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Supplementary information

A mechanical knock-out system uncovers that loss of titin tension triggers muscle disease

Roberto Silva-Rojas^{a,*}, Natalia Vicente^a, Manuel Gavilán-Herrera^a, Verónica Labrador-Cantarero^a, Jon Sicilia^a, Olga Giménez-Sáez^a, Andra C. Dumitru^{a,b}, Mateo I. Sánchez^c, Mara Gato-Vilaseca^a, Diana Velázquez-Carreras^a, Juan Antonio López^{a,d}, Jesús Vázquez^{a,d}, Elías Herrero-Galán^a, Miguel A. López-Unzu^a, Maria Rosaria Pricolo^a, Jorge Alegre-Cebollada^{a,*}

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- Supplementary Figures S1-S10

- Supplementary Tables S1-S2

Supplementary Figures

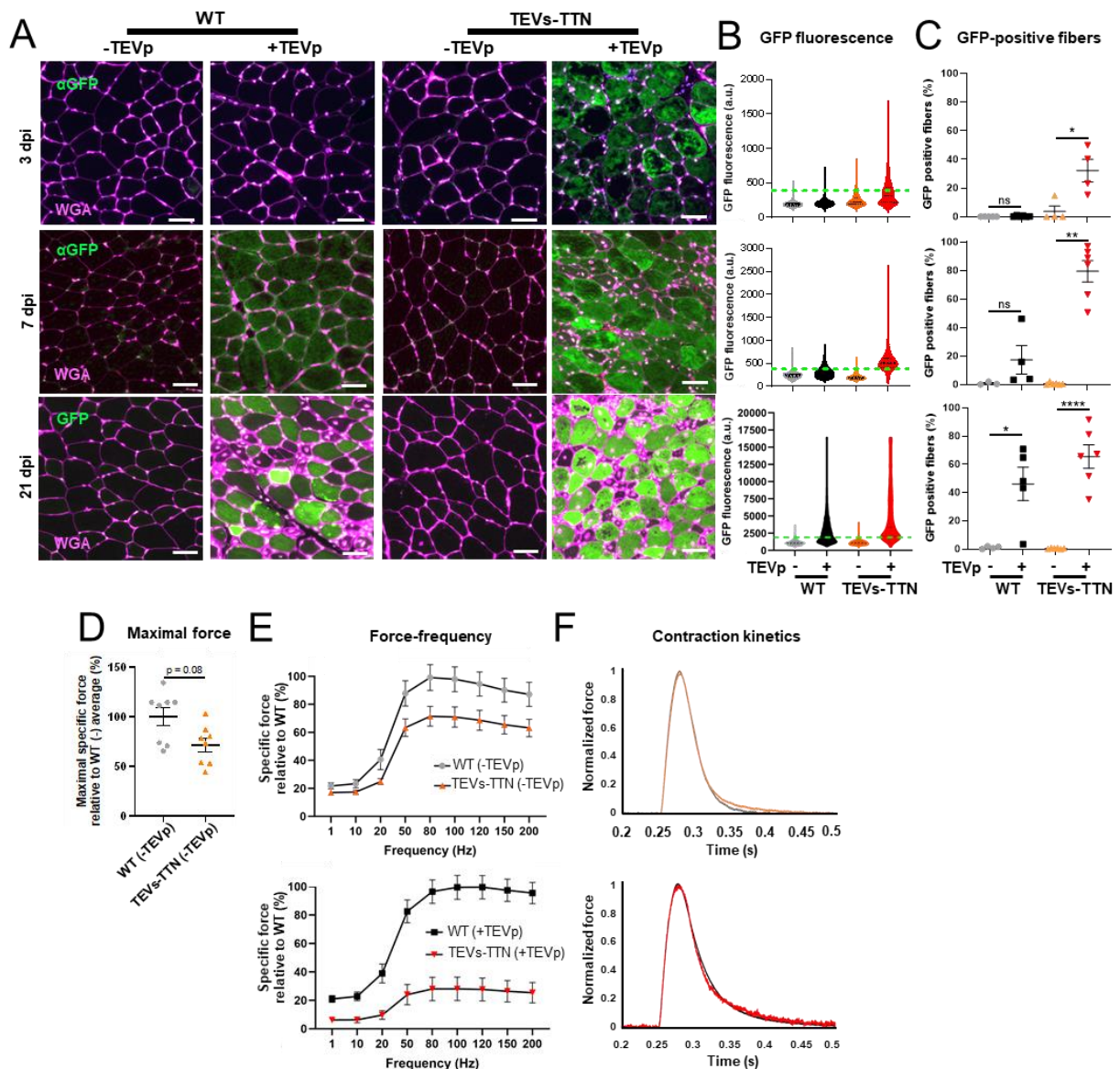


Figure S1. Phenotyping of titin mKO muscles. (A) GFP-TEVp immunofluorescence on transverse TA sections. Scale bars represent 50 μ m. (B, C) Violin plot of GFP levels per individual myofiber. (B) and fraction of GFP-TEVp-positive myofibers (C) (n= 2949-9820 myofibers from 3-6 muscles per group, threshold marked with a dashed line). Experiments at different time points were done independently so the resulting GFP fluorescence intensities cannot be compared directly. (D) Maximal specific active force produced by control EDL muscles (n=7-8). Data are represented as mean \pm SEM. (E) Specific force produced by EDL of the different groups at different stimulation frequencies at 7dpi. Data are represented as mean \pm SEM. (F) Average normalized force kinetics upon single stimulation of muscles from the different groups (n=7-8).

