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# 1 **Metabolic homeostasis of tissue macrophages across** 2 **the lifespan**

## 3 **Authors**

4 Stefanie K. Wculek<sup>1,\*</sup>, Stephan Forisch<sup>1,#</sup>, Verónica Miguel<sup>2,#</sup>, David Sancho<sup>2,\*</sup>

## 5 **Affiliation**

6 <sup>1</sup>Institute for Research in Biomedicine (IRB Barcelona), The Barcelona Institute  
7 of Science and Technology (BIST), Barcelona, Spain.

8 <sup>2</sup>Centro Nacional de Investigaciones Cardiovasculares Carlos III (CNIC), Madrid,  
9 Spain.

10 #equal contribution

11 \*Correspondence: [stefanie.wculek@irbbarcelona.org](mailto:stefanie.wculek@irbbarcelona.org); [dsancho@cnic.es](mailto:dsancho@cnic.es)

## 12 **Keywords**

13 Macrophage, Tissue residency, Metabolism, Aging, Organ homeostasis.

## 14 **Highlights**

15 The metabolic plasticity of tissue-resident macrophages (TMFs) largely diverges  
16 from the paradigms established in cultured monocyte-derived macrophages.

17 TMFs engage a diverging cellular metabolism across organs during homeostasis  
18 that supports their tissue-associated functions.

19 The clearance of specific organ waste products (phagocytosis) by TMFs often  
20 leads to organ-specific metabolic adaptations and vulnerabilities of TMFs.

21 Aging deregulates the tissue-specific balance of function and metabolism of  
22 TMFs, which contribute to inflammaging and tissue deterioration.

## 23 **Abstract**

24 Macrophages are present in virtually all organs. Apart from being immune  
25 sentinels, tissue-resident macrophages (TMFs) have organ-specific functions to

26 maintain homeostasis that require a specialized cellular metabolism. In addition,  
27 organ-dependent metabolic adaptations of TMFs appear to be fundamentally  
28 distinct in homeostasis and in response to a challenge, such as infection or injury.  
29 Moreover, TMF function becomes aberrant with advancing age, contributing to  
30 inflammaging and organ deterioration, and a metabolic imbalance may underlie  
31 TMF immunosenescence. Here, we outline the current knowledge on the  
32 particular metabolic states of TMFs across organs and the relevance for their  
33 function. Moreover, we discuss the concomitant decline of metabolic plasticity  
34 and functions of TMFs in the elderly highlighting potential novel therapeutic  
35 avenues to promote healthy aging.

### 36 **Functionally specialized macrophages permanently reside in tissues**

37 Known for their role as immune sentinels and for triggering immune responses,  
38 macrophages are essential for life of higher order organisms. Infection or tissue  
39 injury result in the recruitment of circulating monocytes that locally differentiate  
40 into macrophages. Those tissue insult-associated macrophages induce and/or  
41 resolve inflammation, clear pathogens and restore organ homeostasis [1,2].  
42 Rewiring of the cellular metabolism by these recruited macrophages is a driving  
43 force behind their distinct polarization states or activities [3] (**Box 1 and 2**).

44 Macrophages reside in distinct tissue milieus tailored towards the particular  
45 function of the organ [4]. Yet, practically every organ harbors different types of  
46 **tissue-resident macrophages TMFs** (see Glossary) in the steady-state (**Figure**  
47 **1**). TMFs can rapidly detect changes in their environment, such as alterations in  
48 metabolite levels, osmolarity, and pH [1–3], and adapt to the eventual  
49 environmental constraints to maintain tissue health [1,2]. These adaptations  
50 impose tissue-specific metabolic states and vulnerabilities on TMFs [5,6]. TMFs  
51 colonize their homing organs early during development from the yolk sac (**Table**  
52 **1**) and, once the hematopoiesis moves to the bone marrow, from circulating  
53 monocytes [7]. These cells are functionally distinct from inflammation/resolution-  
54 associated macrophages. TMFs tightly crosstalk with their neighboring  
55 parenchymal or stromal cells, adopting tissue-specific activities that are vital for  
56 organ health and function [1,2,6,8–11]. One of their main homeostatic functions  
57 is the removal of tissue-specific waste or by-products, including dying or dead  
58 cells, extracellular matrix, tissue-specific cell secretions (e.g. surfactant in the  
59 lung or myelin in the brain), and subcellular particles such as exophers in the  
60 heart or adipose tissue [12,13]. TMFs do so via multiple mechanisms including  
61 **phagocytosis** and **efferocytosis** [14]. The clearance of cargos of distinct  
62 composition via those different uptake processes requires TMFs to adopt  
63 dedicated mechanisms for cargo degradation and recycling of the salvaged  
64 nutrients and biological building blocks to fuel their own bioenergetics and  
65 anabolism [14]. Thus, TMFs homing different organ niches engage an intricately  
66 specialized cellular metabolism machinery (**Box 1**) to survive in their homing  
67 environment and facilitate their tissue-specific functions [5,14]. In that sense,  
68 TMFs face unique metabolic challenges compared with other cells: the

69 degradation and recycling of their unique ingested cargo, coupled with fueling  
70 their own bioenergetics and anabolism.

71 However, the microenvironments, cellular compositions and physiology of tissues  
72 are dynamically changing as a consequence of accumulating stresses over a  
73 lifetime [15,16]. Aging also changes macrophage biology and functions,  
74 decreasing their phagocytic/efferocytic as well as immune-resolving activities,  
75 which contributes to their limited regenerative capacity. Instead, aged  
76 macrophages become more pro-inflammatory, acting as major drivers of  
77 “inflammaging” (chronic low-level inflammation) [17,18]. Those functional  
78 changes of macrophages with advancing age are intertwined with intrinsic  
79 metabolic alterations, such as mitochondrial dysfunction, **nicotinamide adenine**  
80 **dinucleotide (NAD)** deficiency, ER stress, and deregulated nutrient sensing [19–  
81 21]. Thus, the metabolic adjustments or dysfunctions of aged TMFs seem to  
82 differ, much as the homeostatic metabolism of TMFs varies depending on their  
83 homing organ.

84 Here, we highlight recent advances in our understanding of the connections  
85 between tissue-specific cellular metabolism and the activities of the main TMF  
86 populations across organs. Furthermore, we explore how aging affects the  
87 cellular metabolism of TMFs and how, in turn, metabolic alterations contribute to  
88 the abnormal functionality of TMFs in the elderly. Of note, most available  
89 literature, which is discussed here, is based on studies in 2-4 months old (young)  
90 and >12 months old (aged) mice. Data on human TMFs are explicitly highlighted.

### 91 **The metabolic state of tissue-resident macrophages depends on their** 92 **homing organ**

93 Analyses of macrophages in differing organ environments highlight their  
94 metabolic plasticity and its link to their functions. First comparative analyses of  
95 the physiological transcriptomes of mouse TMFs already found differential  
96 expression of genes involved in metabolic processes [10,22,23]. TMFs across  
97 different organs differentially express genes encoding solute carrier (SLC) and  
98 ATP-binding cassette (ABC) transporters for metabolites, nutrients, ions and  
99 other substrates [22]. These early studies identified tissue-specific gene  
100 signatures of TMFs that are either specifically induced by certain metabolites,

