

1 **The ins and outs of the flavin**
2 **mononucleotide cofactor of respiratory**
3 **complex I**

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8 **Abstract**

9 The flavin mononucleotide (FMN) cofactor of respiratory complex I occupy a key
10 position in the electron transport chain. Here, the electrons coming from NADH start
11 the sequence of oxidoreduction reactions which drives the generation of the proton-
12 motive force necessary for ATP synthesis. The overall architecture and the general
13 catalytic proprieties of the FMN site are mostly well established. However, several
14 aspects regarding the complex I flavin cofactor are still unknown. For example, the flavin
15 binding to the N-module, the NADH-oxidizing portion of complex I, lacks a molecular
16 description. The dissociation of FMN from the enzyme is beginning to emerge as an
17 important regulatory mechanism of complex I activity and ROS production. Finally, how
18 mitochondria import and metabolize FMN is still uncertain. This review summarizes the
19 current knowledge on complex I flavin cofactor and discusses the open questions for
20 future research.

21 **Introduction**

22 Heterotrophic organisms live by the oxidation of high energy bonds of organic
23 substrates derived from foodstuffs. The breakdown of carbohydrates, proteins and fats
24 provides the free energy that maintains the [ATP]/[ADP] ratio far from equilibrium,
25 allowing endergonic processes coupled with ATP hydrolysis to proceed at a
26 physiologically useful rate (1).

27 The main pattern of ATP synthesis in aerobic organisms is oxidative
28 phosphorylation, in which the transfer of electrons from a reduced substrate to
29 molecular oxygen is coupled to the phosphorylation of ADP. During oxidative
30 phosphorylation a few selected reduced soluble molecules (e.g. NADH, succinate and
31 fatty acids) are oxidized by the electron transport chain, a sequence of distinct
32 polypeptides and cofactors localized in the mitochondrial inner membrane.

33 The first event that inputs electrons into the chain is a redox reaction between a
34 reduced substrate and a coenzyme form of riboflavin, either FMN or flavin adenine
35 dinucleotide (FAD) (2). These cofactors are redox-active compounds placed within
36 respiratory complexes in clefts accessible to their respective substrate. The FMN of
37 respiratory complex I reacts specifically with NADH. From here, high-energy electrons
38 enter the chain and move forward to complex III and complex IV and, ultimately, to
39 molecular oxygen. Besides its fundamental role in oxidative phosphorylation, the flavin
40 group of complex I is also a major contributor to production of reactive oxygen species
41 (ROS) by mitochondria (3-5). For these reasons, the structural and functional properties
42 of the FMN site of complex I have been an uninterrupted area of research since its
43 discovery.

44 In this review we discuss several aspects of complex I biology from the point of
45 view of its cofactor, FMN. We begin by describing the molecular structure within
46 complex I that binds FMN. We then review the evolution, the assembly pathway and the
47 turnover mechanism of the N-module, the functional unit that harbors the flavin
48 cofactor. Next, we comment upon the open questions regarding the complex I flavin
49 association pathway and underscore the role of FMN in both catalysis and ROS
50 production by complex I. Finally, we discuss how complex I FMN cofactor is integrated
51 in the context of mitochondrial flavin homeostasis. We focus mainly on human complex
52 I. When a specific reference to a gene of another species is made, we will explicitly state
53 both names, the human homologue and the other.

54 **1. Complex I FMN binding site**

55 NADH:Ubiquinone oxidoreductase, or respiratory complex I, is an energy
56 transducing enzyme that couples the vectorial proton translocation across the internal
57 mitochondrial membrane to the scalar reaction of electron transport. The catalytically
58 active components of complex I are fourteen highly conserved subunits which contain
59 FMN and eight iron-sulfur clusters ([6](#), [7](#)). In the human enzyme, 31 accessory subunits
60 are added to form a shell around the core ([6-8](#)).

61 The structure of this multisubunit membrane-bound enzyme has been solved by cryo-
62 electron microscopy at 3.9 Å resolution ([6](#), [7](#)) and substantial progress has been made
63 towards the understanding of the coupling mechanism ([9](#)).

64 These remarkable achievements are the results of a series of uninterrupted
65 investigations that began when complex I was first isolated from beef heart
66 mitochondria almost 60 years ago ([10](#)). Subsequent attempts were made to identify the
67 flavin component of the preparation. It was shown that upon heat and acid treatment

68 neither FAD nor Riboflavin but only FMN was released from the beef heart
69 NADH:ubiquinone oxidoreductase ([11](#), [12](#)). Furthermore, it was possible to dissociate
70 the bound cofactor from its enzyme by mild procedures and to restore the activity of
71 the resulting apoenzyme by the addition of FMN ([12](#)), thereby proving once and for all
72 the nature of the flavin. Later, the refinement of the isolation and purification
73 techniques enabled the identification of the coenzyme binding site.

74 Taking advantage of the experimental resolution of complex I into three discrete
75 fragments by chaotropic agents, it was possible to determine the one where FMN is
76 bound to ([10](#), [13](#), [14](#)). It is a soluble flavo-iron sulfur subcomplex that retains the
77 capability to oxidize NADH in the presence of various electron acceptors ([10](#), [13](#), [14](#)). For
78 this reason, it was named “Flavoprotein” (Fp). The Fp fragment can be further separated
79 into three polypeptides of 51, 24 and 10 kDa called NDUFV1, NDUFV2 and NDUFV3
80 respectively (the latter may be present or not depending on the resolution method) ([15](#),
81 [16](#)). Nowadays it is known that the 51 kDa subunit (NDUFV1) is a highly conserved
82 protein ([17-19](#)) that contains the NADH binding site ([20](#)) and a tetranuclear Fe-S center
83 known as N3 ([14](#)). Structural ([17](#), [18](#), [21](#)) and functional ([20](#)) data indicate that the FMN
84 binding site is located in this subunit ([Figure 1](#)). Alignment of the NDUFV1 aminoacidic
85 sequence with Nubm and Nqo1, its homologues from *Yarrowia lipolitica* and *Thermus*
86 *thermophilus* respectively, reveals a Rossmann fold-like domain (residues 96 to 264) that
87 appears to bind the flavin cofactor ([18](#), [19](#), [22](#)). This unique domain differs from a
88 classical Rossmann fold, the common nucleotide binding structure of dehydrogenases
89 ([23](#)), for it has only four stranded parallel β -sheets instead of six ([18](#)). This unique feature
90 allows to bind both FMN and NADH. Further details on the complex I FMN binding
91 domain were provided by a study which employed *Y.lipolitica* as a model organism to

92 investigate the molecular consequences of single amino acid substitutions in conserved
93 residues of Nubm (NDUFV1) ([19](#)). Mutations in the amino acids directly involved in the
94 formation of non-covalent bonds with the flavin cofactor, like the conserved Tyr²⁰⁴
95 ([Figure 1](#)), are sufficient to provoke the complete loss of mature complex I ([19](#)). On the
96 other hand, mutations in nearby residues, like Cys²⁰⁶ and Glu³⁷⁷ of the human NDUFV1,
97 result in loss of the flavin from the complex, that, nevertheless, can normally assemble.
98 In this case, incubation of the mutated enzyme with FMN is able to restore some activity,
99 but never to the wild type level, indicating that the enzyme is still able to bind the
100 cofactor but not tightly ([19](#)). While Cys²⁰⁶ is located in the Rossmann fold-like domain,
101 Glu³⁷⁷ is in the 4Fe-4S binding domain, showing that derangement of the iron sulfur
102 cluster is, in turn, able to destabilize FMN binding ([19](#)).

