

Supplementary information

Genetic drivers of heterogeneity in type 2 diabetes pathophysiology

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Genetic drivers of heterogeneity in type 2 diabetes pathophysiology

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Summary of loci identified through recent large-scale multi-ancestry meta-analyses. Two recent partially overlapping multi-ancestry meta-analyses of T2D GWAS together account for 69.3% of the total effective sample size of the multi-ancestry meta-regression undertaken by the T2D Global Genomics Initiative (**Supplementary Figure 1**). First, the meta-analysis of GWAS from the Million Veteran Program¹, which includes 228,499 T2D cases and 1,178,783 controls. Second, the meta-analysis of GWAS from the DIAMANTE Consortium², which includes 180,834 cases and 1,159,055 controls. We aimed to provide a comprehensive overview of the genetic contribution to T2D by summarising loci reported in these multi-ancestry GWAS meta-analyses at the conventional genome-wide significance threshold ($P < 5 \times 10^{-8}$) and a more stringent multi-ancestry genome-wide significance threshold ($P < 5 \times 10^{-9}$) proposed by the DIAMANTE Consortium. We aggregated loci reported in each of the three meta-analyses, ensuring no overlap between adjacent loci. Taken together, the three studies report 636 non-overlapping loci spanning 835.5Mb, of which 536 (84.3%) meet stringent multi-ancestry genome-wide significance in at least one of the multi-ancestry meta-analyses (**Supplementary Table 25**).

We investigated the likelihood that loci reported at the conventional genome-wide significance threshold by the DIAMANTE Consortium meet the more stringent multi-ancestry threshold in the larger sample size afforded by the T2D Global Genomics Initiative. We focussed on comparing results from these two efforts because both used the same meta-regression approach (MR-MEGA) to aggregate association summary statistics across GWAS. Of 39 loci with association signals meeting $5 \times 10^{-9} \leq P < 5 \times 10^{-8}$ reported by the DIAMANTE Consortium, 36 (92.3%) attained multi-ancestry genome-wide significance in the T2D Global Genomics Initiative (**Supplementary Table 25**). Of the three loci that did not meet the more stringent threshold, the signal at the *RASA1* locus was marginally more strongly associated (lead SNV rs11953892, $P = 1.6 \times 10^{-8}$ versus $P = 1.9 \times 10^{-8}$) in the T2D Global Genomics Initiative meta-analysis than in the DIAMANTE Consortium meta-analysis. However, association signals at the two remaining loci were weaker in the T2D Global Genomics Initiative than in the DIAMANTE Consortium, despite the increase in sample size. At the locus encompassing *CCDC39* and *FXR1*, the association signal was nominally significant in the Million Veteran Program (lead SNV rs4854992, $P = 0.0081$) with the same direction of effect as in the DIAMANTE Consortium meta-analysis. However, at the *CFAP6* locus, there was no association in the Million Veteran Program (lead SNV rs7261425, $P = 0.13$).

Taken together, these results indicate that index SNVs attaining the conventional threshold of $P < 5 \times 10^{-8}$ are unlikely to be false positive association signals but have modest effects that require larger sample sizes to meet multi-ancestry genome-wide significance.

Clusters are differentially associated with insulin-related endophenotypes. We assessed the association of index SNVs with insulin-related endophenotypes that were not used for clustering and derived from: hyperinsulinemic-euglycemic clamp assessments and oral glucose tolerance tests (OGTT) in up to 1,316 Mexican American participants without diabetes from the GUARDIAN Consortium³; and homeostatic model assessment measures of beta-cell function (HOMA-B) and insulin resistance (HOMA-IR) in up to 36,466 non-diabetic EUR individuals from MAGIC⁴ (**Supplementary Methods**). We observed significant heterogeneity in the effects of T2D risk alleles at index SNVs between clusters on HOMA-B ($P_{\text{HET}} < 2.2 \times 10^{-16}$), HOMA-IR ($P_{\text{HET}} = 4.1 \times 10^{-15}$), insulin secretion (OGTT-derived area under the

curve for insulin normalised for glucose from baseline to 30 minutes, $P_{\text{HET}}=0.0026$), and insulin sensitivity (clamp-derived glucose infusion rate, $P_{\text{HET}}=0.026$). T2D risk alleles at index SNVs showed a gradient of effects on these correlated measures across clusters (**Extended Data Figure 4, Supplementary Tables 10 and 11**), representing a cline from insulin production and processing in the two beta-cell dysfunction clusters (increased insulin sensitivity; decreased insulin secretion, HOMA-B, and HOMA-IR) through to insulin resistance (decreased insulin sensitivity; increased insulin secretion, HOMA-B, and HOMA-IR) that was most extreme in the lipodystrophy cluster.

Clusters are differentially associated with insulin resistance-related disorders. To understand the shared biological pathways driving genetic correlations with gestational diabetes mellitus (GDM) and polycystic ovary syndrome (PCOS), we extracted association summary statistics for each T2D index SNV from the largest available published GWAS for both disorders^{5,6} (**Supplementary Methods**). We observed significant heterogeneity in the effects of T2D risk alleles at index SNVs between clusters for both disorders (**Extended Data Figure 5, Supplementary Table 12**): GDM ($P_{\text{HET}}=7.0 \times 10^{-16}$) and PCOS ($P_{\text{HET}}=0.00022$). Index SNVs in the beta-cell +PI cluster demonstrated the strongest associations with GDM. This cluster includes T2D index SNVs that overlap with association signals previously reported for GDM, mapping to/near *MTNR1B*, *CDKAL1*, *TCF7L2*, and *CDKN2A-CDKN2B*, consistent with hyperglycaemia due to beta-cell dysfunction on a background of pregnancy-induced physiologic insulin resistance⁷. In contrast, PCOS is most strongly associated with index SNVs in the obesity cluster, consistent with previous Mendelian randomization studies that report a strong causal effect of higher BMI on increased PCOS risk⁸.

Cluster-specific associations of index SNVs with circulating GLP-1 concentrations. The beta-cell -PI cluster was enriched in adult enterochromaffin cells, a type of enteroendocrine cell that plays an essential role in regulating intestinal motility and secretion in the gastrointestinal tract⁹. Enterochromaffin cells are a major target for GLP-1 and highly express GLP-1 receptor, whose agonists are widely used as medications for T2D¹⁰. Between clusters, we compared the associations of index SNVs with 2-hour and fasting circulating GLP-1 concentrations in up to 3,514 EUR individuals from the Malmo Diet and Cancer Study¹¹ and the PPP-Botnia Study¹² (**Supplementary Methods**). Whilst differences in the effects of index SNVs on these measures were not significant between clusters ($P>0.05$), T2D risk alleles for index SNVs in the beta-cell -PI cluster showed a trend of association with decreased 2-hour GLP-1, whilst those in other clusters showed a trend of association with increased fasting GLP-1 (**Supplementary Figure 13**). Additional analyses in GLP-1 GWAS with larger sample sizes will be required to validate this finding.

T2D association signals are differentially enriched for ancestry-correlated heterogeneity across mechanistic clusters. To understand better the impact of genetic diversity on differences in allelic effects between GWAS at T2D association signals, we assessed the contribution of each of the three axes of genetic variation to heterogeneity (**Methods**). For 118 (92.9%) of the 127 association signals with significant evidence of ancestry-correlated heterogeneity, allelic effect sizes were most strongly associated with the first two axes of genetic variation (**Extended Data Figure 1, Supplementary Table 16**). This may simply reflect greater power to detect heterogeneity because these two axes separate GWAS from the three ancestry groups (AFA, EAS, and EUR) that make the largest contributions to the

effective sample size of the multi-ancestry meta-analysis. The magnitude and direction of the association of index SNVs with these two axes reflected differences in allelic effect size between AFA/EUR and EAS GWAS on the AFA-EAS axis, and AFA/EAS and EUR GWAS on the AFA-EUR axis (**Extended Data Figure 6**). For example, the T2D association signal indexed by rs7766070 at the *CDKAL1* locus was positively associated with the AFA-EAS axis ($P=4.2\times 10^{-14}$), but not the AFA-EUR axis ($P=0.74$) and is therefore characterised by a larger allelic effect in EAS GWAS than in AFA and EUR GWAS. On the other hand, at the locus encompassing *CILP2*, *CRTC1*, and *TM6SF2*, the T2D association signal indexed by rs8107974 has a larger allelic effect in EUR GWAS than in AFA and EAS GWAS, consistent with a positive association with the AFA-EUR axis ($P=3.7\times 10^{-10}$), but not the AFA-EAS axis ($P=0.72$).

The most significant evidence of ancestry-correlated heterogeneity was observed for the T2D association signal at the *HNF1A* locus indexed by rs1169299 ($P_{\text{HET}}=4.8\times 10^{-35}$). This index SNV was negatively associated with the AFA-EAS axis ($P_{\text{HET}}=2.7\times 10^{-11}$), and positively associated with the AFA-EUR axis ($P_{\text{HET}}=4.6\times 10^{-9}$), corresponding to an AFA allelic effect (OR=1.02) that was intermediate between the EAS and EUR allelic effects (OR=0.95 and OR=1.05, respectively). In contrast, the association signal indexed by rs2237884, at the locus encompassing *INS*, *IGF2*, and *KCNQ1*, was not associated with either the AFA-EAS axis ($P_{\text{HET}}=0.61$) or AFA-EUR axis ($P_{\text{HET}}=0.56$), indicating no difference in allelic effects between AFA, EAS, and EUR GWAS (OR=1.03 for all three ancestry groups). Instead, the heterogeneity for this signal was driven by association with the third axis of genetic variation ($P_{\text{HET}}=2.8\times 10^{-8}$), which separates HIS and SAS GWAS (OR=1.09 and OR=0.97, respectively).

We investigated whether the observed ancestry-correlated differences in allelic effects on T2D between ancestry groups varied across mechanistic clusters. To do this, we compared the magnitude and direction of association of index SNVs in each cluster with the first three axes of genetic variation (**Methods**). We observed significant differences in mean Z-scores for association between clusters for both the AFA-EAS axis ($P=4.1\times 10^{-6}$) and the AFA-EUR axis ($P=1.5\times 10^{-6}$), but not for the HIS-SAS axis ($P=0.17$), reflecting at least in part differences in sample size and therefore statistical power. Index SNVs in the two beta-cell clusters were most positively associated with the AFR-EAS axis, indicating allelic effects on T2D that were greater in EAS than in AFA and EUR GWAS (**Extended Data Figure 7, Supplementary Table 17**). In contrast, index SNVs in the lipodystrophy and obesity clusters were most positively associated with the AFA-EUR axis, indicating allelic effects on T2D that were greater in EUR GWAS than in EAS/AFA GWAS.

Impact of BMI on ancestry-correlated heterogeneity between GWAS. To investigate the impact of ancestry-correlated heterogeneity in allelic effects between GWAS, we extended the MR-MEGA meta-regression model to account for mean BMI in T2D cases and controls, in addition to axes of genetic variation (**Methods**). After adjustment for study-level mean BMI in T2D cases and in controls, only 24 association signals retained significant evidence of ancestry-correlated heterogeneity ($P<3.9\times 10^{-5}$), compared with 127 signals without adjustment (**Supplementary Table 18**). For example, at the *HNF1A* locus, the ancestry-correlated heterogeneity at the T2D association indexed by rs1169299 was attenuated after BMI adjustment ($P=0.00016$ versus $P=4.8\times 10^{-35}$ without adjustment), which is consistent with the assignment of this signal to the beta-cell -PI cluster. In contrast, at the association signal indexed by rs2237884, at the locus encompassing *INS*, *IGF2*, and *KCNQ1*, which was assigned to the body fat cluster, ancestry-correlated heterogeneity was not meaningfully impacted by BMI adjustment ($P=5.0\times 10^{-7}$ versus $P=2.7\times 10^{-7}$ without adjustment). After

adjustment for BMI, significant differences in mean Z-scores for association between clusters for the AFA-EUR axis were maintained ($P=3.2 \times 10^{-5}$ versus $P=1.5 \times 10^{-6}$ without adjustment), whilst those for the AFA-EAS axis were not ($P=0.18$ versus $P=4.1 \times 10^{-6}$ without adjustment). Furthermore, after adjustment for BMI, the two beta-cell clusters were no longer strongly positively associated with the AFA-EAS axis (**Extended Data Figure 7, Supplementary Table 19**).

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Supplementary Methods

Cluster-specific associations of index SNVs with insulin-related endophenotypes and insulin resistance-related disorders. We extracted association summary statistics for measures of glucose homeostasis derived from hyperinsulinemic-euglycemic clamp assessments and oral glucose tolerance tests (OGTT) performed by the GUARDIAN Consortium¹, which were obtained from GWAS undertaken in up to 1,316 non-diabetic Mexican American participants from the Mexican American Coronary Artery Disease (MACAD) study² and the Hypertension and Insulin Resistance (HTN-IR) study³. The measures used were: insulin sensitivity (clamp-derived glucose infusion rate in 1,316 participants from MACAD and HTN-IR); insulin clearance (clamp-derived metabolic clearance rate of insulin in 1,261 participants from MACAD and HTN-IR); and insulin secretion (OGTT-derived area under the curve for insulin normalised for glucose from baseline to 30 minutes in 513 participants from MACAD). We also extracted association summary statistics for homeostatic model assessment measures of beta-cell function (HOMA-B) and insulin resistance (HOMA-IR) from published GWAS meta-analyses of up to 36,466 non-diabetic European ancestry individuals from MAGIC⁴. We also extracted association summary statistics for insulin resistance-related disorders from published GWAS meta-analyses of: (i) 5,485 GDM cases and 347,856 female controls of diverse ancestry from the GenDIP Consortium⁵; and (ii) 10,074 PCOS cases and 103,164 female controls of European ancestry⁶.

For each endophenotype/disorder, we aligned the effect estimate to the T2D risk allele from the fixed-effects multi-ancestry meta-analysis, denoted β_j for the j th index SNV. We then calculated the Z-score, given by $Z_j = \beta_j/s_j$, where s_j is the standard error of the effect estimate of the j th index SNV. We tested for association of each endophenotype with index SNVs across clusters in a linear regression model, given by $E(Z_j) = \sum_k \gamma_k C_{jk}$, where C_{jk} is an indicator variable that takes the value “1” if the j th index SNV was assigned to the k th cluster and “0” otherwise. We tested for heterogeneity in cluster effects on each endophenotype by comparing the deviance of this model with that of $E(Z_j) = \gamma_0$. Regression models were fitted using the glm function in R.