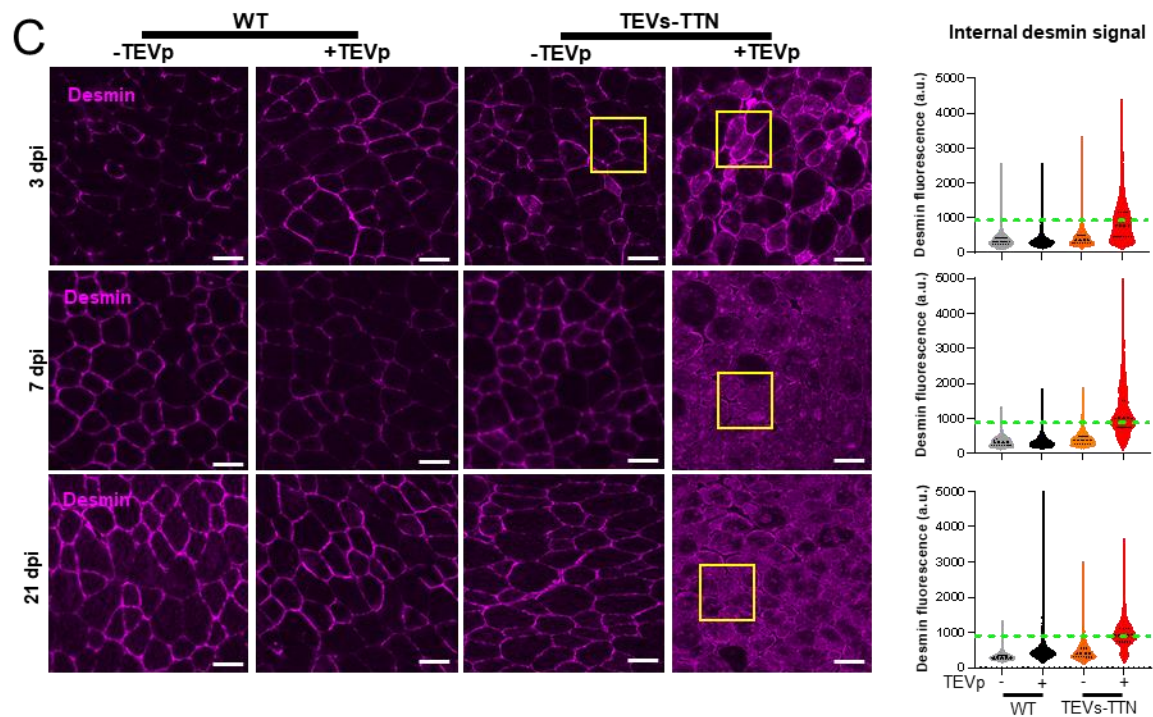
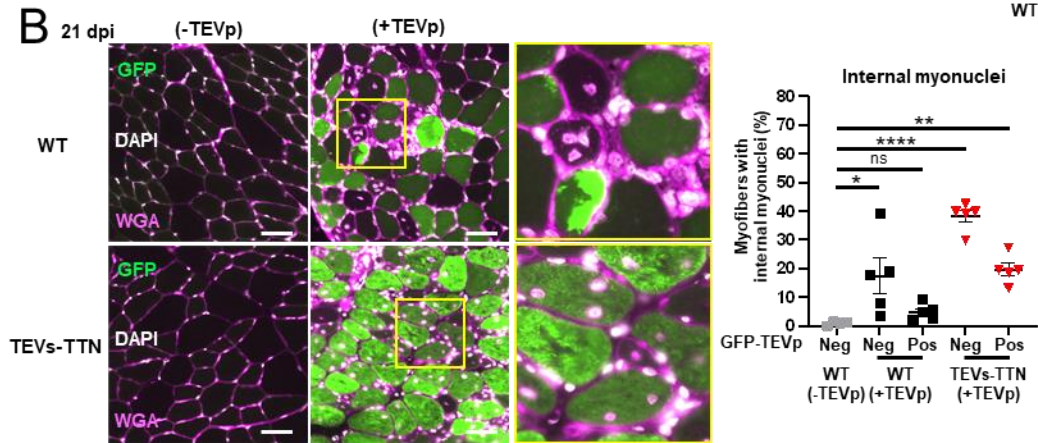
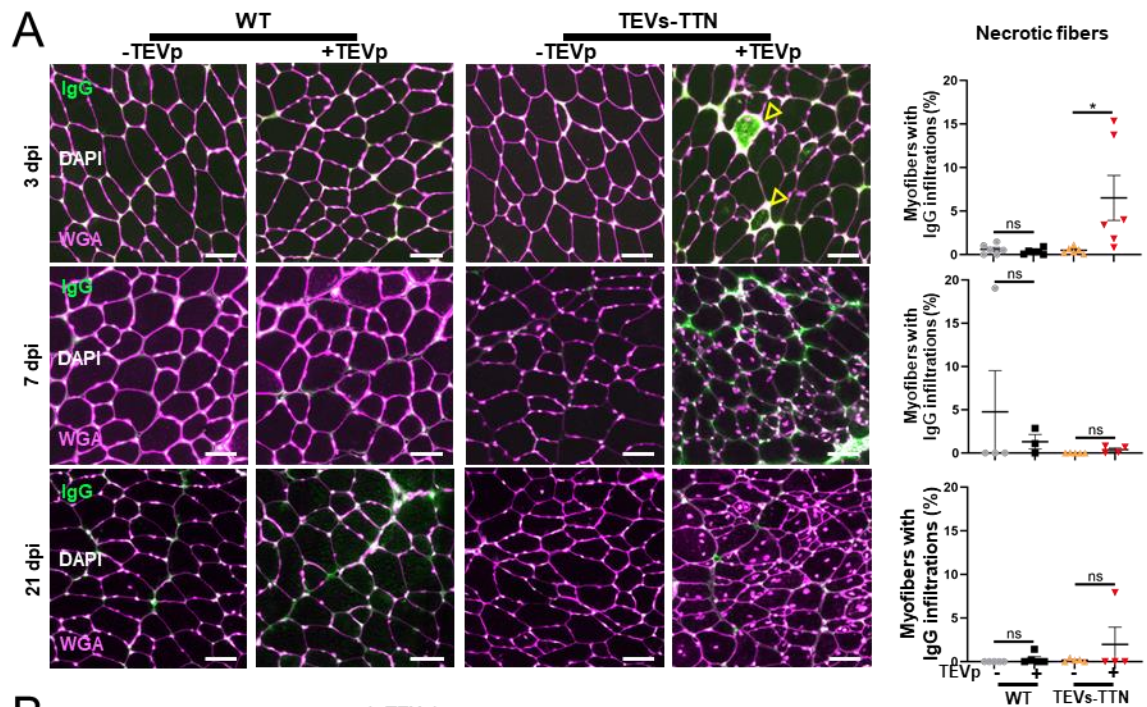


Figure S2. Quantification of myofiber necrosis and myonuclei location. (A) Immunofluorescence using anti mouse IgG to study the presence of immunoglobulins in necrotic myofibers and quantification (n=3-6). Data are represented as mean \pm SEM. Scale bars represent 50 μ m. (B) GFP-TEVp immunofluorescence on transverse TA sections (regions zoomed on the left are indicated). Fraction of myofibers with internalized myonuclei depending on GFP-TEVp positivity. Data are represented as mean \pm SEM. Scale bars represent 50 μ m. (C) Desmin immunofluorescence in transverse TA sections and violin plots of its sarcoplasmic intensity in individual myofibers (n= 5293-11707 myofibers from 3-5 muscles per group). Boxes indicate highlighted regions in **Figure 2E**. The threshold used for quantification in **Figure 2F** is marked with a dashed line. Scale bars represent 50 μ m.