103 Collectively, these experiments show that proper arrangement of the FMN site
104 can impact on the correct maturation of respiratory complex I. Unlike complex II, for
105 which the overall flavinylation pathway has been described (for a recent review see
106 ([24](#))), very little is known on when and how FMN binds to complex I. However, the
107 available information about the assembly pathway and the evolution of complex I still
108 allows us to draw some conclusions.

109 **2. Evolution and assembly of complex I N-module**

110 *2.1 Evolution of complex I N-module*

111 The organization of the structural subunits and the sequence of their association
112 into the mature holoenzyme support the notion that human complex I is formed by
113 three defined functional modules: the NADH-oxidizing N-module, the ubiquinone-
114 reducing Q-module and the proton-pumping P-module ([25](#), [26](#)). Phylogenetic analyses
115 reveal that these building blocks evolved separately from distinct ancient bacterial

116 dehydrogenases ([27-29](#)) that progressively combined to form the contemporary
117 members of complex I superfamily. It seems that the core structure of the ancestor of
118 complex I contained just the Q and the P-module and that the electron-input N-module
119 was added only later during evolution ([27-29](#)). The core subunits of the N-module
120 (NDUFV1, NDUFV2 and the N-terminus of NDUFS1) are closely related to components
121 of a soluble hydrogen:NAD⁺ oxidoreductase from the Gram-negative bacterium
122 *Cupriavidus metallidurans* ([17](#), [21](#)). Thus, the N-module of mitochondrial complex I
123 probably evolved from a hydrogen-oxidizing enzyme of an aerobic bacterium. Complex
124 I kept the cofactor and the substrate of the ancestor enzyme, FMN and NAD⁺
125 respectively, for a completely new purpose, i.e. aerobic respiration. Nevertheless, the
126 study of complex I assembly reveals that the N-module, despite the loss of its original
127 hydrogenase function, still behaves as a functional unit.

128 *2.2 Assembly of complex I N-module*

129 NDUFV1, which contains the FMN binding site, is a nuclear encoded protein
130 that is first translated inside the cytoplasm and is then imported into the mitochondrial
131 matrix through the TIM23 complex ([30](#)). In the matrix, NDUFV1 is found in three main
132 states: as a free soluble monomer, as part of soluble assembly intermediates or bound
133 to the mature holo-Complex I ([31-34](#)). NDUFV1 association with others N-module
134 subunits precedes its incorporation into complex I, as showed by experiments of
135 expression of GFP-tagged subunits and by complexome analysis of recovery from
136 mitochondrial translation inhibition ([32](#), [33](#)). The gradual maturation of the N-module
137 proceeds through two subsequent assembly intermediates: a low molecular weight
138 one that contains only NDUFV1 and NDUFV2 (that we name “N₁”), and a high
139 molecular weight one (that we name “N₂”) in which NDUFS1 and the accessory

140 NDUFA2 join as well (Figure 2). Eventually, the incorporation of this hydrogenase-like
141 building block into the Q/P intermediate (33, 35) activates the NADH:ubiquinone
142 oxidoreductase activity. The remainder of the N-module accessory subunits joins lastly:
143 NDUFA12, NDUF56 and NDUF54 first (36) and then NDUFA6, NDUFA7 and NDUFV3
144 (Figure 2). Therefore, during complex I maturation, the N-module is incorporated only
145 at the last stage, when most of the enzyme is already assembled into a Q/P
146 subcomplex (Figure 2) (33). This is a remarkable analogy with the modular evolution
147 proposal, showing how ontogeny recapitulates phylogeny at the molecular level as
148 well.

149 Interestingly, ρ^0 143B cells, which lack mitochondrial DNA and therefore are not
150 able to assemble the holo-enzyme, accumulate the lower molecular weight
151 NDUFV1/NDUFV2 assembly intermediate N_1 (33). However, pre-association in
152 subassembly seems not to be obligatory for NDUFV1 to be loaded on complex I: studies
153 *of in vitro* importing of radio-labeled peptides showed that NDUFV1 can be loaded on
154 already-existing complex I through exchange of preexisting subunits (34). In any case, it
155 is still uncertain at which stage NDUFV1 binds its cofactor FMN and if the N-module
156 assembly intermediates present NADH dehydrogenase activity *in vivo*.

157 3. Flavin binding to respiratory complex I

158 It should be clear at this point that the “ N_1 ” module, observed during complex I
159 assembly, and the “Fp” fragment, which may be separated from complex I by chaotropic
160 agents, represent the same entity (14, 15, 33, 37) (Figure 2). They are constituted of two
161 subunits: NDUFV1, which contains the flavin and a 4Fe-4S cluster, and NDUFV2, which
162 contains a 2Fe-2S cluster (14). The Fp fragment, i.e. the “ N_1 ” module, is therefore
163 generally considered, the minimal catalytic competent unit of complex I with NADH

164 dehydrogenase activity, at least *in vitro*. NDUFV3, which is never found in the “N₁”
165 module, sometimes co-purifies with the “Fp” fragment depending on the isolation
166 procedure, but its presence is not required for catalytic activity ([15](#)).

167 Interestingly, when the Fp fragment is incubated with NADH in the absence of
168 any electron acceptor, it loses irreversibly its activity due to the dissociation of the FMN
169 from the enzyme. The inactivation is probably due to the denaturation of the protein
170 because, once it happens, it cannot be reversed by FMN addition ([37](#)). Importantly, the
171 same does not occur when isolated complex I is incubated with NADH, presumably
172 because, in the native enzyme, the flavin binding site is sheathed by other subunits that
173 confer further structural stability ([12](#), [37](#), [38](#)).

174 A similar phenomenon is observed when the Fp fragment is resolved into
175 NDUFV1 and NDUFV2 by sodium tri-chloroacetate treatment ([16](#)). In this case, it is the
176 physical separation of the two subunits that triggers the loss of FMN and, in turn, of the
177 NADH dehydrogenase activity. Of note, this treatment does not affect the iron sulfur
178 clusters, which are kept in place. This line of evidence suggests that: 1) the reduced Fp
179 fragment without the FMN is highly unstable ([37](#)) and 2) NDUFV1 cannot bind the FMN
180 by itself, but it requires the presence of NDUFV2 to stabilize the interaction ([16](#)). Since
181 the resolution process maintains intact the iron sulfur clusters it is then probable that,
182 during complex I assembly, their insertion precedes the binding of the flavin ([16](#)).
183 Therefore, the FMN cofactor would bind to NDUFV1 only when it joins NDUFV2 to form
184 the “N₁” module and not before.

