS

92

93 **Evaluation of CRISPR/Cas9 technology for the elimination of the *Lmna* c.745C>T**
94 **mutation in mouse embryonic fibroblasts (MEFs): molecular characterization and**
95 **phenotypic outcomes.** Previous studies have demonstrated that CRISPR activity is highly
96 dependent on the sequence complementary to the guide RNA of the CRISPR/Cas complex²⁵.
97 Thus, alteration in just one of the twenty nucleotides of the guide results in a significant
98 reduction in the activity of the Cas9 endonuclease on the target sequence²⁶. This cleavage
99 specificity increases with the proximity of the point mutation to the PAM sequence²⁷. Exploiting
100 this property of the CRISPR system, we aimed to develop a guide RNA that directs Cas9 activity
101 preferentially to the *Lmna* c.745C>T mutant allele with minimal-to-no effect on the wild-type
102 (WT) allele. Specifically, one guide RNA was designed to contain the cytosine-to-thymidine point
103 mutation found at position 745 in the genomic sequence of the mutant allele (**Figure 1A**). The
104 activity of the Cas9/sg745T complex was initially evaluated using an *in vitro* endonuclease
105 cleavage assay with exon 4 of the *Lmna* gene, amplified from MEFs. In samples derived from
106 MEFs harboring one or two copies of the c.745C>T mutation, two distinct bands were observed,
107 indicating successful cleavage by the Cas9/sg745T complex. In contrast, no cleavage activity was
108 detected in DNA amplified from *Lmna*^{+/+} MEFs (**Figure S1**). Therefore, Cas9/sg745T complex
109 activity is only observed in the presence of the mutant allele, demonstrating the specificity of
110 the complex for the mutant allele containing the cytosine-to-thymine mutation.

111 To validate our strategy, plasmids expressing Cas9 plus sg745T or a scramble RNA guide were
112 delivered into wild-type (*Lmna*^{+/+}) and heterozygous (*Lmna*^{+/R249W}) MEFs carrying the c.745C>T
113 mutation (**Figure 1B**). Two DNA amounts (1 µg and 10 µg) were tested. To determine CRISPR
114 activity, Sanger sequencing data were analyzed using the TIDE platform (**Figure 1C; Figure S2**).
115 Deletions represented the most frequent indel type in both genotypes (**Figure S2**). In WT
116 fibroblasts at low DNA concentration (1 µg), both Cas9/sgScramble (4.8 ± 1%) and Cas9/sg745T
117 complexes (4.7 ± 0.6%) induced similar residual CRISPR activity (P=0.46). When the amount of
118 Cas9/sg745T complexes were increased (10 µg) in *Lmna*^{+/+} MEFs, this activity increased to 10.3
119 ± 4.9%, but there were no significant differences compared to its control Cas9/sgScramble (3.4
120 ± 1.3%, P=0.12). However, significant differences were detected in the heterozygous line for the
121 c.745C>T mutation between Cas9/sg745T and Cas9/sgScramble complexes. In *Lmna*^{+/R249W}
122 MEFs, electroporation of 1 µg of Cas9/sg745T plasmid resulted in an editing efficiency
123 significantly higher than the observed for Cas9/sgScramble (40.4% ± 15% vs 5 ± 0.7%, P=0.04).
124 At higher concentrations (10 µg), the activity of Cas9/sg745T complexes significantly increased
125 to 56.3 ± 6.9%, compared to the activity of 4.2 ± 1.7% detected for Cas9/sgScramble complexes
126 (P<0.001).

127 These results were further confirmed through amplicon deep sequencing analysis of the target
128 sequence using the CRISPResso2 platform (**Figure 1D**). In a *Lmna*^{+/+} scenario, 100% of reads were
129 obtained for the original WT allele in the control condition (Cas9/sgScramble). When a low
130 concentration (1 µg) of Cas9/sg745T complexes was used, similar results were observed (98.8 ±

131 1.2% of reads for the original WT allele). When the concentration of Cas9/sg745T complexes
132 was increased to 10 μ g, the percentage of unmodified WT allele reads decreased to $85.3 \pm 8.5\%$,
133 while $14.7 \pm 6\%$ of the reads corresponded to modified WT sequences. In the case of *Lmna*^{+/*R249W*}
134 cells, the expression of Cas9/sgScramble complexes resulted in similar percentages of reads of
135 WT and mutant sequences. As expected for this control, no reads for either of these two alleles
136 were detected as modified. However, electroporation with 1 μ g of Cas9/sg745T complexes led
137 to a high percentage of reads for the modified mutant allele ($38.7 \pm 7.9\%$ of total sequences).
138 This effect was accompanied by a drastic reduction in reads for the unmodified mutant allele
139 ($1.9 \pm 1\%$ of the total). It is interesting to note that under these conditions, the percentage of
140 modified WT allele constituted only $4.2 \pm 2\%$ of the total reads detected. When high
141 concentrations (10 μ g) of Cas9/sg745T complexes were used, the percentage of reads for the
142 modified mutant allele increased even further to $46.1 \pm 4.3\%$ of the total. Simultaneously, the
143 percentage of detected reads for the unmodified mutant allele was nearly zero ($0.5 \pm 0.5\%$ of
144 sequences). Interestingly, a moderate increase in modified WT sequences ($16.8 \pm 3.5\%$) was
145 observed under these high conditions. A detailed characterization of Cas9-induced editing
146 revealed multiple distinct indels in both *Lmna*^{+/*+*} and *Lmna*^{+/*R249W*} cells (**Figures S3 and S4**). As
147 expected, indel diversity was higher in mutant MEFs compared with wild type cells and
148 correlated with Cas9/sg745T concentration. The most frequent event was a single-nucleotide
149 deletion (c.743delT). Notably, this alteration, and most of those identified in both wild type and
150 mutant MEFs, introduces a premature stop codon (**Table S1**). All these analyses confirmed the
151 specificity of Cas9/sg745T complexes for the mutant allele and demonstrated that their activity
152 is concentration dependent.

153 It has been reported that nuclei of cells carrying the c.745C>T mutation exhibited compromised
154 nuclear membrane integrity²⁸. MEFs harboring this variant show significantly lower circularity
155 indices compared to WT cells, indicating altered nuclear morphology (**Figure S5**). The elimination
156 of the c.745C>T mutation is presumed to restore nuclear morphology. To test this hypothesis,
157 the circularity index of nuclei from WT and *Lmna*^{+/*R249W*} MEFs previously transfected with
158 Cas9/sgScramble and Cas9/sg745T complexes was quantified (**Figure 1E**). In the case of WT
159 fibroblasts, no significant differences in circularity index were found when using Cas9/sg745T or
160 Cas9/sgScramble complexes at any of the two concentrations used. In contrast, in a
161 heterozygous background, an increase in the circularity of nuclei from cells nucleofected with
162 Cas9/sg745T complexes was observed compared to those nucleofected with Cas9/sgScramble
163 complexes. This phenotype rescue was statistically significant only in the low concentration
164 condition ($P=0.003$), which, according to the deep sequencing studies, was associated with the
165 highest percentage of unmodified WT allele ($53.1 \pm 3.3\%$) and lowest residual unmodified
166 mutant allele ($1.9 \pm 1\%$ of total reads). These results demonstrated that the specific removal of
167 the *Lmna* c.745C>T mutation improves the nuclear morphology of heterozygous mouse
168 embryonic fibroblasts.

169

170 **Study of specificity of CRISPR/Cas9 technology in embryos of the *Lmna*^{R249W} mouse**
171 **model.** One-cell stage embryos were obtained from matings between *Lmna*^{+/*+*} and *Lmna*^{+/*R249W*}
172 animals and nucleofected with the Cas9 and sg745T as a ribonucleoprotein complex (**Figure 2A**).
173 Like in previous experiments, two concentrations of the Cas9:sgRNA complex were tested: a low
174 concentration (0.61 μ M) and a high concentration (8 μ M). Nucleofected embryos were cultured
175 to the blastocyst stage (E4.5 days), at which time genomic DNA was extracted, the target

176 sequence was amplified by PCR, and editing frequency analyzed using TIDE after Sanger
 177 sequencing. A total of 130 blastocysts were analyzed. As shown in **Figure 2B**, at the low
 178 concentration (0.61 μM), only 4.5% of *Lmna*^{+/+} blastocysts exhibited modifications (1 of 21),
 179 while 83.9% of *Lmna*^{+/R249W} blastocysts (26 of 31) contained indels, primarily nucleotide
 180 insertions. At the high concentration (8 μM), the modification rate for *Lmna*^{+/R249W} blastocysts
 181 rose to 100%, with nucleotide insertions remaining the most frequent indel type. Modifications
 182 in *Lmna*^{+/+} blastocysts also increased significantly, from 4.5% to 66.7%.

183 To further assess the specificity of the Cas9/sg745T complex for the c.745C>T mutant allele,
 184 blastocyst DNA was analyzed by amplicon deep sequencing (**Figure 2C**). In *Lmna*^{+/+} control
 185 blastocysts (no CRISPR introduced), 100% of reads corresponded to the WT allele. At 0.61 μM ,
 186 97.5% of reads were unmodified WT, with only 2.5% showing indels. At 8 μM , unmodified WT
 187 allele reads decreased to $74.3 \pm 3.9\%$, with modified WT reads increasing to $25.7 \pm 3.8\%$. On the
 188 other hand, in *Lmna*^{+/R249W} control blastocysts, WT and mutant alleles were equally represented
 189 ($51.8 \pm 2.1\%$ vs. $48.2 \pm 2.1\%$). At 0.61 μM , mutant allele reads decreased to $17.8 \pm 1.6\%$, with
 190 $27.8 \pm 2.5\%$ containing Cas9-induced modifications, while WT allele modifications remained
 191 minimal ($3.1 \pm 1\%$). At 8 μM , mutant allele modifications increased to $34.5 \pm 4.7\%$, and
 192 unmodified mutant allele reads further decreased ($13.9 \pm 1.9\%$). WT allele modifications also
 193 rose to $9.5 \pm 5.6\%$. A detailed analysis of the indels generated upon Cas9 activity in mouse
 194 embryos revealed a moderate diversity of variants that correlated with Cas9/sg745T
 195 concentration and was consistently higher in mutant alleles than in wild type ones (**Figure S6**).
 196 In wild type blastocysts, the most frequent indels were missense mutations (c.740A>G, p.E247G
 197 and, to a lesser extent, c.746G>A p.R249Q). In contrast, the predominant indel in mutant
 198 blastocysts was the c.742_743insT, which generates a premature stop (**Table S2**). These results
 199 confirmed the high specificity of Cas9/sg745T complexes for the c.745C>T allele and revealed a
 200 proportional reduction in CRISPR activity targeting the mutant allele as the concentration of
 201 CRISPR complexes increased.