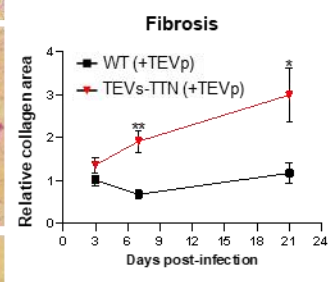
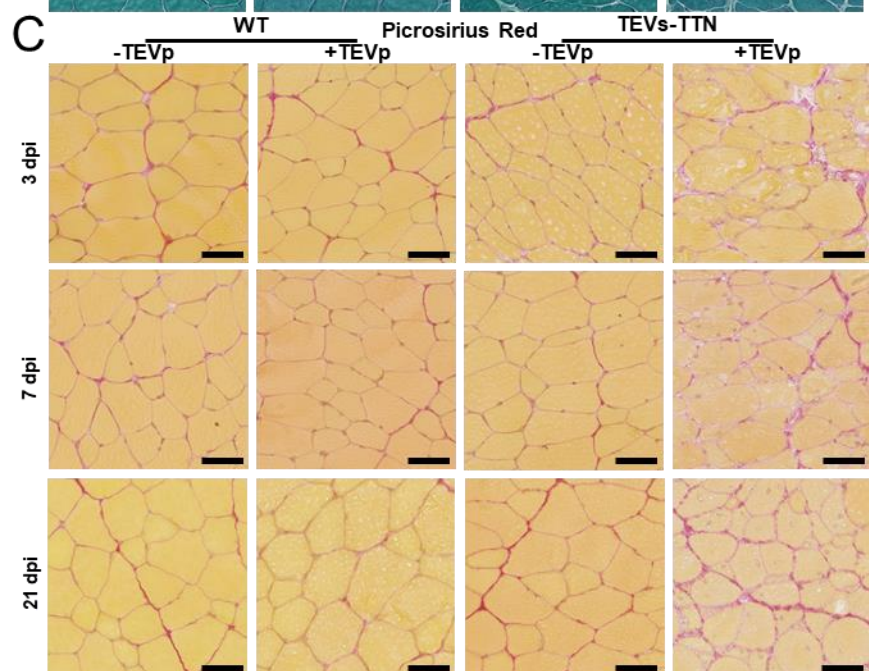
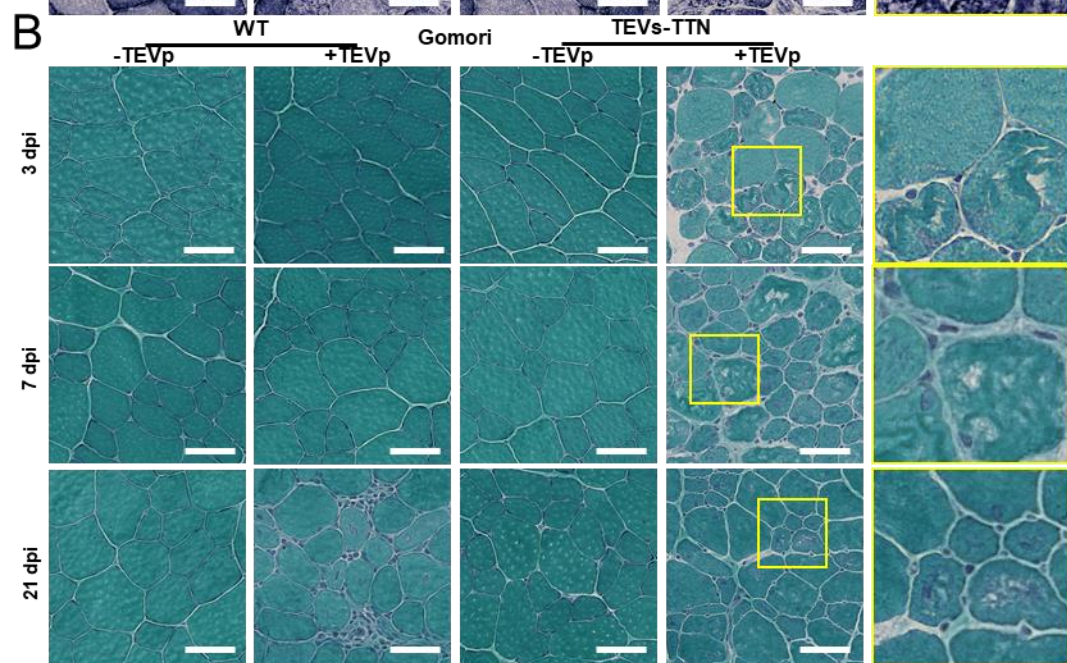
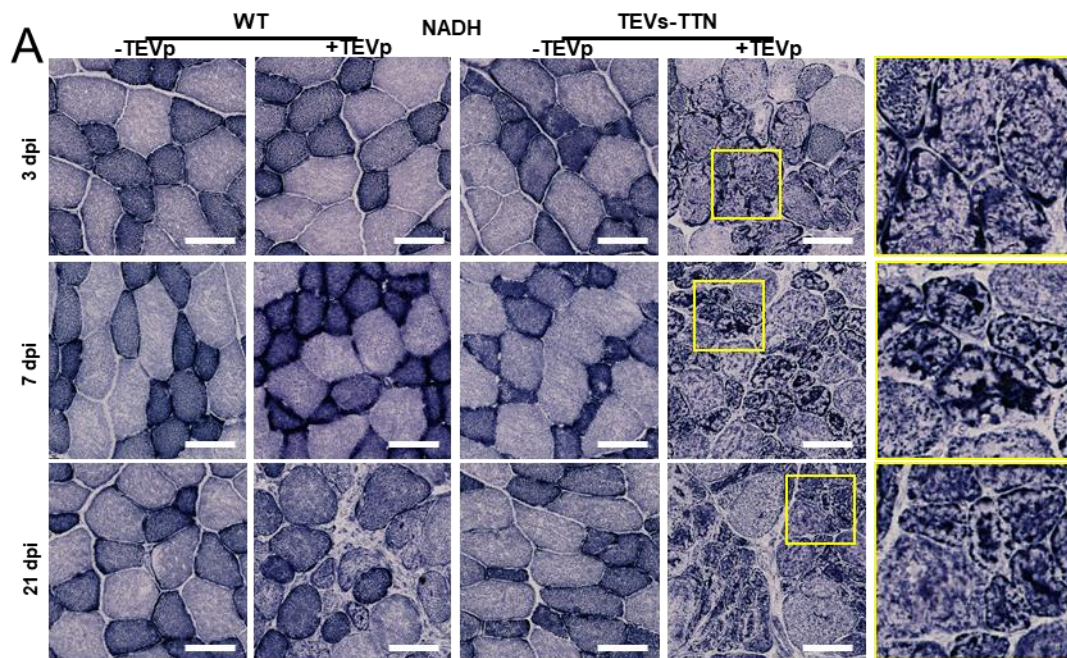


Figure S3. Mitochondrial mislocalization and aggregation and fibrosis induced by titin mKO. (A) NADH activity staining of muscle TA cryosections (n=5). Scale bars represent 50 μm . **(B)** Modified Gomori staining (n=5). Scale bars represent 50 μm . **(C)** Picrosirius staining marking mature collagen deposition and quantification of the fibrosis extent in AAV6-injected TA muscles normalized with their contralateral leg (n=5). Scale bars represent 50 μm . Data are represented as mean \pm SEM.