Cluster-specific associations of index SNVs with circulating GLP-1 concentrations. The Malmo Diet and Cancer Study (MDCS) is a prospective population-based cohort study that includes 31088 men and women aged 44 to 74 who completed a baseline examination between 1991 and 1996 and lived in Malmo⁷. A random subset was invited to a reinvestigation starting in 2007, where GLP-1 was measured⁸. Individuals with diabetes were excluded from the analysis. An overnight fast was followed by the administration of 75g OGTT for diabetes free individuals. Blood samples were analyzed for GLP-1 concentrations at 0 and 120 minutes. Total plasma GLP-1 concentrations, including intact GLP-1 and the metabolite GLP-1 9-36 amide, were determined radioimmunologically with an in-house anti-serum (no. 89390; sensitivity <1 pmol/l)^{9,10}.

The Prevalence, Prediction and Prevention of type 2 diabetes (PPP)-Botnia Study is a population-related study that began in 2004 in Finland. Participants were randomly selected from the National Finnish Population Registry, representing 6%-7% of the 18-75 age population. Of the original 5,208 participants, 3,850 (77%) attended the first follow-up study in 2011-2015, where GLP-1 was measured¹¹. A 75g OGTT was conducted after overnight 10-12 hours fasting with blood samples drawn at 0, 30, and 120 minutes. GLP-1 was measured at 0 and 120 minutes. GLP-1 was measured using GLP-1 (total) radioimmunoassay (GLP1T-

36HK, EMD Millipore) with high specificity to GLP-1 (GLP-2, glucagon, and exendin <0.2%). The range was 3–333 pmol/l. Serum insulin was measured by an AutoDelfia fluoroimmunoassay (B080-101, PerkinElmer)¹¹.

MDCS was genotyped at the Broad genotyping facility using the Infinium OmniExpressExome v1.0 B Beadchip array (Illumina). PPP-Botnia genotyping was performed on a FinnGen ThermoFisher Axiom custom array¹² at the Thermo Fisher genotyping service facility in San Diego. Standard quality control filters were applied to filter SNVs and samples before imputation. SNVs were excluded for monomorphism, low call rate, or Hardy-Weinberg deviation. Samples with duplications or low call rates, unexpected relatives, sex mismatches, heterozygosity outliers, ancestral outliers (non-EUR) were excluded. For MDCS, genotype imputation for autosomal chromosomes was performed using the Haplotype Reference Consortium version 1.0.3 on the Michigan Server. For PPP-Botnia, genotype imputation was carried out using the population-specific SISu v3 reference panel¹² with Beagle 4.1¹³. In both studies, GLP-1 hormone levels were log-transformed before analysis. SNPTEST v.2.5.6¹⁴ was used for genome-wide association analyses, using frequentist score method adjusted for age, sex and first four principal components. The results were filtered based on MAF >0.01, Hardy-Weinberg equilibrium $P > 5 \times 10^{-7}$, and imputation info >0.4. A fixed effect meta-analysis (inverse-variance weighting) was performed using GWAMA¹⁵. The final analysis included 3,514 individuals with fasting GLP-1 and 3,511 individuals with 2-hour GLP-1.

All of Us Research Program (AoURP) cohort description, sequencing, quality control, and phenotype derivation. We considered participants with whole-genome sequencing (WGS) and electronic health record (EHR) data from the AoURP Controlled Tier Dataset v7^{16,17}. Details of the generation and quality control of the genomic data can be found in the AoURP Genomic Quality Report release C2022Q4R9 (https://support.researchallofus.org/hc/en-us/article_attachments/17973653017236). Briefly, we used computed genetic ancestries and removed related individuals in the maximal independent set (kinship score >0.1). To reduce the computational burden of the WGS dataset, we considered only high-quality SNVs (as defined in the AoURP Genomic Quality Report release C2022Q4R9) with MAF >1% or MAC >100 in at least one of the computed genetic ancestries. To correct for population structure, within each computed genetic ancestry, we derived principal components using the smartpca function from EIGENSOFT v7.2.1 with the “fastmode” option enabled¹⁸. In the principal component calculations, we excluded SNVs that were not present in the 1000 Genomes Project (phase 3, October 2014 release) reference panel¹⁹. We also excluded SNVs with MAF <1%, that deviated from Hardy-Weinberg equilibrium ($P < 10^{-6}$), or were located in the major histocompatibility complex and regions of high LD. Subsequently, we extracted autosomal LD-pruned SNVs ($r^2 < 0.05$) using PLINK v2.0²⁰. Cases of T2D, T2D-related macrovascular outcomes, and microvascular complications were derived from the combination of diagnosis codes (ICD-9-CM and ICD-10-CM), drug exposures, and LOINC codes for laboratory test results, extracted from EHR data. Age of T2D onset was defined by age at the first diagnosis code or age at the first drug exposure code.

Derivation of T2D cases and controls. For T2D cases, we used a previously developed method (<https://phekb.org/phenotype/type-2-diabetes-mellitus>). Briefly, we considered participants as T2D cases if they fit the following criteria: (a) at least one T2D diagnosis code and at least one drug exposure for T2D medications, unless at least one type 1 diabetes (T1D) diagnosis code; (b) at least one T2D diagnosis code, at least two drug exposures for

T1D and T2D medications with a T2D drug exposure occurring at least one day before T1D drug exposure, unless at least one T1D diagnosis code; (c) at least two T2D diagnosis codes and at least one drug exposure for T1D medication, unless at least one T1D diagnosis code; or (d) at least one drug exposure for T2D medications and at least one abnormal laboratory test result (random glucose, fasting glucose, or HbA1c), unless at least one T1D diagnosis codes. For controls, we considered those participants that were free of all diabetes diagnosis codes, including T2D, T1D, and other forms of diabetes. Additionally, we excluded participants that matched criteria (d) from the T2D definition. Age of T2D onset was defined by age at the first diagnosis code under criteria (a-c), and by age at the first drug exposure code under criteria (d).

For T2D, we used diagnosis codes 250.00, 250.02, 250.20, 250.22, 250.30, 250.32, 250.40, 250.42, 250.50, 250.52, 250.60, 250.62, 250.70, 250.72, 250.80, 250.82, 250.90, 250.92 from ICD-9-CM and E11.00, E11.01, E11.21, E11.29, E11.311, E11.319, E11.36, E11.39, E11.40, E11.51, E11.618, E11.620, E11.621, E11.622, E11.628, E11.630, E11.638, E11.641, E11.649, E11.65, E11.69, E11.8, E11.9 from ICD-10-CM. For T2D drug exposures, we used the following medications: acarbose, acetohexamide, albiglutide, alogliptin, canagliflozin, chlorpropamide, colesevelam, dapagliflozin, dulaglutide, empagliflozin, exenatide, glimepiride, glipizide, glyburide, linagliptin, liraglutide, lixisenatide, metformin, miglitol, nateglinide, pioglitazone, repaglinide, rosiglitazone, saxagliptin, semaglutide, sitagliptin, tolazamide, and troglitazone. Finally, we considered the following abnormal lab results: random glucose (LOINC codes: 2339-0, 2345-7) > 200mg/dl, fasting glucose (LOINC code: 1558-6) ≥ 125mg/dl, and HbA1c (LOINC codes: 4548-4, 17856-6, 4549-2, 17855-8) ≥ 6.5%. For T1D, we used diagnosis codes 250.01, 250.03, 250.11, 250.13, 250.21, 250.23, 250.31, 250.33, 250.41, 250.43, 250.51, 250.53, 250.61, 250.63, 250.71, 250.73, 250.81, 250.83, 250.91, 250.93 from ICD-9-CM and E10.10, E10.11, E10.21, E10.29, E10.311, E10.319, E10.36, E10.39, E10.40, E10.51, E10.618, E10.620, E10.621, E10.622, E10.628, E10.630, E10.638, E10.641, E10.649, E10.65, E10.69, E10.8, E10.9 from ICD-10-CM. For T1D drug exposures, we used the following medications: insulin, insulin NPH, insulin aspart, insulin degludec, insulin detemir, insulin glargine, insulin glulisine, insulin lispro, pramlintide. For other forms of diabetes, we used diagnosis codes 249*, 648.0*, 648.8* in ICD-9-CM and E08*, E09*, E13*, O24* in ICD-10-CM.

Derivation of cases and controls for T2D-related clinical outcomes. For each T2D-related clinical outcome, we used previously-defined ICD-9-CM and ICD-10-CM diagnosis codes from EHR data to identify cases and controls²¹⁻²⁴. For macrovascular outcomes (CAD, ischemic stroke, and peripheral artery disease), we defined cases and controls as participants with and without, respectively, the relevant diagnosis codes, irrespective of T2D status. For CAD, we used 410*, 411*, 412*, 413* in ICD-9-CM and I20*, I21*, I22*, I23*, I24*, I25* in ICD-10-CM. For ischemic stroke, we used 433*, 434* in ICD-9-CM and I63* in ICD-10-CM. For peripheral artery disease, we used 4400, 4402, 4438, 4439 in ICD-9-CM and I70.0, I70.00, I70.01, I70.2, I70.20, I70.21, I70.8, I70.80, I70.9, I70.90, I73.8, I73.9 in ICD-10-CM. For microvascular complications (ESDN and proliferative diabetic retinopathy), we considered only T2D cases. ESDN cases were defined with relevant diagnosis codes for both diabetic nephropathy and end-stage kidney disease (ESKD), and ESDN controls were defined as being free of any diagnosis code for diabetic nephropathy, defined using the AoURP cohort builder. For ESKD, we used 403.01, 403.11, 403.91, 404.02, 404.03, 404.12, 404.13, 404.92, 404.93, 585.6 in ICD-9-CM and I12.0, I13.11, I13.2, N18.6 in ICD-10-CM. For DN, we used E11.21 in ICD-10-CM. Proliferative diabetic retinopathy cases were defined with

relevant diagnosis codes. Proliferative diabetic retinopathy controls were defined as being free of any diagnosis code for diabetic retinopathy. For proliferative diabetic retinopathy, we used 362.02 in ICD-9-CM and E08.35*, E09.35*, E10.35*, E11.35*, E13.35* in ICD-10-CM. For diabetic retinopathy, we used 362.0* in ICD-9-CM and E08.31*, E08.32*, E08.33*, E08.34*, E08.35*, E09.31*, E09.32*, E09.33*, E09.34*, E09.35*, E10.31*, E10.32*, E10.33*, E10.34*, E10.35*, E11.31*, E11.32*, E11.33*, E11.34*, E11.35*, E13.31*, E13.32*, E13.33*, E13.34*, E13.35* in ICD-10-CM.

Biobank Japan (BBJ) cohort description, genotyping, quality control, and phenotype derivation. BBJ is a multi-institutional hospital-based registry that comprises DNA and medical records from individuals of Japanese ancestry^{25,26}. The first BBJ cohort comprises approximately 200,000 participants with at least one of 47 common diseases collected between 2003 and 2007. The second BBJ cohort comprises approximately 67,000 participants with at least one of 38 common diseases collected between 2013 and 2017. Physicians of 66 cooperating hospitals determined the eligibility of cases. Only those individuals who were not included in the multi-ancestry meta-analysis were considered for testing of the partitioned GRS.

Genomic DNA was prepared following standard protocols from peripheral blood samples and genotyped using the Illumina Asian Screening Array, following the manufacturer's instructions. We excluded individuals with call rate <98% and outliers from the cluster of East Asian populations based on principal component analysis with reference individuals from Phase II HapMap²⁷. We excluded SNVs with call rate <99%, MAC <5, exact Hardy-Weinberg equilibrium $P < 10^{-10}$, and >5% difference in MAF when compared with Japanese whole-genome sequence data^{28,29} and the Tohoku Medical Megabank Project³⁰. After quality control, we performed pre-phasing using SHAPEIT4³¹. Phased haplotypes were imputed to the combined reference panel of 1000 Genomes Project Phase 3 and Japanese whole-genome sequencing data from 1,037 individuals^{28,29} using Minimac4³². We subsequently excluded individuals with a mismatch between inferred genetic sex and sex registered in clinical information, who were not in a set of unrelated individuals defined by using PLINK with KING-cutoff <0.09375, or were outliers of heterozygosity rates (more than 5 SD from the mean). To correct for population structure, we derived principal components using PLINKv2.0²⁰, calculated from a set of autosomal LD-pruned SNVs ($r^2 < 0.1$) with MAF $\geq 0.5\%$ after excluding the major histocompatibility complex region.

We selected participants of at least 18 years of age for PS analyses. We defined T2D cases as participants with a diagnosis of T2D, made by physicians at participating hospitals, but not type 1 diabetes, mitochondrial diabetes, maturity-onset diabetes of the young, or any other type of diabetes³³. We extracted cases of microvascular complications from medical records in which diagnosis was made by physicians at participating hospitals. We defined controls for microvascular complications as T2D cases without any diagnosis of diabetic nephropathy or diabetic retinopathy. We defined CAD as a composite of stable angina, unstable angina, and myocardial infarction. These conditions, in addition to ischemic stroke and peripheral artery disease, were diagnosed by physicians at collaborating hospitals based on general medical practices following relevant guidelines. Age of T2D onset was defined from a questionnaire of medical history.

Genes & Health (G&H) cohort description, genotyping, quality control, and phenotype derivation. G&H is a UK-based cohort of British Pakistani and Bangladeshi individuals

recruited and consented for lifelong electronic health record access and genetic analysis³⁴. Medical records are linked to ICD-10-CM, OPCS and SNOMED diagnosis and procedural codes across inpatient and hospital settings as well as clinical laboratory measurements, and a baseline questionnaire containing demographic information. Individuals were genotyped using the Illumina Infinium Global Screening Array. Full details of quality control have been reported previously³⁵. KING was used to calculate kinship metrics³⁶ and individuals with at least second-degree relatedness were subsequently removed. Ancestry outliers based on principal component analysis were also excluded. Individuals were imputed to the TOPMed r2 reference panel³⁷. Cases of T2D, T2D-related macrovascular outcomes, and microvascular complications were derived from the combination of diagnosis codes (ICD-10-CM), drug exposures, and laboratory test results, extracted from EHR data. Age of T2D onset was defined as the date a diagnosis was made (ICD-10-CM), or a medication was prescribed, or an abnormal laboratory test was recorded, whichever occurred first.