101 such as peritoneal TMF-specific genes by vitamin A/retinoic acid [24], or include  
102 metabolic processes, such as lipoxin metabolism in heart TMFs and  
103 cholesterol/phospholipid handling in liver TMFs [10]. An unbiased transcriptomic  
104 analysis of metabolic diversity shows that all mouse TMFs highly express  
105 modules containing lipid handling-related genes and low levels of glycolysis,  
106 folate, serine and nucleotide metabolism genes compared with other  
107 mononuclear cells [25]. This study additionally distinguishes several TMF clusters  
108 based on specific lipid (species) metabolism modules [25]. Notably, mouse  
109 alveolar macrophages (AMs) accumulate higher amounts of lipids than splenic  
110 red pulp macrophages (RPMs), microglia or liver Kupffer cells (KCs) [26]. A  
111 targeted analysis of the expression of key metabolic proteins by flow cytometry  
112 further resolves the distinct metabolic state of mouse TMFs [27]. TMFs from the  
113 liver, spleen, small and large intestine are defined by similar clusters, while brain,  
114 lung and peritoneal TMFs appear to be metabolically unique [27]. This is in line  
115 with earlier reports showing that the transfer of macrophage  
116 progenitors/monocytes or TMFs from one organ to another induces the  
117 expression of organ-specific gene signatures by the transferred cells. For  
118 example, lipid metabolism-related genes, such as *Pparg*, are induced in  
119 monocyte-derived or peritoneal macrophages upon homing into the lung [23,28].  
120 Peritoneal, spleen and liver TMFs show higher expression of GLUT1, PKM and  
121 G6PD than other TMFs, indicating an active glucose uptake, glycolysis and  
122 pentose phosphate pathway (PPP) [27]. Indeed, peritoneal TMFs more efficiently  
123 take up and metabolize glucose than lung AMs [29]. CD38 (NAD metabolism)  
124 and CD98 (amino acid transporter) expression is also comparatively higher in  
125 spleen and liver TMFs [27]. Lung, spleen, liver and peritoneal TMFs express  
126 CD36 that mediates lipid uptake, while peritoneal TMFs show the highest CPT1A  
127 (fatty acid [FA] oxidation [FAO]) and ACC1 (lipid biosynthesis) expression.  
128 Microglia only express notable amounts of GLUT1 [27]. Consistent with the notion  
129 of differential expression of metabolic genes by mouse TMFs across different  
130 organs [10,22–24], an unbiased analysis of mRNA expression identified oxidative  
131 phosphorylation (OXPHOS) and **electron transport chain (ETC)**-associated  
132 genes as the most differentially expressed gene signature across mouse and  
133 human TMFs from ten organs [6]. AMs, RPMs, large peritoneal macrophages  
134 (LPMs) and KCs expressed higher levels of OXPHOS-related genes than lean

135 WAT-MFs. Of note, those populations with the highest OXPHOS signature were  
136 selectively lost upon genetic interference with OXPHOS in mice. Mechanistically,  
137 a functional ETC is required by AMs, RPMs and LPMs to handle lipids and  
138 cholesterol [6], in line with their high expression of CD36 and CPT1A proteins  
139 [27]. OXPHOS dysfunction causes lipid/cholesterol accumulation, cellular stress,  
140 cell cycle arrest and apoptosis in those TMF populations, which is rescued by  
141 lowering the amount of lipids in the environment [6] in mice.

## 142 **Tissue-specific crosstalk of metabolism and function of tissue-resident** 143 **macrophages and its age-related changes**

### 144 *Large and small macrophages in the peritoneum*

145 LPMs (**Table 1, Figure 1**) specialize on clearance of dead cells/bacteria as well  
146 as immune surveillance, while small peritoneal macrophages (SPMs, **Table 1,**  
147 **Figure 1**) sense and regulate inflammation [1,2,5,30]. SPMs and LPMs have  
148 active mitochondria and engage high levels of glutamine-driven OXPHOS that  
149 aids their diverging responses upon danger sensing in mice [5,29–31]. De novo  
150 NAD<sup>+</sup> synthesis via the kynurenine pathway-Sirt3 axis is required to sustain  
151 mitochondrial metabolism in thioglycolate-elicited peritoneal MFs and dampens  
152 their basal inflammatory state [32]. Yet, despite appearing more catabolic, the  
153 bioenergetics of SPMs is less dependent on OXPHOS than that of LPMs [27],  
154 the latter showing lipid accumulation and cellular stress upon OXPHOS  
155 impairment [6]. Indeed, mouse LPM identity relies on transcription factors that  
156 regulate lipid metabolism, such as C/EBP $\beta$ , GATA6 and RXR $\alpha/\beta$  [5]. They highly  
157 express the efferocytic receptor TIM4 and numerous lipid-handling factors,  
158 including the FA-synthesis enzyme ACC1 [27]. ACC1 inhibition dampens  
159 efferocytosis by LPMs [27], in line with the need for lipid synthesis to expand  
160 membranes for phagocytosis [33]. CD1d, a molecule involved in lipid antigen  
161 presentation, regulates the expression of lipid handling genes and lipid import by  
162 mouse LPMs via modulating the internalization of CD36 [34]. Moreover, upon IL-  
163 4 exposure or as a late response to TLR4 stimulation, peritoneal macrophages  
164 induce SREBP1, a transcription factor that controls lipogenesis, and FA and  
165 sterol metabolism. The resulting remodeling of FA metabolism and *de novo*  
166 synthesis contributes to anti-inflammatory functions of peritoneal macrophages  
167 [35,36]. Accordingly, peritoneal macrophages accumulate triglyceride lipid

168 droplets upon LPS stimulation in mice via the inhibition of lipolysis by hypoxia-  
169 inducible lipid droplet-associated (HILPDA) protein. HILPDA-deficient peritoneal  
170 macrophages exhibit a lower lipid content and adopt anti-inflammatory features,  
171 likely by shuttling triglycerides into the synthesis of prostaglandins [37]. Notably,  
172 mouse SPMs exhibit increased expression of the rate-limiting enzyme of FAO,  
173 CPT1A, whereas LPMs rely on ACC1 to fuel FAO, indicating preferred  
174 bioenergetic pathways [27].

175 Resident LPMs are continuously replaced by monocytes in aging mice [7,38–40].  
176 Metabolic alterations influence the decrease in phagocytosis/efferocytosis and  
177 increased pro-inflammatory state of aged peritoneal macrophages [18,19].  
178 Firstly, mouse CD11b<sup>+</sup> peritoneal macrophages display elevated signs of  
179 oxidative stress (**reactive oxygen species [ROS]**), lower antioxidant protection  
180 (glutathione and catalase activity) and a decreased phagocytic capacity [38].  
181 Moreover, the metabolism of anti-inflammatory **glucocorticoids** is defective in  
182 aged peritoneal macrophages. Glucocorticoid conversion and expression of the  
183 immune-suppressive mediator glucocorticoid-induced leucine zipper (GILZ) are  
184 impaired in LPMs from aged compared with young mice, in line with the  
185 exacerbated inflammatory responses of aged LPMs to LPS stimulation [41].  
186 Additionally, de novo NAD<sup>+</sup> synthesis is reduced in aged thioglycolate-elicited  
187 peritoneal macrophages [32]. The drop in NAD<sup>+</sup> production correlates with  
188 augmented expression of inflammatory proteins, decreased anti-inflammatory  
189 factors as well as reduced OXPHOS and glycolysis in aged versus young human  
190 **monocyte-derived macrophages (MDMs)** [32]. Finally, aged mouse **bone**  
191 **marrow-derived macrophages (BMDMs)** also show defects in autophagy,  
192 which in LPMs associate with metabolic alterations such as an increased  
193 **extracellular acidification rate (ECAR)** [40].

#### 194 *Alveolar macrophages in the lung*

195 AMs (**Table 1, Figure 1 and 2A**) recycle the lipid-rich pulmonary surfactant and  
196 regulate inflammatory responses [1,2,6,29]. Hence, they are poised for lipid  
197 metabolism, from cholesterol handling to catabolism and synthesis of FAs,  
198 phospho- and other lipids. The homeostasis of AMs is controlled by the lipid  
199 metabolism-associated transcription factors PPAR $\gamma$ , C/EBP $\beta$ , SREBP1, and  
200 LXR $\alpha/\beta$  (cholesterol and oxysterol metabolism) [5,35,42,43]. Signaling via the

201 inhibitory C-type lectin-like receptor NKR-P1B also represses lipid uptake and  
202 regulates lipid metabolism in AMs [44]. AMs have a high basal respiration that  
203 sustains their lipid and cholesterol handling activity, whereas they poorly engage  
204 in glycolysis [6,29,45]. A mutual activation between PPAR $\gamma$  and FABP5 mediating  
205 macrophage pro-resolving programming was demonstrated in human AMs, being  
206 FABP5 essential for BMDM mitochondrial OXPHOS [46]. Also, lysosomal protein  
207 leakage hampers mitochondrial function in mouse AMs , resulting in deregulation  
208 of lipid-metabolism genes and lipid accumulation in AMs [6,47]. Mouse and  
209 human AMs, in contrast to BMDMs or MDMs (**Box 2**), do not rely on a glycolytic  
210 switch upon LPS stimulation. The upregulation of pro-inflammatory mediators by  
211 LPS-stimulated AMs requires OXPHOS [48–50] and an elevated mitochondrial  
212 activity in AMs correlates with their exaggerated inflammatory responses to LPS  
213 treatment in mice [26]. Apart from bioenergetic remodeling, human AMs enhance  
214 their metabolism of polyamines, tryptophan and kynurenine upon LPS treatment  
215 [51,52]. After exposure to *S. pneumonia*, mouse AMs upregulate the expression  
216 of ETC complex I-V proteins and their **oxygen consumption rate (OCR)**, leading  
217 to increased ATP concentrations and bacterial control [53]. In line, leptin receptor  
218 deficiency of AM, which protects mice from *S. pneumonia*, causes reductions in  
219 their ECAR as well as an elevated OCR, accumulation of TCA cycle metabolites  
220 and lipids in an AMPK-dependent manner [26]. In contrast, mice harboring lactate  
221 dehydrogenase (LDHA)-deficient myeloid cells (including AMs) are unable to  
222 combat *M. tuberculosis*, which can block glycolysis in macrophages via NAD<sup>+</sup>  
223 depletion [54]. Consistently, forcing a glycolytic switch in AMs by metformin  
224 treatment in vitro improves their capacity to control *M. tuberculosis* [45]. While  
225 blocking glycolysis with 2-deoxyglucose in mice exacerbates the infection,  
226 oxamate inhibition of LDH, which directs glucose metabolism through OXPHOS,  
227 restricts *M. tuberculosis* replication in macrophages [47]. Importantly,  
228 macrophages from the human respiratory tract actually display location-  
229 dependent bioenergetic profiles [50]. Human bronchoalveolar lavage (BAL) MFs  
230 from central airways, distal bronchus, and alveolar space as well as bronchial  
231 fraction (BF) MFs display a predominant mitochondria-driven/OXPHOS  
232 metabolism. Oxygen consumption of BAL- and BF-MFs is further increased upon  
233 respiratory burst and decreases with exposure to a redox-active air pollutant. In  
234 contrast, human induced sputum (IS) MFs (from large central airways) highly

