## Appendix: Proof of Proposition 1

Without loss of generality, we consider k = 1. Let us call  $T^*$  to the random variable  $T(e, M_1(e^*), W_1(e^{**}))$ , being  $(e, e^*, e^{**}) \in \{0, 1\}^3$ . Then, the rate can be expressed as:

$$\gamma(t; e, M_1(e^*), W_1(e^{**})) = \lim_{dt \to 0} \frac{1}{dt} P(T^* \in [t, t + dt] \mid T^* \ge t).$$

It holds that:

$$P(T^* \in [t, t+dt] \mid T^* \ge t) = \mathbb{E}_{\{X \mid T^* > t\}} [P(T^* \in [t, t+dt] \mid X = x, T^* \ge t)]$$

and, similarly, being  $F(m_1, w_1)$  the distribution function of  $M_1(e^*), W_1(e^{**})$  given that X = x and  $T^* > t$ :

$$\begin{split} P(T^* \in [t,t+dt]|X=x,T^* \geq t) &= \int_{\mathbb{R}^K} P(T^* \in [t,t+dt] \mid X=x,M_1=m_1,W_1=w_1,T^* \geq t) \ dF(m_1,w_1) \\ &= \int_{\mathbb{R}^K} P(T(e,m_1,w_1) \in [t,t+dt] \mid X=x,M_1=m_1,W_1=w_1,T(e,m_1,w_1) > t) \ dF(m_1,w_1) \\ &= \int_{\mathbb{R}^K} P(T(e,m_1,w_1) \in [t,t+dt] | X=x,E=e,M_1=m_1,W_1=w_1,T(e,m_1,w_1) > t) dF(m_1,w_1). \end{split}$$

Using the bounded convergency theorem and the additive risk hypothesis:

$$\begin{split} \gamma(t;e,M_1(e^*),W_1(e^{**})) &= & \mathbb{E}_{\{X|T^*>t\}} \Big[ \int_{\mathbb{R}^k} (\lambda_0(t) + \lambda_1 e + \lambda_2^T x + \lambda_3^T (m_1,w_1^T)^T) \ dF(m_1,w_1) \Big] \\ &= & \lambda_o(t) + \lambda_1 e + \lambda_2^T \ \mathbb{E}(X|T^*>t) + \mathbb{E}_{\{X|T^*>t\}} \Big[ \int_{\mathbb{R}^K} \lambda_3^T (m_1,w_1^T)^T \ dF(m_1,w_1) \Big]. \end{split}$$

In addition,

$$\int_{\mathbb{R}^K} \lambda_3^T(m_1, w_1^T)^T dF(m_1, w_1) \quad = \quad \int_{\mathbb{R}^K} \lambda_3^T(m_1, w_1^T)^T \ f\big(M_1(e^*) = m_1, W_1(e^{**}) = w_1 \mid X = x, T^* > t\big) \ dm_1 dw_1$$
 
$$= \quad \int_{\mathbb{R}^K} \lambda_3^T(m_1, w_1^T)^T \ \frac{P(T^* > t \mid M_1 = m_1, W_1 = w_1, X = x) \ f(M_1(e^*) = m_1, W_1(e^{**}) = w_1 \mid X = x)}{P(T^* > t \mid X = x)} \ dm_1 dw_1.$$

Following the same arguments and taking into account that Aalen additive hazards models have been used for a time-to-event setting:

$$P(T^* > t \mid M_1 = m_1, W_1 = w_1, X = x) = P(T(e, m_1, w_1) > t \mid M_1 = m_1, W_1 = w_1, X = x, E = e)$$

$$= exp\{-\int_0^t \lambda_0(u)du - \lambda_1 et - \lambda_2^T xt - \lambda_3^T (m_1, w_1^T)^T t\}.$$

Also,

$$P(T^* > t | X = x) = \int_{\mathbb{R}^K} P(T^* > t \mid M_1 = m_1, W_1 = w_1, X = x) \ dF(m_1, w_1)$$
$$= exp \left\{ -\int_0^t \lambda_0(u) du - \lambda_1 et - \lambda_2^T xt \right\} \mathbb{E} \left( exp \{ -\lambda_3^T (m_1, w_1^T)^T t \} \right)$$

Hence, defining  $V = \lambda_3^T(m_1, w_1^T)^T$  and putting together the above results, it holds that:

$$\int_{\mathbb{R}^K} \lambda_3^T(m_1, w_1^T)^T dF(m_1, w_1) = \int_{\mathbb{R}^K} V dF(m_1, w_1) = \frac{\mathbb{E}(Vexp\{-tV\} \mid X = x)}{\mathbb{E}(exp\{-tV\} \mid X = x)}.$$

The distribution of  $(M_1(e^*), W_1(e^{**}) \mid X = x)$  is multivariate normal [?] with covariance matrix  $\Sigma$ , which does not depend on the exposures, and expected values:

$$\mathbb{E}(M_1(e^*) \mid X = x) = \alpha_{01} + \alpha_{11}e^* + \alpha_{21}x$$

$$\mathbb{E}(M_j(e^{**}) \mid X = x) = \alpha_{0j} + \alpha_{1j}e^{**} + \alpha_{2j}x, \ j = 2, ..., K.$$

Thus, the distribution of V is normal with:

$$\mathbb{E}(V \mid X = x) = \lambda_3^T \alpha_0 + \lambda_{31} \alpha_{11} e^* + \sum_{j=2}^K \lambda_{3j} \alpha_{1j} e^{**} + \lambda_3^T \alpha_2 x$$

$$Var(V \mid X = x) = \lambda_3^T \Sigma \lambda_3.$$

Thus, following Lange and Hansen 2011 [?],

$$\begin{split} \frac{\mathbb{E}(Vexp\{-tV\}|X=x)}{\mathbb{E}(exp\{-tV\}|X=x)} &= \mathbb{E}(V|X=x) - tVar(V|X=x) \\ &= \lambda_3^T \alpha_0 + \lambda_{31}\alpha_{11}e^* + \sum_{j=2}^K \lambda_{3j}\alpha_{1j}e^{**} + \lambda_3^T \alpha_2 x - t\lambda_3^T \Sigma \lambda_3, \end{split}$$

and it holds that the counterfactual rate can be expressed as:

$$\gamma(t; e, M(e^*), W(e^{**})) = C(t) + \lambda_1 e + \lambda_{31} \alpha_{11} e^* + \sum_{j=2}^K \lambda_{3j} \alpha_{1j} e^{**},$$

being  $C(t) = \lambda_0(t) + \lambda_2^T \mathbb{E}(X \mid T^* > t) + \lambda_3^T \alpha_0 + \lambda_3^T \alpha_2 \mathbb{E}(X \mid T^* > t) - t\lambda_3^T \Sigma \lambda_3$  a function of t that does not depend on the exposures.