Derivation of T2D cases and controls. We considered participants as T2D cases if they fit the following criteria: (a) at least one T2D diagnosis code and at least one drug exposure for T2D medications, unless at least one type 1 diabetes (T1D) diagnosis code; (b) at least one T2D diagnosis code, at least two drug exposures for T1D and T2D medications with a T2D drug exposure occurring at least one day before T1D drug exposure, unless at least one T1D diagnosis code; (c) at least two T2D diagnosis codes and at least one drug exposure for T1D medication, unless at least one T1D diagnosis code; or (d) at least one drug exposures for T2D medications and at least one abnormal laboratory test result (random glucose, fasting glucose, or HbA1c), unless at least one T1D diagnosis codes. For controls, we considered those participants that were free of all diabetes diagnosis codes, including T2D, T1D, and other forms of diabetes. Additionally, we excluded participants that matched criteria (d) from the T2D definition.

For T2D, we used diagnosis codes E11.00, E11.01, E11.21, E11.29, E11.311, E11.319, E11.36, E11.39, E11.40, E11.51, E11.618, E11.620, E11.621, E11.622, E11.628, E11.630, E11.638, E11.641, E11.649, E11.65, E11.69, E11.8, E11.9 from ICD-10-CM. For T2D drug exposures, we used the following medications: acarbose, acetohexamide, albiglutide, alogliptin, canagliflozin, chlorpropamide, colesevelam, dapagliflozin, dulaglutide, empagliflozin, exenatide, glimepiride, glipizide, glyburide, linagliptin, liraglutide, lixisenatide, metformin, miglitol, nateglinide, pioglitazone, repaglinide, rosiglitazone, saxagliptin, semaglutide, sitagliptin, tolazamide, and troglitazone. Finally, we considered the following abnormal lab results: random glucose > 200mg/dl, fasting glucose \geq 125mg/dl, and HbA1c \geq 6.5%. For T1D, we used diagnosis codes E10.10, E10.11, E10.21, E10.29, E10.311, E10.319, E10.36, E10.39, E10.40, E10.51, E10.618, E10.620, E10.621, E10.622, E10.628, E10.630, E10.638, E10.641, E10.649, E10.65, E10.69, E10.8, E10.9 from ICD-10-CM. For T1D drug exposures, we used the following medications: insulin, insulin NPH, insulin aspart, insulin degludec, insulin detemir, insulin glargine, insulin glulisine, insulin lispro, pramlintide. For other forms of diabetes, we used diagnosis codes E08*, E09*, E13*, O24* in ICD-10-CM.

Derivation of cases and controls for T2D-related clinical outcomes. For macrovascular outcomes (CAD, ischemic stroke, and peripheral artery disease), we defined cases and controls as participants with and without, respectively, the relevant diagnosis codes, irrespective of T2D status. For CAD, we used I20*, I21*, I22*, I23*, I24*, I25* in ICD-10-CM. For ischemic stroke, we used I63* in ICD-10-CM. For peripheral artery disease, we used I70.0, I70.00, I70.01, I70.2, I70.20, I70.21, I70.8, I70.80, I70.9, I70.90, I73.8, I73.9 in ICD-10-CM. For microvascular complications (ESDN and proliferative diabetic retinopathy), we

considered only T2D cases. ESDN cases were defined with relevant diagnosis codes for both diabetic nephropathy and end-stage kidney disease (ESKD), and ESDN controls were defined as being free of any diagnosis code for diabetic nephropathy. For ESKD, we used I12.0, I13.11, I13.2, N18.6 in ICD-10-CM. For DN, we used E11.21 in ICD-10-CM. Proliferative diabetic retinopathy cases were defined with relevant diagnosis codes. Proliferative diabetic retinopathy controls were defined as being free of any diagnosis code for diabetic retinopathy. For proliferative diabetic retinopathy, we used E08.35*, E09.35*, E10.35*, E11.35*, E13.35* in ICD-10-CM. For diabetic retinopathy, we used E08.31*, E08.32*, E08.33*, E08.34*, E08.35*, E09.31*, E09.32*, E09.33*, E09.34*, E09.35*, E10.31*, E10.32*, E10.33*, E10.34*, E10.35*, E11.31*, E11.32*, E11.33*, E11.34*, E11.35*, E13.31*, E13.32*, E13.33*, E13.34*, E13.35* in ICD-10-CM. No cases with proliferative diabetic retinopathy were identified in the G&H cohort.

Clinical trials from the Thrombolysis in Myocardial Infarction (TIMI) Study. ENGAGE AF-TIMI 48 was a 3-arm trial comparing two doses of the Factor Xa inhibitor edoxaban to warfarin in patients with atrial fibrillation and CHADS2 risk score of 2 or higher, where co-morbidities included diabetes (38%), stroke (28%), and heart failure (57%). SOLID-TIMI 52 was a trial of the lipoprotein-associated phospholipase A2 inhibitor darapladib versus placebo in patients with recent acute coronary syndrome on optimal background medical therapy, where co-morbidities included hypertension (73%), hyperlipidemia (64%), and diabetes (35%). SAVOR-TIMI 53 was a trial of the DPP4 inhibitor saxagliptin in patients with T2D, where co-morbidities included atherosclerosis (78%) and hypertension (81%). PEGASUS-TIMI 54 was a trial of the antiplatelet drug ticagrelor in patients with prior myocardial infarction, where co-morbidities included smoking (17%), hypertension (78%), diabetes (32%), prior percutaneous coronary intervention (83%), and prior coronary artery bypass graft (5%). FOURIER-TIMI 59 was a trial of the PCSK9 inhibitor evolocumab in patients with myocardial infarction, stroke, or peripheral artery disease, where co-morbidities included hypertension (80%), diabetes (37%), and prior myocardial infarction (81%). DECLARE-TIMI 58 was a trial of the SGLT-2 inhibitor dapagliflozin in patients with T2D, where co-morbidities included established atherosclerotic cardiovascular disease (40%) or multiple risk factors for atherosclerotic cardiovascular disease (60%).

Genotyping was performed on the Infinium Global Array chip (FOURIER-TIMI 59), Affymetrix Biobank Array (SOLID-TIMI 52), Infinium Global Screening Array MD (DECLARE-TIMI 58) and Illumina Multi-Ethnic Genotyping Array (ENGAGE AF-TIMI 48, PEGASUS-TIMI 54 and SAVOR-TIMI 53). PLINK v2.0²⁰ was used for pre-imputation quality control, which included mapping to hg38 coordinates, removing SNVs and individuals with missingness >0.2 (first round) and >0.02 (second round), removing individuals with sex discrepancies based on X-chromosome F-values (<0.2 for females and >0.8 for males) and heterozygosity more than 3 SD from the mean, and removing SNVs with MAF <1% and extreme deviation from Hardy-Weinberg equilibrium ($P < 10^{-6}$). Imputation was performed on the Michigan Imputation Server using Eagle v2.4³⁸ for phasing and Minimac4³² on TOPMed Freeze 5 reference panel³⁷ with imputation quality filter $r^2 > 0.3$. Cryptic relatedness was assessed using identity by descent, and a pi-hat threshold of 0.2 was used to identify related samples. EUR individuals were identified using the 1000 Genomes phase 3 v5 reference panel and the ADMIXTURE tool³⁹ (cutoff for European ancestry was set at 0.8) and were retained for analysis.

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Ethics statements

Anti-aging study cohort (AASC). The ethics committees of Ehime University Graduate School of Medicine approved all study procedures. Written informed consent was obtained from all participants.

All Of Us Research Program (AOURP). All research was conducted under the guidelines defined by the All of Us Ethical Conduct of Research Policy.

Atherosclerosis Risk in Communities (ARIC). Institutional Review Board approvals were obtained at all study sites: National Heart, Lung, and Blood Institute, University of North Carolina at Chapel Hill, Wake Forest Baptist Medical Center, University of Mississippi Medical Center, University of Minnesota, and Johns Hopkins University. All participants provided written informed consent.

Biobank Japan (BBJ). All participants provided written informed consent as approved by the ethical committees of the RIKEN Yokohama Institute and the Institute of Medical Science, the University of Tokyo. Ethical approvals of AMED GRIFIN Diabetes Initiative Japan were gained from the Ethics Committees of Osaka University and the University of Tokyo.

Beijing Eye Study (BES). Approval was obtained from the Medical Ethics Committee of the Beijing Tongren Hospital. All participants gave written informed consent.

BioMe Biobank (BIOME). Approval was obtained from the Institutional Review Board at the Icahn School of Medicine at Mount Sinai. All participants provided written informed consent for genomic data sharing.

Vanderbilt University Medical Center's BioVU (BIOVU). Analyses of DIAMANTE data at Vanderbilt University Medical Center are approved under IRB #190891 and analysis of BioVU data are approved under IRBs #210163 and #171279. In all three cases, the data analyzed received non-human subject determinations.

Bangladesh Population Cohort (BPC). The conduct of the BPC was reviewed and approved by Ethical Committees of the Bangladesh Medical Research Council and Institutional Review Boards of the University of Chicago.

Cardiometabolic Genome Epidemiology (CAGE-AMAGASKI and CAKE-GWAS). Approval was obtained from the Institutional Review Boards at the National Center for Global Health and Medicine. All participants provided written informed consent.

Cardiometabolic Genome Epidemiology (CAGE-KING). Approval was obtained from the ethics committees of Aichi Gakuin University, Jichi Medical University, Nagoya University and Kyushu University. All participants provided written informed consent.

Coronary Artery Risk Development in Young Adults (CARDIA). Participating centers (Northwestern University, University of Alabama Birmingham, University of Minnesota, and

Kaiser Foundation Research Institute) provided ethics approval for the CARDIA study, and all participants provided written informed consent to participate.

Cleveland Family Study (CFS). Approval was obtained from the Institutional Review Board of Mass General Brigham (formerly Partners HealthCare). Written informed consent was obtained from all participants.

China Health and Nutrition Survey (CHNS). Approval was obtained from the Institutional review Boards at the University of North Carolina at Chapel Hill, the Chinese National Human Genome Center at Shanghai, and the Institute of Nutrition and Food Safety at the China Centers for Disease Control. All participants provided written informed consent.

Cardiovascular Health Study (CHS). Approval was obtained from the Institutional Review Boards at Wake Forest University, University of California, Davis, Johns Hopkins, University of Pittsburgh, and the University of Washington, Seattle. All participants provided written informed consent.

China Kadoorie Biobank (CKB). All participants provided written informed consent. Ethical approval was obtained from Oxford Tropical Research Ethics Committee (OxTREC) and from the Ethical Review Committees of the Chinese Centre for Disease Control and Prevention and the Chinese Academy of Medical Sciences/Peking Union Medical College.

Cebu Longitudinal Health and Nutrition Survey (CLHNS). Written informed consent was obtained from all participants. Study protocols were approved by the University of North Carolina Institutional review Board for the Protection of Human Subjects.

Diabetic Cohort and Singapore Prospective Study Program (DC/SP2). Study protocols were approved by the Singapore General Hospital Ethics Committee, and National University of Singapore Institutional Review Board. All participants provided written informed consent.

Durban Diabetes Study and Durban Diabetes Case Control (DDS/DCC). Approvals were granted by the Biomedical Research Ethics Committee at the University of KwaZulu-Natal and the UK National Research Ethics Service. All participants provided written informed consent.

deCODE genetics (DECODE). The study was approved by the Icelandic National Bioethics Committee (approval no. VSN-16-112) after evaluation by the Icelandic Data Protection Authority. We obtained written informed consent for all participants in this study who donated samples. All data processing complies with the Icelandic Data Protection Authority (no. PV_2017060950þS).

Diabetes Gene Discovery Group (DGDG). All participants signed informed consent, and the protocol was approved by the French ethics committee.

Diabetes Genetics Initiative (DGI). The study was approved by the Ethics Committees of the Helsinki University Hospital, Helsinki, Finland, and Lund University, Sweden.

Estonian Genome Center of the University of Tartu (EGCUT). All analyses were approved by the Ethics Review Committee of the University of Tartu. All participants provided written informed consent.

Electronic Medical Records and Genomics Network (EMERGE). Approval was obtained from the Institutional Review Boards at Boston Children's Hospital, Children's Hospital of Philadelphia, Cincinnati Children's Hospital Medical Center, Essentia Institute of Rural Health, Geisinger Clinic, Group Health Cooperative, Marshfield Clinic Research Foundation, Mayo Clinic, Icahn School of Medicine at Mount Sinai, Northwestern University, Pennsylvania State University, Vanderbilt University Medical Center, and University of Washington. All participants provided written informed consent.

European Prospective Investigation into Cancer and Nutrition (EPIC-INTERACT). The EPIC-InterAct study was approved by the local ethics committee in the participating countries and the Internal Review Board of the International Agency for Research on Cancer. All participants gave written informed consent. The study was coordinated by the Medical Research Council Epidemiology Unit at the University of Cambridge.

Epidemiologic Study of the Screenees for Diabetes Reduction Assessment with Ramipril and Rosiglitazone Medication (EPIDREAM). All study participants consented to analysis of blood samples. Approval was granted by the Hamilton Integrated Research Ethics Board, at McMaster University, Hamilton, Canada.

Family Heart Study (FAMHS). Approval was obtained from the Institutional Review Board at Washington University, St. Louis. Written informed consent, including consent to participate in genetic studies, was obtained from all participants.

Framingham Heart Study (FHS). Approval was obtained from the Institutional review Board of Boston University Medical Campus. All study participants provided written informed consent.

Finland-United States Investigation of NIDDM Genetics (FUSION). Approval was obtained from the coordinating Ethics Committee of the Hospital District of Helsinki and Uusimaa. All participants provided written informed consent.

Genes & Health (G&H). Genes & Health has NHS Health Research Authority favourable ethical opinion from NRES Committee London – South East 14/LO/1240.