235 engage glycolysis and OXPHOS, which remain unaltered upon stimulation. IS-  
236 MFs are also more phagocytic and pro-inflammatory than BAL-MFs [50].

237 The contribution of monocyte-derived cells to the AM pool increases with age to  
238 up to 70% in mice [7]. Concomitantly, total numbers of AMs drop with age, they  
239 have lower viability in culture and exhibit profound transcriptional changes.  
240 Functionally, aged AMs decrease their phagocytic, efferocytic and bacterial  
241 clearance activity while adopting a pro-inflammatory state, with an elevated  
242 abundance of a pro-inflammatory MARCO<sup>+</sup> CCL6-secreting AM population, both  
243 in mice and humans [53,55–57]. Notably, cellular metabolism and bioenergetics  
244 are deregulated in aged AMs, as evidenced by the altered expression of genes  
245 involved in the mitochondrial ETC, PPAR signaling, ABC transporters as well as  
246 metabolism and absorption of lipids/fat, cholesterol, amino acids and  
247 carbohydrates in aged C57BL/6 mice [56,57]. Despite equal protein levels of ETC  
248 complexes compared with their young counterparts, aged mouse AMs exhibit an  
249 unstable mitochondrial membrane potential and enhanced oxidative stress,  
250 failing to increase the expression of ETC complex proteins, their OCR and  
251 intracellular ATP levels upon *S. pneumonia* exposure. This correlates with the  
252 impaired clearance of *S. pneumonia* by aged versus young AMs, which is  
253 ameliorated by pharmacologically reducing oxidative stress [53].

#### 254 *Liver Kupffer cells*

255 KCs (**Table 1, Figure 1 and 2B**) balance inflammation versus tolerance, take up  
256 pathogens as well as dysfunctional erythrocytes from the circulation and aid the  
257 capacity of the liver to manage lipid excess [1,2,8,58]. Hence, they specialize on  
258 iron metabolism and recycling and express high levels of the related transcription  
259 factors Spi-C and NRF2. Moreover, KCs express PPAR $\gamma$ , LXR $\alpha$  and SREBP1 for  
260 their active metabolism of lipids and cholesterol, which requires an active  
261 mitochondrial metabolism [5,6,8]. For example, mouse KCs are an important  
262 source of cholesteryl ester transfer protein, which is vital for HDL metabolism [59].  
263 Interestingly, iron and lipid metabolism seem to be closely balanced by mouse  
264 KCs, since their ability to clear LDL from the circulation to shuttle the recycled  
265 cholesterol to hepatocytes is elevated upon systemic iron overload [60]. Notably,  
266 two distinct KC populations were reported in mice: CD206<sup>lo</sup> ESAM<sup>-</sup> CD36<sup>lo</sup> KC1  
267 and CD206<sup>hi</sup> ESAM<sup>+</sup> CD36<sup>hi</sup> KC2. The minor KC2 population seems to have an

268 elevated metabolic activity, expresses high levels of lipid and carbohydrate  
269 metabolism-related genes, and can modulate liver metabolism via the FA  
270 transporter CD36 [9]. Overall, signatures for iron and lipid homeostasis are also  
271 enriched in human resident KCs versus infiltrating pro-inflammatory liver  
272 macrophages [61].

273 Healthy aging *per se* does not induce the contribution of monocytes to the KC  
274 pool in mice [7], but the aged liver often accumulates lipids and iron [62–64].  
275 Accordingly, livers from old animals harbor higher numbers of macrophages/KCs  
276 with a pro-inflammatory phenotype [62–65]. Liver injury or inflammation causes  
277 KC death and the repopulation of the pool by monocyte-derived cells [58].  
278 Overall, these findings suggest the increased contribution of monocyte-derived  
279 macrophages to the aged KC population in mice through amassing stresses over  
280 a lifetime [62–64]. Aged KC exhibit reduced lysosomal activity and limited  
281 clearance of erythrocytes [65]. Impaired efferocytosis and mitophagy is also  
282 observed in aged BMDMs, leading to STING activation via ROS production or  
283 mt-DNA leakage. Restoration of efferocytosis or STING blockade reduces the  
284 extent of sterile inflammatory liver injury in aged mice [66,67]. Colloidal carbon  
285 uptake and oxygen consumption are also reduced in aged KCs [68]. The NAD-  
286 consuming enzyme CD38 is highly expressed on mouse KCs versus other TMFs  
287 [27] and more pro-inflammatory CD38<sup>+</sup> KCs accumulate in aged livers. This  
288 contributes to decreased NAD<sup>+</sup> levels in tissues of elderly individuals, which  
289 associates with age-related diseases [69]. Finally, the reduced expression of  
290 GILZ in aged KCs suggests a defective glucocorticoid metabolism [41].

### 291 *Splenic red pulp macrophages*

292 Beyond immune sentinels, spleen RPMs (**Table 1, Figure 1**) are vital for clearing  
293 defective erythrocytes and platelets as well as salvaging iron [1,2]. Similar to KCs,  
294 they rely on transcription factors to regulate active metabolism of iron (Spi-C and  
295 NRF2) and lipids (PPAR $\gamma$ , LXR $\alpha$  and SREBP1) to maintain splenic and red blood  
296 cell homeostasis [5,8]. Notably, PPAR $\gamma$  and Spi-C cooperate to maintain the  
297 expression of many mouse RPM identity genes. Nevertheless, RPMs rely on  
298 PPAR $\gamma$  from their neonatal development onward, but the population declines  
299 upon the loss of Spi-C only several weeks after colonization of the spleen [70].  
300 RPMs require a functional mitochondrial OXPHOS metabolism to maintain their

301 lipid handling capacity in homeostasis [6]. LPS treatment induced HILPDA  
302 expression in mouse splenic macrophages, suggesting an accumulation of  
303 triglycerides in lipid droplets to facilitate pro-inflammatory functions [37].

304 Monocytes gradually contribute to the RPM pool with aging [7] and their total  
305 abundance also seems to be dynamic over a lifetime in mice [40,65,71]. Aged  
306 RPMs express lower levels of the glucocorticoid metabolism regulator GILZ [41]  
307 showing limited capacity for autophagy [40]. Notably, iron accumulates in the  
308 spleen and RPMs of middle-aged (10-11 month-old) mice due to impaired iron  
309 recycling activity and specific downregulation of the iron exporter ferroportin by  
310 RPMs [65]. This elevated iron load in aged RPMs leads to increased oxidative  
311 stress, mitochondrial dysfunction, compromised phagocytic capability and  
312 ferroptosis, reducing the frequency of RPMs in spleens of middle-aged mice [65].  
313 Nevertheless, other studies report a consistently elevated abundance of the RPM  
314 population in older (20-24 month) versus young mice [40,71], which may suggest  
315 a potential adaptation or other metabolic mechanisms that remain to be defined.