185 It has been shown that insertion of flavin cofactors into the catalytic domain of
186 apoenzymes might or might not depend on specific molecular partners ([39](#)). For
187 example, in the SDHA subunit of complex II FAD is covalently linked via the 8- α -methyl

188 group to the N-3 atom of a conserved histidine (24). In this case, flavinylation occurs
189 after the peptide has entered the mitochondrial matrix and its targeting sequence has
190 been removed (24, 40). It has been shown that, in order to bind FAD, complex II requires
191 a dedicated assembly factor, SDHAF2, whose germline loss-of-function mutations are
192 found to be associated with hereditary paraganglioma (41). In the case of NDUFV1, no
193 such assembly factor has been described and it is unlikely that one is needed, since FMN
194 binds to complex I non-covalently and it can dissociate and re-associate from the holo-
195 enzyme without the requirement of any specific chaperone (12, 42). Nevertheless, it is
196 still possible that the insertion of the flavin during NDUFV1 folding is aided by the
197 association to other subunits during the assembly process and/or by the delivery of the
198 iron sulfur clusters. The human protein NUBPL, homologous to the yeast Ind1, is
199 required for the incorporation of the Fe-S centers in complex I core subunits and is found
200 mutated in human complex I deficiencies (43, 44). Knockdown of NUBPL causes a
201 decrease in the total amount of the NDUFV1 protein, but not of the NDUFV1 transcript,
202 further highlighting the importance of the cofactors for the stability of core complex I
203 subunits (44).

204 When *E. coli* NDUFV1, NDUFV2 and NDUFV1 analogues (NuoF, NuoE and NuoG
205 respectively) are over expressed in a bacterial system, no production of an active Fp
206 fragment is observed (45). Still, the co-expression of NuoC and NuoD (analogues of the
207 human NDUFV3 and NDUFV2) allows the formation of an active NADH dehydrogenase
208 *in vivo*. By adding riboflavin, ferric ammonium citrate, and sodium sulfide to the culture
209 medium the production of the Fp fragment can be stimulated even more (45). The same
210 group reported later that deletion of the *E. coli* complex I genes encoding for Q- and P-
211 module subunits, results in accumulation of an active NADH dehydrogenase fragment

212 (46). The fragment is very similar to the human N₂ module (Figure 2), it contains the
213 NuoF, NuoE and NuoG proteins, the iron sulfur clusters and the FMN cofactor.
214 Collectively, it seems that the insertion of the flavin cofactor already happens during the
215 maturation of low molecular weight N-module subassemblies. It is therefore possible
216 that, during human complex I assembly, the N-module intermediates are already
217 catalytically active before the incorporation into the holo-enzyme.

218 On the ground of the previous considerations, we can now assume that the
219 assembly of the human N-module may proceed through the following steps (Figure 2):
220 (i) Import of the nuclear encoded peptides into the mitochondria. (ii) Insertion of at least
221 one iron sulfur cluster by NUBPL. (iii) Formation of the NDUFV1/NDUFV2 heterodimer
222 (N₁ module). (iv) Binding of the FMN cofactor (at this point NADH dehydrogenase activity
223 would start), (v) Association with NDUFS1 and NDUFA2 (N₂ module). (vi) Incorporation
224 into the Q/P intermediate to form the holo-enzyme

225 The presence of active assembly intermediates during complex I assembly still
226 lacks a molecular confirmation. If true, it poses a problem: to avoid the accumulation of
227 unassembled fragments that would result in futile NADH oxidation and ROS production
228 (51). In fact, the degradation of the N-module subunits in mitochondria is regulated by
229 a dedicated molecular machinery independently of the rest of complex I.

230 **4. Stability and turnover of the N-module**

231 *4.1 N-module turnover and maintenance*

232 To maintain a proper mitochondrial function, the synthesis and import of
233 oxidative phosphorylation proteins must be fine-tuned with their degradation rate (for
234 a recent review, see (47)). The average lifespan of different peptides varies greatly even
235 between subunits that are part of the same respiratory complex (48, 49). In particular,

236 the N-module of complex I has a relatively short lifetime, and it is the portion of the
237 oxidative phosphorylation system whose components' turnover is the fastest (48-50).
238 There may be several reasons behind the need for a faster turnover: in the case of the
239 FMN containing N-module, the most straightforward explanation is that being one of
240 the major sites of ROS production in mitochondria results into extensive oxidative
241 damage and loss of function (51, 52). Whatever the purpose, N-module subunits are
242 targets of two ATP-dependent proteases inside the mitochondria: LonP and ClpXP (50,
243 53). LonP-mediated NDUFV1 removal seems to be responsive to mitochondrial inner
244 membrane depolarization (54) and to the increase in intramitochondrial cAMP levels
245 with consequent activation of PKA kinase (55). Interestingly, this pathway is activated in
246 astrocytes in response to cannabinoids signaling and causes a decrease in complex I
247 activity through N-module destabilization (56), demonstrating that regulation of the
248 FMN binding domain of complex I can be used *in vivo* for metabolic adaptation. On the
249 other hand, ClpXP is the protease that regulates the levels of N-module subunits in the
250 steady state. Upon ClpXP deletion, in mammalian cells (50), murine tissues (57) and
251 plants (58) the protein abundance of NDUFV1, NDUFV2 and NDUFV3 increases, and blue
252 native gel analysis reveals the accumulation of N-module subcomplexes. Some of these
253 subassemblies correspond to the intermediates of complex I assembly pathway and at
254 least one of them, probably the N₁ module, retains NADH dehydrogenase activity as
255 shown by in-gel activity experiments (50, 57, 58) (Figure 2). Thus, ClpXP is a protease
256 that promptly degrades complex I N-module subunits avoiding the accumulation of
257 subassembly intermediates regulating the fast turnover of this domain of the respiratory
258 chain. Recently, thanks to studies on patients suffering from Leber's hereditary optic
259 neuropathy, DNACJ30 was described to be an additional important protein for N-

260 module repair (59). It seems that DNACJ30 is a chaperone that controls the turnover of
261 the accessory N-module subunits NDUFV3, NDUF54, NDUS6, NDUFA6 and NDUFA7 (59)
262 (Figure 2). The joint action of ClpXP (which regulates the core) and DNACJ30 (which
263 regulates the accessory) would then assure the proper maintenance of complex I N-
264 module.

265 4.2 N-module stability in disease

266 Next, we comment upon one last instance in which the N-module reveals its
267 uniqueness, i.e. complex I deficiencies. Several mutations in nuclear and mitochondrial
268 genes are cause of complex I dysfunction (60) and the study of these pathologies help
269 us to understand many aspects of Complex I biology. Blue native gel electrophoresis is
270 an important tool that allows to study the structural organization of the electron
271 transport chain components and it is used to characterize the underlying biochemical
272 defects of disorders. Thanks to the increased usage of this technique throughout the
273 years, it is now clear that some patients exhibit a similar blue native migration profile
274 despite bearing mutations in different genes. This is the case for complex I deficiencies
275 caused by N-module genes defects (61). Accumulation of the stalled P/Q assembly
276 intermediate with the associated assembly factor NDUF2 seems to be a common
277 finding in mitochondria from patients carrying mutations in the *NDUF54* (34, 62-64),
278 *NDUFV1* (64, 65), *NDUF51* (66), *NDUF56* (34, 67) and *NDUFA2* (68) genes. Moreover, the
279 same blue native migration pattern is observed in mitochondria from *NDUF51*, *NDUFA2*,
280 *NDUF56*, *NDUFA6* knockout cell lines (8, 36) and in a *Ndufs4* knockout mouse model
281 (69). These evidences suggest that a single defect in one of the N-module subunits is
282 sufficient to impair the incorporation of the others all-at-once, while the rest of the
283 complex is assembled normally.

