



## Table S2. Sample descriptive results.

Variables	Frequency and valid cases		Statistic values		
Categories	Num %		Min	Max	Average
Socio-demog	aphic fea	atures			
Age (years)		447	61	99	83.8
Sex		447			
Male	165	36.9			
Female	282	63.1			
Marital status		447			
Married, living as a couple	64	14.3			
Separated, Divorced	46	10.3			
Single	110	24.6			
Widow/er	227	50.8			
Leve lof education		447			
Cannot read or write	27	6.0			
Can read and write, but no primary education	152	34.0			
Primary education	108	24.2			
Secondary education, Vocational education	120	26.9			
University education	40	8.9			
Number of living children		447	0	5	0.9
Number of living daughters	447		0	6	0.7
Total number of children		447	0	9	1.6
Personal circumstances	regardin	g the pandemic			
Coronavirus status		425			
I have not had the disease	233	54.8			
I have had the disease, but I am still suffering after-effects	44	10.4			
I have had the disease, but I do not have any after-effects	148	34.8			
Type and number if they have had coronavirus and re-					
ported after-effects					
Pain	17	38.6			
Neurological	17	38.6			
Respiratory	5	11.4			
Cardiac	4	9.1			
Digestive	5	11.4			
Tiredness/malaise	14	31.8			
Sadness/anxiety	3	6.8			
Others	7	15.9			
Number of after-effects (sequelae) after having been in-		44	1	4	1.7
fected by coronavirus					

Diamonia of COVID 10 has a baselik and for the start		400	[			
Diagnosis of COVID-19 by a health professional	070	438	(2.2			
Non	273		62.3			
Yes	165	1/5	37.7			
If diagnosed by COVID-19, were you hospitalised?		165 I				
Non	129		78.2			
Years	36		21.8			
If diagnosed by COVID-19 and hospitalized: number of		36		3	45	14.9
days in hospital						
Worried about the COVID-19 pandemic		443				
Not at al	74		16.7			
Somewhat	102		23.0			
Quite a lot	97		21.9			
A lot	170		38.4			
Fear of developing COVID-19, according to the FCV-19S scale		447		7	35	18.4
Number of protective measures to keep yourself safe from coronavirus		447		0	7	4.0
Satisfaction with life before and during the pandemic (com- parative perspective)		443				
Less	191		43.1			
The same	238		53.7			
More	14		3.2			
Hea	alth					
Resident's previous pathologies (num)		439		1	12	6.1
Intake of medications (num)		439		1	8	3.4
Self-assessment of health status		447				
Very poor/Poor	61		13.7			
Fair	124		27.7			
Good/Very good	262		58.6			
Abbreviated Geriatric Depression Scale (GDS, 5 items)		447		0	5	1.7
Situation regarding use of health care services during pander	nic and lo	ockdo	own			
Cancellation of a visit to a doctor or other health profes- sional		433				
Non	364		84.1			
Yes	69		15.9			
Face-to-face visit to a physician or other health care profes- sional		433				
Non	282		65.1			
Yes	151		34.9			
Video call consultation with a physician or other health		433				
care professional						

Non	419	96.8			
Yes	14	3.2			
Satisfaction with the general and health care received in the res	sidential	home dur-			
ing the pandemic, or with the resources used					
Medical staff	4	401			
Not satisfied	42	10.5			
Satisfied	359	89.5			
Nursing staff		391			
Not satisfied	36	9.2			
Satisfied	355	90.8			
Physical therapy/rehabilitation		301			
Not satisfied	17	5.6			
Satisfied	284	94.4			
Aides/geroculturists/caregivers	3	348			
Not satisfied	38	10.9			
Satisfied	310	89.1			
Resources (oxygen tanks, nebulizers, drugs, other re-		213			
sources)					
Not satisfied	14	6.6			
Satisfied	199	93.4			
Sentiments a	nd copin	g			
Positive and Negative Affect Schedule (PANAS): Positive	4	147	5	20	11.4
affects subscale (PANAS)					
Negative affects subscale (PANAS)	4	447	5	20	8.7
PANAS Balance (aggregation)	447		-12	15	2.7
PANAS Balance (quotient)	4	447	0	4	1.5
How often he/she feels lonely	2	147			
Never or hardly ever	210	47.0			
Seldom	113	25.3			
Quite often	66	14.7			
Always or almost always	58	13.0			
If feels lonely other than Never or hardly ever: Change in		237			
perception of loneliness before and during the pandemic					
(comparative perspective)					
Less lonely		1	0.4		
The same	-	111	46.9		
More lonely	-	125	52.7		
Brief Resilient Cope Scale (BRCS)	4	447	4	20	15.9
Assessment of the residential envir	onment a	nd activities p	erformed		
Room availability	2	445			
Single	284	63.8			