German Chronic Kidney Disease (GCKD). All participants provided written informed consent. The study was registered in the national registry for clinical studies (DRKS 00003971) and was approved by local ethics committees.

Genetic Study of Atherosclerosis Risk (GENESTAR). Approval was obtained from the Johns Hopkins Medicine Institutional Review Board. All participants gave written informed consent.

Genetic Epidemiology Network of Arteriosclerosis (GENOA). Approval was granted by Institutional Review Boards of the University of Michigan, University of Mississippi Medical Center and Mayo Clinic. Written informed consent was obtained from all participants.

Resource for Genetic Epidemiology on Adult Health and Aging (GERA). The Institutional Review Boards for Human Subjects Research of both Kaiser Permanente Medical Care Plan (Northern California Region) and the University of California at San Francisco approved the project.

Genetics of Diabetes and Audit Research in Tayside Scotland (GODARTS). Approval was obtained from the Tayside Medical Ethics Committee. Informed consent was obtained for all participants.

Genetics of Latinos Diabetic Retinopathy (GOLDR). Approval was granted by the Institutional Review Board of the Lundquist Institute for Biomedical Innovation at Harbor-UCLA Medical Center.

Genetic Overlap Between Metabolic and Psychiatric Traits and Teens of Attica: Genes and Environment (GOMAP-TEENAGE). Ethical permission for TEENAGE was obtained from the Bioethics Committee of Harokopio University, Athens. Ethical permission for GOMAP was obtained from the Dromokaiteio Scientific Committee, Dromokaiteio Management Committee, Dafni Scientific Committee, Eginitio Scientific Committee and Harokopio Ethics Committee. All participants of GOMAP-TEENAGE gave written informed consent.

Genomic Research Cohort for CCMB Diabetes Study (GRCCDS). Ethics committees of CSIR-Centre for Cellular and Molecular Biology and KEM Hospital and Research Centre approved the project.

Health, Aging and Body Composition Study (HABC). The Institutional Review Boards at the University of Memphis and the University of Pittsburgh granted approval to conduct the Health ABC Study, and all participants provided written informed consent.

Healthy Aging in Neighborhoods of Diversity Across the Life Span Study (HANDLS). Approval was granted by the National Institutes of Health Institutional Review Board (study number 09AGN248). All participants provided written informed consent.

Hispanic Community Health Study/Study of Latinos (HCHS/SOL). Approval was obtained from Institutional Review Boards at the University of North Carolina at Chapel Hill, Albert Einstein College of Medicine, University of Illinois at Chicago, University of Miami, and San Diego State University. All participants provided written informed consent.

Hong Kong Diabetes Registry (HKDR). Approval was obtained from the Chinese University of Hong Kong Clinical Research Ethics Committee.

Health Professionals' Follow-Up Study (HPFS). Approval was obtained from the Human Research Committee at the Brigham and Women's Hospital. All participants provided written informed consent.

Mexican American Hypertension and Insulin Resistance (HTNIR). Approval was granted by Human Subjects Protection Institutional Review Boards at the University of California at Los Angeles, University of Southern California, Lundquist/LABioMed/Harbor-UCLA and Cedars-Sinai Medical Center.

Howard University Family Study (HUFS). All human participants from the HUFS included in the analyses of this manuscript provided written informed consent prior to enrollment. The HUFS study was approved by the Institutional Review Board at Howard University.

Indian Diabetes Consortium (INDICO). Approval was obtained by the Human Ethics Committees of All India Institute of Medical Sciences, New Delhi and CSIR-Institute of Genomics and Integrative Biology, New Delhi, India, and was conducted in accordance with the principles of Helsinki Declarations. Informed written consent was obtained from all of participants.

INTERHEART (INTERHEART). All study participants consented to analysis of blood samples. Approval was granted by the Hamilton Integrated Research Ethics Board, at McMaster University, Hamilton, Canada.

Jackson Heart Study (JHS). Approval was obtained from Institutional Review Boards at Jackson State University, Tougaloo College and the University of Mississippi Medical Center. All participants provided written informed consent.

Korean Association Resource (KARE). Approval was granted by the Institutional review Board at the Korean National Institute of Health. All participants provided written informed consent.

Korean Biobank Array from the Korean Genome and Epidemiology (KoGES) Consortium (KBA). Approval was granted by the Institutional Review Board of the Korean National Institute of Health. All participants provided written informed consent.

Collaborative Health Research in the Region of Augsburg (KORA). Approval was granted by the Ethics Committee of the Medical Association of Bavaria (number 06068). All participants provided informed consent.

Los Angeles Latino Eye Study (LALES). Approval was obtained from the Los Angeles County/University of Southern California Institutional Review Board, and Western Institutional Review Board at Southern California Eye Institute. All participants provided written informed consent.

London Life Sciences Prospective Population (LOLIPOP). Approval was obtained from the London-Fulham Research Ethics Committee (ref 07/H0712/150). All participants gave an written informed consent.

Mexican American Study of Coronary Artery Disease (MACAD). Approval was granted by Human Subjects Protection Institutional Review Boards at the University of California at Los

Angeles, University of Southern California, Lundquist/LABioMed/Harbor-UCLA and Cedars-Sinai Medical Center.

Mexico City (MC). Approval was obtained from Institutional Review Boards at the Ethics and Scientific Commission members and the AUTHORIZATION is issued with registration number R-2011-785-018 and the Conacyt SALUD-2010-02-150352. In Canada, approval was obtained from the Research Ethics Board from the University of Toronto (Protocol 15770).

Malmo Diet and Cancer Study (MDCS). The study protocol for MDC was sanctioned by the Ethics Review Committee of Lund University (approval numbers 532/2006, 51-90). All participants provided their written consent.

Multi-Ethnic Study of Atherosclerosis (MESA). Approval was obtained from Institutional Review Boards at the University of Washington, Wake Forest School of Medicine, Northwestern University, University of Minnesota, Columbia University, Johns Hopkins University, Cedars-Sinai Medical Center, and the University of California at Los Angeles.

Metabolic Syndrome in Men (METSIM). Approval was granted by the Ethics Committee of the University of Kuopio and the Kuopio University Hospital. All participants gave written informed consent.

Mass General Brigham Biobank (MGB). The MGB Biobank protocol and informed consent documents are reviewed annually by the Partners-MGB Institutional Review Board (#2009P002312). All patients who participate in the MGB Biobank are consented for their samples to be linked to their identified clinical information. They have also consented for their information to be used for a broad range of research and for their deidentified information to be shared outside of MGB.

Michigan Genomics Initiative (MGI). Approval was granted by the IRBMED Institutional Review Board of the University of Michigan. All participants gave written informed consent.

VA Million Veteran Program (MVP). All participating studies were conducted in compliance with the Declaration of Helsinki and comply with all relevant ethical and local regulatory requirements. Specifically, the contributing genetic association studies were approved by the Department of Veteran's Affairs central IRB.

Nagahama Study (NAGAHAMA). Approval was granted by the ethics committees of Kyoto University Graduate School of Medicine. Written informed consent was obtained from all participants.

Netherlands Epidemiology of Obesity (NEO). Approval was obtained from the Medical Ethics Committee of Leiden University Medical Center. All participants gave written informed consent.

Nurses Health Study (NHS). Approval was obtained from the Human Research Committee at the Brigham and Women's Hospital. All participants provided written informed consent.

NIDDM-Atherosclerosis Study Hispanic Cohorts (NIDDM). Approval was granted by Human Subjects Protection Institutional Review Boards at the University of California at Los Angeles, University of Southern California, City of Hope, Lundquist/LABioMed/Harbor-UCLA and Cedars-Sinai Medical Center.

Northwestern University Genetics (NUGENE). Approval was obtained from Institutional Review Boards at Northwestern University and Vanderbilt University.

Prospective Investigation of the Vasculature in Uppsala Seniors (PIVUS). Approval was granted by the Ethics Committee of Uppsala University. All participants provided written informed consent.

Penn Medicine BioBank (PMBB). All participating studies were conducted in compliance with the Declaration of Helsinki and comply with all relevant ethical and local regulatory requirements. Specifically, the contributing genetic association studies were approved by the IRB of Perelman School of Medicine at the University of Pennsylvania (IRB protocol #813913).

Prevalence, Prediction and Prevention of type 2 diabetes (PPP)-Botnia Study. The study protocol was sanctioned by the Ethics Committee of Helsinki University (approval number 608/2003). All participants provided their written consent.

Pakistan Risk of Myocardial Infarction Study (PROMIS). The study was approved by the Institutional Review Board of the Center for Non-Communicable Diseases Pakistan and by regional Ethical Review Committees in the different centres across Pakistan involved in the study. Institutional Review Boards at the National Institute of Cardiovascular Disorders, Karachi, Punjab Institute of Cardiology, Lahore, and Tabbba Heart Institute, Karachi approved the study. All participants provided written informed consent.

Prospective Study of Pravastatin in the Elderly at Risk (PROSPER). Approval was obtained from the Institutional Ethics Review Boards of Cork University (Ireland), Glasgow University (UK) and Leiden University Medical Center (The Netherlands). All participants gave written informed consent.

Sea Islands Genetic Network Reasons for Geographic and Racial Differences in Stroke (REGARDS). The REGARDS study protocol was approved by the institutional review boards of each participating institution, and written informed consents were obtained from all participants.

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Membership of the Meta-Analyses of Glucose and Insulin-Related Traits Consortium