202

203 **Study of the potential of Cas9/sg745T mediated by AAV9 in an *in vivo*, metabolic**
 204 **context.** After establishing the *in vitro* specificity of Cas9/sg745T complex for the mutant *Lmna*
 205 c.745C>T allele, we proceeded to validate the CRISPR-mediated strategy to eliminate the mutant
 206 allele in the *Lmna*^{R249W} murine model. Our initial focus was on *Lmna*^{R249W/R249W} mice, which
 207 exhibit a severe metabolic phenotype characterized by considerable growth delay, complete
 208 absence of hepatic glycogen deposits, reduced adipose tissue, and lowered body temperature.
 209 These defects culminate in premature death, with a median survival of 50 days. On the other
 210 hand, lamin A/C knockout mice are known to survive no longer than 56 days²⁹. Applying
 211 Cas9/sg745T complex therapy in the *Lmna*^{R249W/R249W} model is expected to yield the elimination
 212 of the mutant allele which will generate a lamin A/C knockout mouse, which also succumbs
 213 prematurely. However, even a modest extension of survival—by up to 6 days, representing a
 214 12% increase, would provide valuable insight into the potential therapeutic effects of this
 215 approach and allow for an initial evaluation of its impact.

216 To investigate the *in vivo* potential of Cas9/sg745T gene editing in this model, infections were
 217 performed in one-day-old neonates of both *Lmna*^{R249W/R249W} and *Lmna*^{+/+} mice using AAV9
 218 vectors (1×10^{11} viral genomes of each vector) administered via intradermal injection in the
 219 interscapular region (**Figure 3A**). Two different viral vectors were used: one carrying the Cas9
 220 endonuclease under the CMV promoter (AAV9-CMV-SpCas9) and the other containing the

221 sg745T RNA guide sequence driven by the U6 promoter and the EGFP expression gene under
222 the CMV promoter (AAV9-U6-sg745T-CMV-eGFP). A pilot experiment using the AAV9-U6-
223 sg745T-CMV-eGFP vector confirmed the high infectivity of this AAV in the expected target
224 tissues (skeletal and cardiac muscle, brown adipose tissue and liver; **Figure S7**). The impact of
225 this AAV-CRISPR-mediated therapy, referred to as AAV9-Cas9/s745T or AAV-treated hereafter,
226 on the survival and growth was evaluated compared to untreated control groups (untreated
227 *Lmna*^{+/+} and *Lmna*^{R249W/R249W} mice), referred to as untreated hereafter.

228 The survival of AAV-treated *Lmna*^{R249W/R249W} mice showed a modest, although not statistically
229 significant, increase of 10% compared to untreated, control mice (55 days versus 50 days,
230 respectively, P=0.51) (**Figure 3B**). This trend was consistent in both sexes, with AAV-treated
231 males averaging 51 days compared with 42 days in untreated, control (P=0.29) and AAV-treated
232 females averaging 59 days versus 55 days in untreated, control mice (P=0.89) (**Figure S8A**). In a
233 WT background (**Figure 3C**), there was no significant survival differences between AAV-treated
234 and untreated mice (P=0.66).

235 Interestingly at 21 days of age AAV-treated, *Lmna*^{R249W/R249W} mice weighed significantly less than
236 untreated controls (P=0.002) (**Figure S8B**). However, this difference was not longer apparent by
237 35 days of age, with AAV-treated *Lmna*^{R249W/R249W} mice showing a slight, albeit non-significant
238 increase in average body weight compared to untreated controls (P=0.20) (**Figure S8B**). When
239 stratified by sex, the difference in body weight at 21 days of age between AAV-treated
240 *Lmna*^{R249W/R249W} and untreated control mice was only significant in males (P<0.01) (**Figure S8B**).
241 By 35 days post-treatment, there were no significant body weight differences between treated
242 and control mice for either sex (**Figure S8B**). Overall, these findings indicate that AAV9-
243 Cas9/s745T therapy has limited impact on the survival or growth of *Lmna*^{R249W/R249W} mice.

244 The observed 10% survival increase in *Lmna*^{R249W/R249W} mice (approaching the 56 days survival in
245 lamin A/C knockout animals) could potentially be attributed to the editing of the two R249W
246 alleles, leading to truncated alleles. To explore this hypothesis, CRISPR activity was analyzed in
247 various tissues (heart, muscle, liver, kidney, and brown adipose tissue) of *Lmna*^{+/+} and
248 *Lmna*^{R249W/R249W} mice aged 42-90 days post-treatment. Genomic DNA was extracted and exon 4
249 of the *Lmna* gene was amplified for NGS analysis. No CRISPR activity was detected in *Lmna*^{+/+}
250 mice, while modified sequences were observed in the R249W alleles of homozygous mutant
251 mice (**Figure 3D**). Thus, a reduction in unmodified mutant alleles was observed in liver and
252 brown adipose tissue of infected *Lmna*^{R249W/R249W} mice (**Figure 3E**). Despite known tropism of
253 AAV9 tropism for cardiac and skeletal muscle, the heart exhibited only a slight reduction in the
254 R249W allele frequency (99.2 ± 0.6%), while muscle was minimally affected (99.9 ± 0.1% R249W
255 allele readings). The highest editing activities occurred in the liver and brown fat, where
256 unmodified mutant allele readings decreased to 93.9 ± 2.9% and 97.7 ± 1.1%, respectively. In
257 kidney, unmodified, allele frequencies were 99.9 ± 0.2% consistent with the serotype's
258 distribution. These data suggest the sg745T guide retains its specificity for the mutated R249W
259 allele *in vivo*, although with greatly reduced activity.

260 Histopathological analyses of these tissues in treated *Lmna*^{R249W/R249W} mice (aged 49–63 days)
261 were compared to 35-day-old untreated controls. No significant differences or abnormalities
262 were observed in the heart, muscle, or kidney between the groups. Although the liver exhibited
263 the highest CRISPR activity, glycogen deposits were absent in both treated and untreated
264 homozygous animals. In brown fat, treated mice displayed a noticeable reduction or absence of
265 multilocular fat vacuoles, unlike the normal tissue morphology seen in untreated animals.

266 Examination of white fat, pancreas, and spleen revealed no abnormalities in white adipose tissue
 267 or pancreas. However, lymphoid hypoplasia was detected in 50% of spleens from treated
 268 *Lmna*^{R249W/R249W} mice, a feature absent in untreated controls.

269 In summary, AAV9-Cas9/sg745T therapy resulted in a modest, non-significant 10% increase in
 270 survival of *Lmna*^{R249W/R249W} mice and showed limited CRISPR activity across tissues.

271

272 **Effect of AAV9 Cas9/sg745T gene therapy on cardiac function.** *Lmna*^{+ /R249W} mice develop
 273 dilated cardiomyopathy, making them an ideal model to assess the impact of AAV-Cas9/sg745T
 274 gene therapy on this key pathological feature of L-CMD. Notably, the AAV vectors employed in
 275 this study sustained transgene expression in heart for up to 50 weeks post-infection (**Figure S9**),
 276 confirming their suitability as long-term delivery vehicles for this Cas9-mediated therapy. *Lmna*
 277 editing efficiency was assessed in various tissues (heart, muscle, liver, kidney, and brown
 278 adipose tissue) of AAV-treated *Lmna*^{+ /R249W} and *Lmna*^{+ /+} mice. Samples were collected at 5 and
 279 50 weeks of age to evaluate temporal changes. There was no evidence of editing in WT tissues
 280 at either time point (**Figure S10A**). Similarly, *Lmna*^{+ /R249W} tissues exhibited no indels in the WT
 281 allele (**Figure S10B**). However, indels were detected in the mutant allele of treated *Lmna*^{+ /R249W}
 282 mice (**Figure S10B**). At 50 weeks of age, the percentage of modified R249W allele reads
 283 increased significantly in the heart (from 0.4 ± 0.1% to 1.3 ± 0.3%, P=0.02) and brown adipose
 284 tissue (from 0.3 ± 0.1% to 2.0 ± 0.7%, P=0.004) from 5 to 50 weeks of age. In contrast, there was
 285 no significant difference in muscle at any time (0.07 ± 0.04% versus 0.2 ± 0.1%, P=0.23). The liver
 286 exhibited the highest allele editing activity but no significant temporal variation (3.7 ± 1.2% at 5
 287 weeks versus 2.5 ± 1.1% at 50 weeks, P=0.30). Finally, there was minimal editing in kidney with
 288 some residual indels at 5 weeks (0.04 ± 0.04%) but not at 50 weeks of age (P=0.27). As observed
 289 in MEFs and blastocysts, detailed analysis of Cas9/sg745T-induced indels in target tissues
 290 revealed greater indel diversity in mutant alleles and mice compared with wild type
 291 counterparts (**Figures S11 and S12**). A positive correlation was also detected between indel
 292 diversity and time in mutant alleles and mice, with higher variability observed at 50 weeks than
 293 at 5 weeks, confirming the long-term activity of AAV-delivered CRISPR complexes. The most
 294 frequent variant in wild type alleles was c.740A>G, whereas c.742_743insT predominated in
 295 mutant alleles. As predicted (**Table S3**), the c.740A>G missense mutation results in a p.E247G
 296 substitution, while c.742_743insT introduces a premature stop codon at position 253.

297 To explore the effects of CRISPR activity, lamin A/C protein levels were evaluated in the heart,
 298 muscle, liver and brown adipose tissue of treated and untreated *Lmna*^{+ /+} and *Lmna*^{+ /R249W} mice
 299 at 50 weeks of age (**Figure S13**). Untreated *Lmna*^{+ /R249W} mice showed slightly reduced lamin A/C
 300 levels compared to *Lmna*^{+ /+} controls, with a significant reduction only in the liver (P=0.04).
 301 Treated *Lmna*^{+ /R249W} mice showed no significant changes in lamin A/C expression compared to
 302 untreated counterparts, consistent with the modest gene-editing levels detected in these
 303 tissues.

304 Despite limited editing, AAV9-Cas9/sg745T therapy significantly improved the median survival
 305 of *Lmna*^{+ /R249W} mice, from 437 (untreated) to 543 days (P=0.01, **Figure 4**). This 24.3% increase in
 306 lifespan was observed in males (543 vs. 415 days, P=0.01), but not in females (P=0.71) (**Figure**
 307 **S14**). AAV-Cas9/sg745T treatment had no impact on survival of *Lmna*^{+ /+} mice (**Figure 4C**; **Figure**
 308 **S14**).