#### 316 *Microglia in the central nervous system*

317 Beyond immune functions and efferocytosis, microglia (**Table 1, Figure 1 and**  
318 **2C**) contribute to the generation of neurons and the formation of neuronal  
319 synapses [1,2]. Microglia are characterized by a remarkable metabolic plasticity  
320 [72–75]. Their preferred fuel is glucose, which can drive glycolysis or the TCA  
321 cycle and OXPHOS, but mouse microglia can also utilize glutamine, FAs, ketone  
322 bodies, lactate and other substrates for ATP production in a context-dependent  
323 manner [27,72–78]. Interestingly, hexokinase 2 (HK2, rate limiting enzyme in  
324 glycolysis) regulates microglia glycolysis and mitochondrial OXPHOS, and HK2  
325 loss diminishes microglia OCR, ECAR and migratory behavior in mice [77].  
326 Generally, mouse and human resting microglia engage a foremost mitochondrial  
327 OXPHOS metabolism and undergo a species-specific glycolytic switch and TCA  
328 cycle deregulation upon activation to facilitate their pro-inflammatory activities  
329 [79,80]. Mitochondrial function and mitophagy of defective mitochondria notably  
330 influence the functions of resting mouse microglia. Mitochondrial OXPHOS  
331 metabolism also sustains their phagocytic function [81] and microglial  
332 overexpression of PGC-1 $\alpha$ , a master regulator of mitochondrial biogenesis,  
333 ameliorates their inflammatory responses to ischemic injury and promotes

334 protective auto- and mitophagy [82]. Dysfunctional mitophagy impairs the  
335 phagocytic capacity and prompts activation of microglia [83,84]. Upon  
336 stimulation, the bioenergetic remodeling and inflammation-promoting activities of  
337 microglia are largely independent from mitochondrial dynamics [85] and  
338 regulated by the mTOR-HIF-1 $\alpha$  pathway [76,86] as well as a balance of  
339 mitochondrial translocator protein with HK2 [81]. However, HK2 is upregulated in  
340 LPS-stimulated microglia, and its deletion potentiates their inflammatory  
341 responses by decreasing mitochondrial membrane potential and increasing ROS  
342 production [77]. Yet, in mouse experimental autoimmune encephalomyelitis,  
343 microglia undergo a different type of metabolic remodeling and display enhanced  
344 ETC complex I activity. This causes reverse electron transport and also leads to  
345 ROS production by microglia, which results in neurotoxic damage [87].

346 The postnatal brain is enriched in metabolically active microglia, while different  
347 inflammatory microglia subpopulations accumulate in the brain of aged mice  
348 [88,89]. Of note, CD8<sup>+</sup> T cells in the white matter induce IFN-responsive microglia  
349 associated to neurodegenerative disease and aging [89,90] without an overt  
350 contribution of monocytes [7]. With aging, microglia often exhibit pro-  
351 inflammatory, dysfunctional, and more active states, as well as dysregulated  
352 cellular bioenergetics. Glycolysis and mitochondrial OXPHOS metabolism are  
353 impaired in aged mouse microglia, shuttling glucose into glycogen synthesis. This  
354 bioenergetic constraint of microglia in the aged brain is driven by a prostaglandin  
355 E2/EP2 signaling axis, triggering their pro-inflammatory state and subsequent  
356 cognitive decline [91]. Mitochondrial dysfunction and ATP-deficiency in aged  
357 mouse microglia is also driven by gut microbiota due to elevated intestinal  
358 permeability [92]. However, several studies suggest a bioenergetic  
359 reprogramming of aged mouse microglia with an increase of glycolysis [93].  
360 Moreover, mTOR signaling is upregulated in aged mouse and human microglia,  
361 aggravating their inflammatory responses by controlling translation [94]. In line,  
362 microglia expressing the human APOE4 allele accumulate in aged mice and  
363 exhibit a dysfunctional TCA cycle, altered lipid handling and a HIF1 $\alpha$ -mediated  
364 switch to glycolysis in concert with adopting pro-inflammatory features [95].  
365 Indeed, aged mouse (and human) microglia become lipid-laden and amass lipid  
366 droplets and lysosomes/lysosomal storage bodies that contribute to impaired

367 phagocytosis, high levels of ROS and pro-inflammatory cytokines, and the  
368 exacerbated reactions of aged microglia to ischemia [96–98]. For example, the  
369 disrupted cholesterol handling capacity of aged microglia, which is controlled by  
370 expression of the lipid receptor TREM2, limits their ability to clear cholesterol-rich  
371 myelin upon (age-related) damage, causing its accumulation in lysosomes and  
372 inflammasome activation [11,99]. Interestingly, TREM2 expression is also  
373 required to maintain ATP levels in BMDMs and mTOR signaling in microglia in a  
374 mouse model of Alzheimer’s disease [100]. Of note, a subset of microglia that is  
375 specialized on the clearance of myelin emerges in the white matter of aged mice.  
376 These cells also depend on TREM2 and express higher levels of glycolytic,  
377 lysosomal and cholesterol metabolism-related genes than pro-inflammatory  
378 microglia [101].

### 379 *Cardiac macrophages*

380 Resident cardiac macrophages (RCMs, **Table 1, Figure 1**) diversify into several  
381 sub-populations [102] that mediate immunity and regulate the functional and  
382 metabolic homeostasis of the heart. They aid conduction and are involved in the  
383 elimination, via the efferocytic receptor MerTK, of dying cardiomyocytes or  
384 damaged mitochondria that were excreted by cardiomyocytes in exophers  
385 [5,12,103–105]. LPS-induced cardiac inflammation [106] and myocardial  
386 infarction (MI) decreases MerTK expression on mouse cardiac macrophages  
387 through specific cleavage in a HIF-1 $\alpha$ -dependent fashion, which hampers tissue  
388 repair [103,107]. In concert, HIF-2 $\alpha$  is upregulated and limits anti-inflammatory  
389 features in those cells, likely by suppressing mitochondrial metabolism via  
390 HILPDA upregulation and reduced lipolysis [107]. Indeed, mouse CCR2-  
391 dependent (monocyte-derived) cardiac macrophages undergo a dynamic  
392 metabolic reprogramming after MI with a rapid early increase in their glycolytic  
393 rate and in the PPP as well as a decrease in OXPHOS, which however is largely  
394 normalized after about a week [108]. In fact, the uptake of dying cells by mouse  
395 cardiac macrophages after MI increases their intracellular FA levels, driving  
396 mitochondrial OXPHOS. FAO and OXPHOS increase the transcription of the anti-  
397 inflammatory cytokine IL-10 by cardiac macrophages through the NAD<sup>+</sup>-SIRT1-  
398 Pbx1 signaling axis [109]. Of note, monocyte-derived cells are rapidly recruited  
399 to the heart and notably contribute to the cardiac macrophage pool throughout MI

400 in mice [104] and their MI-mediated metabolic alterations do not seem to be  
401 intrinsic to RCMs [108].

402 Similarly, with increasing age, the self-renewal capacity of mouse RCMs declines  
403 [102], although their numbers are unaltered [106]. However, the presence of  
404 CCR2<sup>+</sup> (monocyte-derived) pro-inflammatory macrophages increases in the  
405 heart of aged mice, which are recruited by cardiac mesenchymal stromal cells  
406 [110]. Nevertheless, the abundance of MerTK-expressing cardiac macrophages  
407 also seems to increase with age, although the hearts of aged mice contain higher  
408 frequencies of inflammatory cells than their young counterparts. Moreover, aged  
409 mice are more susceptible to LPS-induced cardiac inflammation and electrical  
410 dysfunction [106], which is likely caused by malfunctioning RCMs [105].  
411 Interestingly, expression of the mitochondrial Ca<sup>2+</sup> uniporter is decreasing in the  
412 heart over a lifetime, which could contribute to an inflammatory activation of aged  
413 cardiac macrophages [21]. Notably, treatment with an LXR agonist ameliorated  
414 cardiac electric function of the heart by elevating the numbers of total and MerTK-  
415 expressing RCMs in aged LPS-stimulated mice [106]. More details on RCM  
416 immunometabolism can be found in a recent review [111].