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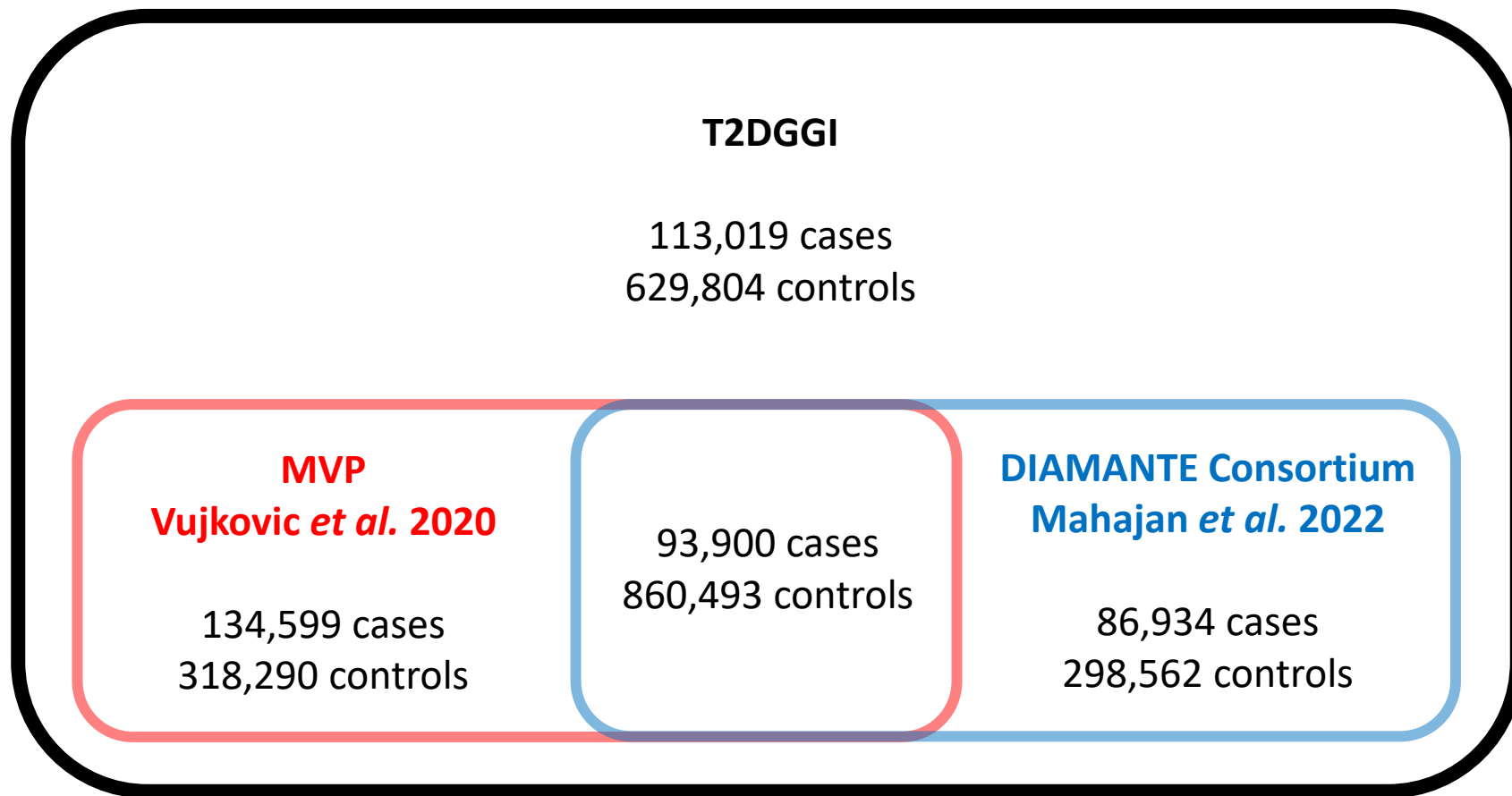
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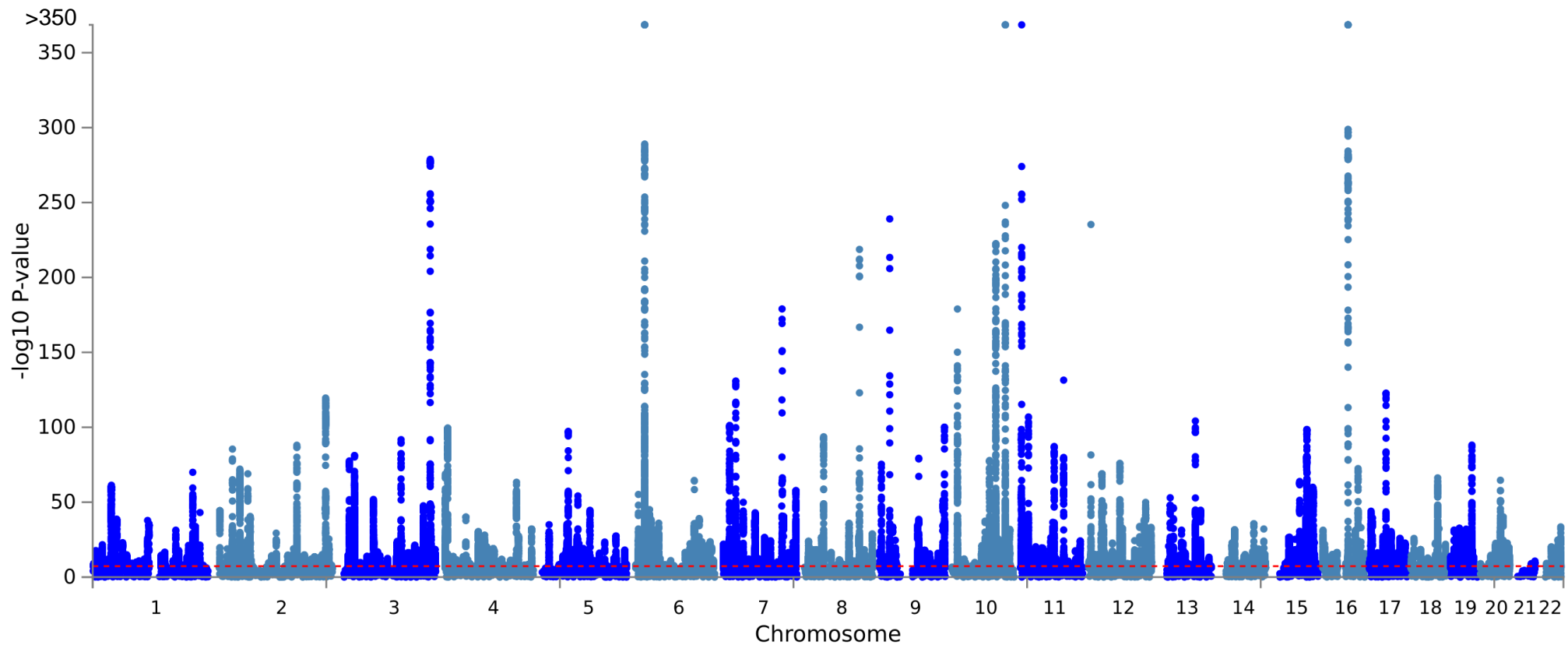
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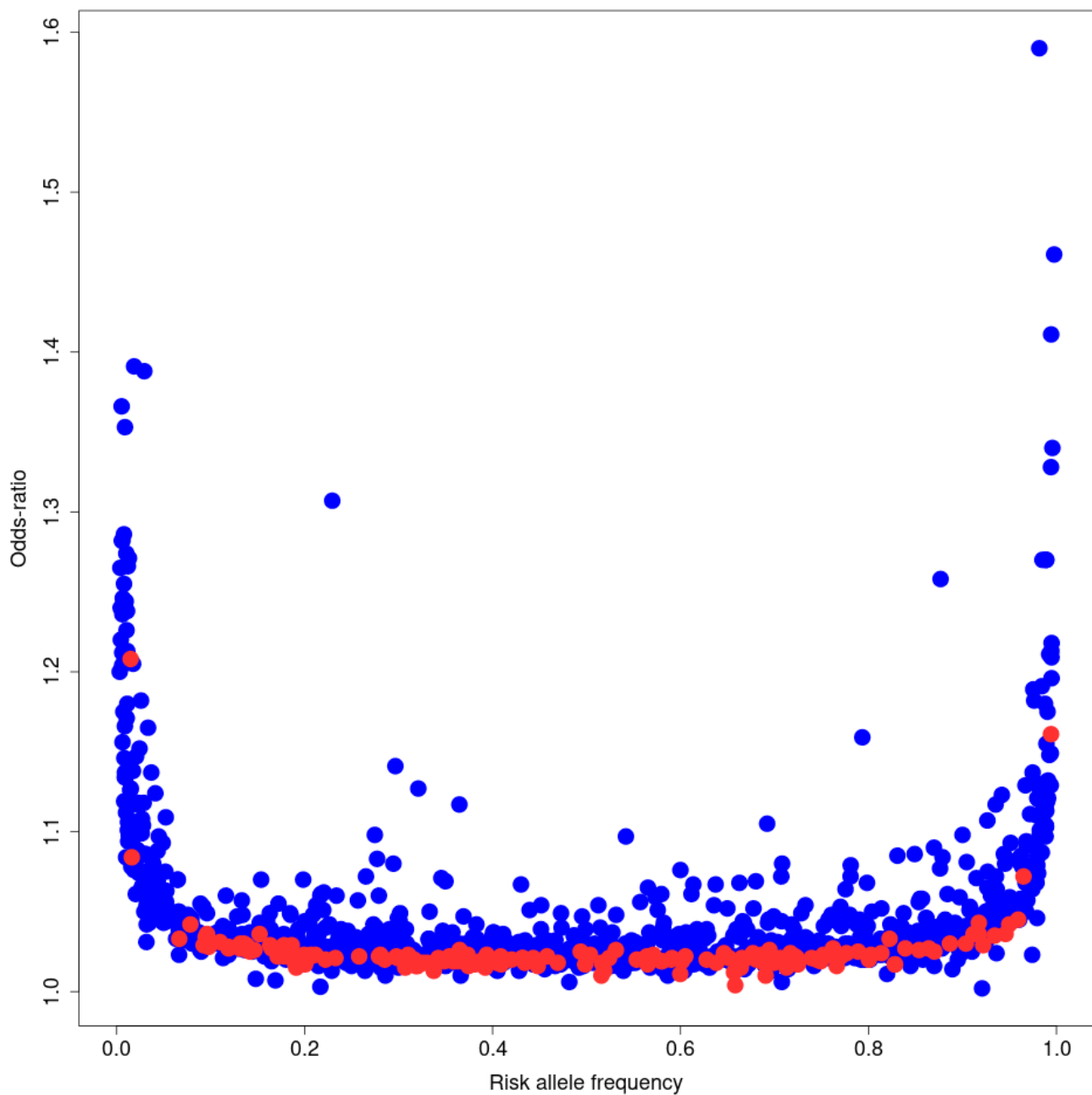
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Supplementary Figure 1. Overlap of samples contributing to recent multi-ancestry T2D GWAS meta-analyses. The Type 2 Diabetes Global Genomics Initiative (T2DGGI) includes 428,452 cases and 2,107,149 controls, of which 315,433 cases and 1,477,345 controls have contributed to previous multi-ancestry investigations of the genetic contribution to T2D from the Million Veterans Program (MVP) and the DIAMANTE Consortium.

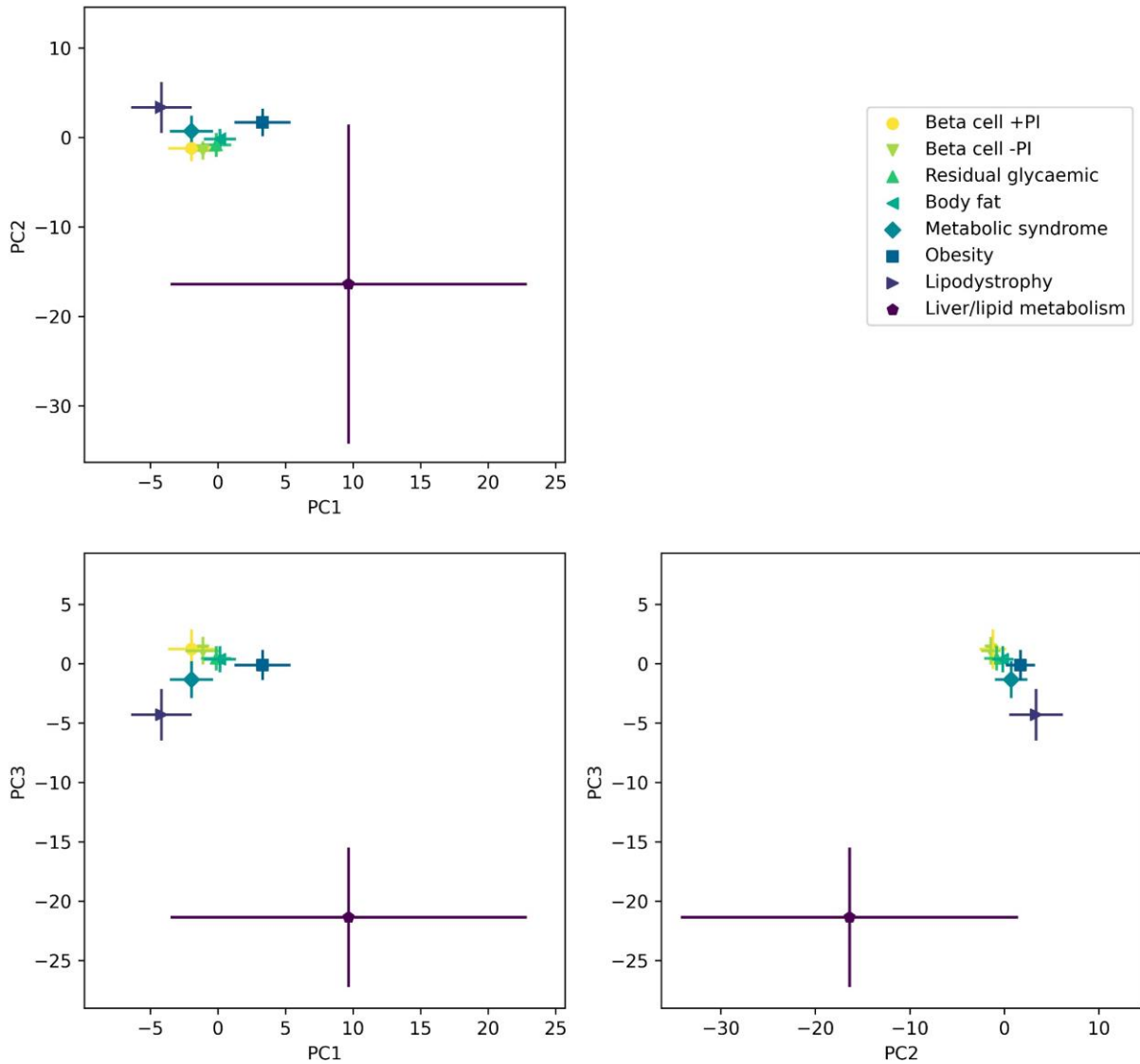




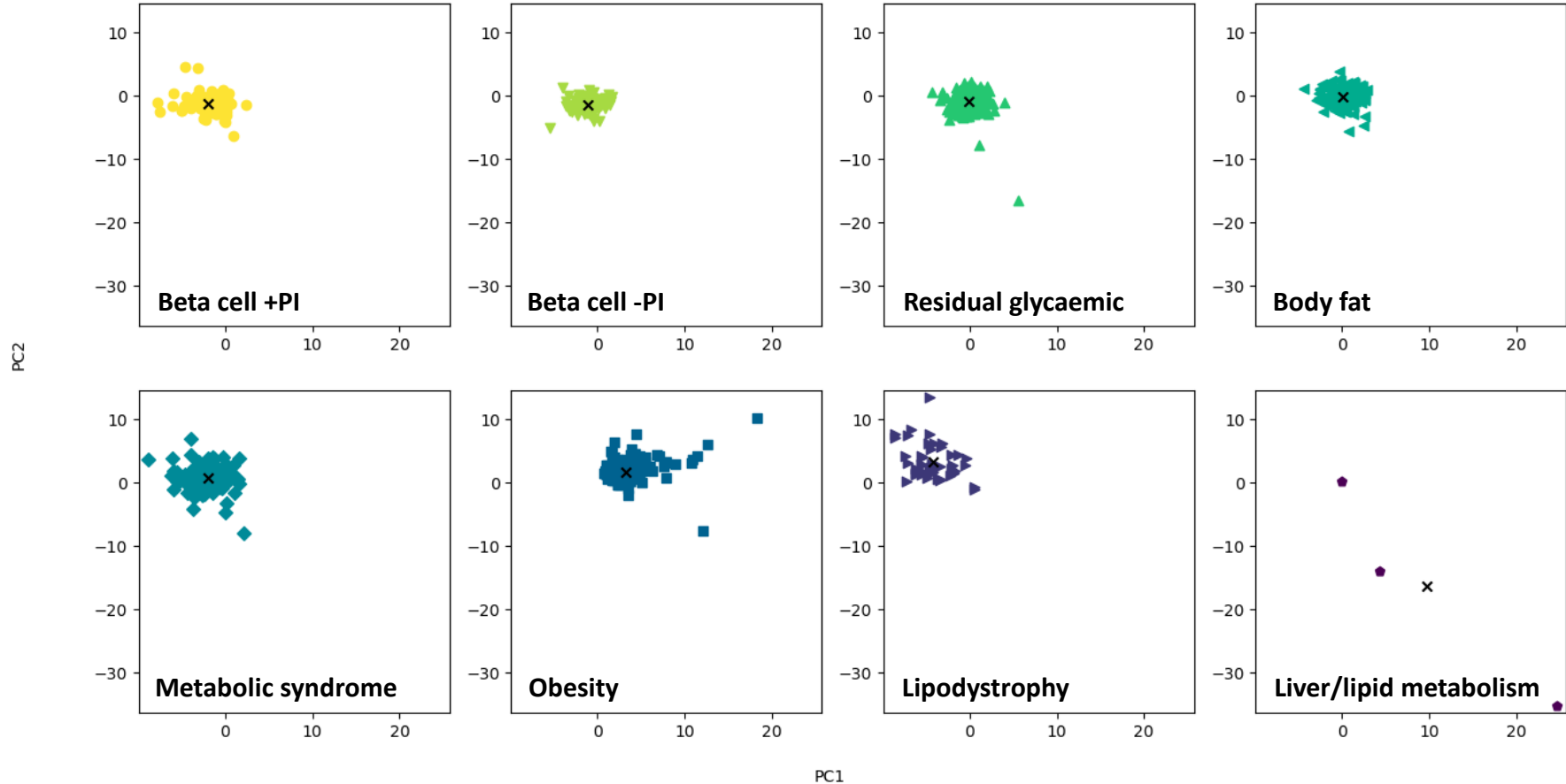
Supplementary Figure 2. Manhattan plot of genome-wide T2D association from multi-ancestry meta-regression (MR-MEGA) of up to 428,452 T2D cases and 2,107,149 controls across multiple ancestry groups. Each point represents a SNV passing quality control in the multi-ancestry meta-regression, plotted with their association p-value (on a $-\log_{10}$ scale, truncated at 300) as a function of genomic position (NCBI build 37). Genome-wide significance ($P < 5 \times 10^{-8}$) is highlighted by the dashed horizontal red line.



