

Table S1. Principal Components Analysis of the Assessment of the Residential Environment scale (EVAER)

Items	Components				Comunalities
	1: Relationships (workers, residents, family, friends)	2: Nursing home aspects (management, security, amenities)	3: Mobility (outdoor and indoor)	4: Privacy space	
2. Relationships with nursing home workers	0.80			0.34	0.81
1. Friendships with other residents	0.75				0.67
3. Relationships with family members (e.g., visits in person, by phone, email, other means)	0.66		0.35		0.58
4. Relationships with friends (e.g., visits in person, by phone, email, other means)	0.56		0.56		0.69
10. How well their residential home has managed during the COVID-19 pandemic		0.85			0.76
7. Their perception of safety in the residential home	0.31	0.77			0.72
8. Characteristics and quality of the residential home's amenities; (e.g., room size and design, natural lighting, noise level, temperature, green areas)		0.66		0.42	0.64
6. The chance to go outside the residential home for different activities (e.g., walking around the neighbourhood or town, shopping, doing other leisure activities, visiting friends) (outdoor accessibility)			0.87		0.80
5. Getting around easily within the residential home (e.g., without: obstacles or barriers, ramps, stairs, ...) (indoor accessibility)			0.76		0.74
9. Having a space for privacy (having a single room or other personal space so as not to be disturbed)				0.86	0.83

Extraction method: Principal Component Analysis. Rotation method: Varimax with Kaiser normalization (rotation converged in 8 iterations).

Total variance explained: 72.2%

Factor loadings ≥ 0.300 in absolute value are shown. In grey, secondary factors loadings.

The Kaiser-Meyer-Olkin (KMO) of sampling adequacy = 0.823. The Bartlett's Test: $\chi^2 = 976.520$, $df = 45$, $p < 0.001$.

The Cronbach's Alpha coefficient: for all items = 0.84; component 1 = 0.77; component 2 = 0.72; component 3 = 0.74; component 4 = no Cronbach's Alpha for this factor based on a single variable.

Table S2. Grouping of subjects according to residential assessment

Subscales of the Residential Environment Assessment	Final Clusters Centres		
	Cluster 1: medium-high rating of all residential as- pects	Cluster 2: low rating linked to mo- bility	Cluster 3: low rating of all residential aspects
Relationships (workers, residents, family, friends)	0.35	-0.22	-1.50
Nursing home aspects (management, security, amenities)	0.28	0.35	-1.85
Mobility (outdoor and indoor accessibility)	0.51	-1.43	-1.13
Space for privacy (having a single room or other personal space so as not to be disturbed)	0.30	0.13	-1.65
Valid number of cases: 421	301	65	55
%	71.5	15.4	13.1

The 98.3% of original grouped cases were correctly classified through Discriminant Analysis.

Table S3. Residential assessment clusters according to personal and contextual conditions

Topic	ANOVA Tests f Between-Subjects Effects (1)			Chi-Square Tests (2)			
	Variable (N; Minimum; Maximum; Mean)	F	Sig	Variable	Value	df	Sig
Sociodemographic features	Age in years (447; 61; 99; 83.80)	4.858	0.008	Gender	11.433	2	0.003
	Level of education (447; 1.00; 5.00; 2.99)	0.380	0.684	Marital status (married/living with partner; separated/divorced; single; widow/er)	28.008	6	0.000
	Total number of children (447; 0; 9; 1.56)	4.729	0.009				
Residential environment				Room availability (Single; Shared with spouse/partner/family member; Shared with another resident)	15.508	4	0.004
				Where did you spend most of your time during the COVID-19 lockdown? (Always in my room; I made limited use of different areas; Unrestricted use of all spaces in the care home)	22.301	4	0.000
Media means for relationships				Devices or mobile systems used to maintain relationships with your family or friends (Through my own devices; Through other people's or residential home's devices; I do not have access to those devices; Don't know, don't know that technology)	15.844	4	0.003
Coronavirus status				Coronavirus status (I have not had the disease; I have had the disease, but I am still suffering after-effects; I have had the disease, but I do not have any after-effects)	0.673	4	0.955
	Fear of COVID 19 Infection FCV-19S (447; 7; 35; 18,4)	3.291	0.038				
	Worried about the COVID-19 pandemic (443; 1.00; 4.00; 2.82)	0.433	0.649				
	Number of protective measures to keep yourself safe from coronavirus (447; 0; 7; 3.96)	5.994	0.003				
Physical health	Number of previous diagnosed pathologies (439; 1; 12; 6.06)	0.464	0.629				

	Number of medications taken (439; 1; 8; 3.44)	1.514	0.222				
	Self-assessment of health status, 3G (447; 1.00; 3.00; 2.45)	3.780	0.024				
Mental health	The Abbreviated Geriatric Depression Scale-Yesavage (GDS-5) (447; 0; 5; 1.67)	11.506	0.000				
Affects	The Positive and Negative Affect Schedule (PANAS) (447; -12; 15; 2.74)	9.706	0.000				
	How often do you feel lonely? (447; 1.00; 4.00; 1.94)	9.777	0.000				
Resilience	The Brief Resilient Coping Scale (BRCS) (447; 4; 20; 15.86)	5.801	0.003				
Leisure activities				4 clusters of leisure activities: Use of mobile devices; Rewarding activities, volunteering; Religious practice; Inactivity	41,515	6	0.000
Quality of Life and Wellbeing	The Global Quality of Life (the FUMAT scale, 24 items) (447; 45; 95; 79.64)	14.903	0.000				
	Satisfaction with life in comparative perspective (before and during the COVID-19 pandemic) (443; 1.00; 3.00; 1.60)	5.019	0.007				
	Self-perception of stay in the nursing home in comparative perspective (before and during the COVID-19 pandemic) (429; 1.00; 3.00; 2.12)	16.468	0.000				
Ageing self-assessment	Attitude Toward Own Aging subscale (ATOA) (408; 0; 5; 1.91)	3.687	0.026				

(1) ANOVA used with scale and ordinal variables

(2) Chi-Square test used with nominal variables

In grey shadow, non-significant variables and not used in subsequent analyses