284 A crucial advance in the knowledge of complex I dysfunction was provided by an
285 elegant study in which knockout cell lines of each one of the nuclear encoded 31
286 accessory subunits were generated and characterized by proteomics, transcriptomics,
287 and functional analysis (8). The huge amount of data generated by this study provides
288 several insightful hints to elucidate the biology of the N-module. Firstly, this study
289 clarified that absence of *NDUFS6*, *NDUFS4*, *NDUFA2* and *NDUFA6* proteins impairs the
290 stability of the N-module on complex I by different mechanisms. Indeed, in the *NDUFS4*
291 knockout cell line, the N-module is not degraded but it is only dislodged from the holo-
292 enzyme, probably during the isolation procedure (70) , as it can be seen as a faster
293 migrating subcomplex in the blue native gel. In fact, the proteomic analysis shows that,
294 in this cell line, the overall level of N-module subunits does not change. Complex I is still
295 able to provide at least partial activity, as revealed by the functional studies and by the
296 viability of the cells in galactose. On the other hand, *NDUFA2* and *NDUFA6* knockout cell
297 lines lose completely the N-module and, consequently, they are unviable in galactose.
298 *NDUFS6* knockout cells situate somehow in between these two extremes. Secondly, this
299 study showed that in each knockout cell line which is unviable in galactose (25 out 31)
300 the whole N-module is always absent no matter which subunit is missing. This specific
301 regulatory mechanism operates at the protein level because the lack of the subunits was
302 not parallel by a decrease in the correspondent messenger RNA. This observation
303 further corroborates that whenever the N-module is not able to be assembled on
304 complex I it is rapidly degraded, probably by the ClpXP machinery (50). The same
305 regulatory mechanism is activated upon inhibition of mitochondrial ribosome by
306 antibiotics such as chloramphenicol, where absence of mitochondrial encoded subunits
307 induces a marked decrease in the overall abundance of nuclear encoded subunits (33).

308 When the protease component of ClpXP is deleted, the decrease in the N-module
309 subunits does not happen, proving that ClpXP is directly involved in the degradation
310 process (50). As a matter of fact, bacteria, which lack a dedicated protease system such
311 as ClpXP, do accumulate the N-module when another portion of complex I is deleted
312 (46).

313 Thus, proper function of most of the N-module components seem to be a
314 prerequisite for the stability of the whole FMN binding portion of complex I and, on the
315 other hand, a defect either in the Q or the P-module triggers a rapid degradation of the
316 N-module as a whole. However, the opposite is not true, i.e. a defect in the N-module
317 do not impact on the stability of the Q/P-module. Then, it naturally arises to question
318 why such a fine tuning of the NADH dehydrogenase fragment of complex I evolved, to
319 which we will attempt to propose some answer in the next paragraph.

320 **5. The mode of action and ROS production of FMN cofactor**

321 *5.1 Reactivity of the flavin cofactor of complex I*

322 Several chemical compounds are used to dissect the catalytic proprieties of the
323 FMN site of complex I *in vitro*. Hexacyanoferrate (III), hydrophilic quinones, hexamine
324 ruthenium (III), APAD⁺ and paraquat are the molecules that react with the reduced flavin
325 of complex I, although through different mechanisms (71, 72). Furthermore, NADH
326 oxidation by FMN can be inhibited by ADP-ribose (73), NADH-OH (74) and
327 diphenyliodonium (75).

328 The reason why FMN is such an extremely versatile redox center is revealed by
329 the same chemical structure of flavin cofactors. Their characteristic isoalloxazine ring
330 system is able to accept either one or two electrons at a time and therefore it is a
331 suitable intermediate between the obligate two electron donors (e.g. NADH) and

332 obligate one electron acceptors (e.g. the iron-sulfur centers of complex I) (2).
333 Furthermore, in contrast to the freely diffusing NADH, FMN is tightly bound to complex
334 I. This arrangement achieves two important outcomes. Firstly, the midpoint potential of
335 the two-electron reduction of the cofactor is modified by the protein environment; as a
336 result, the reduction potential of the complex I bound FMN (-340 mV at physiological
337 pH, 133 mV more negative than the one for free FMN) is optimized to match that of
338 NADH (-320 mV) for more efficient energy conservation (15, 76). Secondly, the
339 interaction between free flavins and dissolved oxygen is minimized. Nevertheless,
340 despite the conformation of the flavin binding site favors the reaction with the
341 NADH/NAD⁺ couple, the FMN moiety of complex I remains an important source of ROS
342 by mitochondria (3). In complex I, various sites can generate ROS and their relative
343 contribution is still debated, (4, 51, 77, 78) however, FMN seems to be one of the most
344 important. In the presence of NADH, isolated complex I generates O₂⁻, and to a lesser
345 extent H₂O₂, depending on the NADH/NAD⁺ ratio (3-5). In respiring mitochondria, when
346 the NADH/NAD⁺ ratio is low, little amounts of superoxide are constantly generated by
347 this modality (3-5). It has been proposed that NAD⁺ blunts ROS generation by complex I
348 by occupying the substrate binding site and precluding molecular oxygen access (51).

349 On the other hand, complex I can generate large amounts of ROS through a
350 mechanism called reverse electron transport (RET). RET happens when most of the
351 ubiquinone pool is in the reduced state and the proton motive force across the inner
352 mitochondrial membrane is high. If such conditions are met, electrons flow back to the
353 complex I to form superoxide (52, 79-81). During ischemia reperfusion injury, the
354 specific conditions that allows ROS production through RET are met: the accumulation

355 of succinate in hypoxia constitutes an electrons pool that, upon reoxygenation, drives
356 the superoxide formation ([82](#)).

357 5.2 Reversible FMN dissociation

358 Since FMN was demonstrated to play such an important role in ROS production
359 by complex I, the binding of the flavin cofactor to the enzyme has been recognized as a
360 potential regulatory mechanism for mitochondrial superoxide generation ([83](#)). From the
361 first functional studies it was noted that the affinity of the reduced FMNH₂ is orders of
362 magnitude lower than that of the oxidized FMN ([15](#), [42](#), [76](#)). As we mention in the
363 previous sections, FMN probably binds to NDUFV1 during the maturation of the N₁
364 module and it is required for the proper folding of the protein ([37](#)). Until complex I is
365 fully assembled, dissociation of the cofactor results in the irreversible destabilization of
366 the N₁ intermediate ([37](#)). In the mature human enzyme however, the dissociation of the
367 FMN is reversible, probably thanks to the stabilizing action of the other subunits ([16](#),
368 [37](#)). Similarly, when *Escherichia coli* complex I is reduced by NADH in the absence of
369 acceptors, the flavin cofactor is released, abolishing the enzyme NADH dehydrogenase
370 activity and ROS production ([38](#)). Here, the decreased affinity of FMNH₂ for its binding
371 pocket is probably due to the reduction of the nearby iron sulfur clusters, which, in turn,
372 induce a structural modification of the flavin-binding site ([38](#)). Nevertheless, it is unlikely
373 that FMN loss from human complex I happens during fast turnover conditions because
374 the acceptor (ubiquinone) is constantly regenerated by complex III ([38](#), [42](#)). However,
375 during hypoxia, it is possible that the interruption of the respiratory chain, together with
376 the increase of the NADH/NAD⁺ ratio, would recreate the conditions necessary for FMN
377 dissociation from complex I ([38](#)); flavin loss would then result in a drop of complex I
378 activity. In fact, it has been recently suggested that the loss of flavin by complex I might

379 play a critical role both in the short- and long-term effects of ischemia-reperfusion injury
380 (38). Murine models of ischemia reperfusion injury in brain (84, 85) and in liver
381 transplant (86) seems to support the proposed role of FMN loss in the post-ischemic
382 dysfunction of complex I.