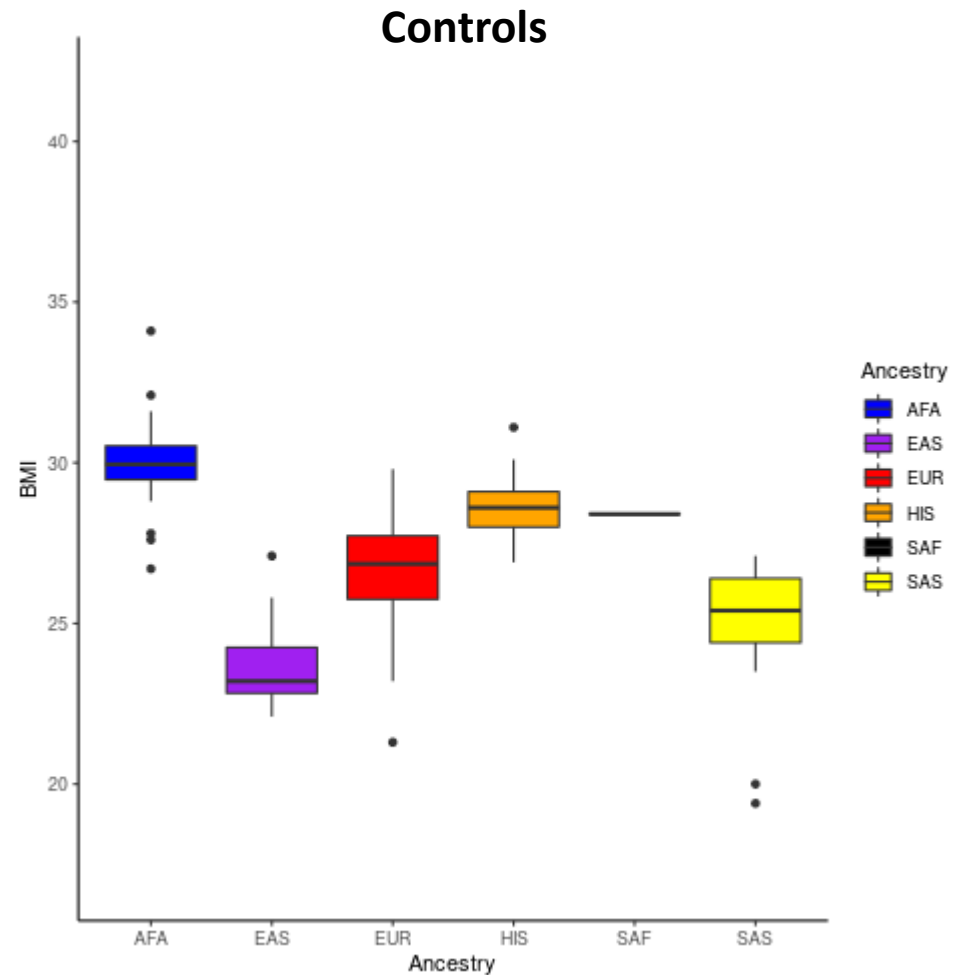
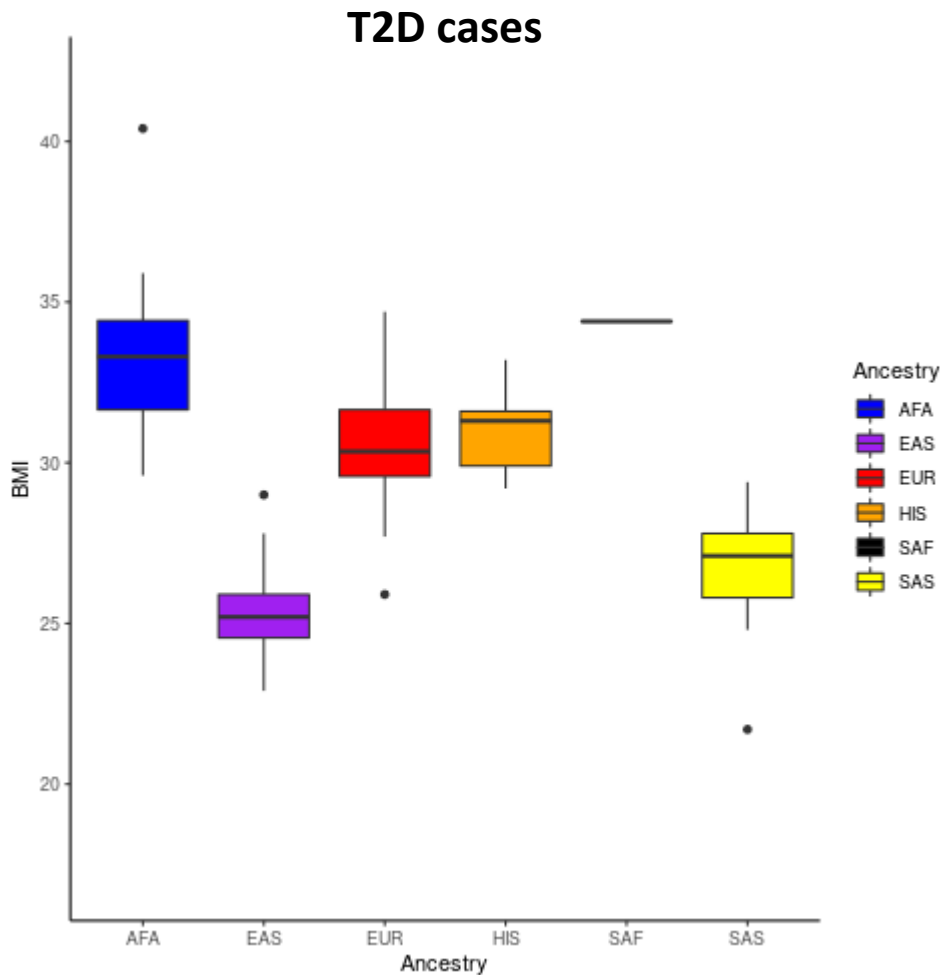
Supplementary Figure 3. Distribution of risk allele frequency and odds-ratio at index SNVs for distinct T2D association signals. Each point corresponds to an index SNV, plotted according to the mean risk allele frequency across GWAS (on the x-axis) and the odds-ratio from fixed-effects meta-analysis (on the y-axis). Index SNVs highlighted in blue map to previously reported loci for T2D susceptibility. Index SNVs highlighted in red do not map to previously reported loci for T2D susceptibility.



Supplementary Figure 4. Distribution of clusters of SNVs on the first three principal components derived from 37 cardiometabolic traits. The principal components analysis was conducted on the final imputed dataset obtained from K-means clustering with ClustImpute. Each point corresponds to the mean values of the first three principal components for SNVs assigned to the cluster. The bars correspond to +/- standard deviation. The percentage of variance explained by each principal component (PC) was: 16.7% by PC 1, 12.6% by PC 2, and 10.5% by PC 3.



Supplementary Figure 5. Distribution of clusters of SNVs on the first two principal components derived from 37 cardiometabolic traits. The principal components analysis was conducted on the final imputed dataset obtained from K-means clustering with ClustImpute. The “X” corresponds to the cluster centroid. The percentage of variance explained by each principal component (PC) was: 16.7% by PC 1 and 12.6% by PC 2.



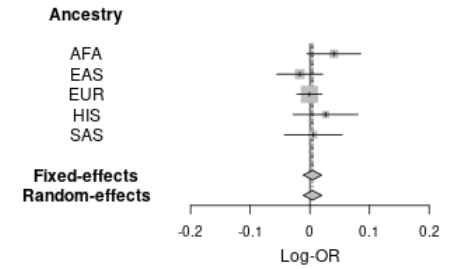
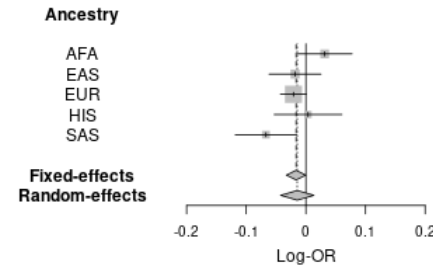
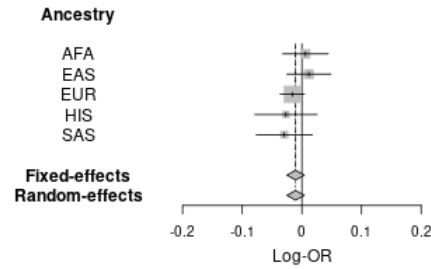
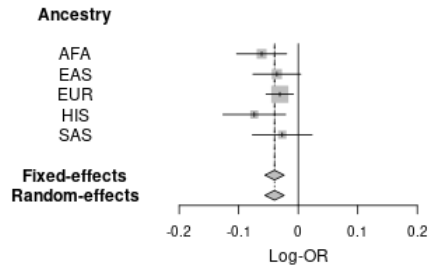
Supplementary Figure 6. Distribution of study-level mean BMI in T2D cases and controls across ancestry groups. Each box and whisker plot presents the median (back horizontal line), upper and lower quartiles (extremes of coloured boxes), minimum and maximum (excluding outliers, extremes of black vertical line), and outliers (more than 1.5x inter-quartile range, black dots). AFA: African American ancestry group (n=25 GWAS). EAS: East Asian ancestry group (n=40 GWAS). EUR: European ancestry group (n=36 GWAS). HIS: Hispanic ancestry group (n=17 GWAS). SAF: South African ancestry group (n=1 GWAS). SAS: South Asian ancestry group (n=17 GWAS).

Beta cell +PI

Beta cell -PI

Residual glycaemic

Body fat

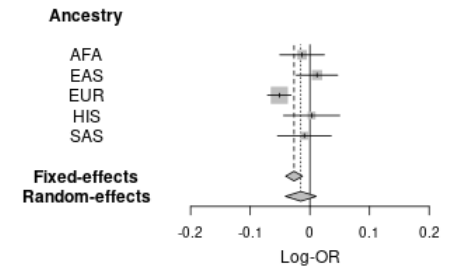
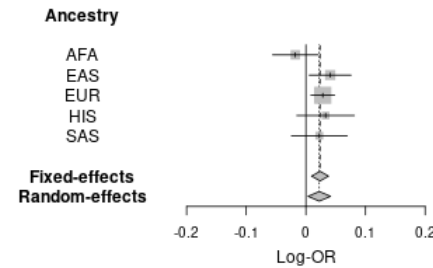
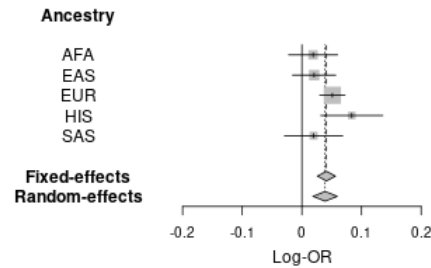
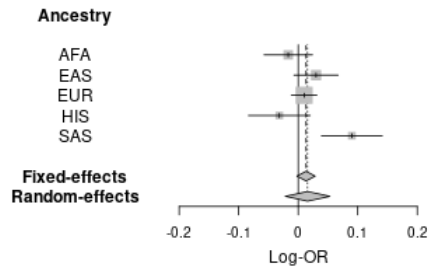


Metabolic syndrome

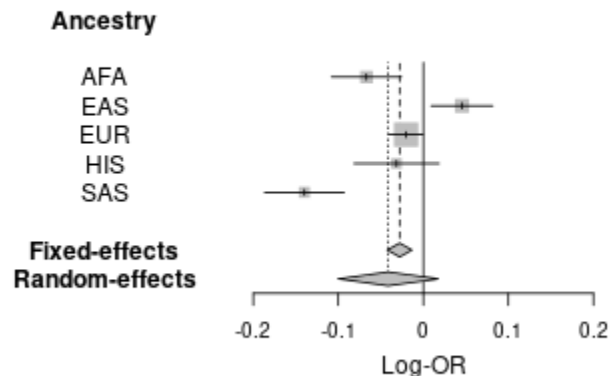
Obesity

Lipodystrophy

Liver/lipid metabolism



Overall



Supplementary Figure 7. Association of overall T2D PS and cluster-specific components of partitioned PS with CAD across multiple ancestry groups.

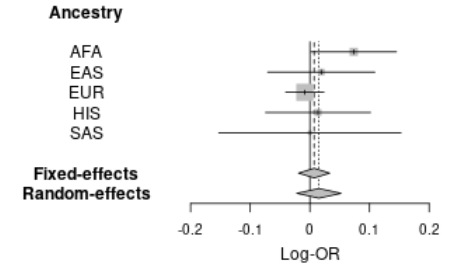
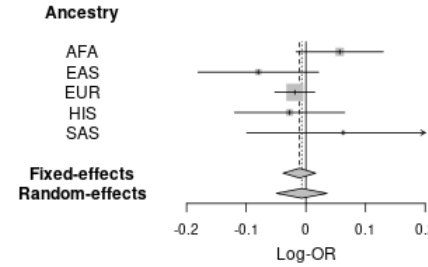
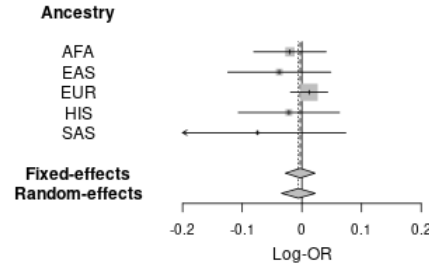
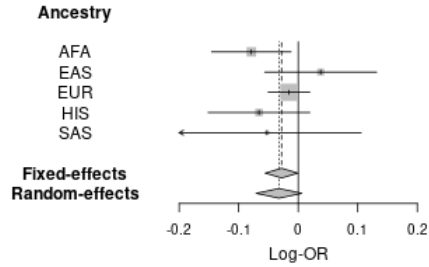
In each forest plot, the log-odds ratio (log-OR) of the standardised PS for each ancestry is presented, together with the 95% confidence interval (horizontal bar) and weight (inverse variance, size of grey box). The grey diamonds correspond to the fixed- and random-effects estimates of the log-OR of the PS across ancestry groups (upper/lower points of diamond) and corresponding 95% confidence interval (left/right points of diamond). The cluster-specific components of the partitioned PS are adjusted for the overall T2D PS. Analyses were conducted in all individuals with adjustment for T2D status. AFA: African American ancestry group (3,537 cases and 40,932 controls). EAS: East Asian ancestry group (4,078 cases and 58,904 controls). EUR: European ancestry group (13,602 cases and 96,793 controls). HIS: Hispanic ancestry group (2,171 cases and 31,612 controls). SAS: South Asian ancestry group (2,398 cases and 25,525 controls).