309 Given that *Lmna*^{+ /R249W} mice develop dilated cardiomyopathy, the impact of AAV9-Cas9/sg745T
 310 treatment on cardiac function was assessed at 40 and 60 weeks of age using echocardiography.

311 At 40 weeks of age, treated *Lmna*^{+/*R249W*} mice showed significant improvement in left ventricular
312 end-systolic (LVID, s) and end-diastolic (LVID, d) diameters (P=0.03 and P=0.03, respectively),
313 ejection fraction (EF, P=0.02), but not for fractional shortening (FS, P=0.06) compared to
314 untreated *Lmna*^{+/*R249W*} mice (**Figure 5A**). These values were comparable to those of WT treated
315 mice. At 60 weeks of age, treated *Lmna*^{+/*R249W*} mice showed significant smaller ventricular
316 diameters than untreated mice (LVID, s: P=0.01 and LVID, d: P=0.003, **Figure 5A**) and no
317 significant improvement in EF and FS (P=0.07 and P=0.09, respectively, **Figure 5A**). This is
318 consistent with progression of dilated cardiomyopathy in treated animals (LVID, s: 3.15 ± 0.88
319 mm, P=0.04, EF: 40.42 ± 16.81%, P=0.01).

320 In addition to the echocardiographic studies, a histopathological evaluation of the hearts from
321 AAV9-Cas9/sg745T treated and untreated animals was conducted. This analysis revealed
322 interstitial fibrosis in the hearts of treated *Lmna*^{+/*R249W*} mice at 50 weeks of age, ranging from
323 mild to severe. Severe fibrosis was observed in 33.3% of treated mice versus 100% of untreated
324 animals (**Figure 5B**). Treated WT mice displayed no pathological changes. We also evaluated
325 potential adverse effects associated with AAV-mediated treatment by performing a detailed
326 histopathological analysis of *Lmna*^{+/*R249W*} mice, both AAV-treated and untreated. As summarized
327 in **Table S4**, no abnormalities were observed in the gastrocnemius muscle, pancreas, or spleen
328 of either group. Age-related changes were noted in kidneys and lungs across both groups.
329 Notably, differences were confined to the liver and adipose tissue: while AAV-treated mice
330 showed normal liver histology, two of three untreated animals displayed anisocytosis and
331 reduced glycogen content. In contrast, both brown and white adipose tissues were normal in
332 untreated mice but exhibited a lipodystrophic phenotype in all AAV-treated animals.

333 In summary, a single dose of AAV9-Cas9/sg745T therapy extends the lifespan of *Lmna*^{+/*R249W*}
334 mice by 24.3% and partially mitigates cardiac dysfunction, as evidenced by reduced interstitial
335 fibrosis and delayed cardiomyopathy progression. These findings highlight the potential of this
336 gene-editing strategy for addressing *LMNA*-related cardiac diseases.

337
338

339 DISCUSSION

340 **Efficiency and specificity of Cas9/sg745T in eliminating of the *Lmna* c.745C>T mutation.** This
341 study demonstrates the efficiency and specificity of the Cas9/sg745T complex in selectively
342 deleting the pathogenic *Lmna* c.745C>T mutation in various cell types and a mouse model. In
343 *Lmna*^{+/*R249W*} fibroblasts, the Cas9/sg745T achieved editing efficiencies of 40.4% and 56.3% at
344 plasmid concentrations of 1 and 10 µg, respectively (**Figure 1C**). In *Lmna*^{+/*R249W*} mouse
345 blastocysts, efficiency was even higher, reaching 83.9% and 100% at CRISPR concentrations of
346 0.61 and 8 µM respectively (**Figure 2B**). Although CRISPR efficiency depends on several factors,
347 the RNA guide sequence plays a critical role in the specificity of Cas9 activity^{30,31}. It has been
348 reported that Cas9 endonuclease may tolerate mismatches at different positions between the
349 guide RNA and the target DNA^{32,33}. However, the seed region, consisting of the first five to eight
350 nucleotides proximal to the PAM, is essential for initial target recognition and binding³⁴⁻³⁶.
351 Accordingly, while single nucleotide mismatches near the PAM disrupt Cas9 activity, those
352 located in distal positions may still allow cleavage^{32,33,35}. The fact that the c.745C>T mutation
353 resides within the seed region adjacent to the PAM may explain the high specificity of
354 Cas9/sg745T complexes for the mutant target.

355 Another key aspect that impacts both the efficiency and specificity of the CRISPR complex is the
 356 dosage of Cas9 and guide RNA components. In *Lmna*^{+/*R249W*} mouse embryonic fibroblasts low
 357 concentrations of Cas9/sg745T complexes produced a high percentage of indels in the mutant
 358 allele, with a substantial reduction in unmodified mutant alleles, leaving only 1.9% of reads
 359 unmodified (**Figure 1D**). At higher concentrations, the unmodified mutant allele was nearly
 360 eliminated, with only 0.5% of the reads remaining. A similar trend was observed in mouse
 361 embryos, where increasing concentrations of CRISPR components led to more embryos showing
 362 modifications (**Figure 2B**). In *Lmna*^{+/*R249W*} blastocysts, the reduction of the unmodified mutant
 363 allele was less pronounced (17.8% and 13.9% of reads at low and high concentrations,
 364 respectively; **Figure 2C**). Importantly, at higher concentrations, activity was also detected in the
 365 WT allele of murine fibroblasts, with similar effects observed in embryos. This indicates that
 366 while Cas9/sg745T complexes demonstrate high specificity at lower doses, specificity decreases
 367 as concentrations increase. Previous studies suggest that high concentrations can reduce
 368 mutagenesis efficiency^{37,38}, emphasizing the importance of optimizing CRISPR component levels
 369 to balance efficiency and specificity. In our experiments, the dose-dependent nature of CRISPR
 370 activity is also evident in its impact on reducing aberrant nuclear morphology, a common cellular
 371 defect in L-CMD and other laminopathies. *Lmna*^{+/*R249W*} fibroblasts display irregular nuclear
 372 morphology, consistent with prior reports in human and animal models^{24,39–41}. Reduction of
 373 nuclear defects has been previously demonstrated in other laminopathy models, such as *LMNA*
 374 c.1824C>T (p.G608G) in HGPS patients, where editing improved nuclear morphology¹⁷.
 375 Similarly, Cas9-mediated indels targeting exon 11 of *LMNA* reduced nuclear alterations in
 376 *Lmna*^{G609G/G609G} mouse fibroblasts and *Lmna*^{+/*G608G*} patient cells⁴². In this study, deletion of the
 377 *Lmna* c.745C>T allele improved nuclear circularity in *Lmna*^{+/*R249W*} fibroblasts (**Figure 1E**).
 378 However, higher CRISPR doses did not enhance phenotypic rescue, likely due to off-target
 379 activity in the WT allele. These findings highlight the importance of optimizing CRISPR dosage to
 380 balance efficiency and specificity.

381 An important finding of our study is the characterization of the indel patterns induced by
 382 Cas9/sg745T complexes. Comparison across the three experimental models (**Table S5**) revealed
 383 that Cas9-induced indels were largely consistent between blastocysts and tissues —
 384 c.742_743insT, p.(253*) in mutant alleles and c.740A>G, p.E247G in WT alleles — yet differed
 385 from those observed in MEFs where the predominant event was c.743delT, p.(263*). Notably,
 386 most indels detected in mutant alleles consisted of single-nucleotide insertions or deletions that
 387 introduced premature stop codons, while in-frame mutations resulting from 3-nucleotide-
 388 multiple indels were extremely rare. In summary, Cas9/sg745T activity preferentially generates
 389 disruptive mutations that specifically abolish expression of the *LMNA* c.745C>T p.R249W
 390 variant.

391

392 **Differential effects of AAV9-Cas9/sg745T gene therapy in metabolic and cardiac contexts.** This
 393 study evaluated AAV9-Cas9/sg745T therapy in metabolic and cardiac settings, revealing distinct
 394 therapeutic outcomes. In the metabolic context, treatment only provided minimal benefits in
 395 *Lmna*^{R249W/R249W} animals, extending median survival by just 10% (**Figure 3B**). Editing efficiency
 396 was low across tissues, with indels detected mainly in the liver (6.1%), followed by brown
 397 adipose tissue (2.3%), heart (0.8%) and muscle (0.1%) (**Figure 3D**). These findings align with prior
 398 studies in *Lmna*^{G609G/G609G} mice treated with AAV9-SaCas9, where editing was highest in the liver
 399 (13.6%) and lower in heart (5.3%) and muscle (4.1%), but resulted in a 26.4% survival increase

400 and improved weight gain ⁴². In contrast, *Lmna*^{R249W/R249W} mice showed only a slight, non-
401 significant weight increase (**Figure S8B**) with no restoration of hepatic glycogen stores or white
402 fat deposits. This limited therapeutic effect could result from the low editing efficiency or the
403 intrinsic challenge of editing both mutant alleles. Even with complete editing, elimination of
404 both R249W alleles would result in a *Lmna* knockout, a condition associated with mortality by
405 56 days of age ²⁹. It is important to note that the *Lmna*^{R249W/R249W} mouse model does not
406 reproduce the genetic background found in human L-CMD patients, who are heterozygous for
407 the mutation. Nevertheless, it recapitulates several key features of the disease, such as early
408 onset and the fat tissue abnormalities associated with a metabolic phenotype. Our findings using
409 this model highlight the narrow therapeutic window available in this metabolic context and
410 provide valuable insight into the potential challenges that may arise when applying gene therapy
411 to L-CMD patients with advanced disease.

412 In contrast, AAV9-Cas9/sg745T therapy had a more pronounced impact in the cardiac context,
413 improving survival and mitigating the cardiac phenotype in *Lmna*^{+ /R249W} mice (**Figures 4 and 5**).
414 Similar to the homozygous setting, the highest indel levels were detected in the liver.
415 Interestingly, indel frequencies in cardiac and brown adipose tissues increased significantly over
416 time, from 0.4% and 0.3% at five weeks post-treatment to 1.3% and 2.0% at 50 weeks,
417 respectively (**Figure S10B**). These dynamics align with previous studies targeting the *Myh6*
418 R403Q mutation in hypertrophic cardiomyopathy models ⁴³ where AAV9-SaCas9/sgRNA
419 treatment at comparable doses resulted in low initial indel rates (0.04% and 1.19% at five and
420 30 weeks) in the R403Q allele that increased over time in heart. Notably, higher doses resulted
421 in greater editing efficiencies (3%–5.9%) highlighting a dose-dependent therapeutic effect.
422 Importantly, our cardiac analysis likely underestimated editing efficiency because it included
423 multiple cell populations. Given that cardiomyocytes—the primary targets of AAV9—constitute
424 only 25%–35% of total cardiac cells ^{44,45}, single-cell sequencing could have yield more precise
425 measurements. Further analysis of *Lmna* expression at the mRNA level could also clarify
426 reductions in mutant allele expression due to large deletions.