383 It should be added that, during ischemia (87-89) and hypoxia (90, 91), complex
384 I undergoes a dramatic structural change known as “active/deactive transition” (A/D).
385 ROS production by RET markedly decreases when complex I is in the deactive form and,
386 for this reason, modulation of the A/D transition is a promising therapeutic strategy for
387 ischemia/reperfusion injury (92, 93). It remains to be elucidated whether loss of flavin
388 by complex I and active/deactive transition during hypoxia are structurally correlated;
389 further research is needed to clarify their relative contribution to the pathogenesis of
390 ischemia/reperfusion injury (94).

391 *5.3 Redox state of cysteines and the FMN binding site*

392 The experiments on *E. coli* complex I suggest that changes in the overall redox
393 state of active groups in proximity of the FMN binding pocket are sufficient to induce
394 the dissociation of the flavin cofactor from the enzyme (84). Therefore, the affinity of
395 FMN for its binding site might change in response to oxidative modifications that
396 introduce negative charges and/or alter the structure of the protein (84). Human
397 NDUFV1 contains a total of twelve cysteine residues; four of them participates in the
398 4Fe-4S cluster (Cys³⁷⁹, Cys³⁸², Cys³⁸⁵, Cys⁴²⁵), five form part of the Rossmann fold-like
399 domain of the nucleotide binding pocket (Cys¹²⁵, Cys¹⁴², Cys¹⁸⁷, Cys²⁰⁶, Cys²⁵⁵) and the
400 remaining three (Cys²³⁸, Cys²⁸⁶, Cys³³²) form part of the peptide backbone. A single
401 oxidative modification in NDUFV1 would have a different effect depending on the type
402 of modification and on the localization of the residue affected.

403 For example, the redox-active thiols of NDUFV1 have been shown to be sensitive
404 to superoxide-induced intramolecular disulfide formation (95), glutathionylation by
405 GSSG (96), sulfonation (97) and S-nitrosation (98). Protein S-glutathionylation is a
406 reversible cysteine modification that is sensitive to the redox state of the mitochondrial
407 glutathione pool and has important regulatory functions (99). Glutathione disulfide
408 (GSSG) can oxidize NDUFV1 in Cys²⁰⁶, Cys¹⁸⁷ (both in the nucleotide binding domain) and
409 Cys⁴²⁵ (in the iron sulfur cluster) (100). The formation of GSSG mixed disulfide bonds
410 with NDUFV1 (and NDUFS1) correlates with an increase in superoxide formation by
411 mitochondria (96). Interestingly, incubation with GSSG causes a gradual decrease in the
412 activity of complex I over time (96), but the underlying mechanism is still under debate.

413 As we previously discussed, high amounts of ROS can be produced at the FMN
414 site of complex I. ROS are, for their chemical nature, extremely reactive, and cysteines
415 are the most sensitive amino acid residues to ROS-mediated oxidation (99). Studies on
416 the isolated Fp fragment showed that, in the presence of NADH, the generation of O₂⁻
417 leads to irreversible inactivation of the enzyme (101). The reduction of the activity
418 correlates with the oxidative modification of Cys²⁰⁶ and Tyr¹⁷⁷, both localized in the FMN
419 binding site of NDUFV1 (101). Complex I degradation in cellular models of electron
420 transport chain deficiency is regulated by RET (80). Quantitative redox proteomics
421 analyses showed that the oxidation Cys¹²⁵, Cys¹⁴² and Cys¹⁸⁷ of NDUFV1 correlates with
422 the reoxygenation-induced degradation of this subunit (80). Therefore, RET regulates
423 the oxidation of critical cysteine residues of NDUFV1. Interestingly, when cysteines of
424 NDUFV1 are oxidized, the mitochondrial protease ClpXP promptly degrades the subunit
425 (50), providing a molecular explanation for the RET-induced NDUFV1 degradation.

426 The effect of the oxidative modifications described above on the affinity of FMN
427 for its binding pocket is still unknown. However, if a cysteine located close to the flavin
428 is affected, a change in the activity and in the association/dissociation properties of the
429 cofactor is likely. As a matter of fact, in the model organism *L. lipolytica*, a single point
430 mutation in the conserved Cys²⁰⁶ (C206G) causes complete loss of flavin from complex I
431 ([19](#)). Thus, oxidative modification of cysteine residues in the FMN binding pocket might
432 be an important level of regulation of complex I activity and ROS production in response
433 of the overall redox state of mitochondria.

434 **6. Complex I and the mitochondrial flavin cofactor homeostasis**

435 *6.1 Mitochondrial flavin cofactor homeostasis*

436 In the previous section we reviewed how and when complex I binds its cofactor
437 FMN and some aspects of its catalytic properties. In this last section we will discuss how
438 complex I FMN cofactor integrates in the context of mitochondrial flavin homeostasis.
439 Various molecular aspects of the overall human flavin metabolism were recently
440 reviewed in ([102](#)) and here we will focus mainly on the most relevant aspects to complex
441 I biology.

442 In humans, flavin homeostasis is regulated by a set of genes that controls
443 riboflavin transport and metabolism assuring proper delivery of cofactors to nascent
444 apoenzymes ([103](#)). Plasma membrane transport of riboflavin in the whole body, from
445 the intestinal absorption to the urinary secretion, is jointly orchestrated by the three
446 members of SLC52 family is (RFVT1, RFVT2 and RFVT3) ([104](#)). Once inside the cell,
447 riboflavin is then converted to its catalytically active cofactor forms by the sequential
448 action of two enzymes: Riboflavin kinase (RFK) and FAD synthase (FADS) ([102](#)). FAD and
449 FMN are cofactors of the at least 90 flavoproteins that compose the “human

450 flavoproteome” ([105](#)). Of all these 90 genes, according to the updated version of
451 Mitocarta 3.0 ([106](#)), almost half (43 out of 90) encodes for a mitochondrial flavoproteins
452 ([105](#)).