Beta cell +PI

Beta cell -PI

Residual glycaemic

Body fat

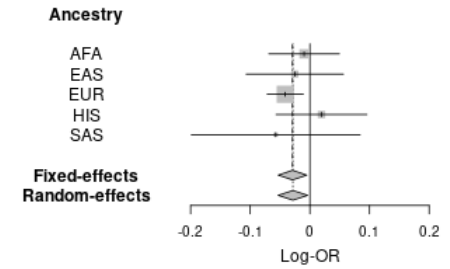
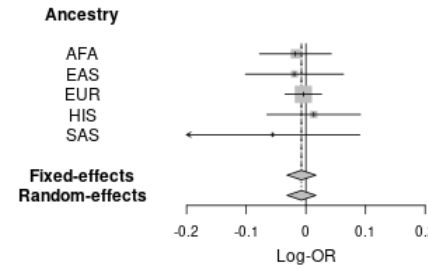
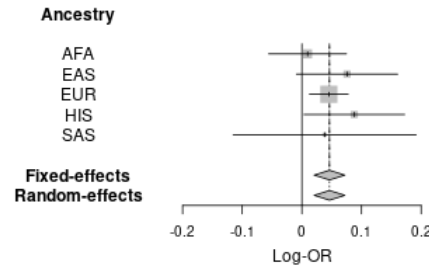
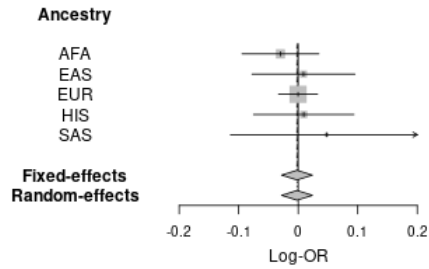


Metabolic syndrome

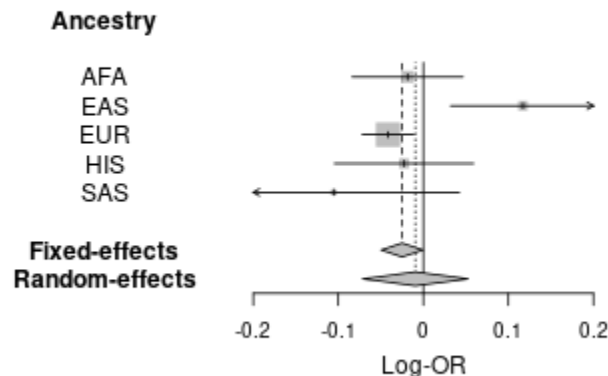
Obesity

Lipodystrophy

Liver/lipid metabolism



Overall



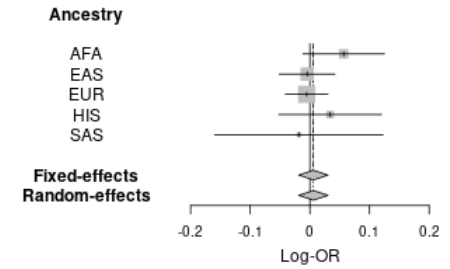
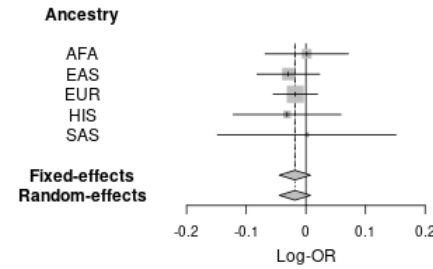
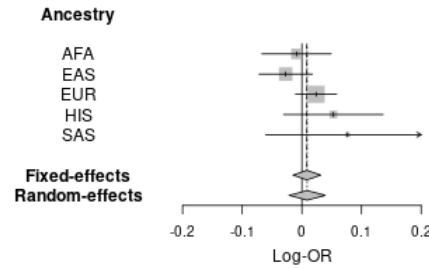
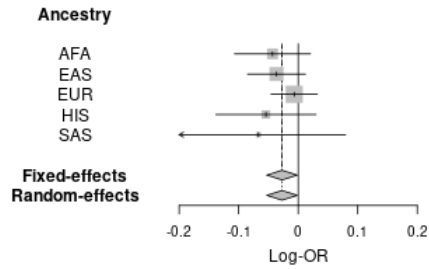
Supplementary Figure 8. Association of overall T2D PS and cluster-specific components of partitioned PS with peripheral artery disease across multiple ancestry groups. In each forest plot, the log-odds ratio (log-OR) of the standardised PS for each ancestry is presented, together with the 95% confidence interval (horizontal bar) and weight (inverse variance, size of grey box). The grey diamonds correspond to the fixed- and random-effects estimates of the log-OR of the PS across ancestry groups (upper/lower points of diamond) and corresponding 95% confidence interval (left/right points of diamond). The cluster-specific components of the partitioned PS are adjusted for the overall T2D PS. Analyses were conducted in all individuals with adjustment for T2D status. AFA: African American ancestry group (1,241 cases and 43,228 controls). EAS: East Asian ancestry group (615 cases and 62,367 controls). EUR: European ancestry group (4,847 cases and 105,548 controls). HIS: Hispanic ancestry group (723 cases and 33,060 controls). SAS: South Asian ancestry group (199 cases and 27,724 controls).

Beta cell +PI

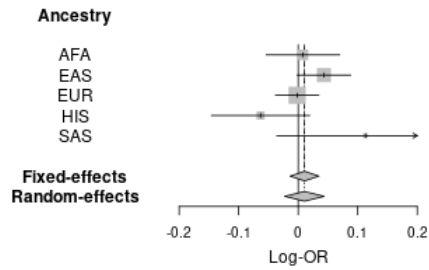
Beta cell -PI

Residual glycaemic

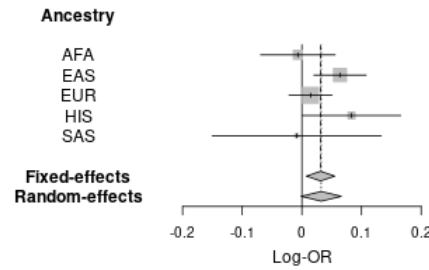
Body fat



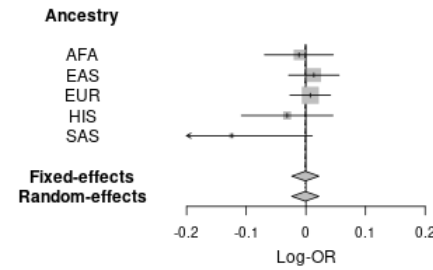
Metabolic syndrome



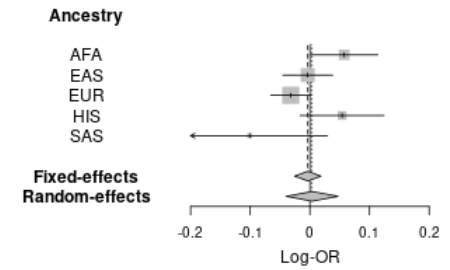
Obesity



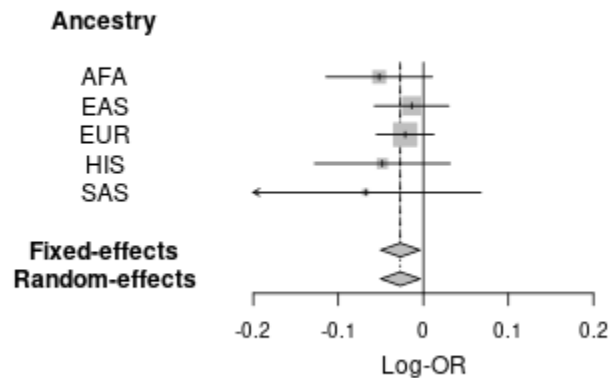
Lipodystrophy



Liver/lipid metabolism



Overall



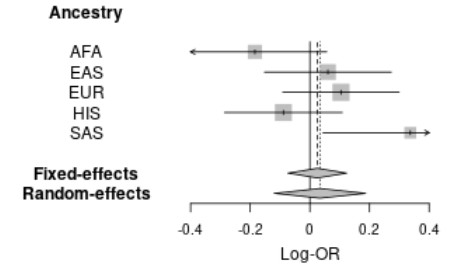
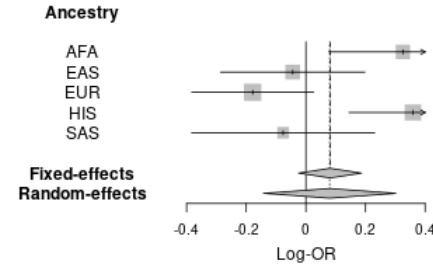
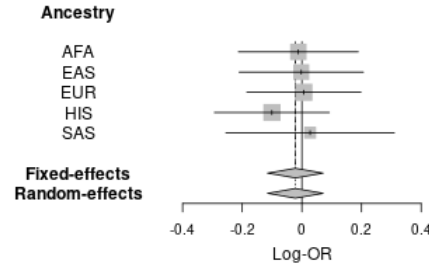
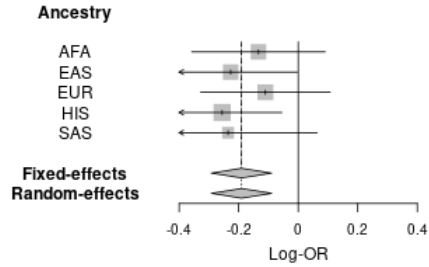
Supplementary Figure 9. Association of overall T2D PS and cluster-specific components of partitioned PS with ischemic stroke across multiple ancestry groups. In each forest plot, the log-odds ratio (log-OR) of the standardised PS for each ancestry is presented, together with the 95% confidence interval (horizontal bar) and weight (inverse variance, size of grey box). The grey diamonds correspond to the fixed- and random-effects estimates of the log-OR of the PS across ancestry groups (upper/lower points of diamond) and corresponding 95% confidence interval (left/right points of diamond). The cluster-specific components of the partitioned PS are adjusted for the overall T2D PS. Analyses were conducted in all individuals with adjustment for T2D status. AFA: African American ancestry group (1,241 cases and 43,228 controls). EAS: East Asian ancestry group (2,396 cases and 60,586 controls). EUR: European ancestry group (3,782 cases and 106,613 controls). HIS: Hispanic ancestry group (722 cases and 33,061 controls). SAS: South Asian ancestry group (230 cases and 27,693 controls).

Beta cell +PI

Beta cell -PI

Residual glycaemic

Body fat

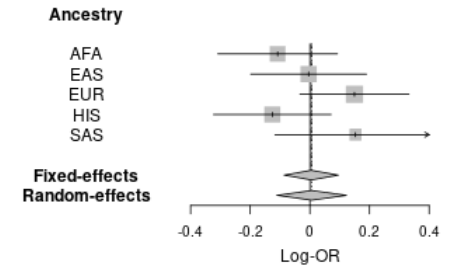
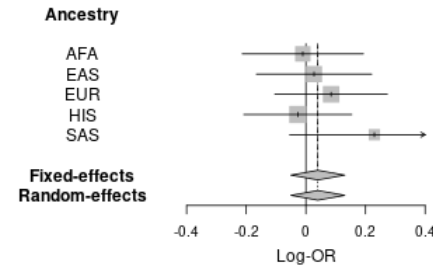
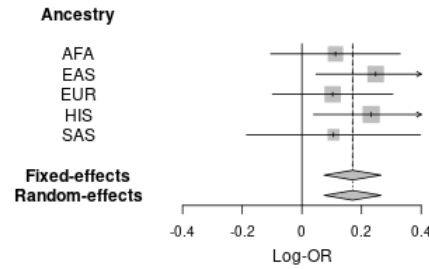
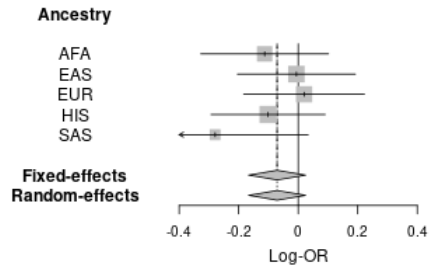


Metabolic syndrome

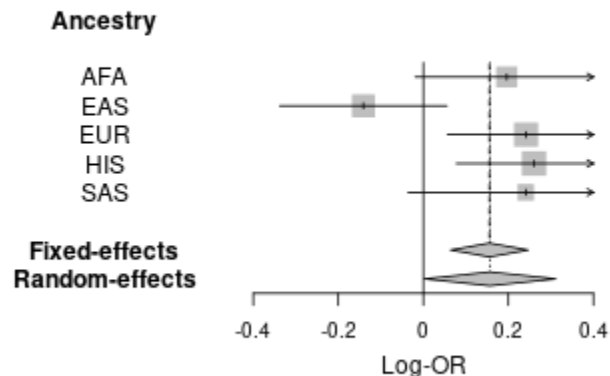
Obesity

Lipodystrophy

Liver/lipid metabolism



Overall



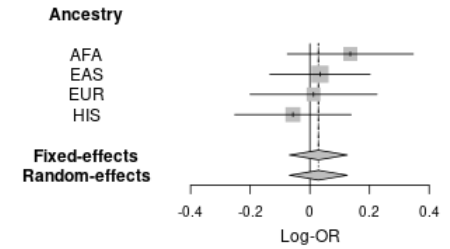
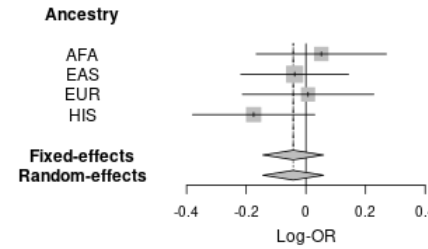
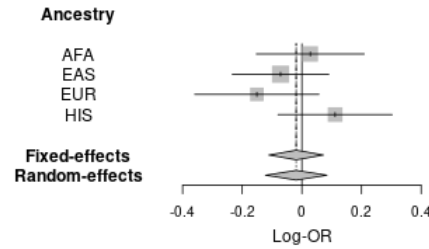
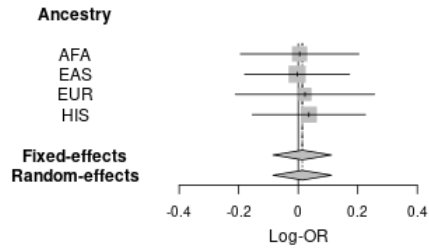
Supplementary Figure 10. Association of overall T2D PS and cluster-specific components of partitioned PS with ESDN across multiple ancestry groups. In each forest plot, the log-odds ratio (log-OR) of the standardised PS for each ancestry is presented, together with the 95% confidence interval (horizontal bar) and weight (inverse variance, size of grey box). The grey diamonds correspond to the fixed- and random-effects estimates of the log-OR of the PS across ancestry groups (upper/lower points of diamond) and corresponding 95% confidence interval (left/right points of diamond). The cluster-specific components of the partitioned PS are adjusted for the overall T2D PS. Analyses were conducted in individuals with T2D only. AFA: African American ancestry group (105 cases and 5,330 controls). EAS: East Asian ancestry group (133 cases and 3,155 controls). EUR: European ancestry group (116 cases and 9,538 controls). HIS: Hispanic ancestry group (141 cases and 3,695 controls). SAS: South Asian ancestry group (56 cases and 8,019 controls).