427 Importantly, no off-target editing was detected in the wild type allele of *Lmna*^{+ /R249W} mice at
428 either five- or 50-weeks post-treatment (**Figure S10B**). This aligns with findings in *Myh6*^{+ /R403Q}
429 animals, where no WT allele activity was observed at 5 weeks, though higher doses resulted in
430 of 4% and 9% loss of the WT allele by 30 weeks ⁴³. In contrast, our showed no modifications in
431 the WT allele of treated WT mice at either 5 or 50 weeks of age (**Figure S10A**) consistent with
432 the absence of off-target effects and normal cardiac function in these animals.

433 While CRISPR activity did not alter LMNA protein expression levels (**Figure S13**), AAV9-
434 Cas9/sg745T therapy significantly improved survival in *Lmna*^{+ /R249W} mice, extending median
435 survival by 24.3% (**Figure 4B**). By 40 weeks post-treatment, cardiac function improved, including
436 reduced left ventricular telesystolic and telediastolic diameters and rescued ejection fraction
437 and fractional shortening (**Figure 5A**). However, by 60 weeks, signs of dilated cardiomyopathy
438 emerged, though they remained less severe than in untreated heterozygous animals.
439 Histopathological analysis confirmed these findings revealing interstitial fibrosis in treated
440 animals, albeit to a lesser extent than in untreated mice (**Figure 5B**). These results suggest that
441 even low levels of edited cardiac cells provide therapeutic benefits, likely by reducing the
442 mutation burden and enhancing cellular functions. However, the lack of sustained benefits over
443 time may reflect insufficient infection of target cells or suboptimal editing efficiency in infected
444 cells. The absence of a sustained curative effect, even with preventive approaches, mirrors

445 outcomes reported in other studies targeting LMNA-related diseases, regardless of whether
446 CRISPR1.0^{15,16} or more advanced gene-editing strategies were employed^{17,19,21}. Optimization of
447 several parameters could enhance long-term efficacy. Dosage is a key factor since Myh6^{+/R403Q}
448 mice treated with AAV9-SaCas9/sgRNA, intermediate AAV9 doses effectively corrected cardiac
449 hypertrophy without inducing dysfunction⁴³, suggesting that careful dose titration could
450 balance efficacy and safety at pre-clinical stages. Editing efficiency could be improved at multiple
451 levels. For instance, extending or decreasing sgRNA length has been proposed to increase
452 CRISPR activity^{46,47}. We tested sgRNA variants extended by one or two nucleotides relative to
453 the canonical 20-nt sequence but observed no differences in editing efficiency (data not shown).
454 Enhancing AAV transduction efficiency represents another opportunity. Although the AAV9
455 vectors employed here achieved robust cardiomyocyte infection (see Figure S7), newer
456 variants—such as MYO-tropic capsids—may further increase infectivity, particularly in cardiac
457 progenitor cells. Alternative delivery platforms, including nanoparticle-based systems, could
458 also enhance CRISPR efficiency, especially if they exhibit low immunogenicity and enable chronic
459 administration for cumulative correction over time. Finally, Cas9 intracellular dynamics likely
460 play a crucial role. Proper Cas9 expression, stability, and nuclear localization are essential
461 parameters to consider in future design iterations.

462 In summary, AAV9-Cas9/sg745T therapy shows promise in improving cardiac function and
463 survival in *Lmna*^{+/R249W} mice but demonstrates limited efficacy in a metabolic context.
464 Comprehensive optimization of vector delivery, editing precision, and tissue-specific targeting
465 will be critical for realizing its full therapeutic potential and long-term efficacy.

466

467 **Gene therapy in muscular dystrophies and LMNA-associated diseases.** CRISPR-based exon
468 deletion therapies have been investigated in other muscular dystrophies, particularly Duchenne
469 muscular dystrophy (DMD). Using Cas9 and RNAs guides to target and delete specific exons,
470 these approaches have demonstrated significant therapeutic potential in preclinical studies
471 involving murine and canine DMD models^{48–52}. Despite these advancements, the application of
472 CRISPR/Cas9 delivered via AAVs in skeletal muscle laminopathies had not been explored prior
473 to this study. However, similar gene editing strategies have shown promise in progeria models.
474 For example, Beyret *et al.* delivered two RNA guides via AAV9 in transgenic *Lmna*^{G609G} mice
475 expressing Cas9, successfully reducing progerin and lamin A levels, leading to phenotypic
476 improvements such as enhanced physical appearance, reduced weight loss, and extended
477 survival¹⁵. Similarly, Santiago-Fernández *et al.* used AAV9-Cas9 with a guide RNA targeting exon
478 11 of *LMNA*, resulting in reducing progerin and lamin A accumulation, improved pathological
479 features, and increased survival rates⁴².

480 Another promising therapeutic approach involves antisense oligonucleotides (ASOs), short
481 nucleotide sequences designed to modulate mRNA expression. Given that many *LMNA*
482 mutations exert dominant-negative effects, suppressing the mutant transcript presents a
483 potential therapeutic strategy. Lee *et al.* demonstrated that ASO-mediated suppression of lamin
484 A and progerin in *Lmna*^{G609G} mice increased lamin C production, reduced aortic pathology, and
485 extended lifespan⁵³. Similarly, Osorio *et al.* reported that ASO treatment reduced progerin
486 accumulation and extended survival in progeria models⁵⁴. In human cells, ASOs have also been
487 used to induce exon skipping in the *LMNA* gene⁵⁵. Additionally, one study has explored
488 spliceosome-mediated RNA trans-splicing as a gene therapeutic strategy in L-CMD. In the
489 *Lmna*^{ΔK32} mouse model, this technique partially corrected nuclear defects and increased *LMNA*

490 wild-type mRNA expression in various tissues. However, the improvements were insufficient to
491 extend lifespan²⁴.

492 Currently, base editors can be considered one of the most promising approaches for treating
493 human diseases caused by dominant-negative mutations, such as those associated with
494 laminopathies. Indeed, they have been successfully used to correct pathogenic mutations and
495 ameliorate disease phenotypes in several studies focused on HGPS^{17-19,21}, L-CMD²⁰ and *LMNA*-
496 related cardiac diseases^{22,23}. Although these approaches have yielded encouraging results, they
497 still face challenges similar to those observed with first generation CRISPR (CRISPR1.0)
498 approaches. For instance, none have fully reverted the pathological phenotype, even when
499 applied in preventive protocols. Moreover, bystander editing could significantly limit their use.
500 Unfortunately, for the *LMNA* c.745C>T mutation analyzed in this work, the most frequent in L-
501 CMD, base editing could introduce a pathogenic bystander mutation (*LMNA* p.R248P), which has
502 been reported in a patient with Emery-Dreifuss muscular dystrophy⁵⁶. Therefore, further
503 comparative studies will be required to establish whether base editing or CRISPR1.0 provides
504 the most suitable therapeutic strategy for *LMNA* c.745C>T-driven L-CMD.

505 We believe that the CRISPR-mediated strategy presented here constitutes a robust and
506 promising therapeutic approach for L-CMD. Overall, this study represents a significant
507 advancement in the field of gene therapy for laminopathies, demonstrating for the first time the
508 successful application of CRISPR/Cas9 to specifically target the *Lmna* c.745C>T mutation
509 underlying L-CMD. Together, our results lay a solid foundation for the further optimization and
510 eventual clinical translation of this technology for the treatment of L-CMD and related
511 laminopathies.

512 MATERIALS AND METHODS

513

514 The details of the resources used in this research, about antibodies, cell culture media, plasmids,
515 reagents, platforms and software, are listed in **Table S6**.

516

517 Cell lines

518 All cell lines were cultured in an incubator at 37°C under an atmosphere of 5% CO₂ and 95%
519 humidity.

520 **Mouse embryonic fibroblasts.** MEFs were isolated and immortalized from a genetically
521 engineered mouse model constitutively expressing the *Lmna* c.745C>T, p.R249W mutation,
522 following the standard protocol⁵⁷. The study utilized several MEF lines, including wild-type
523 (*Lmna*^{+/+}), heterozygous (*Lmna*^{+/^{R249W}}), and homozygous (*Lmna*^{R249W/R249W}) genotypes. For
524 genotyping and precise allele identification, the mutant *Lmna* c.745C>T allele was noted to
525 contain an additional silent mutation (c.750T>C) and a loxP site in the intron between exons 2
526 and 3. Cells were cultured in Dulbecco's Modified Eagle Medium (DMEM, 4.5 g/L glucose)
527 supplemented with 10% fetal bovine serum and 1% penicillin-streptomycin. For nuclear
528 morphology analysis, MEFs were plated in a 96-well glass-bottom black microplate (5,000
529 cells/well). After 24 hours, cells were fixed with methanol (-20°C, 5 min) and stained with
530 Hoechst 33324 (2 µg/mL in PBS, 37°C, 15 min). Nuclear images were acquired using the Cytell
531 Cell Imaging System, and morphology was assessed via circularity index (0–1, where 1 represents
532 a perfect circle).

533 **Mouse embryos.** Female *Lmna*^{+/+} mice aged 7 to 8 weeks were hormonally stimulated to
534 enhance follicle production. Superovulation was induced by intraperitoneal administration of
535 equine serum gonadotropin followed 48 hours later by an injection of human chorionic
536 gonadotropin. After the completion of the final hormonal treatment, the females were paired
537 with *Lmna*^{+/^{R249W}} males aged 9 to 19 weeks. Successful copulation was confirmed the following
538 morning by the presence of a vaginal plug. Subsequently, the females were euthanized by
539 cervical dislocation, and their oviducts were carefully extracted and washed with M2 culture
540 medium. The oviducts were then transferred to fresh M2 medium containing hyaluronidase (300
541 µg/mL). To retrieve embryos at E0.5 day development stage, the ampullary region of the
542 oviducts was mechanically ruptured. The collected underwent multiple washes in M2 medium
543 and transferred to fresh M2 medium to evaluate their viability and fertilization status. Fertilized
544 embryos were subsequently equilibrated in KSOM medium under a layer of LiteOil Global®
545 mineral oil to maintain optimal environmental conditions for further development.