453 How human mitochondria manage to uptake flavin cofactors from the cytosol is
454 still uncertain. It is not clear whether FMN can be transported across the inner
455 mitochondrial membrane directly by a specific carrier or if it is generated inside the
456 mitochondrial matrix ([Figure 3](#)). In the latter case, a mitochondrial targeted isoform of
457 the cytosolic RFK or FADS enzymes would be required to form FMN from the imported
458 riboflavin or FMN, respectively. While the existence of a mitochondrial FAD synthase
459 isoform has been extensively demonstrated ([107](#), [108](#)), the presence of a mitochondrial
460 RFK isoform and of a putative mitochondrial riboflavin transporter still require further
461 molecular confirmation ([107](#)). The passage of flavin cofactors through the
462 mitochondrial outer membrane probably happens through VDAC channels ([109](#)) as it is
463 the case for many small metabolites. On the other hand, it seems that FAD can be
464 transported across the mitochondrial inner membrane thanks to a carrier called MFT
465 (mitochondrial folate carrier) which transports folate but also FAD ([110](#)). The gene
466 encoding MFT, *SLC25A32*, is closely related to the yeast mitochondrial FAD transporter
467 *FLX1* gene ([110](#), [111](#)) and it was found to be mutated in patients with a riboflavin-
468 responsive neuromuscular disease ([112](#)). In line with its proposed role, patient’s
469 *SLC25A32*-deficient fibroblasts present deficient activities in components of the electron
470 transport chain such as complex II ([112](#)). If FAD is the form in which riboflavin is
471 transported inside the mitochondria, FMN must be formed not by the phosphorylation
472 of riboflavin, but through hydrolysis of FAD into FMN and AMP. Two types of enzymes
473 were proposed to carry out this reaction in humans and, surprisingly, one of them is the

474 very same FADS. In fact, beside the FAD synthase domain located at the C-term of the
475 protein, some isoforms of FADS present a N-term molybdo-pterin-binding domain
476 capable of FAD hydrolysis ([113](#)). The reason behind the localization of two distinct
477 domains that catalyze the functional opposite reactions on the same enzyme and how
478 the regulation of the two activities may happen is still not known; however, it has been
479 proposed that redox modifications of the cysteine residues of the protein may ensure a
480 potential regulatory mechanism capable of tuning the overall direction of catalysis ([102](#),
481 [113](#)). Another putative class of FAD hydrolyzing enzymes that could convert FAD into
482 FMN inside the mitochondria is the NUDIX family ([114](#)), yet a formal demonstration is
483 still lacking. On this account, summarizing the information we have at our disposal, we
484 can hypothesize that FMN delivery to the nascent complex I would occur through the
485 following steps ([Figure 3](#)): (i) Uptake of extracellular riboflavin by a plasma membrane
486 carrier of the *SLC52* family. (ii) Conversion of riboflavin into FMN first by cytosolic RFK.
487 (iii) Conversion of FMN into FAD by cytosolic FADS. (iv) Transport into the mitochondrial
488 inter-membrane space through VDAC. (v) Mitochondrial FAD uptake by MFT. (vi)
489 Conversion of FAD into FMN (probably by the FAD hydrolase activity of the
490 mitochondrial FADS isoform). (vii) Binding of FMN to NDUFV1 subunit

491 A defect in one of these steps should then result, among other clinical findings,
492 in a deficient complex I activity, as it is the case for patients bearing mutations in the
493 genes encoding RFVT1/2 ([115](#)) and FADS ([116](#), [117](#)). To our knowledge, mutations in the
494 RFK gene were never observed to be the cause of a clinical syndrome and this is not
495 surprising because it reflects the unconditioned essentiality of this gene, as shown by
496 the embryonic lethality of the mouse knockout model ([118](#)). Apart of the scheme

497 proposed above, we expect that upcoming investigations will soon help to clarify the
498 doubtful aspects of mitochondrial flavin homeostasis.

499 *6.2 Mitochondrial FMN pool*

500 As soon as the coenzyme is finally produced and transported, the likelihood of
501 FMN binding to complex I NDUFV1 subunit would be regulated, among other factors, by
502 the availability of FMN in the mitochondrial matrix and by the competition with other
503 FMN binding enzymes. An exact quantification of matrix flavin coenzymes is challenging
504 for the tendency that these compounds have to be degraded during sample handling
505 ([119](#), [120](#)), nevertheless, various estimations of FMN matrix concentration can be found
506 in the literature, albeit often expressed in different units of measurement (mol/g of
507 protein, g/g, molarity). Based upon the quantifications made in a variety of biological
508 samples, FAD seems to be the main flavin compound present in the cell, meanwhile FMN
509 occurs to be less abundant; riboflavin is often found only in traces or completely absent
510 ([111](#), [121-123](#)). The preference towards FAD could be explained by the fact that most it
511 is the most common coenzyme of the flavoproteome (84 % of the human flavoenzyme
512 uses FAD and only 16 % uses FMN) ([105](#)) and by its lower reactivity in solution when
513 compared with FMN and riboflavin ([111](#)). The ratio between FAD and FMN
514 concentrations appears to fit between 3 and 8 (i.e. FAD being 3-10 times more abundant
515 than FMN) both in total cell lysates and in mitochondrial matrix preparations ([111](#), [121-](#)
516 [123](#)). Moreover, a recent study ([124](#)) reported an absolute matrix concentration value
517 for FAD of $26.21 \pm 7 \mu\text{M}$. By combining the two measurements, the estimation of the
518 mitochondrial matrix FMN concentration would be situated between 8.3 and 2.62 μM .
519 According to Mitocarta 3.0 ([106](#)), in human mitochondria, there are only 3 enzymes
520 which employ FMN as a cofactor and one of them, Dihydroorotate dehydrogenase

521 (DHODH), is anchored to the internal mitochondrial membrane facing the
522 intermembrane space, therefore, it has no access to the matrix FMN pool ([125](#)). The
523 remaining two, complex I NDUFV1 and pyridoxamine 5'-phosphate oxidase (PNPO), are
524 thus the only enzymes located in the mitochondrial matrix that bind FMN. A quantitative
525 study of protein abundance in mouse ([126](#)) showed that, in most tissues, the amount of
526 NDUFV1 is 5 to 20-fold higher than the amount of PNPO, with liver being the exception
527 because here the two proteins have comparable levels. It follows that, apart from liver,
528 most of the protein-bound fraction of mitochondrial FMN belongs to complex I.
529 Whether FMN abundance could be a limiting factor for the assembly and the activity of
530 complex I or not is still not known and it would require a dedicated set of studies to be
531 resolved. If the intramitochondrial NDUFV1 concentration is in the same range, or even
532 below, the FMN one, then, availability of the cofactor would be an important point of
533 control of complex I activity; this consideration would further strengthen the rationale
534 behind the clinical usage of riboflavin supplementation therapy in complex I deficient
535 patients.

536 The link between complex I and its cofactor is not solely related to its activity but
537 it extends to its structural stability as well. Indeed, the binding of the flavin cofactors to
538 the respective apoenzyme not only provides catalytic activity but it is often crucial for
539 the correct folding of the protein ([127](#), [128](#)). The decreased abundance of N-module
540 subunits observed upon riboflavin withdrawal in cultured cells ([127](#), [129](#)) may be
541 explained by a post translational mechanism that recognizes and degrades the flavin-
542 deficient peptides and the ClpXP machinery seems to be a likely candidate for such a
543 task ([50](#)).

544 *6.2 Further connections between complex I and flavin coenzymes*

545 While the connection between complex I structure and function and flavin
546 cofactor homeostasis seems to be unidirectional at first (i.e. the cofactor regulates the
547 enzyme), there are some studies in which the opposite is observed, in other words,
548 where the function of the electron transport chain influences the cofactor levels. For
549 example, complex I inhibition by rotenone in HeLa cells results in decreased levels of
550 FAD and FMN ([130](#)). Moreover, in knockouts cell lines for NAD⁺ and P_i mitochondrial
551 transporters (*SLC25A51* and *SLC25A3* respectively) where oxidative phosphorylation is
552 blunted, riboflavin is one of the most significantly depleted mitochondrial metabolites
553 ([131](#)). Finally, oligomycin a or piericidin A treatment induce a depletion in the
554 mitochondrial FAD pool ([124](#)). These results highlight the mutual interdependence
555 between complex I and its coenzyme, and that regulatory mechanisms may exist at
556 many levels.