#### 417 *Kidney-resident macrophages*

418 Renal macrophages scavenge circulating immune complexes and contribute to  
419 vascular and bud development in the kidney. They comprise a large population  
420 of kidney-resident macrophages (KRM) and numerically less bone marrow-  
421 derived kidney macrophages (BMKM), **Table 1, Figure 1** [2,5,112]. Resting  
422 renal macrophages appear metabolically quiescent, although glucose uptake,  
423 glycolysis and mitochondrial respiration rates are higher in mouse KRM than  
424 BMKM [112]. Indeed, kidney macrophages are associated with a comparatively  
425 high OXPHOS signature but are less affected by impairment of OXPHOS than  
426 other TMFs [6]. Macrophages from kidneys of a mouse model of lupus nephritis  
427 upregulate gene signatures of glycolysis and OXPHOS and downregulate FA-  
428 metabolism genes compared with controls [113]. In line, upon treatment with  
429 immune complexes, both renal macrophage populations enhance their glycolytic  
430 flux that is required for TNF $\alpha$  production, although KRM outperform BMKM  
431 [112]. Inhibition of glucose uptake indeed reduces kidney inflammation upon  
432 immune complex or nephrotoxic serum administration to mice [113]. In turn,

433 mitochondrial and iron homeostasis is hampered in mouse (and human) renal  
434 macrophages during kidney fibrosis [114,115]. PINK1/Parkin-mediated  
435 mitophagy is impaired in KRMs and they accumulate abnormal mitochondria.  
436 Loss of PINK1 or the mitochondrial dynamic regulator mitofusin 2 further  
437 aggravates inflammation in mouse models of kidney fibrosis [114]. Macrophages  
438 also upregulate transferrin receptor 1 and are iron-deficient in fibrotic mouse  
439 kidneys, which compromises their antioxidant response, promotes pro-  
440 inflammatory activation and drives disease pathology [115].

441 Inflammation-promoting monocyte-derived CCR2<sup>+</sup> macrophages are recruited to  
442 kidneys of aged mice by mesenchymal stromal cells, despite comparable  
443 numbers of F4/80<sup>+</sup> CCR2<sup>-</sup> KRMs in young mice [116]. However, eventual  
444 metabolic alterations in aged renal macrophages remain to be investigated.

#### 445 *White adipose tissue-resident macrophages*

446 Macrophages that reside in lean WAT-MFs (**Table 1, Figure 1**) promote lipid  
447 storage as well as fat homeostasis and are generally metabolically quiescent,  
448 showing low dependency on OXPHOS [2,5]. Interestingly, the transfer of  
449 damaged mitochondria from adipocytes to WAT-MFs maintains WAT  
450 homeostasis, but it is compromised upon obesity in mice [13]. Moreover, in  
451 contrast to pro-inflammatory BMDMs (**Box 2**), inflammatory macrophages that  
452 infiltrate obese WAT rely on mitochondrial metabolism to handle the lipid overload  
453 due to overnutrition [6]. Indeed, mouse WAT-MFs undergo a dramatic remodeling  
454 of their subset composition, functions and cellular metabolism towards a pro-  
455 inflammatory state upon WAT hypertrophy and obesity [5,17]. A similar, but not  
456 equal, PPAR $\gamma$ -dependent pro-inflammatory activation of WAT-MFs and  
457 development of obesity is also associated with advanced aging [69,117]. Despite  
458 similar total macrophage content, the relative contribution of CD38<sup>+</sup> WAT-  
459 resident macrophages is increased with age in mice. Similar to the liver, pro-  
460 inflammatory factors, locally released by senescent cells, induce CD38  
461 expression by WAT-MFs, which depletes NAD<sup>+</sup> in aged WAT [69]. The  
462 expression of genes regulating **catecholamine** degradation is also increased in  
463 WAT-MFs from old versus young mice in an inflammasome-dependent manner  
464 [118]. Hence, the use of triglycerides from adipocytes for energy production is  
465 impaired in the elderly and associates with WAT accumulation and systemic

466 metabolic dysfunction. Aged NLRP3-deficient mice have an improved lipolysis  
467 capacity compared with wild type controls, which correlates with normalized  
468 expression of genes involved in the bioamine degradation pathway in WAT-MFs  
469 [118]. However, subsequent analyses of the WAT of elderly human individuals  
470 revealed an upregulation of catecholamine-degrading enzymes in adipocytes  
471 rather than in WAT-MFs, highlighting species-specific mechanisms that  
472 contribute to defective WAT lipolysis with aging [119].

#### 473 *Langerhans cells*

474 In the elderly, wound healing is often impaired and associates with aberrant  
475 inflammation [120]. Langerhans cells (LCs, **Table 1, Figure 1**) colonize the skin,  
476 cornea and mucosal tissues, where they maintain barrier immunity [2]. Notably,  
477 LCs are less abundant and poorly proliferate in healthy and wounded skin of aged  
478 versus young mice. During wound healing, aged LCs upregulate inflammatory  
479 pathways and downregulate metabolic processes, foremost mitochondrial  
480 OXPHOS [120]. In concert, genetic interference of mitochondrial respiration in  
481 LCs causes a decline of the population in young mice, which associates with a  
482 compromised lipid metabolism in other TMFs [6]. In line, impairing FA synthesis  
483 and lipid handling alters LC function and is associated with psoriasis [121]. LCs  
484 use autophagy to recycle lipids and defects in this process, for example upon  
485 excessive efferocytosis of dead cells in psoriatic skin, lead to lipid accumulation  
486 [121]. Of note, autophagy is often compromised in aged macrophages and  
487 causes aberrant metabolism and function [40]. Moreover, in elderly humans,  
488 keratinocytes express lower levels of CXCL14, which limits monocyte infiltration  
489 [122]. All these factors may contribute to reducing LC numbers in the skin of aging  
490 individuals [120,122].

#### 491 *Intestinal macrophages*

492 Intestinal macrophages (IMs, **Table 1, Figure 1**) comprise diverse subsets and  
493 are important regulators of barrier integrity and gut homeostasis [1,123]. They  
494 can ameliorate colitis and support the proliferation of colonic epithelial cells by  
495 providing polyamines, which IMs synthesize in an mTORC1-dependent manner  
496 [124]. Generally, in the human colon, lamina propria-associated macrophages  
497 (LAMs) express lower levels of FAO-related genes compared with epithelial-  
498 associated macrophages [125]. LAMs from patients with inflammatory bowel

499 disease further downregulate genes controlling fatty acid metabolism and  
500 mitochondrial OXPHOS, while upregulating glycolytic genes in comparison with  
501 LAMs from healthy donors [125]. Likely, the particular anatomical niche or  
502 location of different IMs may impact their immunometabolism. Accordingly, the  
503 metabolic states of IMs are controlled by the composition of ingested diet and the  
504 gut microbiota, a topic recently reviewed [126]. For example, the dietary sugar  
505 mannose reduces the pro-inflammatory activity of colonic macrophages during  
506 colitis in mice. Mannose exposure elevated the abundance of glycolytic  
507 metabolites and reduced the ECAR of LPS-stimulated macrophages in concert  
508 with a GAPDH-mediated repression of the translation of TNF $\alpha$  [127]. Moreover,  
509 ATP derived from microbes acts on myeloid cells to induce CSF2 production by  
510 innate lymphoid cells type 3 that are located in solitary isolated lymphoid tissues  
511 (SILT) in the mouse intestine. This drives the development of a specific SILT-  
512 associated macrophage population, which exhibits a higher mitochondrial  
513 membrane potential, enhanced ROS production and elevated expression of  
514 OXPHOS- and phagocytosis-related genes than LAMs [123]. Commensal  
515 microbes also secrete immunomodulatory metabolites such as short-chain fatty  
516 acids (SCFAs, e.g. butyrate). Oral butyrate supplementation increases FAO and  
517 OXPHOS in mouse IMs and ex vivo butyrate exposure reduces LPS-mediated  
518 pro-inflammatory activation of IMs, which suggests that SCFAs mediate  
519 hyporesponsiveness against commensal microbes [128]. However, eventual  
520 alterations of the immunometabolism of IMs over the lifespan largely remain to  
521 be investigated.

## 522 **Concluding remarks**

523 TMFs exist in a delicate metabolic balance with their homing tissue to maintain  
524 homeostasis. The sensing of danger or pathogens and the removal of  
525 extracellular components via phagocytosis or dead cells through efferocytosis are  
526 common activities of the majority of TMFs. However, the metabolic remodeling of  
527 TMFs upon pathogen recognition appears to be tissue- and context-dependent.  
528 Moreover, the particular ingested cargos are tissue-specific and require a  
529 dedicated handling or recycling machinery that differs largely. Hence, TMFs tailor  
530 their cellular metabolism for their vital tissue-specific homeostatic activities. This  
531 functional specialization may cause tissue-dependent metabolic vulnerabilities of

532 TMFs to alterations in their environment. This becomes particularly evident in  
533 aged tissues. Generally, those cells adopt a more pro-inflammatory profile with  
534 often reduced phagocytic capacities over the lifespan. Aged TMFs change along  
535 with their environment, often exhibiting tissue-specific aberrant functions that are  
536 driven by adjustments in their intrinsic metabolism. The extrinsic causes to the  
537 age-related dysfunctions of TMFs remain poorly understood. Potential  
538 contributors are the age-related impairment of the gut barrier function, which  
539 induces systemic low-grade inflammation, and other local tissue perturbations,  
540 such as age-related metabolic alterations of parenchymal cells [15,16,19,92].  
541 Possibly, this altered functionality and metabolism could also be influenced by a  
542 larger contribution of monocyte-derived cells to the aged TMF pool, which  
543 remains to be further investigated. In turn, dysfunctional TMFs directly contribute  
544 to organ deterioration with advanced age, locally and systemically, by losing their  
545 homeostatic activities, inducing a pro-inflammatory phenotype and other  
546 (metabolism-related) mechanisms [11,41,55,56,66,69].