546

547 Mouse model *Lmna*^{R249W}

548 Our group previously generated a mouse model of L-CMD by introducing a heterozygous R249W
549 mutation into the *Lmna* gene (unpublished data). The mice were maintained on a predominantly
550 C57BL/6J background. Unless otherwise stated, both male and female mice were included in all
551 experiments in proportional numbers.

552 Mice were housed in the Animal Facility of the Instituto de Salud Carlos III in ventilated
553 polycarbonate cages, which were equipped with environmental enrichment elements. Animals
554 had *ad libitum* access to food and water. Environmental conditions were carefully controlled,
555 with a temperature maintained between 21–23°C, relative humidity between 55–65%, and a 12-
556 hour light/dark cycle. For genotyping of *Lmna*^{R249W} mice, genomic DNA was extracted from ear

557 tissue by adding 500 μ L of 50 mM NaOH, followed by incubation at 99-100°C until digestion was
558 complete. Then, 100 μ L of 1 M Tris-HCl (pH 7.5) was added, and the mixture was centrifuged at
559 maximum speed for 1 minute. A region of the intron between exons 2 and 3 of *Lmna* was PCR-
560 amplified using Genotyping-Fw and Genotyping-Rv primers (**Table S7**). The wild-type allele
561 produced a 217 bp band, while the allele carrying the p.R249W mutation (c.745C>T) produced
562 a 283 bp band. All procedures involving animals were approved by the Research and Animal
563 Welfare Ethics Committee (CElyBA) of the Community of Madrid (PROEX164-18) and conducted
564 in compliance with Directive 2010/63/EU on the protection of animals used for experimental
565 and scientific purposes, as implemented in Spanish legislation through Royal Decree 53/2013.

566

567 **Endonuclease cleavage assay**

568 Genomic DNA from mouse embryonic fibroblasts was extracted using the E.Z.N.A. Tissue DNA
569 Kit. The *Lmna* exon 4 region was amplified by PCR using 100 ng of DNA and the *Lmna*-Ex3-Fw
570 and *Lmna*-Ex5-Rv primers (**Table S7**). PCR products (682 bp) were confirmed by electrophoresis,
571 excised, and purified with the E.Z.N.A. Gel Extraction Kit. DNA quantification was performed
572 using a NanoDrop spectrophotometer (ThermoFisher Scientific, Waltham, MA, USA). For
573 Cas9/sg745T ribonucleoprotein (RNP) complex formation, Alt-R CRISPR-Cas9 crRNA and
574 tracrRNA (50 ng each) were incubated at a 1:1 ratio for 5 min at 95°C. The crRNA:tracrRNA
575 complex was then mixed with Cas9 protein and 1 \times Cas9 buffer (5 \times stock: 200 mM HEPES, 1 M
576 NaCl, 50 mM MgCl₂, 1 mM EDTA, pH 6.5) and incubated for 5 min at room temperature.
577 Each sample underwent two reactions: (1) a digestion reaction containing 100 ng of purified PCR
578 product, 100 ng of Cas9 endonuclease, 100 ng of sg745T RNA guide, 2 μ L of Cas9 buffer, and
579 nuclease-free water to a final volume of 10 μ L; and (2) an undigested control reaction identical
580 to the first but without the Cas9/sg745T complex. Reactions were incubated at 37°C for 6 h, then
581 inactivated at 65°C for 10 min. Digestion products were analyzed by electrophoresis.

582

583 **Generation and introduction of CRISPR machinery into mouse cells**

584 The RNA guide was designed to specifically target the c.745C>T mutation in exon 4 of the *Lmna*
585 gene using the Breaking Cas Design tool (<https://bioinfogp.cnb.csic.es/tools/breakingcas/>)⁵⁸.

586 **Electroporation of mouse embryonic fibroblasts.** The sgRNAs, sg745T and sgScramble (**Table**
587 **S7**), were cloned into the pSpCas9(BB)-2A-Puro vector (pX459), which contains the Cas9
588 endonuclease and a puromycin resistance gene. The pX459 vector was obtained from Feng
589 Zhang's group⁵⁹. A total of 1 \times 10⁶ MEFs were nucleofected with either pX459-Cas9/sg745T or
590 pX459-Cas9/sgScramble at low (1 μ g) or high (10 μ g) doses using the NEPA21 electroporator
591 (NepaGene), following the manufacturer's recommendations and the conditions described in
592 **Table S8**. After 48 hours, puromycin (2 μ g/mL) was added for 3 days to enrich successfully
593 transfected cells. The enriched pools were subsequentially expanded for further analysis.

594 **Electroporation of mouse embryos.** Mouse embryos were divided into two groups: a control
595 group (no electroporation) and an electroporated group (CRISPR machinery introduced). For
596 nucleofection, crRNA and tracrRNA were mixed in a 1:1 ratio to form the sg745T RNA guide and
597 pre-incubated for 5 min at 95°C. The guide was then incubated with the Cas9 protein in Opti-
598 MEM medium for 10 min at 37°C to generate the Cas9/sg745T ribonucleoprotein complex.
599 Embryos were nucleofected with Cas9/sg745T complexes at low (0.61 μ M Cas9 endonuclease,
600 1.83 μ M crRNA:tracrRNA) or high (8 μ M Cas9 endonuclease, 24 μ M crRNA:tracrRNA) doses using
601 the NEPA21 electroporator under the conditions described in **Table S9**. Immediately after

602 electroporation, zygotes were transferred to KSOM medium and incubated at 37°C with 5% CO₂
603 and 95% humidity. After 24 hours, embryos reaching the two-cell stage (E1.5 days) were
604 selected. Both control and electroporated embryos were cultured until the blastocyst stage
605 (E4.5 days), at which point they were collected for genomic DNA extraction and CRISPR efficiency
606 analysis.

607

608 **Genomic DNA sequencing and CRISPR activity analysis**

609 CRISPR-induced modifications in exon 4 of the *Lmna* gene were identified using Illumina NGS
610 and Sanger sequencing at the Genomic Unit of Instituto de Salud Carlos III. DNA was extracted
611 from MEFs and mouse tissues using a commercial kit, while blastocyst DNA was isolated by
612 incubating samples in 17 µL of 50 mM NaOH (95°C, 5 min), followed by neutralization with 1.7
613 µL of 1 M Tris (pH 8) and overnight incubation at room temperature. Illumina adapters were
614 added to the Cas9-targeted region via PCR using DeepSeq-Fw and DeepSeq-Rv primers (**Table**
615 **S7**), followed by a second PCR to incorporate sample-specific indices. FASTQ reads were
616 analyzed using CRISPResso2, applying a 20 bp quantification window (reduced to 10 bp for
617 detailed indel analyses) to identify and quantify small insertions and deletions. For estimating
618 indel frequencies in cells and tissues, only variants with frequencies greater than 1% were
619 considered. No frequency threshold was applied for the detailed characterization of individual
620 indels. Sanger sequencing was performed on all pools and blastocysts using DeepSeq-Fw and
621 DeepSeq-Rv primers. Sequences were analyzed with TIDE to detect genome size modifications
622 post-editing.

623

624 **Production and administration of AAV9 viruses**

625 AAV plasmids carrying sg745T RNA guide were constructed by VectorBuilder. Two plasmids were
626 designed: AAV9-U6-sg745T_CMV-EGFP, containing the sg745T guide under the U6 promoter
627 and an EGFP transgene driven by a CMV promoter, and pX551-CMV-SpCas9, expressing
628 *Streptococcus pyogenes* Cas9 under the CMV promoter (obtained from Alex Hewitt's group via
629 Addgene). AAV9 vectors were produced by triple transient transfection of HEK 293 cells followed
630 by iodixanol gradient purification as previously described⁶⁰. One-day-old *Lmna*^{+/+}, *Lmna*^{+/*R249W*},
631 and *Lmna*^{*R249W/R249W*} mice received a single intradermal injection (1x10¹¹ viral genomes per
632 vector) in the interscapular region using 31G insulin syringes with, as previously described⁶¹.
633 Control groups remained untreated.

634

635 **Phenotypic characterization of mice**

636 **Body and heart weight.** Body weight was recorded weekly from weaning (3 weeks old). After
637 CO₂ euthanasia, hearts were excised and weighed using a precision balance. Heart weight was
638 normalized to tibia length or body weight.

639 **Transthoracic echocardiography.** Mice were anesthetized with inhaled isoflurane (2%
640 induction, 1.5% maintenance) while heart rate, respiration, and temperature were monitored.
641 Positioned supine on a heated platform, the parasternal long-axis (PLAX) view was acquired
642 using a Vevo2100 ultrasound system (40 MHz probe, VisualSonics). Two-dimensional and M-
643 mode images were obtained and analyzed blindly using VevoLab 5.6.1.

644 **Histological analysis.** Organs (heart, gastrocnemius muscle, liver, pancreas, spleen, kidney,
645 brown and white adipose tissue) were fixed in 4% formaldehyde, embedded in paraffin,
646 sectioned (4–6 µm), and stained with hematoxylin-eosin. Longitudinal heart sections were also

647 stained with Masson's Trichrome. Images were acquired using a 3DHistech Mirax® scanner and
648 analyzed with NDP.view2.

649 **Protein expression analysis.** Tissues were frozen (-80°C), mechanically homogenized with a
650 Precellys system (ThermoFisher) in SDS lysis buffer and incubated on ice. Lysates were
651 centrifuged (4°C, max speed, 30 min), and protein concentration was measured via NanoDrop.
652 Equal protein amounts were resolved on polyacrylamide gels, transferred to nitrocellulose
653 membranes (Trans-Blot® TurboTM, Bio-Rad), and blocked in 5% milk (PBS-Tween). Membranes
654 were incubated overnight at 4°C with primary antibodies (**Table S6**), washed, and incubated
655 with secondary antibodies (1 h, RT). Protein bands were detected using ECL and imaged with
656 Amersham ImageQuantTM 800. Band intensity was quantified with ImageJ.

657 **eGFP immunohistochemistry.** One week after infection with AAV9-U6-sg745T-CMV-eGFP, mice
658 were sacrificed, and tissues were fixed in 4% formaldehyde. Samples were subsequently
659 processed by the Histopathology Unit of the National Cancer Research Center. Fixed tissues
660 were embedded in paraffin, sectioned at 4-6 µm using a microtome, and subjected to
661 immunohistochemistry with an anti-eGFP antibody following standard protocols. Stained
662 sections were imaged using the 3DHistech Mirax® scanner.