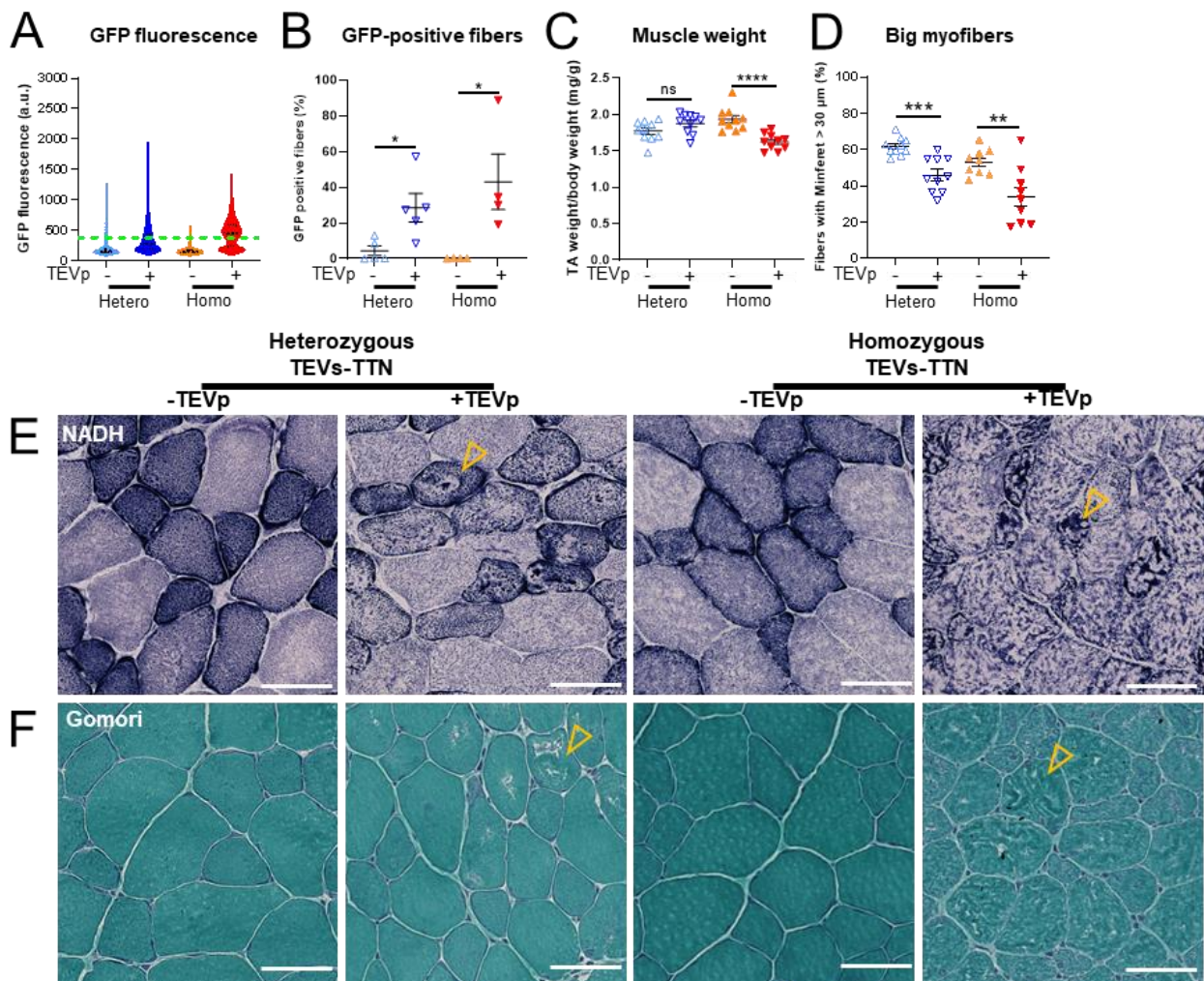


Figure S4. Comparative effects of GFP-TEVp expression in heterozygous and homozygous TEVs-TTN mice at 7 dpi. (A) Violin plot of GFP levels in the immunofluorescence shown in **Figure 3A** ($n= 4834-7477$ myofibers from 4-5 muscles per group, threshold marked with a dashed line). (B) Fraction of GFP-TEVp-positive myofibers ($n=4-5$). Data are represented as mean \pm SEM. (C) TA muscle weight to body weight ratio ($n=10$). Data are represented as mean \pm SEM. (D) Fraction of myofibers with MinFerret diameter larger than $30 \mu\text{m}$ ($n=9-10$). Data are represented as mean \pm SEM. (E) NADH staining in heterozygous and homozygous mKO muscles. Arrowheads mark cores in heterozygous samples and mitochondrial mislocalization in homozygous samples ($n=3-5$). Scale bars represent $50 \mu\text{m}$. (F) Gomori staining in heterozygous and homozygous mKO muscles. Arrowheads mark stain-free zones both in heterozygous and homozygous mKO muscles. ($n=3-5$). Scale bars represent $50 \mu\text{m}$.

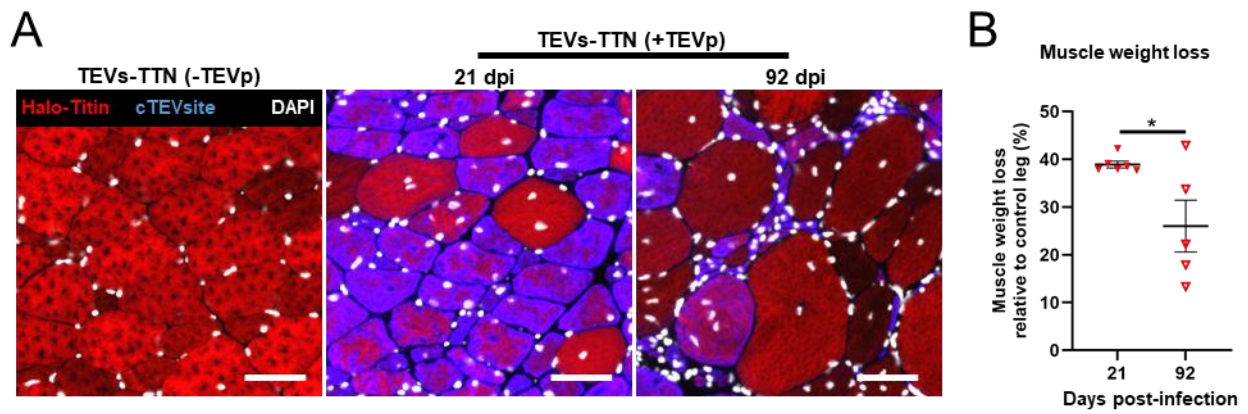


Figure S6. Titin mKO muscles at long time points. (A) Halo-Titin and cTEVsite immunofluorescence in AAV6-injected TEVs-TTN muscles at 21 and 92 dpi showing titin expression in myofibers that are cTEVsite-negative and have centrally-located myonuclei (representative images from n=4-5 animals). Scale bars represent 50 μ m. (B) Muscle weight loss in AAV6-injected TEVs-TTN muscles relative to their contralateral control legs at 21 and 92 dpi (n=5-6). Part of these data are presented also in **Figure 1L**. Data are represented as mean \pm SEM.