547 Notably, in many instances, the requirement of metabolic states to regulate  
548 functional features of TMFs seems not to be generalizable, but dependent on  
549 their particular activity in their homing organ and sub-tissular niche. We are only  
550 beginning to uncover the mechanisms of how TMFs orchestrate their tissue-  
551 specific functional and metabolic balance (see Outstanding Questions). While our  
552 knowledge on the immunometabolism of microglia, peritoneal, lung and adipose  
553 tissue macrophages is comparatively advanced across the lifespan, it remains  
554 largely elusive for other TMF populations. Functional studies on spleen, liver,  
555 heart, intestine, skin and kidney macrophages are limited, especially in aging.  
556 Moreover, numerous other TMF populations were not covered here due to the  
557 lack of available data. Moreover, most of our knowledge on TMF metabolism was  
558 generated in mice. In some instances, species-specific variations were reported  
559 in human TMFs [80,119]. Nevertheless, the main aspects of the metabolic  
560 heterogeneity of mouse TMFs across organs were confirmed in humans, in  
561 particular their tissue-specific functional dependence on mitochondrial OXPHOS  
562 metabolism [6,20]. A combination of metabolic profiling (e.g. transcriptome,  
563 proteome and metabolome) of human TMFs in concert with specific mouse  
564 models for functional studies will aid filling those knowledge gaps. Understanding

565 the specific metabolic biology of TMFs holds a strong therapeutic potential to  
566 control their activities in a location-specific manner [6,91], although further  
567 research is required to reveal the mechanistic underpinnings. Revealing those, it  
568 may be possible to extend healthy aging of TMF's homing organs by harnessing  
569 their specific metabolism.

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590 **Disclosure of interest**

591 SKW serves as scientific adviser for ONA therapeutics. SF is a shareholder of  
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933 **Glossary**

934 **Bone marrow-derived macrophages (BMDM):** cells differentiated from mouse  
935 bone marrow in culture under presence of macrophage-colony stimulating factor  
936 (M-CSF). Standard model for culturing primary macrophages, which can be  
937 polarized to M1/M2 states in response to different stimuli (see also **Box 2**).

938 **Catecholamines:** biogenic amine neurotransmitters released in response to  
939 stress. Sympathetic nerve-derived catecholamines induce the first step of  
940 triglyceride lipolysis in adipocytes to use free fatty acids for energy production.  
941 Macrophages sequester excess extracellular catecholamines to limit their  
942 activity.

943 **Efferocytosis:** immunologically silent uptake of apoptotic cells via specific  
944 surface receptors (e.g. TAM family receptors, TIM4,  $\alpha V$  integrins) or soluble  
945 opsonins (e.g. Gas6, MFGE8, CD93), which are expressed by macrophages. It  
946 involves the formation of lamellipodia and membrane ruffles to engulf apoptotic  
947 bodies in efferosomes for elimination by acidification (similar to phagolysosome  
948 fusion).

949 **Electron transport chain (ETC):** core of oxidative phosphorylation (OXPHOS)  
950 for mitochondrial respiration, where all catabolic processes converge. The ETC  
951 contains Complex I to IV that accept (Complex I and II) and transport electrons  
952 derived from the oxidation of nutrients to generate a proton gradient across the  
953 inner mitochondrial membrane. These electrons are transferred to oxygen by  
954 Complex IV, while Complex V (ATP synthase) uses this membrane potential to  
955 produce ATP.

956 **Extracellular acidification rate (ECAR):** parameter calculated during  
957 extracellular flux analyses based on changes in pH. Indicator for glycolysis and  
958 other processes that acidify the milieu.

959 **Glucocorticoids:** steroid hormones. Macrophages locally convert  
960 glucocorticoids, such as cortisone, to their active anti-inflammatory form via the  
961 enzyme 11 $\beta$ -hydroxysteroid dehydrogenase type 1. Binding of active  
962 glucocorticoids to the transcription factor glucocorticoid receptor triggers the  
963 expression of glucocorticoid-induced leucine zipper (GILZ).

964 **Monocyte-derived macrophages (MDM)**: cells generated from (CD14<sup>+</sup>) human  
965 blood monocytes in vitro by treatment with M-CSF (pro-inflammatory) and/or  
966 granulocyte-macrophage CSF (GM-CSF, anti-inflammatory) (see also **Box 2**).

967 **Nicotinamide adenine dinucleotide (NAD)**: electron carrier involved in redox  
968 reactions. Oxidized NAD<sup>+</sup> accepts electrons from metabolic reactions to convert  
969 into its reduced form, NADH. NADH then donates electrons for chemical  
970 reactions, for example to complex I of the ETC. NAD<sup>+</sup> is mainly located in  
971 mitochondria and can be salvaged or newly synthesized from amino acids such  
972 as tryptophan.

973 **Oxygen consumption rate (OCR)**: parameter calculated during extracellular flux  
974 analyses based on oxygen concentration. Indicator for mitochondrial  
975 respiration/OXPHOS.

976 **Phagocytosis**: specific receptor-mediated form of endocytosis aimed at clearing  
977 large particles, cells or microbes. Those are recognized by professional  
978 phagocytes like macrophages via non-opsonic (e.g. CD14, CD206, TLR4) and/or  
979 opsonic receptors (e.g. Fc receptors) and internalized into phagosomes through  
980 cytoskeleton rearrangements. Subsequent fusion with lysosomes results in  
981 gradual acidification and phagolysosome formation for particle degradation.

982 **Reactive oxygen species (ROS)**: molecules containing at least one oxygen  
983 atom with one or more unpaired electrons (free radicals) that are highly reactive,  
984 for example superoxide radicals.

985 **Tissue-resident macrophages (TMF)**: cells that permanently reside in organs  
986 (see also **Table 1**). They are either embryo-derived and proliferate locally to  
987 maintain their population in tissues or differentiate from blood monocytes in their  
988 respective organ. TMFs are highly adapted to their homing tissue and important  
989 for organ homeostasis.

## 990 **Text Boxes**

### 991 **Box 1. Overview on cellular metabolic pathways engaged by macrophages**

992 Macrophages engage various metabolic pathways, closely connected with their  
993 functional state and in adaptation to their environment. The metabolic toolbox of  
994 macrophages comprises a complex network of interconnected metabolic circuits  
995 integrating different nutrient sources, such as lipids for fatty acid oxidation (FAO),  
996 simple sugars for glycolysis, and amino acids that can be metabolized through  
997 various entry points (e.g. glutaminolysis or the urea cycle). In this network, the  
998 amphibolic TCA cycle acts as the central mitochondrial metabolic hub for most  
999 bioenergetic/catabolic and biosynthetic/anabolic processes. Firstly, metabolites  
1000 may be fully oxidized to generate redox potentials in the form of NADH and  
1001 FADH<sub>2</sub>, supplying electrons to the ETC in the mitochondria for oxidative  
1002 phosphorylation or generation of ROS [3]. NAD can be synthesized de novo from  
1003 tryptophan through the kynurenine pathway, which is predominant in steady state  
1004 macrophages, or recycled from NAM<sup>+</sup> via the NAD salvage pathway [20].  
1005 Secondly, nutrient-derived metabolites can be used for the production of cellular  
1006 building blocks. Thirdly, metabolites may be stored in intracellular deposits, for  
1007 example, in the form of glycogen (metabolized from glucose) or lipid bodies  
1008 (triglycerides surrounded by a phospholipid membrane containing cholesterol)  
1009 [3]. A high capacity to handle distinct lipid species, such as triglycerides,  
1010 phospholipids and sterol/cholesterol, is a particular characteristic of  
1011 macrophages. While triglycerides and phospholipids can eventually be fully  
1012 catabolized, macrophages actively efflux excess cholesterol forming extracellular  
1013 HDL [5]. Finally, many TCA cycle intermediates produced by macrophages may  
1014 function as signaling metabolites to other cells [3].