663 **ARN isolation and RT-qPCR.** Total RNA was extracted from approximately 30 mg of tissue using
664 1 mL of TRIzol and mechanical homogenization in a Precellys system (Thermo Fisher Scientific).
665 Following phase separation with chloroform and centrifugation (12,000xg, 30 min, 4°C), RNA
666 was precipitated with isopropanol, washed twice with 75% ethanol, air-dried, and resuspended
667 in milli-Q water. For cDNA synthesis, 1 µg of total ARN was reverse-transcribed using oligo(dT)20
668 primers and SuperScript® III Reverse Transcriptase (Thermo Fisher Scientific) following the
669 manufacturer's instructions. Gene expression of Cas9 and eGFP was quantified by qPCR using
670 Fast SYBR™ Green Master Mix on a QuantStudioTM 3 (Thermo Fisher Scientific). Reactions were
671 performed in triplicate with gene-specific primers (**Table S7**). Relative expression was
672 determined using $2^{-\Delta\Delta Ct}$ method. GAPDH of non-treated mice was used as the reference gene
673 for data normalization.

674

675 **Statistical analysis**

676 All analyses and graphs were generated using GraphPad Prism 8.0 software. Data are presented
677 as mean ± SD, with "n" indicating biological replicates. Significance was set as $P < 0.05$. Statistical
678 significance between two experimental groups was determined by one-tailed, unpaired
679 Student's t-test. Survival was analyzed using Kaplan-Meier survival curves analyzed via Mantel-
680 Cox log-rank test.

681

682 DATA AVAILABILITY STATEMENT

683 The data supporting the findings of this study are available within the article and its
684 Supplemental Material.

685

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699 AUTHOR CONTRIBUTIONS

700 D.G.-D. acquired, analyzed and interpreted most of the data, and drafted/edited the manuscript;
701 C.E. assisted with several *in vivo* experiments and embryos experiments; I.H. and B.V.M.
702 performed the echocardiographies; I.H. assisted in the extraction of genomic DNA; S.C. and G.S.-
703 B. conducted the analysis of echocardiographies; A.M. and S.A.-Q. contributed to the
704 experiments aimed at characterizing indels; A.dM.-I. performed the histopathological study;
705 M.S.-E. was the responsible for the production of the adeno-associated virus; I.P.d.C. developed
706 the study concept, obtained funding, coordinated and analyzed the experimental activities and
707 drafted/edited the manuscript. All authors have read and approved the final manuscript.

708

709 DECLARATION OF INTERESTS

710 The authors declare no conflict of interest. The funders were not involved in the study design,
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713

**714 DECLARATION OF GENERATIVE AI AND AI-ASSISTED TECHNOLOGIES IN
715 THE WRITING PROCESS**

716 During the preparation of this work the authors used IA-based tools for editing purposes,
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718 tool, the authors reviewed and edited the content as needed and take full responsibility for the
719 content of the publication.

720

721 KEYWORDS

722 *LMNA*, L-CMD, laminopathies, CRISPR/Cas9, gene therapy, rare disease

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956 **LIST OF FIGURE CAPTIONS/LEGENDS**

957 **Figure 1. The Cas9/sg745T complex demonstrates allele-specific activity on *Lmna* c.745C>T in**
 958 **MEFs. A,** Localization of the sg745T RNA guide in exon 4 of the *Lmna* gene. The nucleotide of the
 959 mutation (t=thymine, in red) is at position 745 of the coding sequence, while the nucleotide
 960 occupying the same position in the WT allele is highlighted in blue (c=cytosine). The PAM
 961 sequence is highlighted. **B,** Schematic experimental design for the assessment of
 962 Cas9/sgScramble and Cas9/sg745T complexes activity in mouse embryonic fibroblasts. Two
 963 different genotypes for the *Lmna* gene (*Lmna*^{+/+} and *Lmna*^{+/*R249W*}) were used for all experiments,
 964 and three biological replicates have been performed (n=3 pools). **C,** Analysis of CRISPR efficiency
 965 at cellular pool level using TIDE platform after nucleofection of Cas9/sgScramble and
 966 Cas9/sg745T complexes. Data are represented as mean ± SD. **D,** Percentage of reads for
 967 unmodified and modified alleles at the cellular pool level analyzed by CRISPResso2 after
 968 nucleofection with Cas9/sgScramble and Cas9/sg745T complexes. **E,** Circularity index at the
 969 cellular pool level. Data are represented as mean ± SEM. ns: non-significant differences; *:
 970 P<0.05; **: P<0.01; ***: P<0.001.

971 **Figure 2. The Cas9/sg745T complex manifests high specificity for the *Lmna* c.745C>T allele in**
 972 **mouse embryos. A,** Schematic experimental design for studying the activity of Cas9/sg745T
 973 complex in mouse embryos. For all experiments, two different genotypes for the *Lmna* gene
 974 (*Lmna*^{+/+} and *Lmna*^{+/*R249W*}) were used. **B,** Percentage of modified blastocysts after the
 975 introduction of Cas9/sg745T complexes. **C,** Percentage of reads for unmodified and modified
 976 alleles analyzed by CRISPResso2 in modified blastocysts after treatment with Cas9/sg745T
 977 complexes. In the control condition, 13 *Lmna*^{+/+} and 17 *Lmna*^{+/*R249W*} blastocysts were used. In the
 978 0.61 μM condition, 21 *Lmna*^{+/+} and 31 *Lmna*^{+/*R249W*} blastocysts were employed. In the 8 μM
 979 condition, 27 *Lmna*^{+/+} and 21 *Lmna*^{+/*R249W*} blastocysts were used.

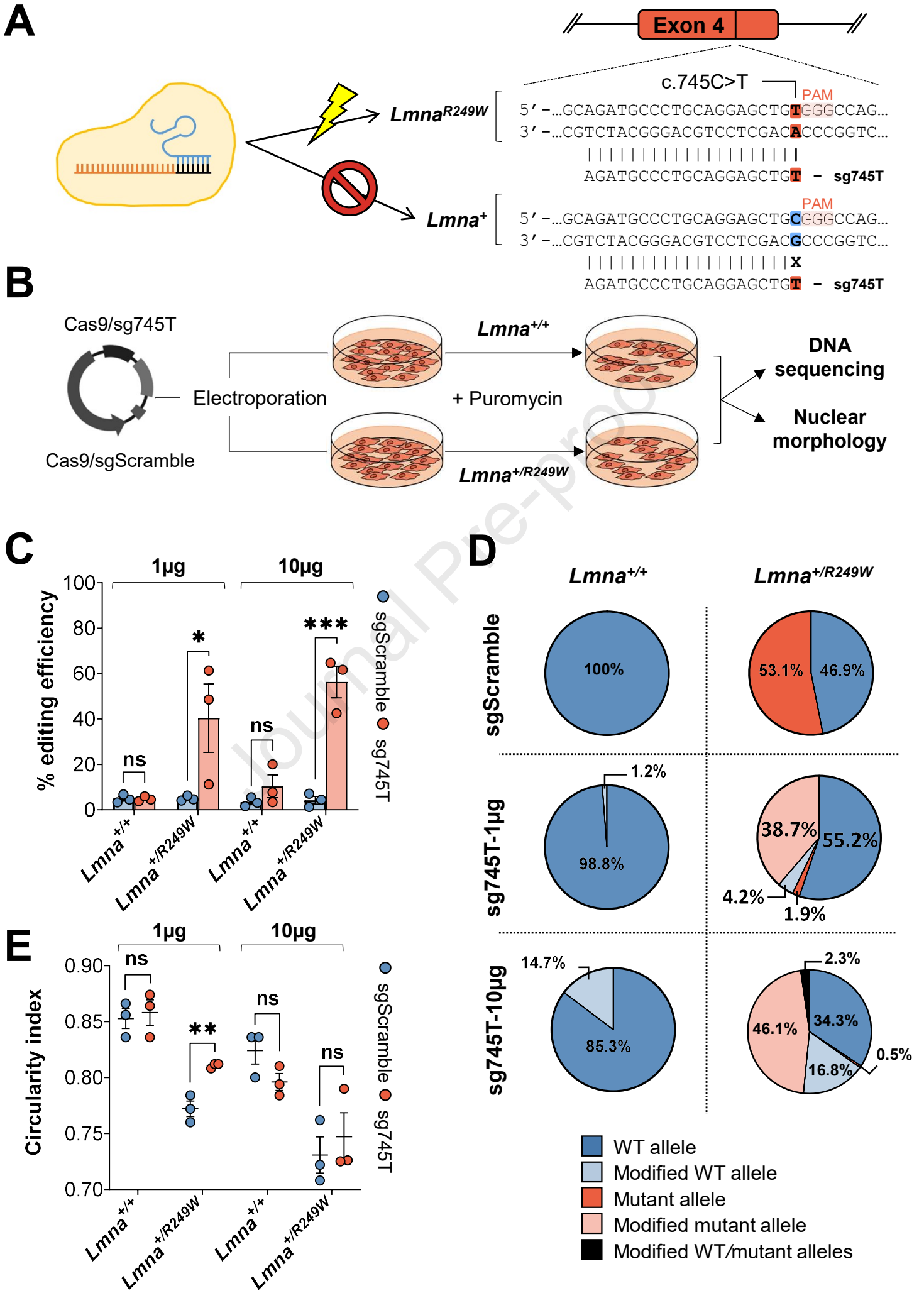
980 **Figure 3. Administration of AAV9-Cas9/sg745T gene therapy does not improve survival in a**
 981 **homozygous background for the R249W mutation. A,** Schematic experimental design to
 982 evaluate the survival and CRISPR activity after intradermal administration of AAV9-Cas9/sg745T
 983 treatment. AAV9-Cas9/sg745T were injected into one-day-old *Lmna*^{R249W/R249W} and *Lmna*^{+/+} mice.
 984 Control mice received no treatment. **B,** Kaplan-Meier survival curve of untreated (n=28) and
 985 AAV-treated (n=11) *Lmna*^{R249W/R249W} mice. **C,** Kaplan-Meier survival curve of untreated (n=100)
 986 and AAV-treated (n=26) *Lmna*^{+/+} mice. ns: non-significant differences. **D,** Percentage of modified
 987 c.745T allele reads in *Lmna*^{R249W/R249W} AAV-treated mice (n=7-9). **E,** Percentage of unmodified
 988 c.745T allele reads in *Lmna*^{R249W/R249W} AAV-treated mice (n=7-9). The activity of Cas9/sg745T
 989 complex was analyzed in different tissues: heart (HR), muscle (MS), liver (LV), kidney (KD) and
 990 brown adipose tissue (BAT). Data are represented as mean ± SD.