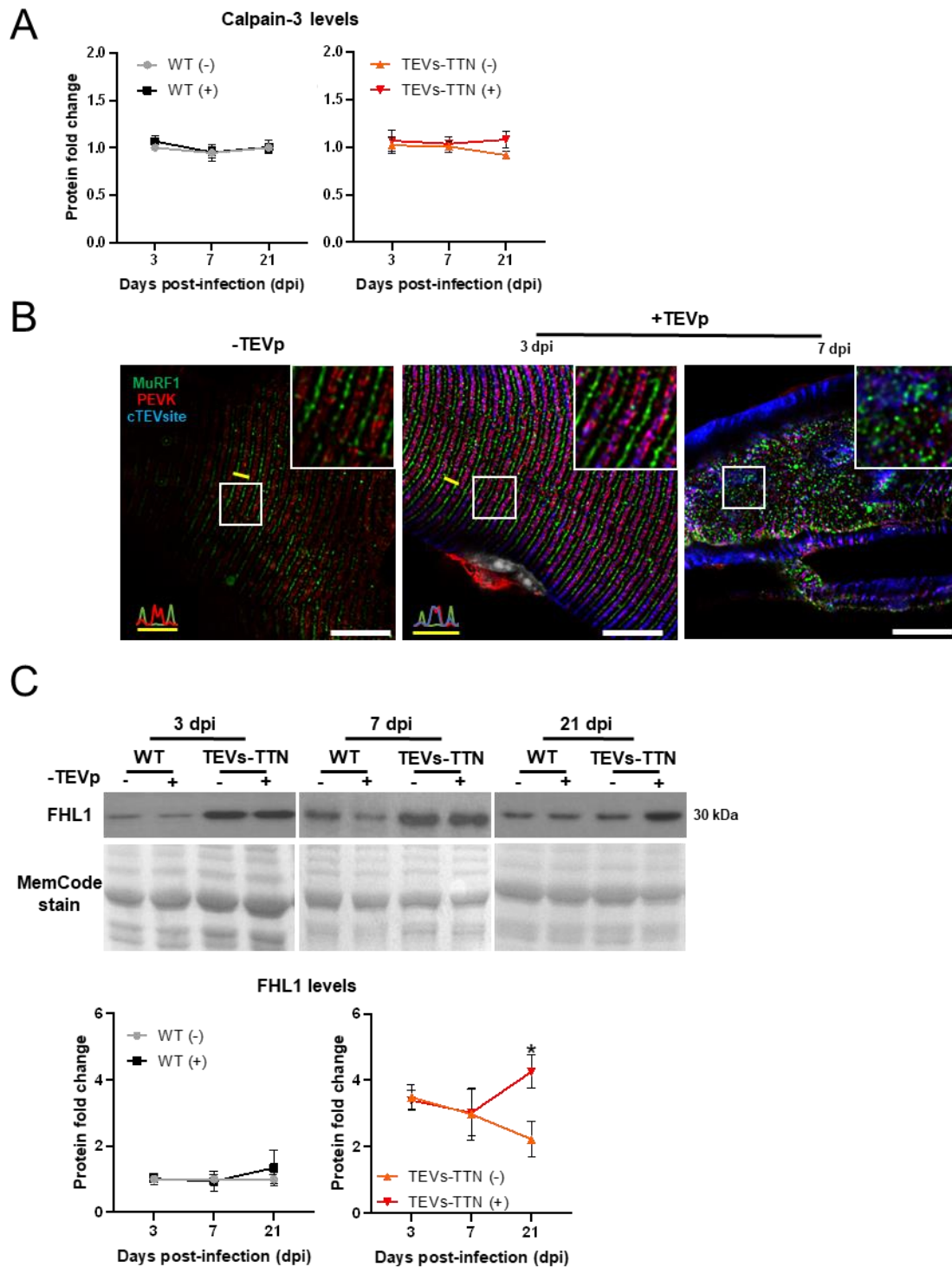


Figure S7. Localization and levels of titin-related proteins. (A) Total calpain 3 levels including cleaved and intact calpain 3 at the different timepoints as measured in western blot ($n = 3-6$ animals per condition). (B) FHL1 expression of the different titin interactors evaluated by WB ($n=3-6$). Memcode protein staining was used for normalization. Protein fold changes were calculated relative to WT NaCl-injected samples. Scale bars represent $10 \mu\text{m}$. (C) MuRF1 immunofluorescence in control and AAV6-injected TEVs-TTN muscles at 3 and 7 dpi showing sarcomeric localization of the protein at 3 dpi and dotted staining in the absence of sarcomeres (as marked by antibodies against titin PEVK and cTEV site) at 7 dpi (representative images from $n=3$ animals). Normalized fluorescence intensity profile along the lines indicated in yellow are shown (for simplicity, the cTEVsite profile is not shown in the -TEVp sample). Data are represented as mean \pm SEM.