### 1015 **Box 2. The metabolic paradigm of cultured M1/M2 polarized macrophages**

1016 M1 (pro-inflammatory) and M2 (anti-inflammatory) macrophage polarization  
1017 arises from cultured BMDMs or MDMs stimulated with LPS/IFN- $\gamma$  or IL-4,  
1018 respectively [3,5,19,20]. Classically activated M1 macrophages exhibit increased  
1019 (aerobic) glycolysis, ROS generation, inducible nitric oxide synthase (iNOS)  
1020 expression and a pro-inflammatory cytokine profile. Increased glucose uptake is  
1021 accompanied by the expression of a highly active isoform of the rate-limiting

1022 enzyme of glycolysis, phosphofructokinase 2 (PFK2). Shunting of glycolytic  
1023 intermediates into the oxidative branch of the pentose phosphate pathway (PPP)  
1024 generates NADPH for antimicrobial ROS production by NADPH oxidases. Two  
1025 breaks in the TCA cycle of M1 macrophages at isocitrate dehydrogenase 1  
1026 (IDH1) and succinate dehydrogenase (SDH) decrease electron flow into the ETC.  
1027 IDH1 converts isocitrate to  $\alpha$ -ketoglutarate ( $\alpha$ KG) and its downregulation causes  
1028 citrate and cis-aconitate accumulation, which can serve for lipid synthesis and  
1029 itaconate production, respectively. Itaconate inhibits SDH, thereby facilitating the  
1030 second break in the TCA cycle. Succinate accumulation stabilizes the  
1031 transcription factor HIF-1 $\alpha$ , driving pro-inflammatory gene expression. Further, its  
1032 rapid oxidation by SDH can lead to reverse electron transport due to the depletion  
1033 of the electron carrier coenzyme Q, resulting in excessive mitochondrial ROS  
1034 generation [3,5,19,20]. Moreover, M1 macrophages can export citrate into the  
1035 cytoplasm to generate acetyl-CoA, which regulates histone acetylation of pro-  
1036 inflammatory genes [129]. Yet, mitochondrial oxidative stress can reprogram  
1037 macrophages towards aerobic glycolysis. This reduces mitochondrial ROS and  
1038 acetyl-CoA production that are required for inflammasome activation and histone  
1039 acetylation, respectively [130].

1040 Alternatively activated M2 macrophages display increased OXPHOS, arginase 1  
1041 expression and an anti-inflammatory cytokine profile. M2 macrophages rely on  
1042 increased FAO-derived acetyl-CoA, enabled by CD36 mediated uptake of fatty  
1043 acids, and anaplerotic glutamine metabolism to fuel the TCA cycle.  
1044 Glutaminolysis generates  $\alpha$ KG, which is a TCA cycle intermediate and acts as  
1045 cofactor for the histone demethylase JMJD3 to orchestrate anti-inflammatory  
1046 gene expression [3,5,19,20]. To reduce ROS production by the oxidative PPP,  
1047 M2 macrophages increase expression of the sedoheptulose kinase, CARKL, to  
1048 drive the non-oxidative branch of the PPP and decrease PPP flux [14]. Lastly,  
1049 conversion of arginine into polyamines by arginase 1 increases mitochondrial  
1050 protein expression and supports cell proliferation [5].

1051 While the metabolic paradigms established in cultured M1/M2 macrophages  
1052 formed the basis of macrophage immunometabolism and serve as easy-to-  
1053 manipulate model system, caution is needed when extending these results to  
1054 TMs. Environmental conditions in vitro are not comparable to the specific organ  
1055 and tissue milieus that are key for the metabolic adaptations of TMs.

1056 **Outstanding Questions Box**

1057 What are the metabolic states of TMF populations in different organs, also  
1058 according to their sub-tissular niches?

1059 Are metabolic adaptations and requirements of TMFs conserved between mice and  
1060 humans in youth and age? Are there relevant sex-differences?

1061 How much are metabolic adaptations of TMFs solely required for a particular  
1062 activity (e.g. cargo degradation)? To what extent are the surrounding milieu and  
1063 nutrient availability involved?

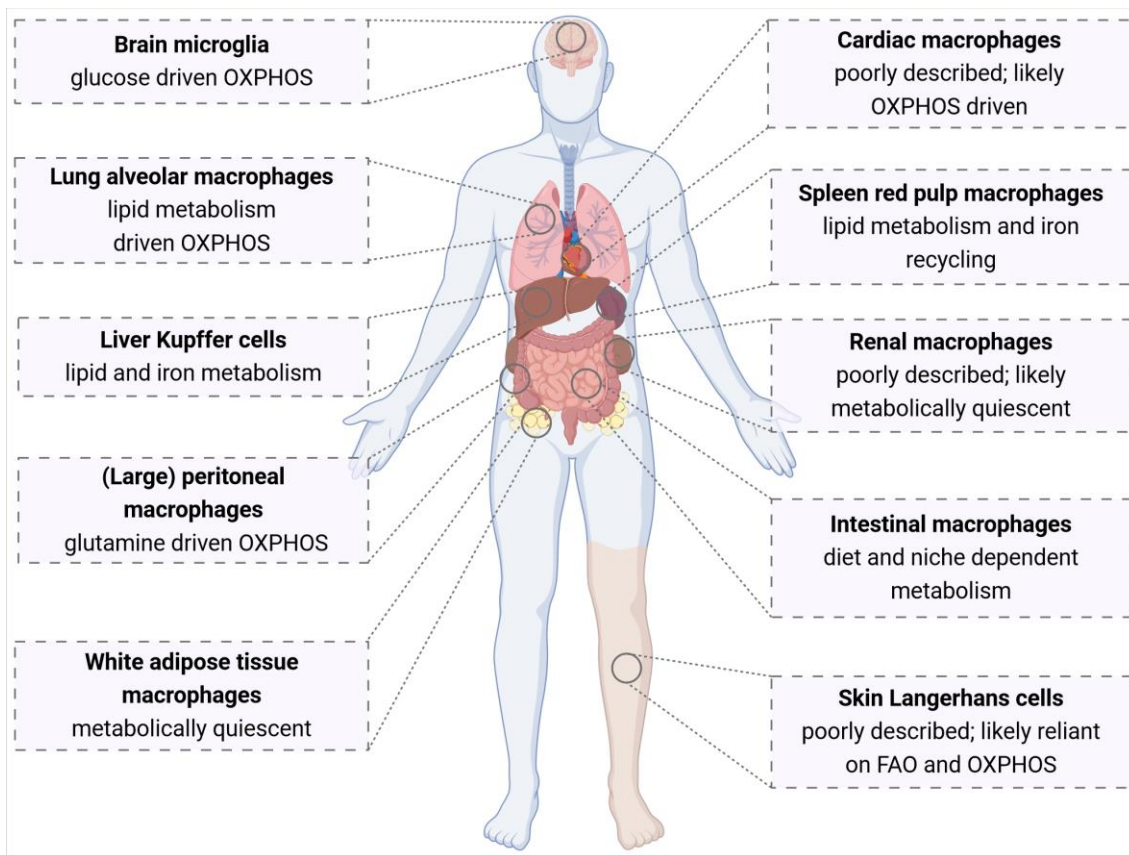
1064 How can infectious or non-infectious danger signals and changing environments  
1065 in the tissue affect the metabolic and functional features of TMFs (in aging)? What  
1066 are the precise local and systemic mechanisms?

1067 Conversely, how does metabolic-functional impairment of aged TMFs cause  
1068 tissue dysfunction? What triggers and can break this vicious cycle?

1069 How can metabolic states dictate the activity of particular TMFs? Can we  
1070 modulate TMF metabolism to control their activities on a tissue-specific level and  
1071 how?