557 We will comment upon one last case in which this intimate relationship is
558 unveiled. Complex I assembly is an intricate process which requires the coordinate
559 action of at least 18 dedicated assembly factors ([8](#), [132-134](#)) whose list keeps expanding
560 every year. Of the several proteins that were proposed to play a role in complex I
561 assembly, three of them are flavoproteins and play a role in the maturation of the P-
562 module, namely FOXRED1, ACAD9 and AIFM1. FOXRED1 is a FAD-dependent
563 oxidoreductase involved in the maturation of the ND4 membrane subcomplex ([8](#), [33](#),
564 [135](#)) and it was found to be mutated in patients with defects in complex I ([43](#)). ACAD9
565 is a FAD-dependent acyl-CoA dehydrogenase specific for long chain unsaturated fatty
566 acids with a secondary role in beta-oxidation but a primary role in complex I biogenesis
567 ([133](#)). ACAD9 is crucial for the formation of the MCIA complex, an inner membrane
568 machinery composed of various assembly factors, that assists the formation of the ND2

569 subcomplex ([133](#), [136](#)). ACAD9 mutations are known cause of complex I deficiency and
570 are often riboflavin-responsive ([137](#)). Interestingly, the switch between the two
571 functions of ACAD9 seems to be regulated by the de-flavinylation of the enzyme induced
572 by other components of the MCIA complex ([138](#)). Finally, AIFM1 is an inner membrane
573 protein that binds FAD and NADH and cooperate with CHCHD4 to assist the proper
574 deliver of nuclear encoded subunits to the nascent ND2/ND6 portion of complex I ([8](#),
575 [139](#)). At this point, it should be clear that mitochondrial flavin cofactor homeostasis and
576 respiratory complex I regulate each other at multiple levels and that the elucidation of
577 their mutual influence is a promising research field for the years to come.

578 **Future directions and Perspectives**

579 Since its first description, our knowledge about the NADH dehydrogenase
580 component of the mitochondrial respiratory chain has kept expanding. Thanks to the
581 impressive resolution of single-particle electron cryomicroscopy ([6](#), [7](#)), the structural
582 features of mammalian complex I are now being employed to decipher its coupling
583 mechanism ([9](#)). These studies provide an important framework for the rationale behind
584 the development of therapeutic strategies ([92](#), [93](#)) and new drugs ([140](#)) for human
585 diseases. Nevertheless, whereas the general architecture of the FMN binding site is
586 known, several functional aspects regarding the flavin cofactor remain unknown. In this
587 review, we discussed the main topics regarding the complex I FMN that we think still
588 need a molecular description. For example, the regulatory mechanisms beneath the
589 flavin binding of the N-module are still unknown, and they might be an important point
590 of control of the assembly of complex I. The association/dissociation of the FMN
591 cofactor during ischemia/reperfusion injury and the mitochondrial metabolism of flavins
592 are other crucial processes that are starting just now to be recognized.