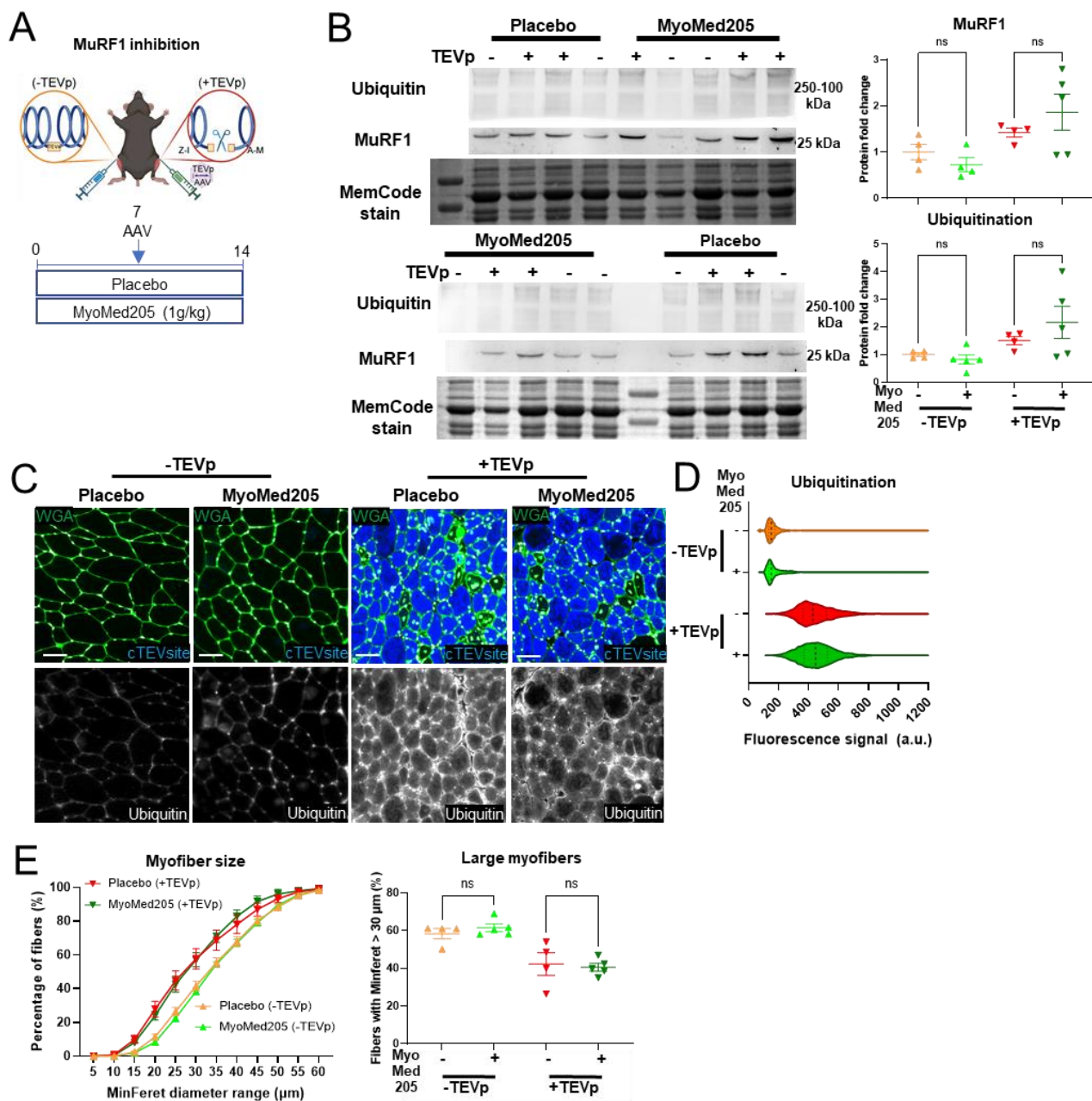


Figure S8. MyoMed205 treatment. (A) Homozygous TEVs-TTN mice were treated with MyoMed205 (1 g/kg) spiked food or control placebo diet for two weeks. Mice were intramuscularly injected with either saline solution or AAV6-GFP-TEVp at the first week of treatment and muscles were harvested 7 dpi. (B) MuRF1 and protein ubiquitination levels measured by WB ($n = 4-5$ animals). MemCode total protein staining was used for normalization. Protein fold changes were calculated relative to