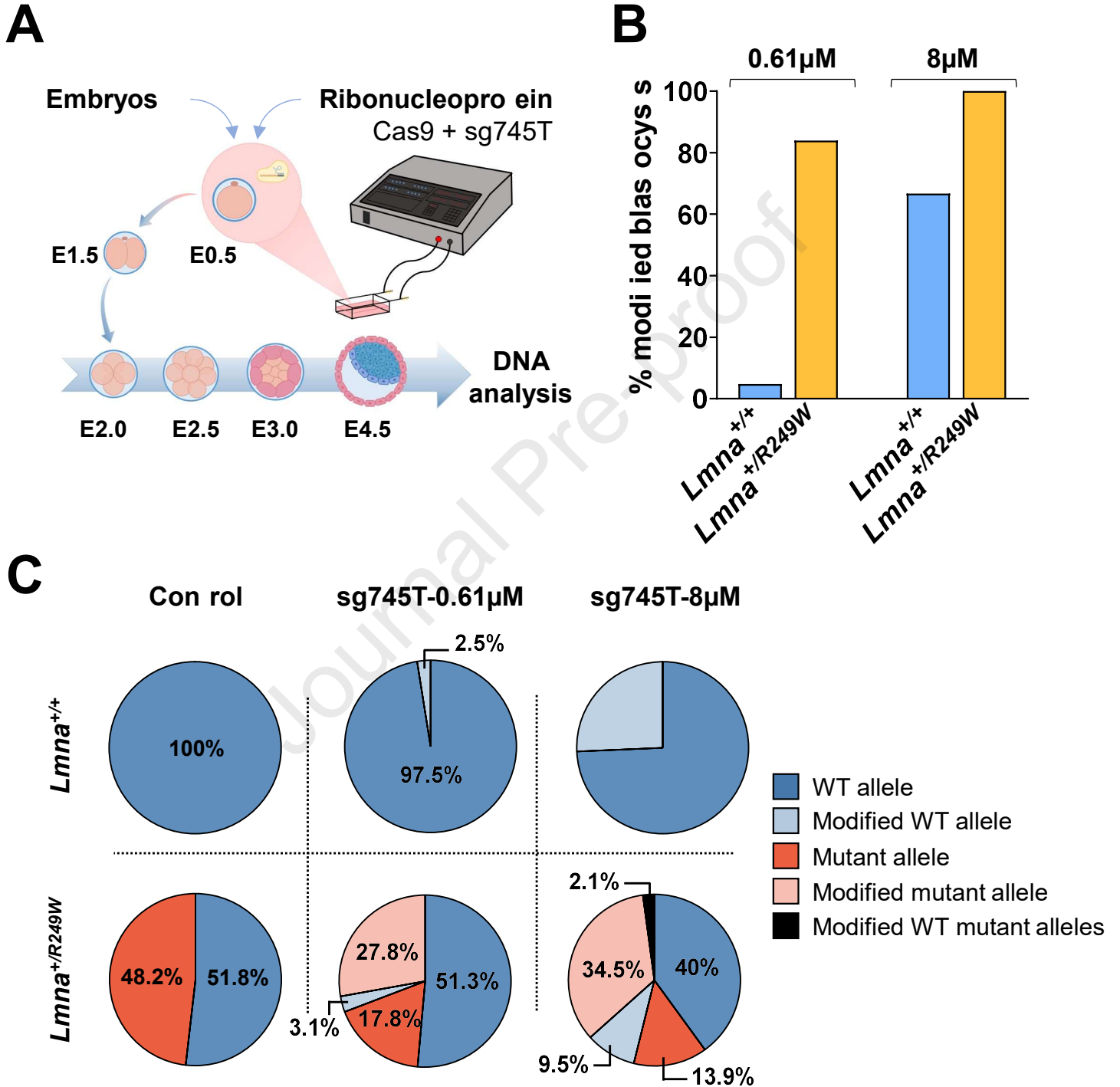
991 **Figure 4. AAV9-Cas9/sg745T treatment increases survival in *Lmna*^{+/*R249W*} mice. A,** Schematic
 992 experimental design to evaluate the survival and cardiac function after intradermal
 993 administration of AAV9-Cas9/sg745T treatment. AAV9-Cas9/sg745T were injected into one-day-
 994 old *Lmna*^{+/*R249W*} and *Lmna*^{+/+} mice. Control mice received no treatment. **B,** Kaplan-Meier survival
 995 curve of untreated (n=100) and AAV-treated (n=36) *Lmna*^{+/*R249W*} mice. **C,** Kaplan-Meier survival
 996 curve of untreated (n=100) and AAV-treated (n=26) *Lmna*^{+/+} mice. ns: non-significant
 997 differences; *: P<0.05.

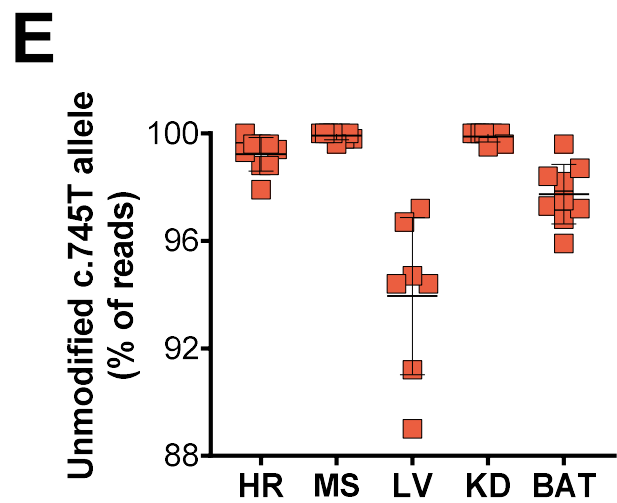
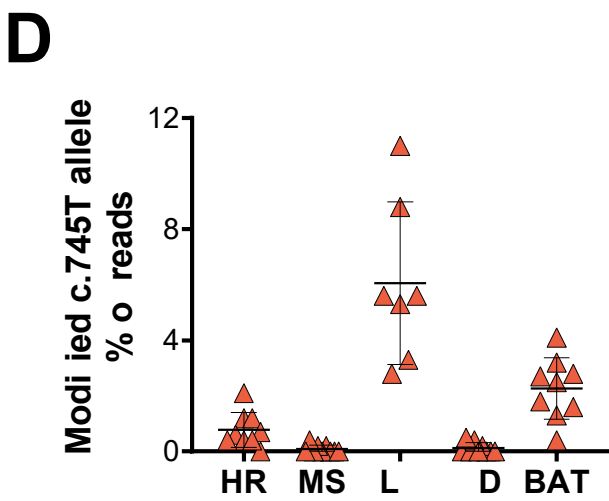
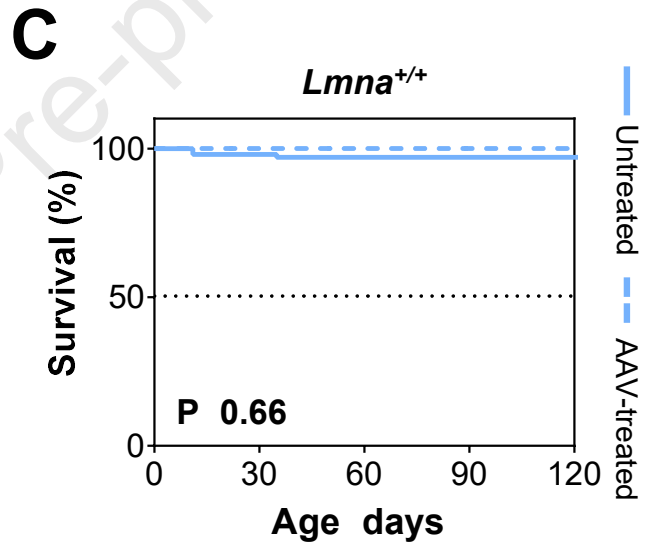
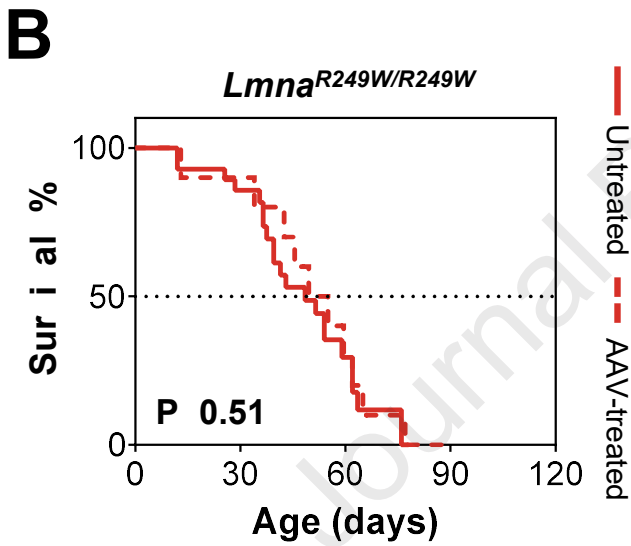
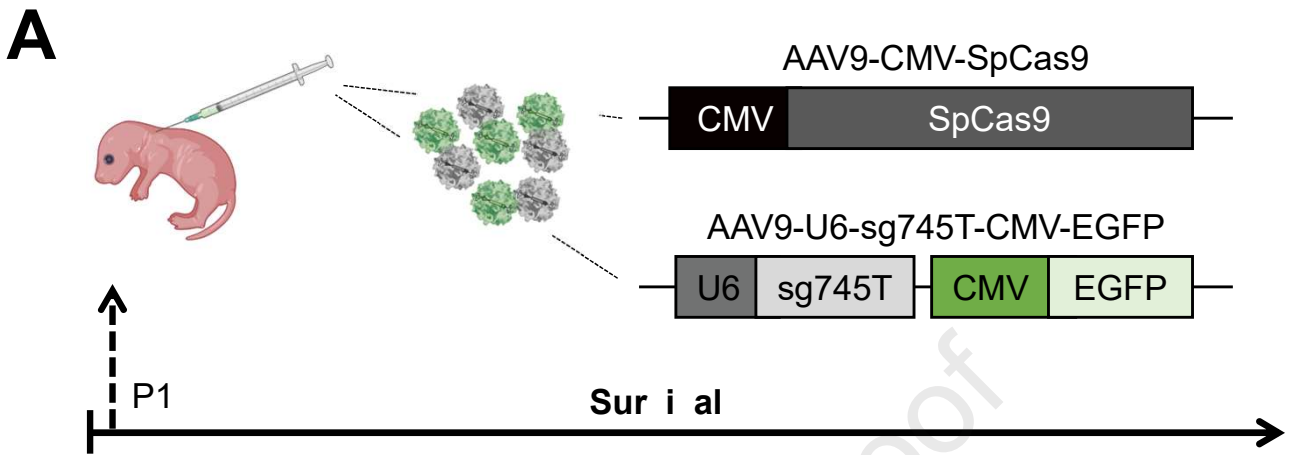
998 **Figure 5. Single dose of AAV9-Cas9/sg745T treatment improves cardiac function in *Lmna*^{+/*R249W*}**
 999 **mice. A,** Echocardiographic measurements of left ventricular end-systolic internal diameter
 1000 (LVISD, s), left ventricular end-diastolic internal diameter (LVISD, d), ejection fraction (EF) and