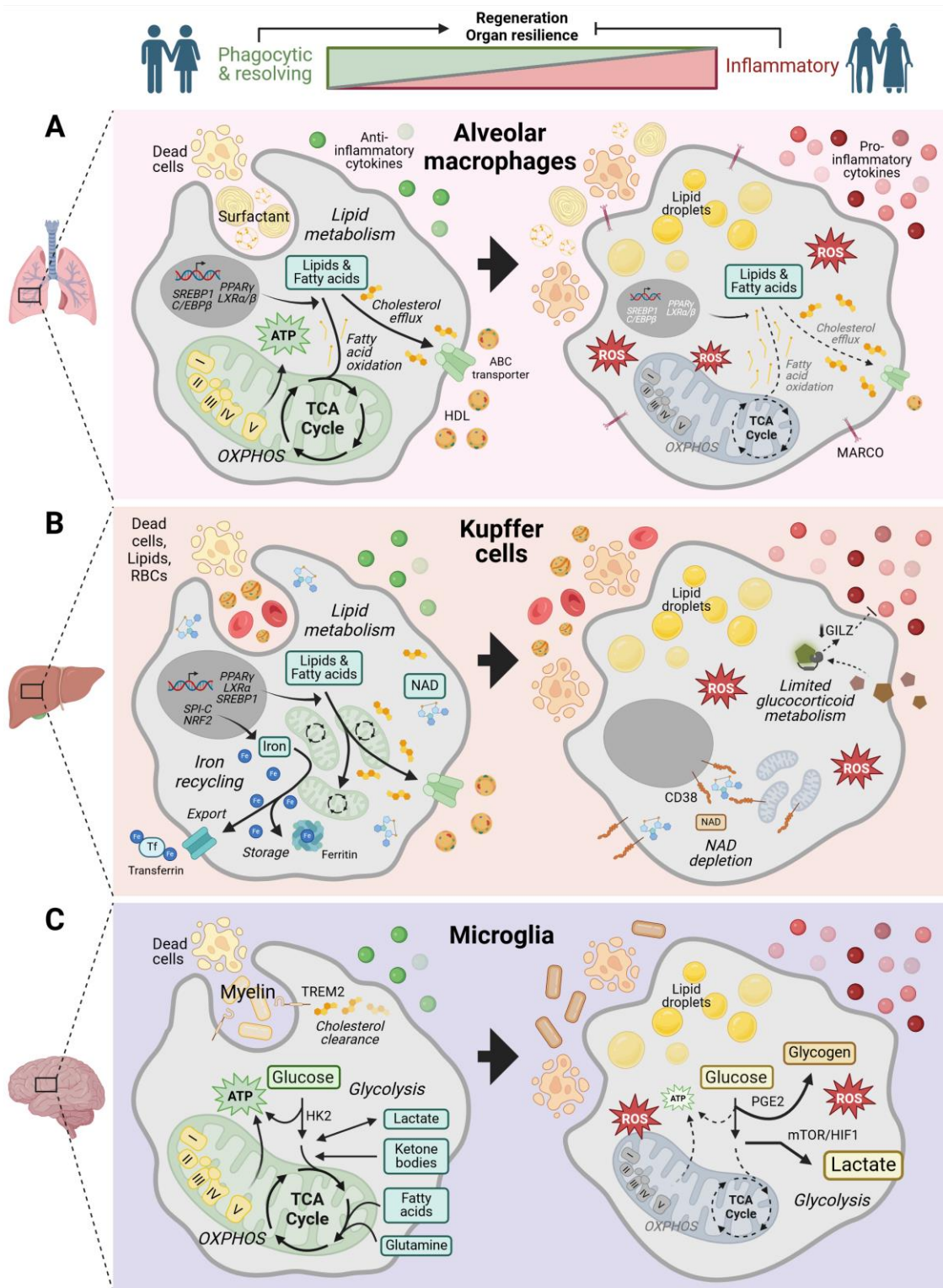
1072 Can tissue-specific metabolic requirements or vulnerabilities of TMFs offer new  
1073 therapeutic targets without undesired systemic effects to facilitate healthy aging?

1074 **Figure legends**



1075 **Figure 1. Overview on location and metabolic characteristics of main tissue**  
1076 **macrophage populations**

1077 The immunometabolism and homing organs of the most studied TMF populations  
1078 in the steady-state is illustrated. Of note, the depicted metabolic states of TMFs  
1079 are largely based on findings in mice. Figure created with BioRender.com



1080 **Figure 2. Metabolic specialization by selected tissue macrophages and**  
 1081 **alterations with advancing age**  
 1082 The upper panel shows the general activities of TMFs and their changes over a  
 1083 lifetime.

1084 (A) Alveolar macrophages (lung) take up surfactant and dead cells, engage an  
1085 active lipid metabolism program, and harbor actively respiring mitochondria in  
1086 young mice (left). In aged mice (right), alveolar macrophages adopt a pro-  
1087 inflammatory state, have a diminished capacity to handle lipids, accumulate  
1088 dysfunctional mitochondria and produce ROS.

1089 (B) Kupffer cells (liver) from young mice remove red blood cells, excess lipids,  
1090 and dead cells, mainly via scavenger receptors. Their metabolic state is tailored  
1091 towards recycling iron and lipid metabolism (left). Upon aging (right), Kupffer cells  
1092 become pro-inflammatory, produce ROS, and express NAD-depleting molecules  
1093 as well as inhibitors of glucocorticoid activation.

1094 (C) Microglia (brain) clear myelin as well as dead cells and fuel their active  
1095 glycolytic and mitochondrial bioenergetics with a context-dependent diversity of  
1096 nutrients (foremost glucose) in young mice (left). In older mice (right),  
1097 mitochondrial activity declines in microglia, they are more pro-inflammatory,  
1098 accumulate ROS, produce glycogen and, in some cases, enhance glycolysis.

1099 Figure created with BioRender.com

1100 **Tables**

Population name	Organ/tissue	Main markers (mouse)	Origin	Monocyte-contribution over a lifetime <sup>a</sup>
Large peritoneal macrophages (LPMs)	Peritoneum	F4/80 <sup>hi</sup> CD11b <sup>hi</sup> MHCII <sup>lo</sup>	Yolk sac EMPs, self-maintain	<5% --> 40%
Small peritoneal macrophages (SPMs)	Peritoneum	F4/80 <sup>lo</sup> CD11b <sup>lo</sup> MHCII <sup>hi</sup>	Adult monocytes	/
Alveolar macrophages (AMs)	Lung	CD11c <sup>+</sup> SiglecF <sup>+</sup> CXC3R1 <sup>-</sup>	Yolk sac EMPs <sup>b</sup> , self-maintain	10% --> 70%
Kupffer cells (KCs)	Liver	F4/80 <sup>+</sup> Clec4F <sup>+</sup> TIM4 <sup>+</sup>	Yolk sac EMPs <sup>b</sup> , self-maintain	<5%
Red pulp macrophages (RPMs)	Spleen	F4/80 <sup>+</sup> VCAM1 <sup>+</sup> CD11b <sup>lo</sup>	Yolk sac EMPs <sup>b</sup> , self-maintain	<5% --> 50%
Microglia	CNS	F4/80 <sup>+</sup> CX3CR1 <sup>+</sup> CD11b <sup>+</sup>	Yolk sac EMPs, self-maintain	0%
Resident cardiac macrophages (RCMs)	Heart	CD64 <sup>+</sup> CX3CR1 <sup>+</sup> TIM4 <sup>+</sup>	Yolk sac EMPs <sup>b</sup> , self-maintain	Yes, % TBD
Kidney resident macrophages (KRM)	Kidney	F4/80 <sup>hi</sup> CX3CR1 <sup>+</sup> CD11b <sup>+</sup>	Yolk sac EMPs <sup>b</sup> , self-maintain	5% --> 40%
BM-derived kidney macrophages (BMKM)	Kidney	F4/80 <sup>hi</sup> CX3CR1 <sup>+</sup> CD11b <sup>+</sup>	Adult monocytes	/
White adipose tissue macrophages (WAT-MF)	Fat (lean)	F4/80 <sup>+</sup> CD11b <sup>+</sup> CD206 <sup>+</sup>	Yolk sac EMPs, self-maintain	Yes, % TBD
Langerhans cells (LCs)	Epidermis & others	F4/80 <sup>+</sup> EpCAM <sup>+</sup> CD11b <sup>+</sup>	Yolk sac EMPs <sup>b</sup> , self-maintain	<5%
Intestinal macrophages (IMs)	Gut	F4/80 <sup>+</sup> CD11b <sup>+</sup> (TIM4) <sup>+</sup>	Not well defined <sup>c</sup>	/

1101 **Table 1. Characteristics of main tissue resident macrophage populations**

1102 Information is compiled from [1,2,5,7]. CNS, central nervous system; EMP,  
 1103 erythro-myeloid progenitor; <sup>hi</sup>, high; <sup>lo</sup>, low; TBD, to be determined. <sup>a</sup> from birth  
 1104 to about 36 weeks of age in mice. <sup>b</sup> some studies describe fetal liver monocytes  
 1105 as (additional) origin of those TMF populations. However, fetal liver monocytes  
 1106 are currently considered to derive from yolk sac EMPs themselves. <sup>c</sup> the TIM4<sup>+</sup>  
 1107 sub-populations appears to be embryonically-derived.