placebo-treated, NaCl-injected samples. (C) Representative cTEVsite and ubiquitin immunofluorescences. Scale bars represent 50 μm . (D) Violin plot quantification of intramyofiber ubiquitin fluorescence intensity (4100-7100 myofibers from $n = 4-5$ animals). (E) Analysis of myofiber size ($n=4-5$ animals). Data are represented as mean \pm SEM.

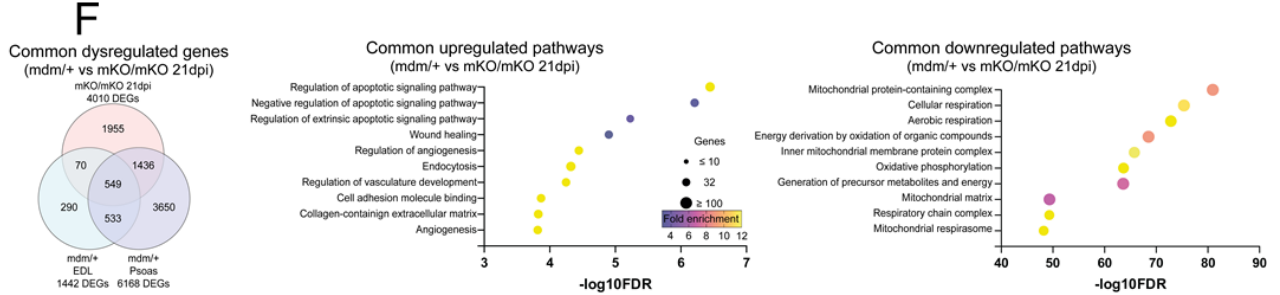
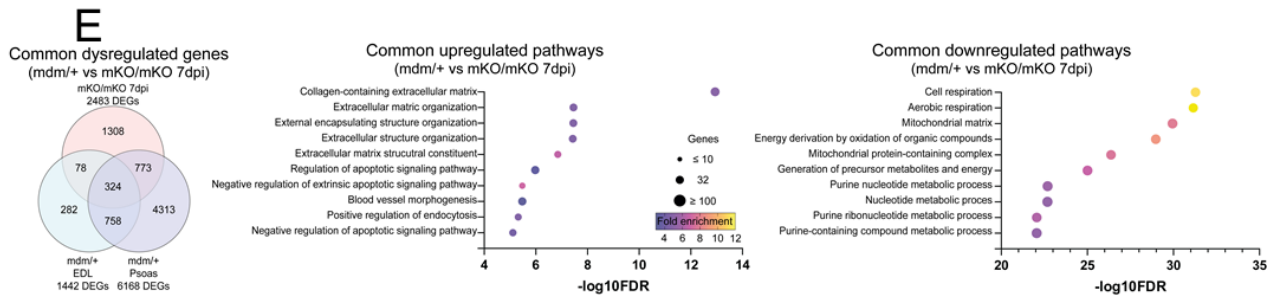
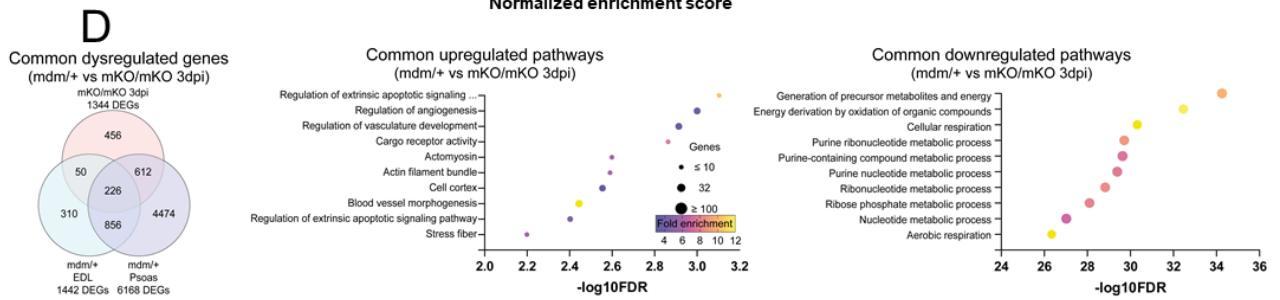
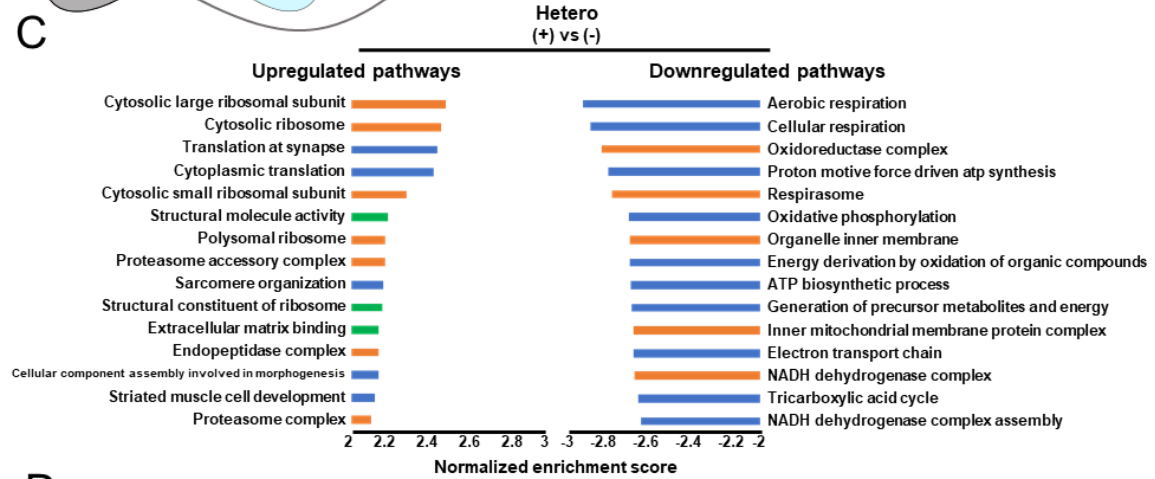
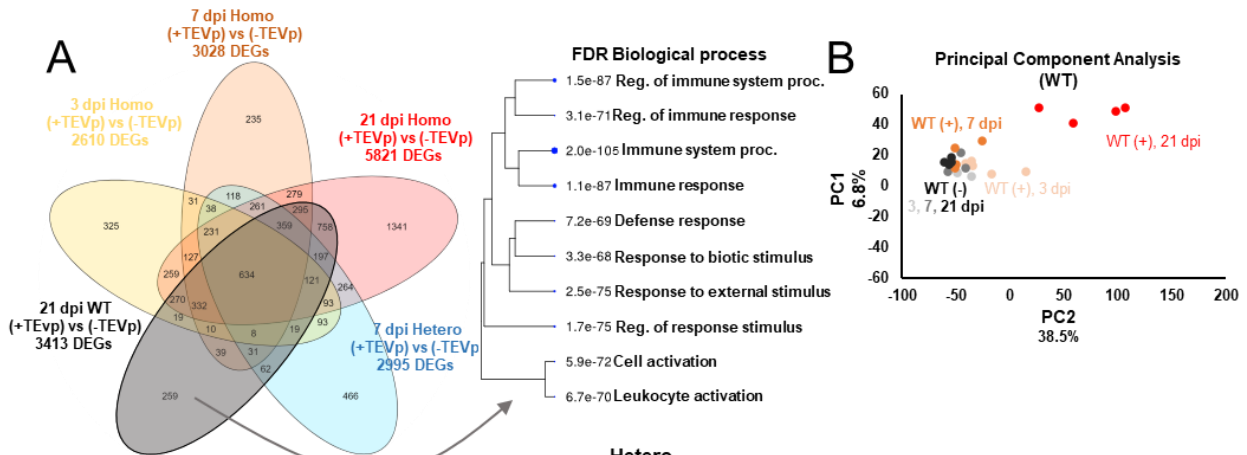


