



Ibanez B, James SK. Discussion forum response from authors to letter regarding article, 'Three questions regarding the 2017 ESC STEMI guidelines'. *Eur Heart J*, 2019. 40(15): p. 1242

which has been published in final form at: https://doi.org/10.1093/eurheartj/ehy845

Discussion Forum Response from Authors to Letter regarding Article,

"Three questions regarding the 2017 ESC STEMI guidelines" EURHEARTJ-D-18-02669

Borja Ibanez, M.D., Ph.D. 1,2,3 and Stefan K. James, M.D. 4,5, Ph.D.

- 1) Centro Nacional de Investigaciones Cardiovasculares (CNIC), Madrid, Spain.
- 2) University Hospital Fundación Jiménez Díaz, Madrid, Spain.
- 3) CIBERCV, Madrid, Spain.
- 4) Department of Medical Sciences, Cardiology, Uppsala University, Uppsala, Sweden.
- 5) Uppsala Clinical Research Center, Uppsala University, Uppsala, Sweden.

Address for correspondence

Correspondence to:

Stefan James, MD PhD. Professor of Cardiology, Department of Medical Sciences, Scientific Director UCR, Uppsala University and Sr. Interventional Cardiologist, Department of Cardiology Uppsala University Hospital UCR Uppsala Clinical Research Center Dag Hammarskjolds vag 14B SE-752 37 Uppsala, Sweden. Tel: +46 705 944 404, Email: stefan.james@ucr.uu.se

OR

Borja Ibanez, MD PhD FESC. Director Clinical Research Department, Centro Nacional de Investigaciones Cardiovasculares Carlos III (CNIC); IIS-Fundacion Jimenez Diaz University Hospital; CIBERCV, Madrid Spain. Email: bibanez@cnic.es

Word count (including refs): 498

We appreciate the comments from Baschnegger et al. regarding oxygen therapy recommendation in the 2017 ESC STEMI guidelines, which allow us to provide additional clarifications. Baschnegger and colleagues accurately comment that the recommendations in the STEMI guidelines refer to SaO2 but are based on trials using SpO2 as thresholds. Therefore, as indicated by Drs Baschnegger using SpO2 would have been a more correct unit. However, one of the main references in the present guidelines as well as previous STEMI guidelines used SaO2. It was not possible due to the space restrictions to explain the discordance. In emergent situations (like STEMI) oxygenation status can be obtained both from blood gases (SaO2) and from pulse oximetry (SpO2). In patients with SaO2 values \geq 90 %, the mean difference between SpO2 and SaO2 is less very small (<2 %). Thus, SaO2 and SpO2 values are assumed to be very similar for oxygen concentrations above 90%. Thus the 90% threshold for recommending oxygen therapy apply both for SaO2 and SpO2.

The second comment relates to the recommendation of oxygen therapy for patients with respiratory distress. We intentionally omitted the recommendation of oxygen in patients with respiratory distress for several reasons. The term that is not well defined and the only evidence available relates to oxygen therapy based on oxygen saturation. Therefore, we recommend to always measure SpO₂ (or SaO₂) for the decision to provide oxygen.

In patients with STEMI and acute heart failure with pulmonary oedema the recommendation of oxygen therapy to maintain a saturation >95% holds a level of evidence C. The saturation level is arbitrary and the reason for the recommendation is the higher risk of prolonged hypoxia and relapse of hypoxemia in patients with acute heart failure.

References

- 1. Ibanez B, James S, Agewall S, Antunes MJ, Bucciarelli-Ducci C, Bueno H, Caforio ALP, Crea F, Goudevenos JA, Halvorsen S, Hindricks G, Kastrati A, Lenzen MJ, Prescott E, Roffi M, Valgimigli M, Varenhorst C, Vranckx P, Widimsky P, Group ESCSD. 2017 ESC Guidelines for the management of acute myocardial infarction in patients presenting with ST-segment elevation: The Task Force for the management of acute myocardial infarction in patients presenting with ST-segment elevation of the European Society of Cardiology (ESC). Eur Heart J 2018;39(2):119-177.
- 2. Hofmann R, James SK, Jernberg T, Lindahl B, Erlinge D, Witt N, Arefalk G, Frick M, Alfredsson J, Nilsson L, Ravn-Fischer A, Omerovic E, Kellerth T, Sparv D, Ekelund U, Linder R, Ekstrom M, Lauermann J, Haaga U, Pernow J, Ostlund O, Herlitz J, Svensson L, Investigators DXS. Oxygen Therapy in Suspected Acute Myocardial Infarction. N Engl J Med 2017;377(13):1240-1249.
- 3. Stub D, Smith K, Bernard S, Nehme Z, Stephenson M, Bray JE, Cameron P, Barger B, Ellims AH, Taylor AJ, Meredith IT, Kaye DM, Investigators A. Air Versus Oxygen in ST-Segment-Elevation Myocardial Infarction. Circulation 2015;**131**(24):2143-50.
- 4. Cabello JB, Burls A, Emparanza JI, Bayliss S, Quinn T. Oxygen therapy for acute myocardial infarction. Cochrane Database Syst Rev 2010(6):CD007160.
- 5. Jubran A. Pulse oximetry. Crit Care 2015;19:272.