Beta cell +PI

Beta cell -PI

Residual glycaemic

Body fat

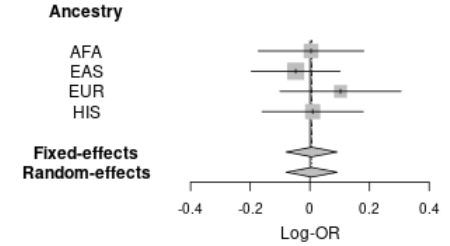
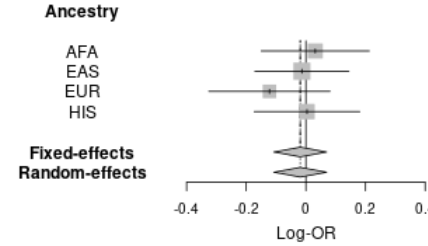
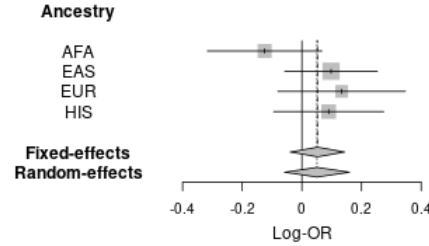
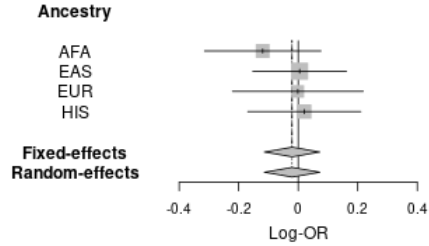


Metabolic syndrome

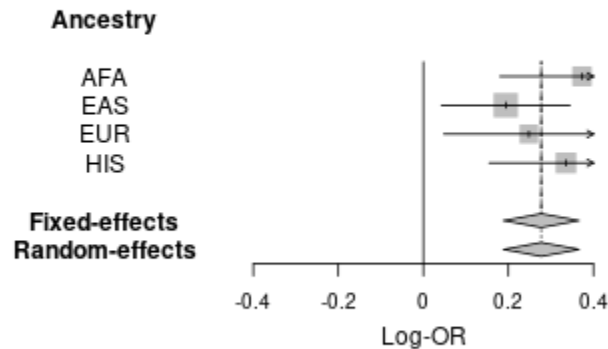
Obesity

Lipodystrophy

Liver/lipid metabolism



Overall



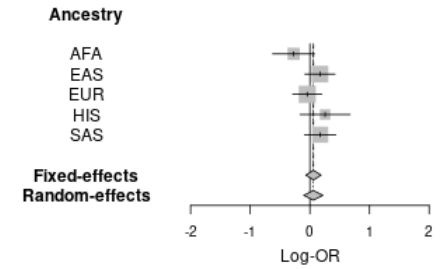
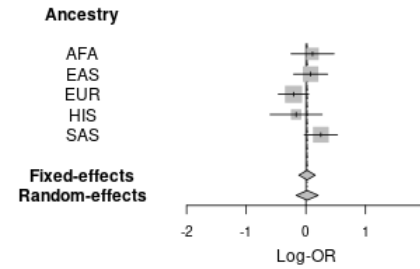
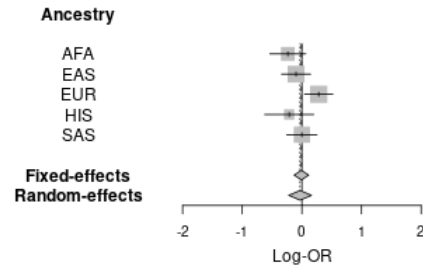
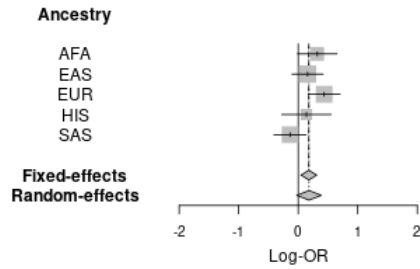
Supplementary Figure 11. Association of overall T2D PS and cluster-specific components of partitioned PS with end stage diabetic retinopathy across multiple ancestry groups. In each forest plot, the log-odds ratio (log-OR) of the standardised PS for each ancestry is presented, together with the 95% confidence interval (horizontal bar) and weight (inverse variance, size of grey box). The grey diamonds correspond to the fixed- and random-effects estimates of the log-OR of the PS across ancestry groups (upper/lower points of diamond) and corresponding 95% confidence interval (left/right points of diamond). The cluster-specific components of the partitioned PS are adjusted for the overall T2D PS. Analyses were conducted in individuals with T2D only. AFA: African American ancestry group (132 cases and 5,072 controls). EAS: East Asian ancestry group (196 cases and 3,461 controls). EUR: European ancestry group (100 cases and 9,417 controls). HIS: Hispanic ancestry group (146 cases and 3,441 controls).

Beta cell +PI

Beta cell -PI

Residual glycaemic

Body fat

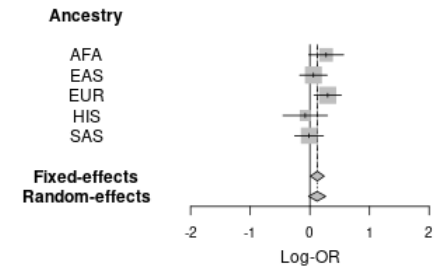
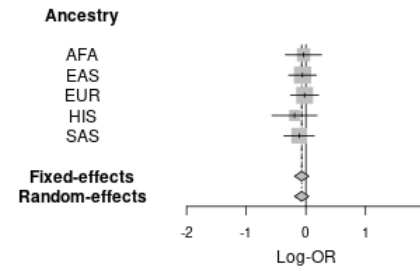
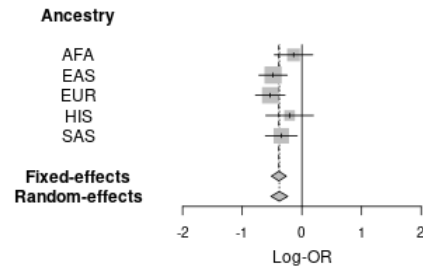
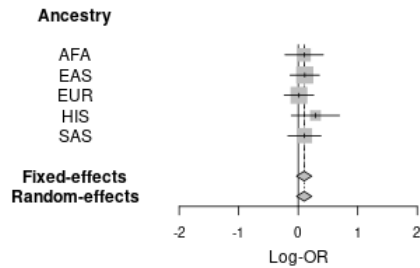


Metabolic syndrome

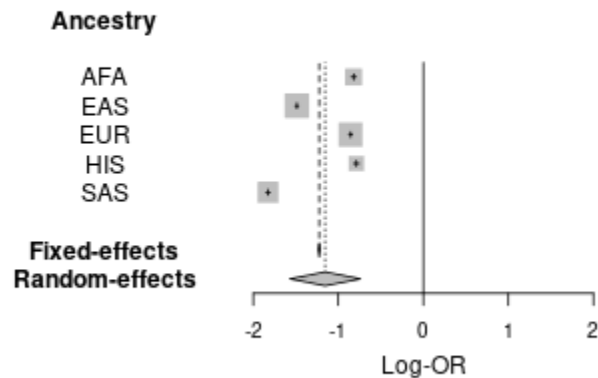
Obesity

Lipodystrophy

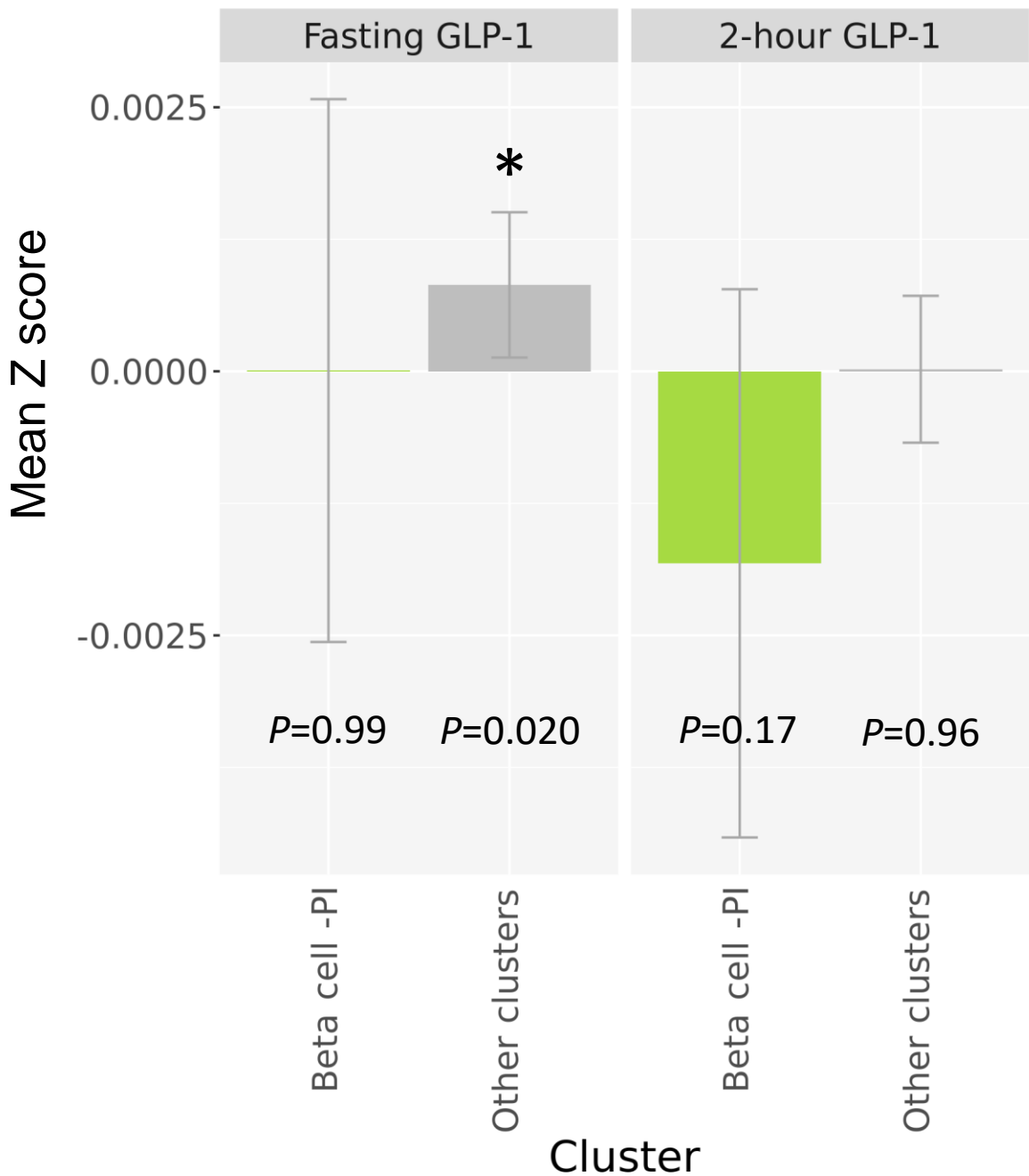
Liver/lipid metabolism



Overall



Supplementary Figure 12. Association of overall T2D PS and cluster-specific components of partitioned PS with age of onset of T2D across multiple ancestry groups. In each forest plot, the effect (years) of the standardised PS for each ancestry is presented, together with the 95% confidence interval (horizontal bar) and weight (inverse variance, size of grey box). The grey diamonds correspond to the fixed- and random-effects estimates of the effect (years) of the PS across ancestry groups (upper/lower points of diamond) and corresponding 95% confidence interval (left/right points of diamond). The cluster-specific components of the partitioned PS are adjusted for the overall T2D PS. Analyses were conducted in individuals with T2D only. AFA: African American ancestry group (5,435 individuals). EAS: East Asian ancestry group (3,288 individuals). EUR: European ancestry group (9,654 individuals). HIS: Hispanic ancestry group (3,836 individuals). SAS: South Asian ancestry group (8,075 individuals).



Supplementary Figure 13. Cluster-specific associations of T2D risk alleles at index SNVs with circulating GLP-1 concentrations. Association was assessed in 3,514 individuals of European ancestry from the Malmo Diet and Cancer Study and the PPP-Botnia Study. The height of each bar corresponds to the mean Z-score, and the grey line shows the 95% confidence interval. The liver/lipid metabolism cluster has been removed for ease of presentation. * $P < 0.05$, nominal association.