Figure S9. Gene expression in titin mKO muscles. (A) Shared DEGs between AAV6-injected and saline-injected legs for WT muscles at 21 dpi, heterozygous TEVs-TTN muscles at 7 dpi and homozygous TEVs-TTN muscles at 3, 7 and 21 dpi (n=4). To the right, hierarchical clustering tree of the shared 3,413 DEGs between WT and the rest of the groups (n=4). (B) Principal component analysis of gene expression in WT TA muscles. (C) Dysregulated pathways in heterozygous titin mKO muscles. (D-F) Left, shared DEGs in heterozygous *mdm* EDL and psoas muscles⁴⁵, and homozygous titin mKO TA muscles at 3 (D), 7 (E), 21 (F) dpi. Middle and right, top 10 most dysregulated gene ontology terms of the corresponding shared DEGs at the different experimental times.

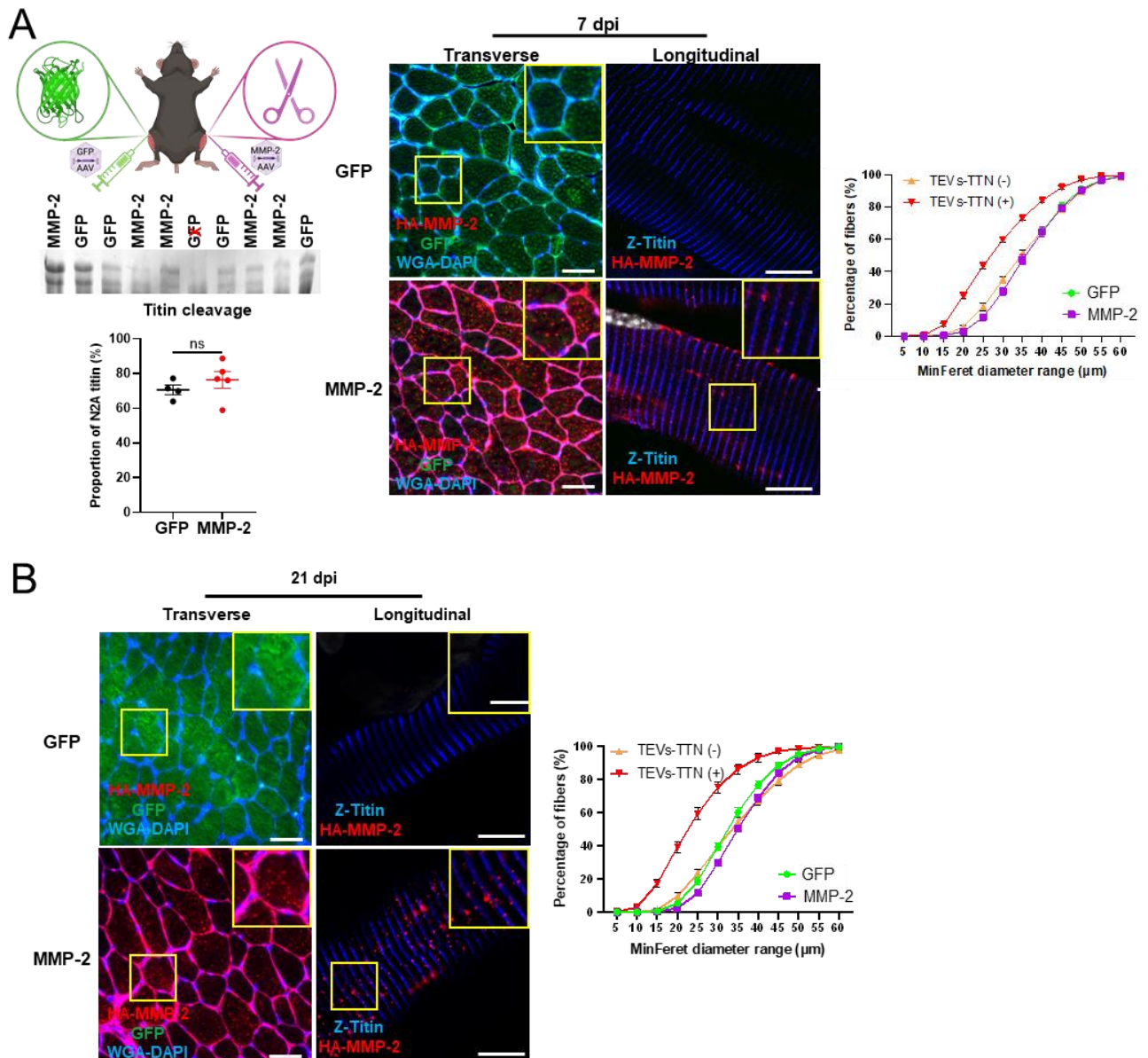


Figure S10. MMP-2 overexpression does not result in titin cleavage nor myopathic response. (A) Mice were intramuscularly injected with AAV6 vectors encoding either GFP or HA-tagged MMP-2. SDS-PAGE gel to stain titin did not show any effect on full length N2A titin at 7 dpi ($n=4-5$ animals, crossed sample was not analyzed due to technical titin degradation). Transverse TA sections evidence major HA-MMP-2 location in the interfiber space, but also intracellular dots. Longitudinal EDL sections evidence a location of HA-MMP-2 near the Z line of the sarcomeres without any sign of sarcomeric disarrays produced at 7 dpi. No effect was observed on myofiber size by the overexpression of MMP-2 ($n=5$ animals). Scale bars represent $50\ \mu\text{m}$ for transverse sections and 10 for longitudinal sections. (B) The effect of MMP-2 overexpression was tested after 21dpi obtaining similar results in location and effects on myofiber size ($n=5-7$ animals). Scale bars represent $50\ \mu\text{m}$ for transverse sections and 10 for longitudinal sections. Data are represented as mean \pm SEM. For reference, TEVs-TTN data from **Figure 2B** are also plotted in both panels

Table S1. GFP-uTEV3 expression by RNAseq (normalized counts).

	3 dpi (Mean ± SEM)	7 dpi (Mean ± SEM)	21 dpi (Mean ± SEM)
WT(-TEVp)	0.08 ± 0.05	0.03 ± 0.002	0.07 ± 0.04
WT (+TEVp)	17.17 ± 8.075	239.5 ± 34.14	756.1 ± 249.6
P value WT (-TEVp vs +TEVp)	0.036	0.0019	0.0286
TEVs-TTN(-TEVp)	0.143 ± 0.07	0.03 ± 0.001	0.09 ± 0.07
TEVs-TTN (+TEVp)	49.41 ± 10.9	22.41 ± 2.41	640.4 ± 215.7
P value TEVs-TTN (-TEVp vs +TEVp)	0.004	<0.0001	0.0286

Table S2. Antibodies used for western blot and immunofluorescence.

Experiment	Target	Host	Reference	Dilution	RRID
Western Blot	GFP	Rabbit	Abcam: Ab290	1:2000	AB_303395
Western Blot	Cleaved TEVsite (cTEVsite)	Rabbit	Novus Bio: NBP2-37831	1:1000	AB_3297347
Western Blot	ANKRD1	Rabbit	MYOMEDIX: Ankrd1-1	1:1000	
Western Blot	Calpain-3	Rabbit	MYOMEDIX: CAPN3	1:1000	
Western Blot	FHL1	Rabbit	Aviva: ARP34378_T100	1:1000	AB_842144
Western Blot	HSP27	Mouse	DSHB: CPTC-HSPB1-1	1:250	AB_2617268
Western Blot	αβ-crystallin	Mouse	DSHB CPTC-CRYAB-2	1/250	AB_1553792
Western Blot	MuRF1	Chicken	MYOMEDIX MuRF1-3	1/1000	
Western Blot	Ubiquitin	Mouse	Santa Cruz: sc-8017	1:250	AB_628423
Western Blot	Rabbit IgG	Goat	Sigma: A0545-1mL	1/5000	AB_257896
	(Peroxidase-coupled antibody)				
Western Blot	Mouse IgG	Goat	Thermo: 31430	1:5000	AB_228307

	(Peroxidase-coupled antibody)				
Western Blot	Chicken IgY	Goat	Thermo: A16054	1:5000	AB_2534727
	(Peroxidase-coupled antibody)				
Immunofluorescence	GFP	Chicken	Thermo: A10262	1:100	AB_2534023
Immunofluorescence	Desmin	Rabbit	Abcam: Ab15200	1:200	AB_301744
Immunofluorescence	Cleaved TEVsite (cTEVsite)	Rabbit	Novus Bio: NBP2-37831	1:100	AB_3297347
Immunofluorescence	PEVK-Titin	Mouse (IgM)	DSHB: D910	1:10	
Immunofluorescence	α -actinin	Mouse	Sigma: A7732	1:100	AB_2221571
Immunofluorescence	Ubiquitin	Mouse	Santa Cruz: sc-8017	1:50	AB_628423
Immunofluorescence	Z-Titin	Mouse	Homemade: T12	1:20	
Immunofluorescence	MuRF1	Chicken	MYOMEDIX: MuRF1-3	1:100	
Immunofluorescence	HA tag (MMP-2 immunofluorescence)	Goat	Cell Signaling: 3724S	1:500	AB_1549585
Immunofluorescence	Chicken IgY	Goat	Thermo: A-11039	1:500	AB_2534096
	(Alexa 488-coupled antibody)				
Immunofluorescence	Rabbit IgG	Goat	Thermo: A-21245	1:500	AB_2535813
	(Alexa 647-coupled antibody)				
Immunofluorescence	Rabbit IgG	Goat	Thermo: A-11034	1:500	AB_2576217
	(Alexa 488-coupled antibody)				
Immunofluorescence	Mouse IgM	Goat	Thermo: A-21045	1:500	AB_2535714
	(Alexa 546-coupled antibody)				
Immunofluorescence	Mouse IgG	Chicken	Thermo: A-21463	1:500	AB_2535869
	(Alexa 647-coupled antibody)				
Immunofluorescence	Mouse IgG	Goat	Thermo: A-11031	1:500	AB_144696
	(Alexa 568-coupled antibody)				
Immunofluorescence	Rabbit IgG	Goat	Thermo: A-32732	1:500	AB_2633281

(Alexa 555-coupled antibody)