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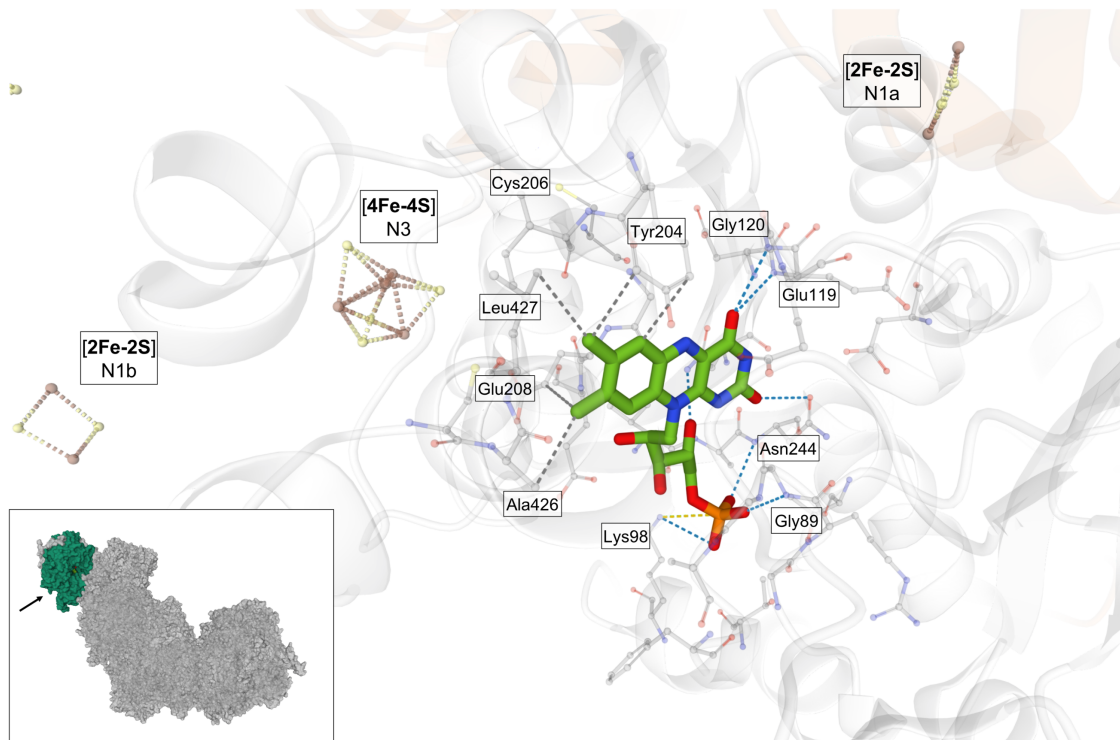
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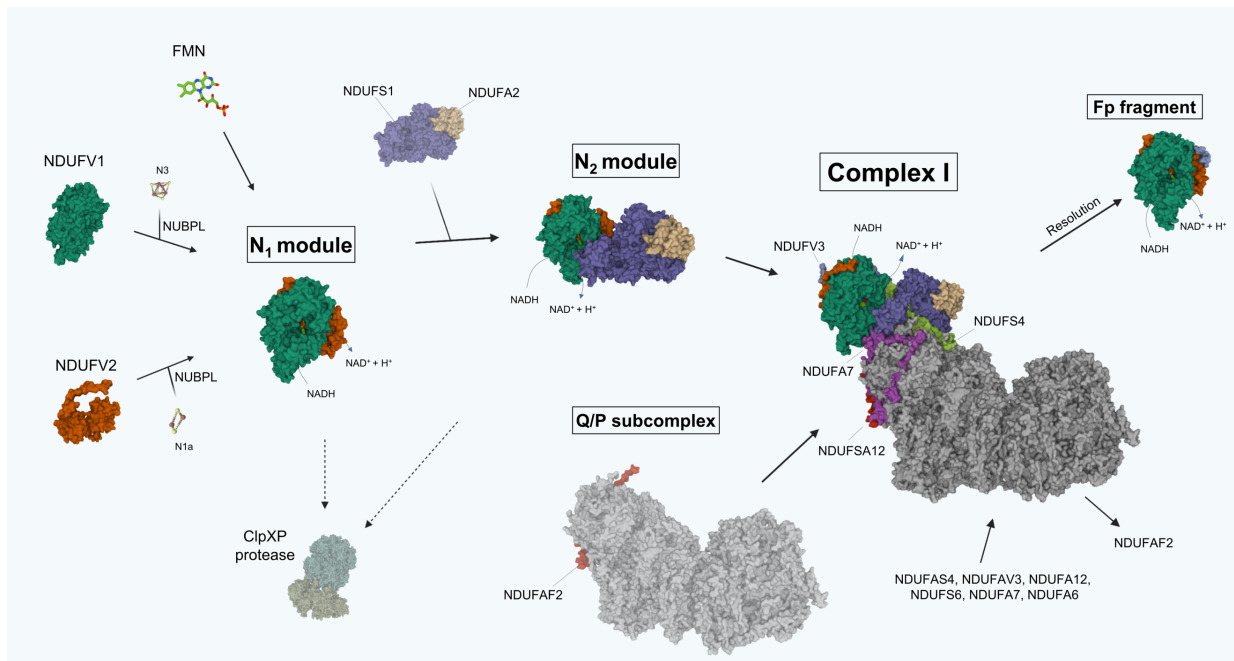
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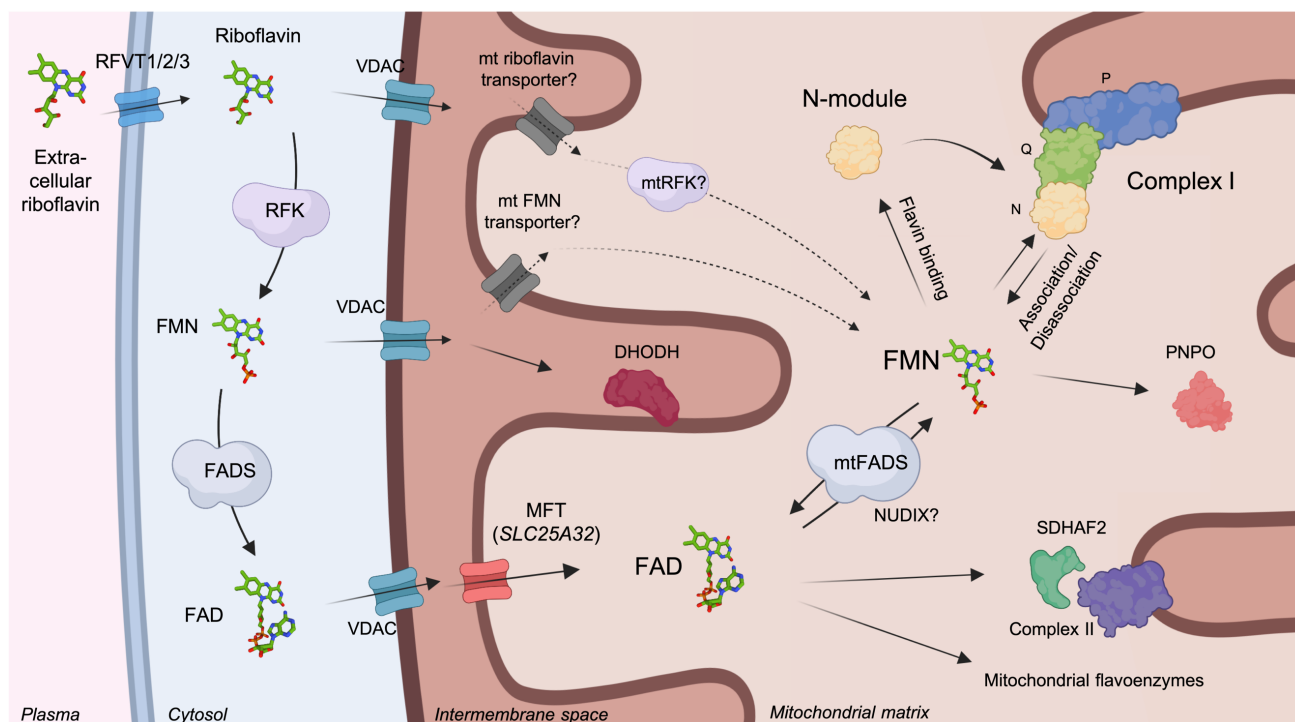
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973 **Figure 1.- 3D structure of the FMN binding site.** The non-covalent interactions between
 974 FMN and the amino acidic residues of the binding site are colored to show hydrogen
 975 bonds (blue), hydrophobic interactions (gray) and ionic interactions (yellow). The
 976 cofactor and the main amino acids are shown as sticks, the rest of the NDUFV1 and
 977 NDUFV2 subunits are shown as white and orange cartoons, respectively. The relative
 978 position of the N1a, N1b and N3 iron sulfur clusters and of Cys²⁰⁶ is shown. In the insert,
 979 the NDUFV1 subunit is colored in dark green to show its position in the assembled
 980 mammalian complex I. The arrow indicates the direction of the view, the orientation of
 981 the main picture was chose to obtain the best clarity of the FMN binding site. (PDB
 982 accession number utilized 6ZKQ, all the amino acids shown are conserved in the human
 983 protein).
 984



985

986 **Figure 2.- Assembly pathway and flavin binding model of the N-module.** The proposed
 987 assembly pathway and flavin binding model of the N-module is shown. The insertion of
 988 the iron sulfur cluster of NDUFV1 (dark green) and NDUFV2 (orange) is mediated by
 989 NUBPL. Flavin binding occurs together with or just after the formation of the low
 990 molecular weight N₁ module. The insertion of the flavin marks the start of the NADH
 991 dehydrogenase activity. Upon addition of the NDUFS1 and NDUFV2 subunits the high
 992 molecular weight N₂ module is formed. In the last step of complex I assembly the N₂
 993 module binds the Q/P subcomplex, the NDUFV2 cofactor is substituted by NDUFV12
 994 and the other accessory subunits are finally connected. Upon chaotropic agent
 995 treatment, the Fp fragment is resolved from complex I, retaining the NADH
 996 dehydrogenase activity. The action of ClpXP protease controls the abundance of the N-
 997 module. (PDB accession number 6ZKQ)
 998



999

1000 **Figure 3.- Integration of mitochondrial FAD and FMN homeostasis and complex I**
 1001 **maturation.** The cytosolic and mitochondrial metabolism of flavin cofactors are shown.
 1002 The uptake of extra-cellular riboflavin is mediated by one of the RFVT (*SLC52*) family
 1003 members. The conversion of riboflavin into FMN and FAD occurs in the cytosol thanks
 1004 to the enzymes RFK and FADS. The three cofactors pass through the outer mitochondrial
 1005 membrane through VDAC channels. In the inter membrane space DHODH is the only
 1006 FMN-containing enzyme. The uptake of FAD by mitochondria is mediated by the MFT
 1007 transporter. The existence and the identity of putative mitochondrial riboflavin/FMN
 1008 transporters and RFK isoform need further molecular confirmations. Once in the matrix,
 1009 FAD either binds to apoenzymes (such as complex II, which is shown) or is converted to
 1010 FMN by the mitochondrial FADS and/NUDIX enzymes. FMN binds to one of the only two
 1011 matrix FMN-containing enzymes: NUDFV1, of the N-module, and PNPO. The FMN pool
 1012 is also in equilibrium with the complex I FMN through the process of
 1013 association/dissociation.