Shared with spouse/partner/family member	40		9.0			
Shared with spouse/participanity member Shared with another resident	121		27.2			
Where did they spend most of their time during the lock-	121	447	27.2			
down		11/				
Always in my room	316		70.7			
I made limited use of different areas	120		26.8			
Unrestricted use of all spaces in the care home	11		2.5			
Valuation of various aspects of life in the residential home (4 s		)				
Relationships		435		4	20	18.5
Residential traits		437		6	15	14.3
Mobility		423		2	10	8.7
Intimate space		435		1	5	4.7
Stay at nursing home before and during the pandemic		429				
(comparative perspective)						
Worse	60		14.0			
The same	258		60.1			
Better	111		25.9			
Activities p	erforme	d				
Frequency						
Reading books, newspapers, magazines		447				
Never/Yearly/Monthly	189		42.3			
Weekly/Daily	258		57.7			
Doing crossword puzzles, sudoku, playing chess, etc.		447				
Never/Yearly/Monthly	252		56.4			
Weekly/Daily	195		43.6			
Using devices (computer, tablets, cell phones, etc.), to look		447				
for information, chat, etc. on the Internet						
Never/Yearly/Monthly	244		54.6			
Weekly/Daily	203		45.4			
Watching TV, listening to the radio		447				
Never/Yearly/Monthly	14		3.1			
Weekly/Daily	433		96.9			
Walking or exercising		447				
Never/Yearly/Monthly	52		11.6			
Weekly/Daily	395		88.4			
Going to the chapel		447				
Never/Yearly/Monthly	258		57.7			
Weekly/Daily	189		42.3			
Doing crafts (sewing, DIY, knitting, etc.)		447				
Never/Yearly/Monthly	292		65.3			
Weekly/Daily	155		34.7			

Doing things for others		447	7		
Never/Yearly/Monthly	286	64	0		
Weekly/Daily	161	36.	0		
Devices or mobile systems used to maintain relationships		439			
with your family or friends					
Yes, through my own devices	354	80	6		
Yes, through other people's or residential home's devices	36	8	2		
No, I do not have access to those devices	49	11.	2		
Quality	of life				
FUMAT-24 scale adapted for elderly people without severe co	gnitive	impairment i	n nursing ho	mes. 24 iten	ns, 8 subscales
Emotional well-being		447	3	12	9.57
Interpersonal relationships		447	3	12	11.31
Material well-being		447	6	12	10.68
Personal development		447	3	12	10.42
Physical well-being		447	3	12	9.14
Self-determination		447	3	12	7.51
Social inclusion		447	3	12	9.92
Rights		447	3	12	11.10
FUMAT Global Scores		447	45	95	79.64
Ageism and Self-Perce	ption of	f Aging Scal	e		
Ageism					
Older people are more responsible and competent than		420			
other population groups in following the measures estab-					
lished to cope with the virus					
Do not agree at all/Agree slightly	92	21.	9		
Agree quite a lot/Strongly agree	328	78.	1		
Older people are a problem, a burden, for health and social		437			
services					
Do not agree at all/Agree slightly	178	40.	7		
Agree quite a lot/Strongly agree	259	59.	3		
Older people make their own decisions freely, as do other		431			
population groups					
Do not agree at all/Agree slightly	167	38	7		
Agree quite a lot/Strongly agree	264	61.	3		
News about the virus' consequences triggers more emo-		423			
tional impact on older people than on other age groups					
Do not agree at all/Agree slightly	353	83	5		
Agree quite a lot/Strongly agree	70	16.	5		
In the event of a shortage of health care resources, the el-		439			
derly should have the same access as other population					
groups					

Do not agree at all/Agree slightly	61	13.9		
Agree quite a lot/Strongly agree	378	86.1		
Considering the risk of infection, meeting with older people		429		
is more dangerous than with other younger groups				
Do not agree at all/Agree slightly	203	47.3		
Agree quite a lot/Strongly agree	226	52,7		
Self-Perception of Aging Scale		408	0	

Shade areas: scales. Num: numbers; Min: minimum; Max: maximun.