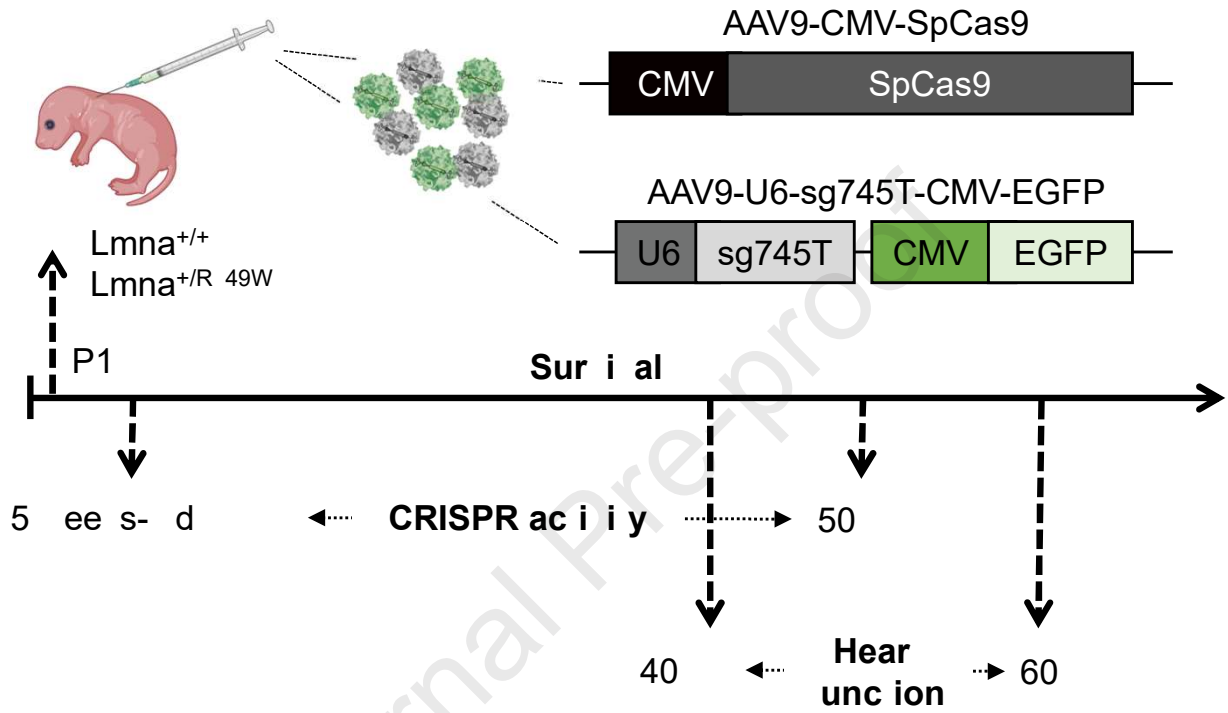
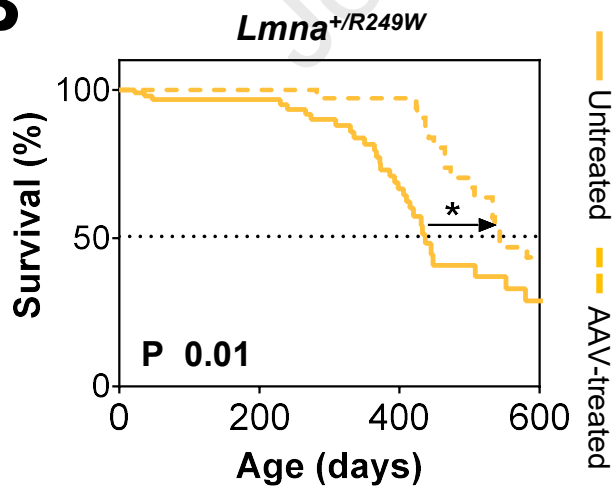
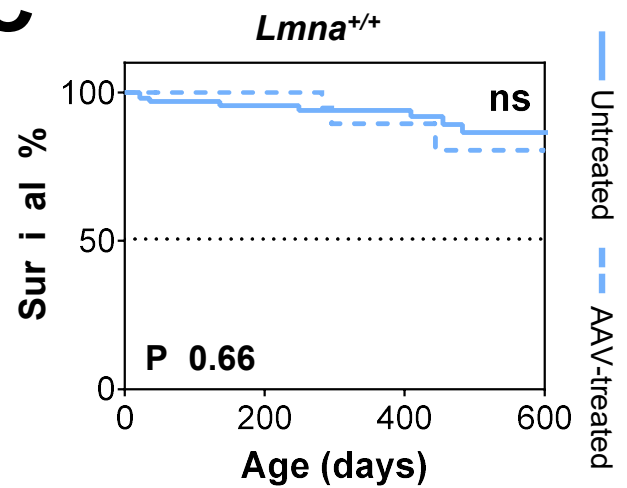
1001 fractional shortening (FS) at 40 and 60 weeks-old. The echocardiographic study was conducted
1002 in untreated (n=5 of each genotype) and AAV-treated (n=5 of each genotype) males. Data are
1003 represented as mean \pm SD. ns: non-significant differences; *: P<0.05; **: P<0.01; ****:
1004 P<0.0001. **B**, Representative images with Masson's trichrome staining of heart sections from
1005 untreated (n=3 of each genotype) and AAV-treated (n=3 of each genotype) males at 50 weeks
1006 of age. Scale bar: 50 μ m.

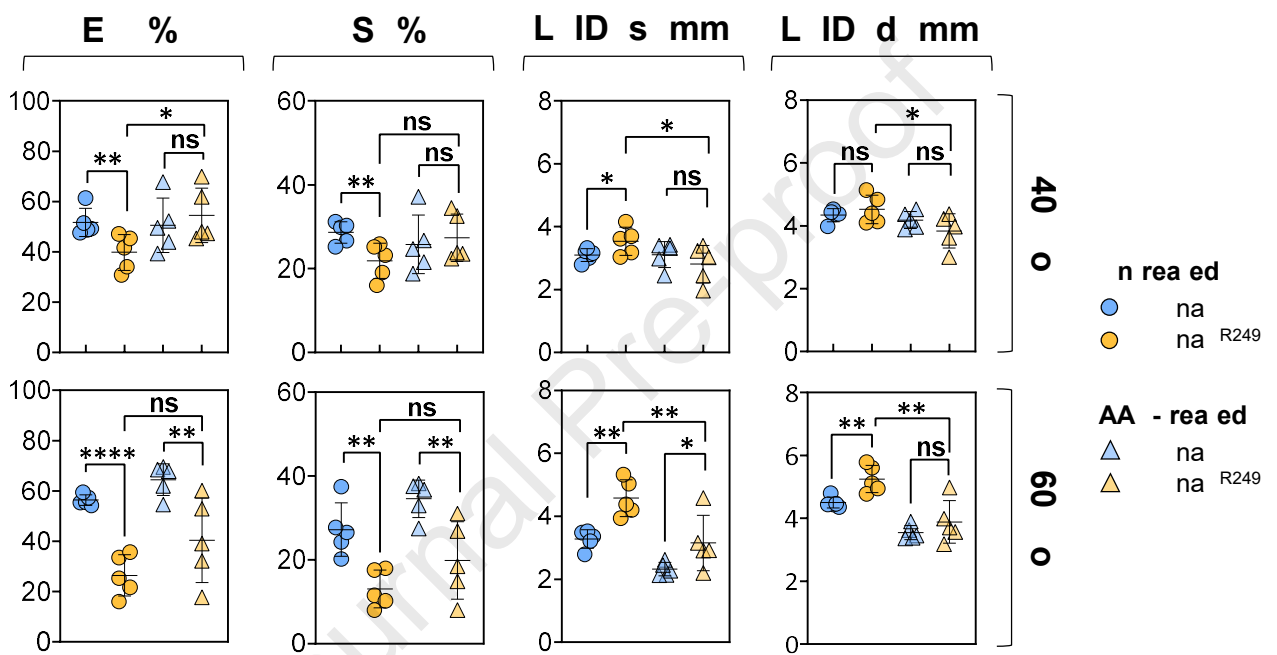
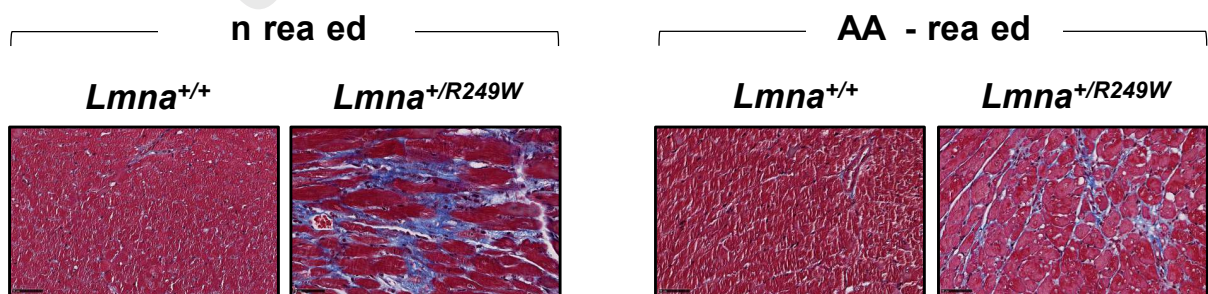
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A**B**

Pérez de Castro and colleagues validate a CRISPR/Cas9-based therapeutic strategy to target the *Lmna* c.745C>T mutant allele in cellular models and mice, improving survival and cardiac pathology in *LMNA*-associated congenital muscular dystrophy.

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